



SILVER  
JUBILEE  
CELEBRATION  
1962 — 1987

SPASTIC CHILDREN'S ASSOCIATION OF PENANG



## **TOCSIN**

*Never say, you do not care  
remember, you are  
your neighbour's neighbour*

*and all our destinies  
are fanged waves  
knit together inextricably*

*the tide that overtakes  
others today, waits  
to ambush us tomorrow*

*alike for each and each  
these times, a future unfurls  
pencilled with menace  
uncertain as the crimped sea ....*

**— CECIL RAJENDRA**





## **PRESIDENT'S MESSAGE**

When we ushered in 1987, we were ushering in a momentous year for The Spastic Children's Association of Penang, for since its inception by the Rotary Club of Penang in 1962, it has grown from strength to strength and can now take its rightful place among voluntary organisations in the State in particular, and in the Country at large.

This year we celebrate our Silver Jubilee. And to honour and grace the celebrations, we have with us, our Patron, Tuan Yang Terutama, Tun Datuk (Dr.) Haji Awang bin Hassan, who has graciously consented to officially declare open the Spastic Carnival — the first in the series of our Jubilee celebrations. His Excellency and his charming consort, Y.A.B. Toh Puan Datin Hajjah Khatijah binte Dato' Abdul Rahman, have always been a source of inspiration, strength and guidance to us, and we reciprocate with our warmest thanks and deepest gratitude.

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We thank one and all present for their kind attendance and support at these functions.

Our Association has reached the 25th year of its existence and it is an appropriate time for us, the Management Committee and Staff, and members of the Association, to recall our happy and successful moments together, a time to review our past performances and achievements, and a time also to evaluate our present progress and shortcomings, as well as to plan for a brave future.

In the midst of our celebrations we must think of all those kind supporters who have helped and are continually helping us, in one way or another, to attain our goal of providing specialised developmental services to the children with cerebral palsy such that they will one day achieve their greatest level of potential as contributing members of our community.

Since the founding of the Association, so much effort, time and expense have been contributed by our predecessors — the pioneer members, staff and volunteers, and donors — who, at the early stages managed somehow, through trials and errors and with hardly any training equipment at all, to establish a firm and sound foundation for the Spastic Training Centre to grow and develop into what it is today.

The trust that is placed on us by these kind people is an encouragement and incentive to us to carry on the good work of ensuring the highest level of service to the disabled spastic children.

In recognising and expressing my appreciation to all my fellow Committee and Staff members for their valuable and continued support over the years, I must pay special tribute to them for the way they have very conscientiously and with great dedication, carried out the duties that were entrusted to them. The combined efforts of all have enabled the Association to perform effectively and efficiently.

To one and all, without exception, I say "Well done" and a hearty "Thank you".

Mrs. Chan Kok Swee  
President

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## Patrons



**RAJA TUN UDA AL-HAJ  
BIN RAJA MUHAMMED**

S.M.N., K.B.E., C.M.G.

1.2.66 - 30.8.67



**TUN SYED SHEH BIN  
SYED ABDULLAH SHAHABUDDIN**

S.M.N.

31.8.67 - 4.2.69



**TUN SYED SHEH BIN  
SYED HASSAN BARAKBAH**

S.M.N., S.S.M., DUP.N., S.P.M.K., P.S.B.

5.2.69 - 4.2.75



**TUN DATUK HAJI SARDON  
BIN HAJI JUBIR**

S.M.N., DUP.N., P.M.N., S.P.M.J., S.P.M.K.

2.2.75 - 30.4.81



**TUN DATUK DR. HAJI  
AWANG BIN HASSAN**

S.M.N., DUP.N., S.P.M.J.

1.5.81

## Presidents



**TEOH THYE MOH**

1962 - 1966



**CHET T.S. CHUA**

1967 - 1969



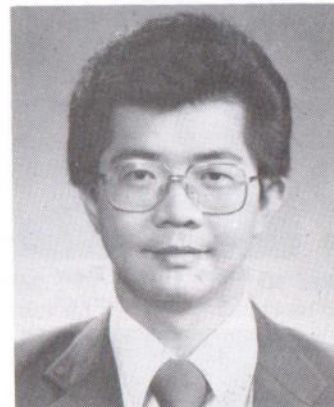
**FANSON KUO**

1970 - 1972



**DATUK ONG KIM SENG**

1973 - 1983



**TAN CHONG HENG**

1984 - 1985



**MRS CHAN KOK SWEE**

1986

## Management Committee 1986



**Mrs. Chan Kok Swee**  
President



**Oo Jooi Tee** PJK  
Vice President



**Dr. Dennis Mark Lee** PJK  
Vice President



**Mrs. Lim Say Huat**  
Vice President



**A. Arulanantham**  
Vice President



**Tan Ban Hock** PPN  
Hon. Secretary



**Law Joo Keun**  
AMN PKT PJK  
Hon. Treasurer



**Dr. Tan Ewe Aik** JP  
Medical Adviser



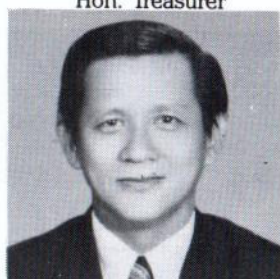
**Dr. Wee Ch'ng Keow Hiang**  
Medical Adviser



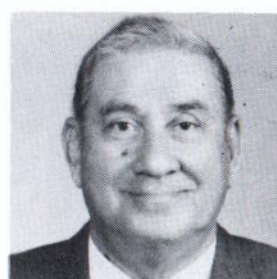
**Dr. Ong Ewe Chye**  
Medical Adviser



**Cecil Rajendra**  
Legal Adviser



**Khoo Thean Tiew**  
Committee Member



**V.S. Bastion** PJK  
Committee Member



**Toh Boon Hoe**  
Committee Member



**Mrs. Ingeborg Klose**  
Committee Member



**Khoo Yeoh Gan Hong**  
PPN PJK PJM  
Committee Member



**Khor Moh Hang**  
Committee Member



**Saw Hock Eng**  
Committee Member



**Lim Teong Ghee**  
Committee Member

**OFFICIALS  
— 1986**



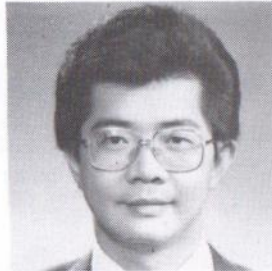
**Datuk Loh Boon Siew**  
DMPN DJN JSM KMN PJK  
Trustee



**Dr Tan Ewe Aik JP**  
Trustee



**Datin Ong Kim Seng**  
Trustee



**Tan Chong Heng PJK**  
Immediate Past President



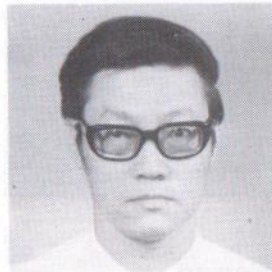
**Cheong Ah Chai AMN PJK**  
Welfare Adviser



**Mohd Ali bin Mohd**  
DSM KMN BCK PJK  
Education Adviser



**Datuk Loh Boon Siew**  
DMPN DJN KMN PJK  
General Adviser



**Dr Lim Huck Boon**  
Ophthalmic Consultant



**Mr E. Thomas SMJ, PKT**  
Orthopaedic Consultant



**Dr Santokh Singh JP**  
Ear, Nose & Throat Consultant



**Dr Daljit Singh Nagreh**  
Dermatologist Consultant



**Mrs. Kanya Tan**  
Chairman  
Voluntary Service



**Herbert J. Ho Jr.**  
Hon. Auditor



**Mrs. K.E.M. Hussain**  
Supervisor

## 1987 — Staff of the Centre



- Seated  
L to R** — Mrs D. Leong, Miss A. Pragasam, Miss J. Griffioen, Mdm Rajeswari,  
Mrs K.E.M. Hussain, Mrs Bernadette Lau, Mrs Helen Rajoo, Miss Maria Hee, Mrs Ramamurthy.
- 2nd Row** — Mrs Anthony Muthu, Mrs Lim Yit Mun, Mrs Uma Sasithran, Miss Lye Phaik Hooi, Miss Angeline  
Regis, Puan Noorlizah, Miss Looi Oon Lee, Miss Shoba Thilagam, Mrs Jenny How, Miss Jananayagi,  
Puan Jamilah, Mrs Kuppusamy.
- Back Row  
L to R** — Encik Ahmad Ismail, Mr Philip Alexander, Mr Chew Sun Chooi, Mr Doraisamy, Encik Abdul Wahid,  
Mr Chung Yeng Kit, Mr Joseph Pragasam.





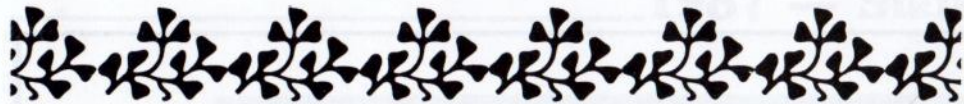
## SILVER JUBILEE CELEBRATIONS ORGANISING COMMITTEE

<b>Chairman</b>	:	Mrs Chan Kok Swee
<b>Co-Chairman</b>	:	Mrs Lim Say Huat
<b>Secretary</b>	:	Mr Khor Moh Hang
<b>Members</b>	:	Datuk Mohd bin Yeop Abdul Raof Mr Tan Ban Hock Mr Sonny Khor Mr Khoo Yeoh Gan Hong Mr A. Arulanantham Mr Lim Teong Ghee Mr Law Joo Keun Mr Toh Boon Hoe Mrs Ingeborg Klose Mr Lee Peng Loon Mr Lawrence Tan Mr Saw Hock Eng

## EVENTS

1987

<b>1st March</b>	—	Launching of Silver Jubilee Celebrations by Tun Datuk Dr Haji Awang bin Hassan, TYT. Yang DiPertua Negeri Pulau Pinang.
<b>1st March</b>	—	Spastic Silver Jubilee Carnival <i>Chairman: Mr Toh Boon Hoe</i>
<b>June</b>	—	Spastic Jog <i>Chairman: Mr A. Arulanantham</i>
<b>August</b>	—	Charity Concert <i>Chairman: Mrs Ingeborg Klose</i>
<b>21st November</b>	—	Silver Jubilee Dinner <i>Chairman: Mr Law Joo Keun</i>



## **THE RIGHTS OF PEOPLE WITH DISABILITIES**

PEOPLE with disabilities are individuals who have the inherent right to respect for their human worth and dignity. People with disabilities, whatever their origin, nature, type and degree of disability, have the same fundamental rights as all members of our society.

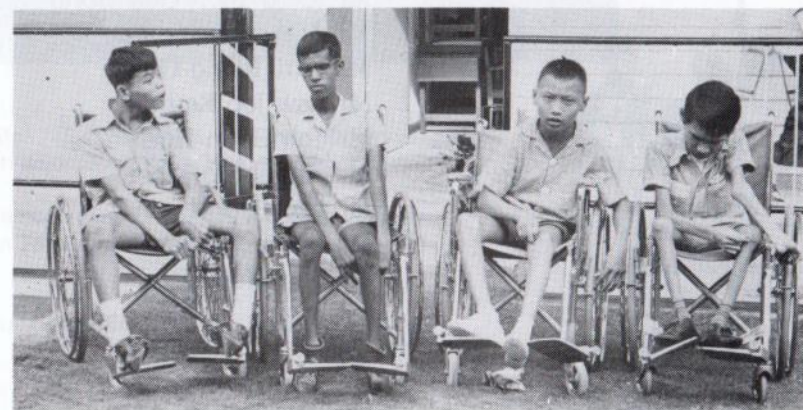
EVERY PERSON with a disability has the same rights as individual members of our society to realise their individual capacity for physical, social, emotional and intellectual development.

PEOPLE with disabilities have the same right as other members of our society to services which will support their attaining an acceptable quality of life.

PEOPLE with disabilities have the same right as other members of our society to participate in the decisions which affect their lives.

PEOPLE with disabilities shall be protected against all exploitation, all regulations and all treatment of a discriminatory, abusive or degrading nature.

PEOPLE with disabilities are entitled to have their special needs taken into consideration at all stages of economic and social planning.





**A HISTORY  
OF  
SPASTIC CHILDREN'S ASSOCIATION,  
PULAU PINANG**

**1962 - 1985**



## 1962 — THE INAUGURAL YEAR

The Spastic Children's Association of Penang was formed in 1962 when a small group of people realised, and were concerned about, the lack of services available to children with cerebral palsy.

On 24th February, 1962 an inaugural meeting was convened by the Malayan Council for Child Welfare, Penang Branch, at the E & O Rotary Room for the formation of a Spastic Children's Association. At the meeting, members of the Rotary Club of Penang, namely Mr. Teoh Thye Moh, Dr. C.H. Yeang, Mr. Chet T.S. Chua, Mr. Claude Vipond and other concerned individuals took the initiative and responsibility to found the Association. Mr. Teoh Thye Moh presided at this meeting, while the opening address was delivered by Dr. C.H. Yeang and Mr. Claude Vipond.

Subsequently a Constitution was drawn up and the Association was officially registered on 29th August, 1962.

The remainder of the year saw the Association involved in discussions, obtaining statistics on the population of spastic children in Penang, fund raising preparation, printing of registration forms and enlistment of spastic children.

Right from its Inauguration, members of the Penang Rotary Club played an active and vital role in the seminal work of the Association especially in augmenting and raising much needed funds. They donated an initial grant of \$2,076.00. Later, a fund-raising project "Holiday On Ice" under the Chairmanship of Mr. Chet T.S. Chua and the sponsorship of Fraser & Neave Ltd., Penang raised \$5,890.00 for the Association.



**The Committee with Governor at the Residency (1962)**

L to R: Mr Loh Boon Siew, Mr Chet T.S. Chua, Tun Syed Sheh bin Syed Hassan Barakbah, Governor of Penang, Mr Fanson Kuo, Mr Tan Ban Hock.  
Second Row: Miss Dorothy Sibert, Dr Tan Ewe Aik, Mrs Marjorie Labrooy (Supervisor)



**Management Committee (1969) of The Spastics Children's Association.**

Standing:- Mr E.K. Lim, Dr Tan Ewe Aik, Mr A. Arulanatham, Miss D. Sibert, Mr Yeoh Phoy Chee, Mr Tan Tek Beng, Mr Ong Liang Ching, Mrs. Chan Kok Sweeney, Mr K. Ponnampalam.  
Sitting:- Mr Tan Ban Hock, Dr C.H. Yeang, Mr Fanson Kuo, H. E. the Governor of Penang, Mr Ng Sui Cam, Mr Loh Boon Siew, Mrs. K.E.M. Hussain.  
(Absent:- Mr Teoh Cheng Keat, Mr Teoh Cheng Ean, Mr Shaik Ibrahim, Mr Eugene Khoo).



**1967**

(L to R) — Dr. C.H. Yeang (Vice-President), Mr Fanson Kuo (Hon. Treasurer), Mr Chet T.S. Chua (President), Mr Ng Sui Cam (Vice-President)



**ST. ANDREW PRESBYTERIAN CHURCH** — our first centre at Nicol Hall.



**OUR PIONEERS AT NICOL HALL** —  
Mr McArdle (standing 5th from right) Mrs Marjorie Labrooy (standing 3rd from left)

## 1963 — THE BEGINNINGS

After the 1st Annual General Meeting was held on 27th March, 1963, a Case Committee under Mr D.M. McArdle and a Fund Raising Committee under Dr C.H. Yeang were formed in April.

By then 21 children were registered and members of the Case Committee visited the homes of these children. As the work of the Association expanded, there were requests for a treatment Centre and a transport van.

In July, the Fund Raising Committee raised \$5000.00.

In August, through the exemplary efforts of the Vice-President Mr Khew Koon Yoong and other donors, the Association acquired its first van — a Fiat 600D Multipa.

In the same month a treatment Centre for spastic children was set up at the Nicol Hall of the St. Andrew Presbyterian Church, Codrington Avenue.

Mr D.M. McArdle was appointed Honorary Director of the Centre. He reported —

“The Treatment Centre started at the Presbyterian Church Hall at 9.00 am on Monday 12th August, 1963.

The children attend for a couple of hours daily from Monday to Friday. They are collected and returned home. At first only 5 children were attending, the number has now increased to nine.

A part-time driver has been engaged at \$50 monthly. We have been fortunate in being able to get sufficient volunteers.

The monthly expenses at present are:-

Contribution for use of hall	\$100.00
Driver's salary	50.00
Caretaker (allowance)	10.00”

## MILESTONES:

### 1962

- Inauguration on 24.2.62

### 1963

- First training session started at St. Andrew Presbyterian Church with 5 children.
- Charity Film Premiere at Cathay Cinema.  
Film "The Raven" under Chairmanship of Mr Chet T.S. Chua raised \$6216.

### 1964

- The Association received exemption of tax on donations from the Controller of Income Tax. Exemption on donations was backdated to 1962.
- 1 acre of land leased from Trustees of Lam Wah Ee Hospital was obtained. Phase 1 of Building Plans consisting of 2 classrooms, a hall, office, storeroom, kitchen and toilets were drawn by Architect Mr Johnny Heah.
- Enrolment now stood at 24 children.

### 1965

- With the assistance of Mr McArdle, Nurses' Tutor, the nurses at the General Hospital held a Charity Dance and raised \$7200 for the Association.
- Building Plans accepted by Spastic committee and submitted to City Council for approval.
- First Supervisor appointed — Miss Yong Kee Lee — on departure of Mr McArdle for Australia on repatriation.



*Our first van*

### 1966

- Building plans passed by City Council Contractors. Gim Seng selected from tenders. Tender price \$43,000. Foundation stone laid for Phase I on 27.6.66.
- The President Mr Teoh Thye Moh passed away on 4.8.66 and Dr C.H. Yeang was appointed acting President.
- Mrs Marjorie Labrooy appointed Supervisor on resignation of Miss Yong.
- Training Centre moved to 67 Northam Road, the spacious mansion of Mr Lim Cheng Ean, who generously allowed us the use of his premises free of charge.
- Through the U.S. Peace Corps, 2 volunteers were seconded — Mrs J. Wynn, teacher of handicapped children, and Miss R.G. Forney, speech therapist.

### 1967

- Building Sub-Committee formed comprising Mr Fanson Kuo, Mr Loh Boon Siew, Mrs Higgins, Dr Tan Ewe Aik and Mrs M. Labrooy.
- Official Opening of Spastic Centre at 425 Green Lane, Penang on 26.8.67 by H.E. the Governor of Penang, Raja Tun Uda Al-Haj bin Raja Muhammed, SMN.



*Mansion of Mr Lim Cheng Ean*

**ACTIVITIES AT NICOL HALL (1963 - 1965)**



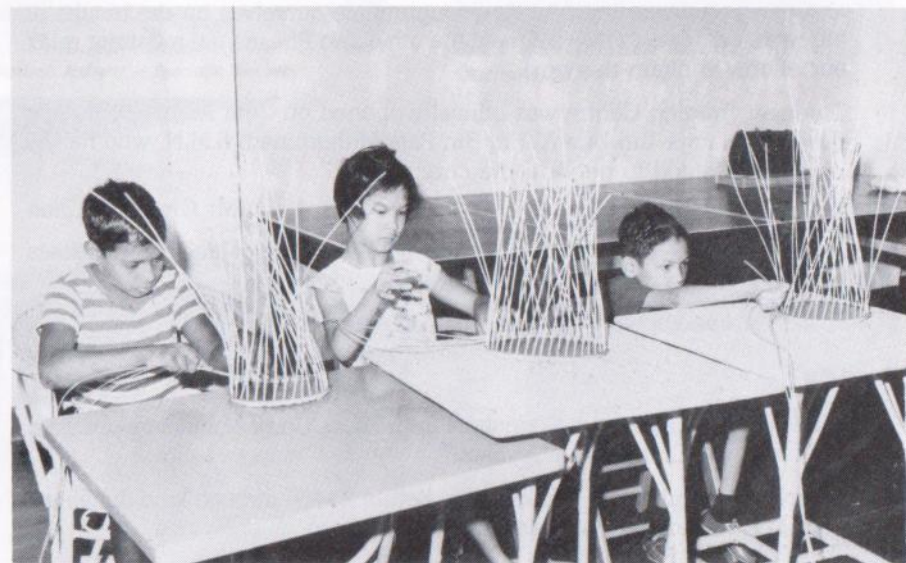
**MUSIC**



**PAINING**



**EXERCISES**



**BASKETRY**

### Phase I Building — Our Own Centre



1968 — Mrs L. Crabtree (U.S. Peace Corps Occupational Therapist), Mrs. H. Mitchell (Physiotherapist), Mrs. M. Cousins (Physiotherapist)



## OUR OWN CENTRE

### 1967

New Building. Quote from Annual Report for 1967:

“The year 1967 is of great significance to our Association for with the removal of our Training Centre from Northam Road to our newly completed premises at 425 Green Lane on 17th March, the potential scope of our work has increased enormously. Although this is only Phase I of our Building plans, we feel proud to have a place of our own. This achievement is the result of the unstinting efforts of our members who have worked with zest and devotion towards it. We may congratulate ourselves on the results of our work but if we are to complete the other two Phases, we must not relax our efforts to attain this goal.

The new Training Centre was officially opened on 26th August, 1967, by our Patron, Raja Tun Uda Al-Haj Bin Raja Muhammed, S.M.N. who has so kindly consented to perform the ceremony ...”

Mr Chet T.S. Chua

- Application made by Mr Ng Sui Cam for adjoining acre of land from Trustees of Lam Wah Ee Hospital was approved.
- Foster Parent Appeal started at the suggestion of Mr Fanson Kuo.

### 1968

- Service of first Occupational therapist from Peace Corps Volunteers obtained — Mrs Linda Crabtree for 2 years.
- Second van purchased — Volkswagen Kombi 234 — through kind donations from Lee Foundation and Mr Cheah Lean Tong.
- Discussions began for conversion of Centre to a Government aided school.

- School hours extended throughout morning 8.00 am to 12 noon.
- Letter from Minister of Education, Tuan Haji Mohd Khir Johari “in appreciation of your good work, ..... decided to provide two posts for trained teachers for the Spastic School”. A per capita grant of \$10 per child was also approved.
- An Education Sub-Committee was formed under Chairmanship of Mr Ong Liang Ching.
- Spastic Committee approved the construction of Phase II Building plan consisting of 3 additional classrooms.
- First trained teacher employed — Mr Khoo Khay Teong.
- Training Centre: Enrolment 30 children, 20 fostered by October.  
No. of Staff: 10

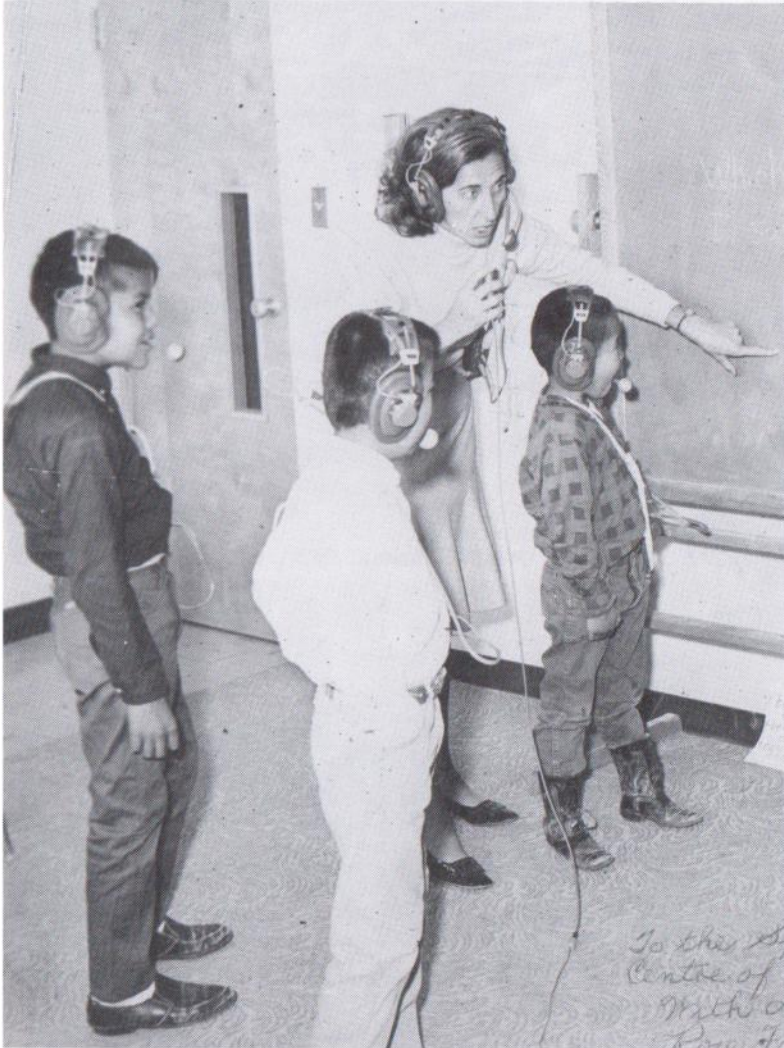
### 1969

- Training Centre — School Section was registered as “School for Spastic Children”.
- Services of 2 trained teachers obtained from Education Department — Miss Elizabeth Anthony and Mrs Kamala Sharma.
- Occupational therapist Mrs Barbara Allsop gave volunteer service for next 3½ years.
- Phase II Buildings completed — 3 classrooms, medical clinic and store-room.
- Copper Tooling Exhibition organised by Mrs Chan Kok Swee.



1968 - 1969

Miss Rose Forney  
U.S. Peace Corps Speech Therapist



To this day  
Centre of  
Mythical  
Peace For



Mrs Laurice Tham — Volunteer Physiotherapist



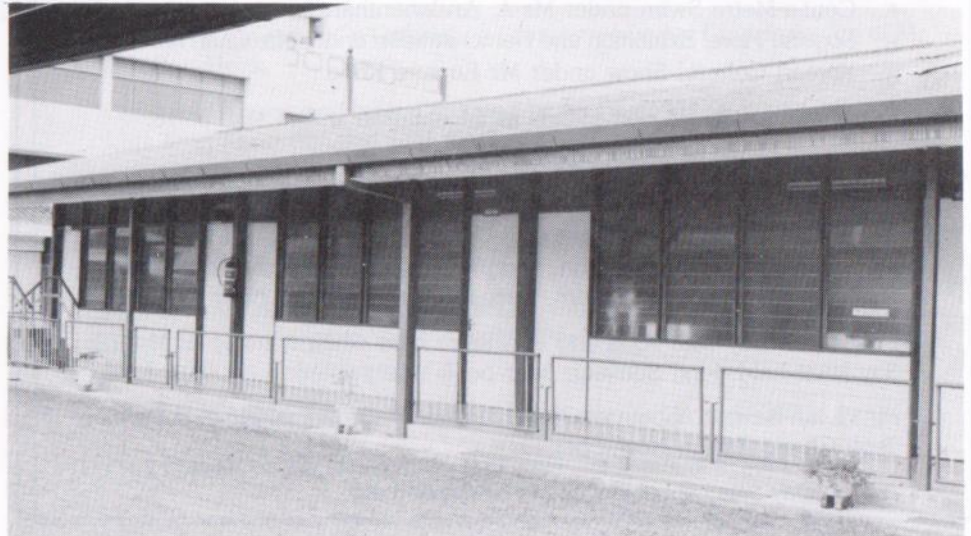
Mr Khoo Khay Teong — first trained teacher at Centre.



Miss Elizabeth Anthony — Specialist Teacher



Our second van



Phase II Building Completed — 1969

## THE SEVENTIES: An Eventful Decade

### 1970

- A mini-bus Ford Transit-1000 was bought through a donation from Empat Nombor Ekor Sdn Bhd.
- Peace Corps Volunteer Miss Jane Bissel, a physiotherapist joined the staff and served for next 3 years.
- Mrs K.E.M. Hussain appointed Supervisor in February.

### 1971

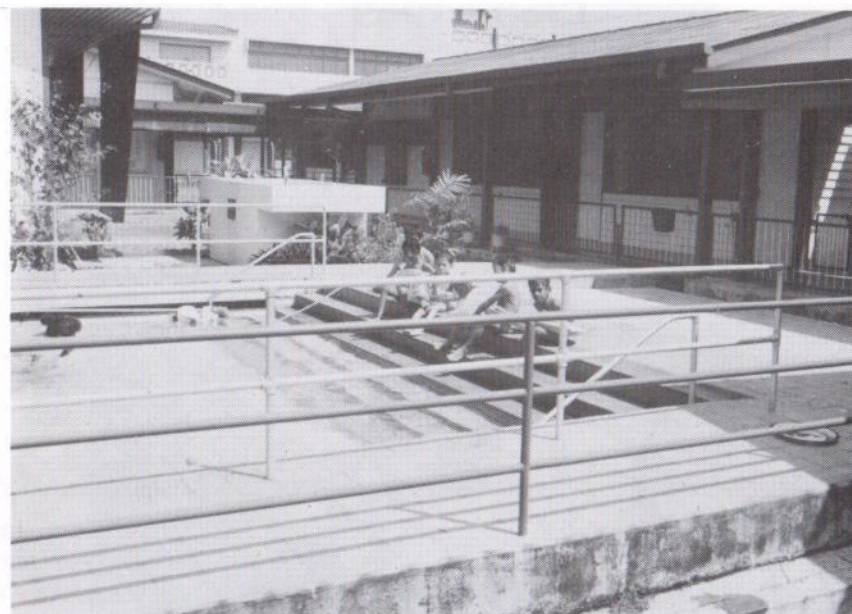
- Therapy pool measuring 20 × 25 feet was completed with initial donation from Empat Nombor Ekor Sdn Bhd.
- First Parent's Day held. Guest Of Honour: Dr Lim Chong Eu, Chief Minister of Penang.

### 1972

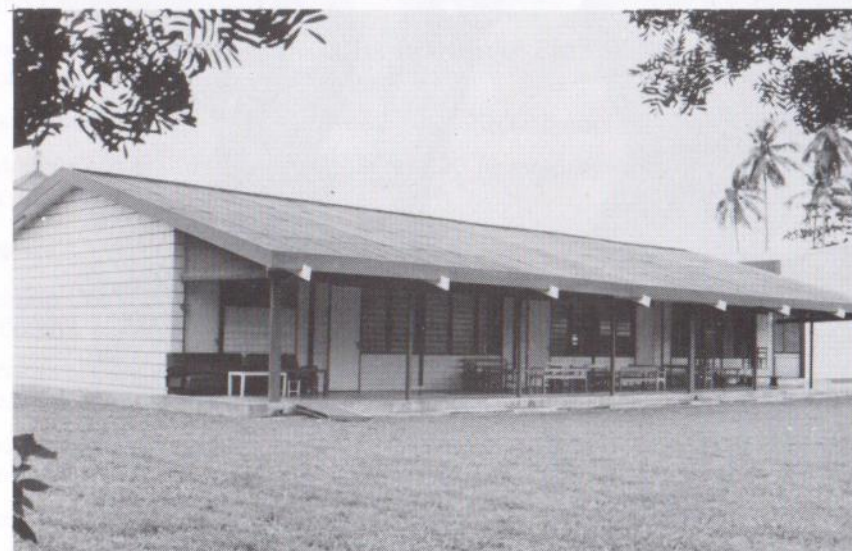
- Training Centre hours extended for afternoon sessions 2.30 - 4.00 pm.
- Phase III of Building extension began under Chairmanship of Mrs Lim Say Huat.
- Fund raising for building extension:
  - a. Cent-a-Metre Swim under Mr A. Arulanantham
  - b. Sogetsu Floral Exhibition and Demonstration under Mrs Chan Kok Swee.
  - c. Korean Cultural Show under Mr Eugene Khoo.
- Enrolment at Centre now stands at 54 children with a staff of 18.
- First Social Welfare Grant received \$5000.

### 1973

- Phase III Building extension completed, Occupational therapy room, Production room, a classroom, store-room and shower room.
- First Open Day with Food and Fun Fair under Chairmanship of Mrs Lim Say Huat held. First Souvenir Year book also printed.
- Mr Vivian Bastion appointed Foster Parent Chairman, taking over from Mr Teoh Cheng Ean in November.
- A Flag Day was organised by Mr Arulanantham.



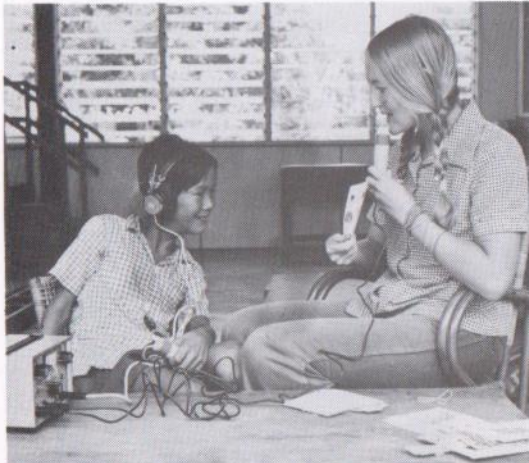
1970 — Therapy Pool with Phase I Block in background.



1972 — Phase III Building Extension



*Miss Jennifer Douglas  
(Occupational Therapist)*



*Miss Caroline Thompson (V.S.O. Speech Therapist)*



*Mrs Margaret Salt  
(Occupational Therapist)*



*Miss Brigitte Thomson, Occupational Therapist, German Development Service.*

### 1974

- Services of Speech therapist Miss Caroline Thomson from Volunteer Services Overseas (U.K.) was obtained for 2 years.
- First Walkathon under Chairmanship of Mr A. Arulanantham.
- Foster Parent Appeal Year started with 14 children fostered and ended the year with 75 children fostered. Group scheme implemented.

### 1975

- Flair Fashion Show held under Chairmanship of Mr A. Arulanantham.
- Post of Guru Attachment granted by Education Department.
- Spastic Cubs/Scout group registered.
- Spastic Board of Managers formed under the Chairmanship of Mrs Lim Say Huat.
- Training Centre: Enrolment — 65  
No. of Staff — 25

### 1976

- Formation of Centre Co-Ordination Committee under Chairmanship of Mr Tan Ban Hock.
- Children's Playground built. Designed by Architect Mr Ko Boon Cheng. Mrs Lim Teng Kong donated half the cost.
- Inter-com System donated by Lion's Club of Georgetown.
- Received services of Miss Jennifer Douglas, Occupational therapist from Australia for 2 years.
- First Spastic Lottery conducted by Mr A. Arulanantham. The first and second prizes were donated by President Mr Ong Kim Seng and Vice-President Mr Loh Boon Siew respectively.
- Grant from Ministry of Social Welfare Services raised from \$6300 to \$10,800.
- Puppet and Variety Show under Mr Law Joo Keun was held.

## 1977

- Donation received from Christoffel Blindenmission, West Germany for purchase of a Mitsubishi Rosa bus.
- In conjunction with North Malaysia Week in Adelaide, Mrs Lim Say Huat visited The Regency Park Centre for Physically Handicapped Children and Woodville Spastic Centre. Our Association received part proceeds of a Travel Lottery held at the festival in Adelaide.
- Number of school classes increased to 8 with formation of Assessment Class and Special Class.
- Staff started learning and using Sign Languages for the children with assistance from Federation School for the Deaf.
- 5th Malaysian Organ Festival under chairmanship of Mr Toh Boon Hoe.
- First Social worker employed (part-time) Mrs Subbiah.

## 1978

- Penang Medical Practitioner arranged for Association to receive services of its members, namely Dr Ong Ewe Chye.
- Miss Helen Sebastian, Therapy assistant sent for 1 year's training and observation course at the Regency Park Centre in Adelaide with aid from Rotary Clubs of Penang and Adelaide.

## 1979

- Received services of Miss Margit Roessing, teacher cum Speech therapist, and Miss Brigitte Thomson, nurse cum Occupational therapist for 2 years through the German Development Services.
- Our spastic child, Abu Hassan bin Abd. Hamid with Scout Mistress Miss Christine Danker attended Spastic Scout Meeting in Osaka under the sponsorship of the Japanese Government.
- Phase IV of Building Extension plans begun — physiotherapy hall, 5 classrooms, kitchen, conference room and caretaker quarters.
- Building Fund Projects:
  - a. Walkathon under Chairmanship of Mr A. Arulanantham.
  - b. Yamaha Organ Recital under Mr Toh Boon Hoe.
  - c. Climb Up Mount Kinabalu led by Mrs Ingeborg Klose and friends.
  - d. Dinner and Dance under Mr Law Joo Keun.
- Sign language first taught to parents of 6 spastic children.



**First School Board of Managers, 1975.**

Seated L to R: Mr Cheah Chuan Sooi, Mrs Lim Say Huat (Chairman), Mr Cheah Tat Huat (Director of Education and Adviser), Mr Ong Kim Seng (Spastic President), Mrs Lim Teng Huat and Mr Nagoorgary.  
Standing L to R: Mr Khoo-Yeoh Gan Hong (Education Dept), Mr Yew Lye Hin, Mrs Kanya Tan (Acting Supervisor), Mr A. Arulanantham and Mr Tan Ban Hock (Ex-Officio).



**Some of our Staff and Volunteer:**

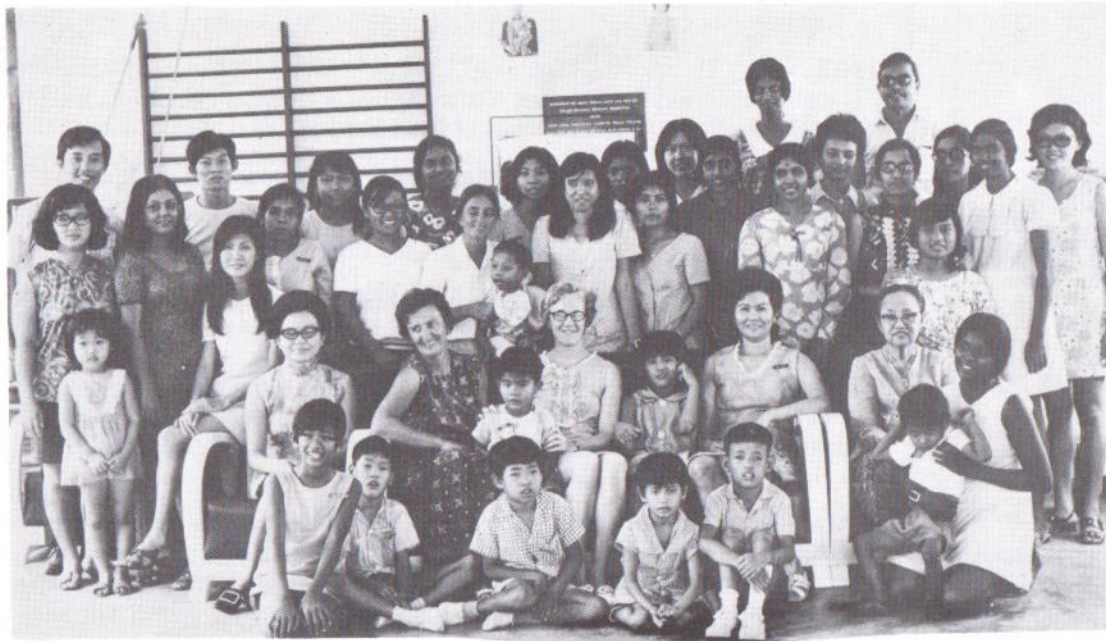
L to R: Mrs Tan Ban Hock (Volunteer), Miss Perveen Kaur (Occupational Therapist), Mrs Kamala Sharma (Teacher), Miss Jane Bissel (U.S. Peace Corps Physiotherapist), Mrs K.E.M. Hussain (Supervisor).



**The 1970s**

Official Opening of Therapy Pool by Mr Loh Hoot Yeang, 1971. At Centre is Mr Fanson Kuo, President.

# The 1970s



*Staff and Volunteers — 1972*



*Mr Ajal Singh  
— Teacher 1978 to 1985*



*Mrs Barbara Allsop (Occupational Therapist)  
— 1972*



*1977 — Presentation of Mitsubishi Rosa Bus by Mr H.G. Hilderbrand, Hon. German Consul on behalf of Christoffel Blindenmission to President Mr Ong Kim Seng.*



# PHYSIOTHERAPY



Strengthening Exercises

Physiotherapy involves the treatment of physical disabilities, and helps to prevent deformities from occurring. The treatment also aims at providing programmes for maximum mobility.



Teaching To Crawl "X" Pattern



Stretching Exercises



Hydrotherapy



Gait Training Exercises —  
Use of Special Aids + Walkers



# SPEECH THERAPY



*Tongue muscle movement*



*Lip muscle movement*



*Hand sign language*

**S**peech Therapy helps a person to use any or all methods of communication so that he/she can relate to the people who are important to him/her and be able to learn according to his/her potential. These methods include:

- Facial expression
- Gesture
- Laughter
- Lip reading
- Sound making
- Speech
- Hand sign language
- Blissymbol charts
- Spelling charts
- Picture charts
- Eye pointing
- Head pointing
- Winking
- Written words
- Toe pointing
- Mime
- Singing



*Sound making and lip reading*



*Picture chart*



*Blissymbol chart*

# RECOLLECTIONS

from

Mr K. Ponnampalam, PJK, PBM.  
Hon. Welfare Adviser to the  
Spastic Children's Association 1962 - 1975

My first involvement with the Association dates back to the time of its inauguration. In view of the number of distressed and handicapped cases that came to our knowledge and attention in the State of Penang, officials of the Social Welfare Department, the Central Welfare Council, the Child Welfare Council and the Rotary Club of Penang came together and formed a "Think-Tank" Committee. Many of these officials were members of one or more of these organisations.

The subject of helping these unfortunate children was discussed at great length. Finally it was unanimously agreed to form a Spastic Association in Penang, and that local talent and expertise should be harnessed in its formation.

Being the then Director of Social Welfare, Penang, I was a member of the "Think-Tank" Committee, and subsequently I was invited to serve on this Association as an Ex-Officio Member.

## THE EARLY YEARS

The early years were challenging indeed but filled with much frustrations! We overcame the early setbacks because of the wonderful co-operation of the Committee members of the Association and the public. Among the problems we encountered were (a) difficulty in finding land to house a Training Centre, (b) the urgent need for finance, (c) the lack of trained personnel to staff a Centre.

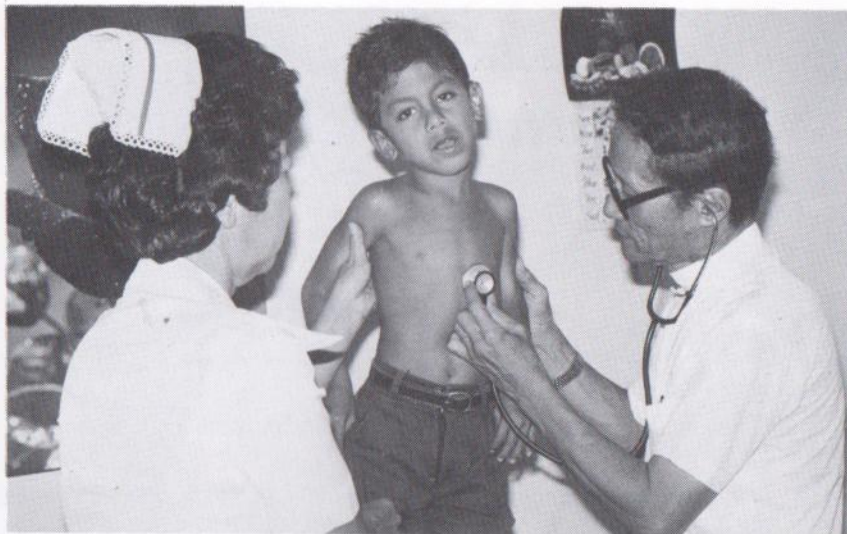
I have happy memories of my long association with the Centre especially of the good co-operation between the Association and the Department of Social Welfare, and I feel that the achievement over the past 25 years are indeed praiseworthy.

## SUGGESTIONS

I like to make some recommendations to the Association regarding (a) wider publicity about the facilities of the Centre through the Information Department who have Mobile Vans visiting villages and are involved in transmitting information to the people, (b) annual briefing to *Penghulus* and *Ketua Kampongs* in the State at special 'tea-receptions', (c) an After-Care Service to assist the children who have been discharged from the Centre is important as many of them would meet with various problems, challenges and frustrations! Staff members who were familiar with the children whilst at the Centre would be best qualified to help them and their families. Great expenses have been involved to rehabilitate these children and therefore a "follow-up" would help to reduce any wastage!

The future of the Association is bright as it is in good hands. I hope it will continue to be so for many years to ensure its success.





**AN INTERVIEW WITH DR TAN EWE AIK,  
OUR HONORARY MEDICAL ADVISOR.**

*Q. Dr Tan, when did you first get involved with the Centre and what was it that prompted you do so?*

**DR TAN:** From my recollection, I was first involved with the Centre sometime in 1963. I had known that a Spastic Children's Association had been formed. One day a middle aged lady in sarong kebaya (the late Mrs Chia Hock Chye) approached me saying she was one of the voluntary helpers and that they had about half a dozen spastic children with no doctor looking after them! And would I help?

*Q. What were those early years like?*

**DR TAN:** The first batch of spastic children were lying on the St. Andrew Presbyterian Church Hall stage platform in Codrington Avenue. Among the voluntary helpers were the late Mrs Chia Hock Chye and Mrs Marjorie Labrooy. There was absolutely nothing else — just the children, the bare Church Hall and the voluntary lady helpers. I set about showing the voluntary helpers some basic physiotherapy exercises for the children and began my regular weekly visits to see them.

*Q. Can you recall some of the problems and difficulties of those formative years?*

**DR TAN:** We have no guidance from anyone, no model that we could study to build our Centre on. During the early years it was all a trial and error

process. We learnt as we went along and as we slowly progressed we added on what we needed until what we are today. There was no dearth of voluntary workers in the early years. We particularly enjoyed having the American Peace Corps volunteers.

*Q. What are the happiest memories of your long association with the Centre?*

**DR TAN:** It has been my privilege and indeed an honour to work with one of the best committees in any voluntary organisation, where everyone pulled his or her weight as a team to see that the many spastic children under our care get the best in training and teaching to enable them to lead useful and if possible independent lives despite their handicaps. The smile that greets one from every spastic child who has come to our Centre and benefitted from our programme of training is ample reward for those of us who have put in long hard hours of work.

*Q. How do you feel about the achievement of the Centre these past 25 years?*

**DR TAN:** Phenomenal. Something to be really proud of considering how we started from scratch, and now we have almost everything in a well organised and maintained set up to deal with any spastic child. I am sure our Centre measures up well to international standards — a Centre which everyone of us involved in its work is proud to be associated with.

*Q. DR TAN, have you any suggestions or recommendations as to how we could improve our work and/or facilities for the spastic children?*

**DR TAN:** I hope that all our Honorary Consultants can sometimes come to our Centre to meet our Staff, see the children for themselves and give helpful advice.

It may be too ambitious or premature to suggest that our Association extends its work outside of the State of Penang either on its own or in conjunction with helping the other States that have no such organisation and facilities, to set up similar Centres to cater for the care of spastic children who are to be found in every State. Too often it pains us to have to turn away some unfortunate spastic child coming from another State.

*Q. How do you see the future of the Centre?*

**DR TAN:** The future is assured. Financially we can count ourselves as very strong mainly through our own efforts at Fund raising and in our Foster Parent Appeal each year.

The Spastic Centre's core of dedicated and hard working Committee Members, down to the Staff and volunteer helpers augur well for the future and I wish the Spastic Children's Association of Penang continued success and may it grow from strength to strength over the next 25 years.

## COURAGE IN THEIR EYES

*Courage — a beacon  
flashing in their eyes,  
Fighting sand for syllable  
fighting water for movement,*

*Who are these castaways  
guilty of no crime,  
Banished to an island  
we've so neatly forgotten?*

*By cruel cerebral palsy  
stricken, they may be,  
But they're no cripples  
these brave children:*

*Courage — a beacon —  
flashing in their eyes  
Fighting sand for syllable,  
fighting water for movement.*

*Count among our numbers,  
society's real spastics,  
glib in tongue,  
adroit of limb,  
the rich un giving ones,  
paralytic in conscience!*

— By **CECIL RAJENDRA** —



## WHAT IS CEREBRAL PALSY

### FACT AND MYTHS

- Many people are confused by the term cerebral palsy, or commonly known as “spastic”.

Is it a disease?

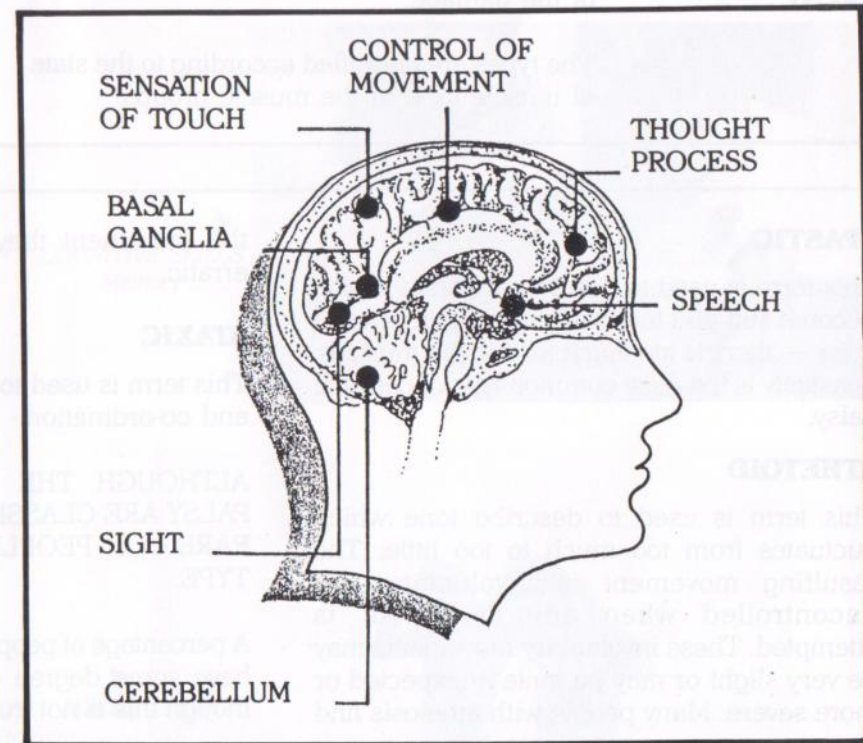
Is it hereditary or contagious?

Does the disability become progressively more severe?

These are just a few of the questions often asked about people who have cerebral palsy. In fact the answer to all of them is NO!

- Cerebral palsy is simply a term used to describe disabilities caused by an injury to the brain or to maldevelopment of the brain. (The word ‘cerebral’ refers to the brain and ‘palsy’ refers to paralysis). The term cerebral palsy is broad and covers movement disorders of varying symptoms and severity.
- The damage done to the brain does not increase although the signs and symptoms may change over the years.
- One of the most confusing aspects about cerebral palsy is that the degree of disability varies from person-to-person and conditions range from mild to severe. In fact no two people with cerebral palsy have EXACTLY the same disability.
- To consider the effects of cerebral palsy it is important to consider the functioning and operation of the human brain.
- The brain is an extremely complex organ which can be likened to a computer in that it receives messages from the senses of sight, touch, hearing, taste and smell. It then decodes these messages and relays the appropriate commands to the muscles.

- Brain cells, unlike other body cells, once damaged or destroyed will not regrow and as a result the brain does not work efficiently and various abnormal patterns of movement and posture occur.
- Whilst movement is not normal, the muscles are themselves, quite normal. It is the damage from the brain which gives out the wrong information causing movements to be stiff, or stiff one minute and ‘floppy’ the next or very unsteady.



### **CAUSES OF CEREBRAL PALSY**

- Lack of oxygen to the brain before, during or shortly after birth will cause damage to the brain cells and this damage can result in cerebral palsy.
- Some common causes of cerebral palsy include certain illnesses during pregnancy, accidental damage during a difficult birth, illness in a young child such as meningitis and head injuries to a young child.

### **TYPES OF CEREBRAL PALSY**

- There are three main types of cerebral palsy and these depend on the location and extent of the damage.
- The types are classified according to the state of muscle tone in the muscle groups.



### **SPASTIC**

This term is used to describe muscles which become stiff and tense when the child tries to move — there is too much tone in the muscles. Spasticity is the most common type of cerebral palsy.

### **ATHETOID**

This term is used to describe tone which fluctuates from too much to too little. The resulting movement is involuntary and uncontrolled when any movement is attempted. These involuntary movements may be very slight or may be quite unexpected or more severe. Many people with athetosis find

the movement they want to make is often erratic.

### **ATAXIC**

This term is used to describe lack of balance and co-ordination.

ALTHOUGH THE TYPES OF CEREBRAL PALSY ARE CLASSIFIED SEPARATELY, IT IS RARE FOR PEOPLE TO HAVE ONLY ONE TYPE.

A percentage of people with cerebral palsy also have some degree of intellectual disability, though this is not true in the majority of cases.





# OCCUPATIONAL THERAPY

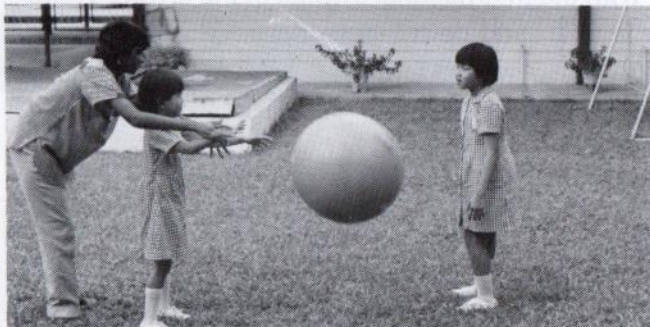


◀ **BODY AWARENESS**

Occupational Therapy helps those who have physical, developmental, emotional or social problems. It concentrates on upper limbs, perceptual abilities and manipulative skills and covers the following areas:

▶ **PRACTICAL EMPLOYMENT SKILLS;**

..... Carpentry .....



▶ **MOTOR ABILITIES**  
..... Ball Play .....

▶ **COGNITIVE SKILLS**

..... Memory .....

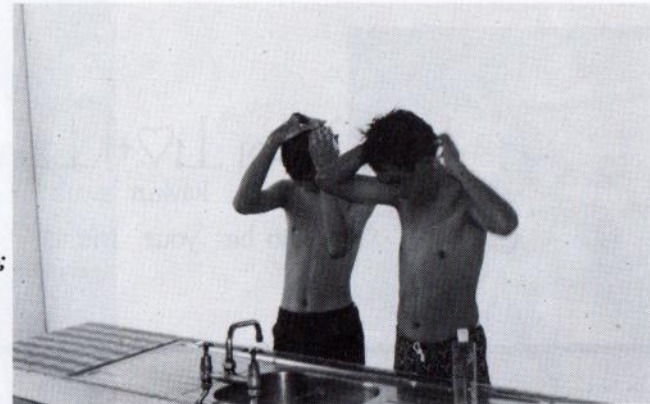


▶ **PLAY AND LEISURE ACTIVITIES**



▶ **SELF CARE SKILLS;**

..... Bathing .....



## HOW TO READ MY SYMBOLS

by Charles Bliss

My 100 basic symbol elements are the 'elements of meaning'. This is a man  $\Lambda$  and this is a woman  $\Delta$ . When they want to marry, the first thing on their minds is a roof  $\wedge$  over their heads. Here then is a married couple  $\Lambda\wedge\Delta$ . Then, their first baby is born. How to symbolize this? For centuries, newspaper advertised all births with a star  $*$ . Here I show how a star appears under the roof, a birth  $\wedge*$ . And here are the happy parents  $\Lambda*\Delta$ . Now the roof symbol takes on the meaning of protection  $\wedge$ . Thus a father is  $\wedge\Lambda$  and a mother  $\Delta\wedge$ . A simple symbol of only two lines shows an upright standing human being of either sex  $\perp$ . A number added indicates the first, second or third person. Thus, I is  $\perp_1$ . With the multiplication mark on top, we get the plural we  $\overset{\times}{\perp}_1$ .

More basic symbol elements are eye  $\odot$  mouth  $\circ$  nose  $\angle$  ear  $\eta$ . I have abandoned most verbs. Instead, I use this symbol  $\wedge$  fashioned after the Latin 'Actus', for action. Putting this symbol on top of a thing symbol turns it to an action symbol. Mouth  $\circ$  becomes to speak  $\hat{\circ}$ . Mouth combined with the ground line of our Mother Earth  $\_$  means food  $\underline{\circ}$ . With the action indicator on top, it means to eat  $\hat{\underline{\circ}}$ .

The symbol for the mind is the outline of the upper skull that protects the brain  $\cap$ . With the international symbol of plus  $+$  and minus  $-$  and the exclamation mark  $!$  we get  $\cap+$ ! and bad  $\cap!$  and doubt  $\cap?$ . The heart symbol is used to express emotion  $\heartsuit$ . With the international symbol of the arrow  $\uparrow$  we get heartlifting joy  $\heartsuit\uparrow$  and downheartedness  $\heartsuit\downarrow$ . Adding the symbol for to be  $\hat{\circ}$  we can form a full sentence, 'I am happy to see you'.  $\perp_1 \hat{\circ} \heartsuit\uparrow \hat{\circ} \perp_2$

An example of Blissymbolics used by Tan Yeong Ching who is unable to speak with his mouth.

$\perp_1 \hat{\heartsuit}\eta$  JADI  $\perp_1 \heartsuit+$   $\perp_2$   
 [Saya mahu jadi kawan awak]  
 I want to be your friend

$\perp_1 \hat{\heartsuit}\eta \hat{\circ} ++ \perp_2$   
 [Saya mahu bercakap dengan awak]  
 I want to talk with you.



## SCHOOL SECTION

The School section comprises Introductory Class I, Introductory Class II, Pre-School Class, Academic Class, non-Academic Class and the Practical Class. The educational programme is designed to suit each child's needs and the curriculum follows as closely as possible with that of a normal school with some modifications. Apart from learning academic skills, these children are taught some vocational skills to prepare them for future life. The medium of instruction is Bahasa Malaysia and the subjects taught are:

- Basic Abilities
- Art and Craft
- Physical Education
- Mathematics
- Languages (Bahasa Malaysia and English)
- Activities of Daily Living
- People and Environment
- Carpentry
- Moral Education
- Music



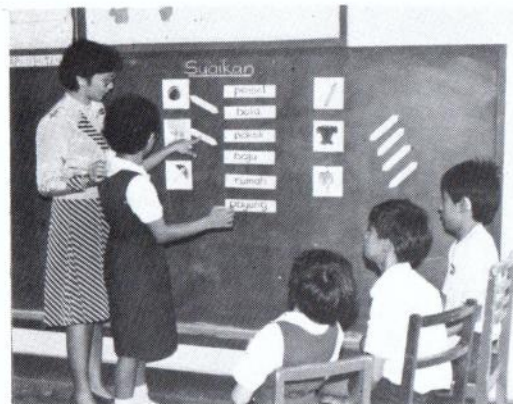
*Languages*



*Activities of Daily Living*



*Moral Education*



*Basic Reading Abilities*

The younger children have other activities which are aimed at giving them as wide a range of experience as possible. These activities include: Swimming in the paddle pool, educational visits, music and movement and sand play.



*Art and Craft*



*Tailoring*



*Sand Play*



The children also have co-curricular activities. Among them are:



*Sea Scouts*



*Cubs*



*Brownies*



*Needlework*



*Gardening*



*Swimming*



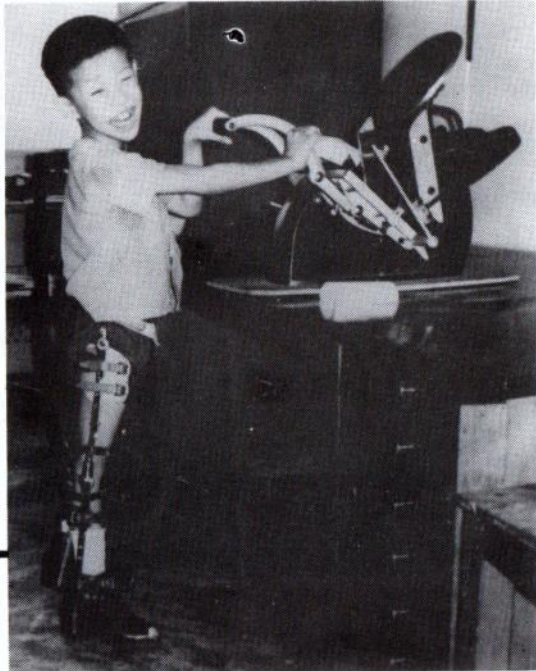
## Recollections of a Spastic Student

I entered this school when I was just five years old. I was brought here by my parent after a doctor's recommendations.

First I was taught some exercises to make my muscles stronger. Then later I was taught how to crawl until I could go more further. Later when my legs got stronger, I learnt to walk with walkers and soon after that I could walk without walkers, I could go further and faster. Beside getting me stronger, I was taught how to read, write, count and speak properly. Whenever the teachers taught me something new, I was very happy to learn and I was a good learner too!

The school began to grow from a building with six classrooms to a larger building with many classrooms, a hall, and a swimming

— 1971

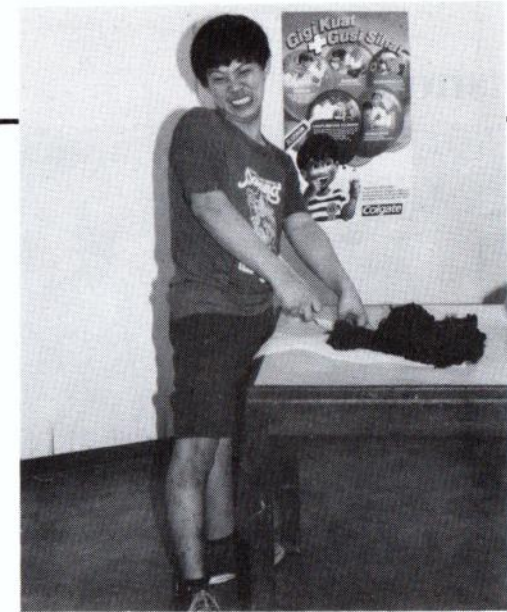


pool. The children came to school by vans provided by the school. The school usually opened at 8 in the morning and end at 12 noon but a few years later the afternoon section began for the older pupils two days a week. For me, I joined the boy scouts, learnt how to swim and even learnt sewing, while the girls joined the brownies and learnt things like me too in the afternoon.

Even though we were the spastic children who could not run, we have our sports day once a year. At that time there were two teams in the school which were the tigers and the elephants. If I still remember correctly I was in the elephants team. I also remember that there were so many parties and free shows and gifts were given to us by the kindly people and some organizations to make us the spastics more happy in our lives in the period of those years.

Every year the school ended with a Christmas party and to those boys and girls who showed the best performance in his or her learning and in sport would be awarded as 'Child of the Year.' I was Child of the Year for 1975 and was sent to the normal school the next year.

I learnt a lot of things in the normal school, especially I learnt that my real name was Looi Chye Huat and not Looi Thiam Huat as my parent put in this school. After primary school, I continued my studies in Penang Free School



— 1987

one of the famous secondary schools in Penang. I studied there until form five.

And now after ten years learning in the normal school, I returned to this spastic school last year and worked in the workshop.

Lastly I hope to get a job in the future so that I can earn some income and can live to be a useful person after all. In hoping that, I would like to persuade all employers to give us the handicap people a chance to prove we can do something too.

On the first of March 1987 this year, the school, The Spastic Children's Association will be celebrating her silver jubilee and as an old student I hope the school will keep on growing and getting more support from the public.

by **Roger Looi Chye Huat**

## OUR VISITORS



*YAB Dr Ng Kam Poh, Minister of Welfare Services. (1968)*

*Tun Syed Sheh bin Syed Hassan Barakbah, H.E. Governor of Penang and Toh Puan. (1970)*



*Dr Lim Chong Eu, Chief Minister of Penang, speaking on 1st Spastic Parent's Day. (1971)*

*YAB Hajjah Aishah Ghani, Minister of Welfare Services. (1975)*



*Dr Leon Stern, Medical Director, Regency Park Centre for Physically Handicapped Children, Adelaide. (1975)*

*Sri Christopher Foxley-Norris, Chairman of the Leonard Cheshire Foundation, London and Lady Foxley-Norris. (1977)*



## OUR VISITORS



*YAB Datin Seri Dr Siti Hasmah, wife of our Prime Minister. (1981)*



*TYT Yang DiPertua Negeri Pulau Pinang, Tun Datuk Haji Sardon bin Haji Jubir. (1980)*



*YAB Tan Sri Fatimah bt. Haji Hashim, Minister of Welfare Services. (1969)*



*TYT Yang DiPertua Negeri Pulau Pinang, Datuk Dr Haji Awang bin Hassan and Toh Puan. (1981)*



*DYMN Sultanah of Kedah, Hajjah Siti Bidayah bt. Haji Dn. (1981)*

## FUND RAISING EVENTS



*Food and Fun Fair — Mrs Ong Kim Seng, President's wife buys  
1st "Poh Phiah" for \$1000.00. (1982)*



*Variety Show — starring Roger Stevenson and his Puppeteers. (1976)*



*"Buy A Brick" Fund — Our Patron, Tun Datuk Haji Sardon  
bin Haji Jubir buys the 1st Brick. (1980)*

## FUND RAISING EVENTS



Charity Mount Kinabalu Climb — Mrs Ingeborg Kloose and friends. (1979)



Walkathon — Our President, Mr Ong Kim Seng flagging off the walkers. (1974)



Spastic Charity Dinner — attended by TYT Yang DiPertua Negeri Pulau Pinang, Tun Datuk Dr Haii Awana Bin Hassan and Toh Puan (1986)



# THE SPASTIC CHILDREN'S ASSOCIATION OF PENANG.

## PATRON

1. Raja Tun Uda Al-Haj bin Raja Muhammed S.M.N., K.B.E., C.M.G.
2. Tun Syed Sheh bin Syed Abdullah Shahabuddin S.M.N.
3. Tun Syed Sheh bin Syed Hassan Barakbah  
S.M.N., S.S.M., D.U.P.N., S.P.M.K., P.S.B.
4. Tun Datuk Haji Sardon bin Haji Jubir  
S.M.N., D.U.P.N., P.M.N., S.P.M.J., S.P.M.K.
5. Tun Datuk Dr Haji Awang bin Hassan  
S.M.N., D.U.P.N., S.P.M.J.

## TRUSTEES

1. Mr Khaw Gim Leong (1967 - 1969)
2. Mr Ng Sui Cam (1967 - 1971)
3. Datuk Loh Boon Siew (1967 - Present)
4. Mr Chet T.S. Chua (1969 - 1983)
5. Tuan Haji C.D. Ismail (1972 - 1986)
6. Datin Ong Kim Seng (1984 - Present)
7. Dr Tan Ewe Aik (1987 -

## PRESIDENT

1. Mr Teoh Thye Moh (1962 - 1966)
2. Mr Chet T.S. Chua (1967 - 1969)
3. Mr Fanson Kuo (1970 - 1972)
4. Datuk Ong Kim Seng (1973 - 1983)
5. Mr Lawrence Tan Chong Heng (1984 - 1985)
6. Mrs Chan Kok Swee (1986 - Present)

## VICE-PRESIDENTS

1. Dr C.H. Yeang (1962 - 1972)
2. Mr Chet T.S. Chua (1962 - 1966)
3. Mrs Ung Guan Hoe (1962)
4. Miss Myra Wang (1962)
5. Miss Lee Kooi Jong (1963)
6. Mr Khew Koon Yoong (1963 - 1964)
7. Mr Ng Sui Cam (1964 - 1971)
8. Mr Loh Boon Siew (1965 - 1983)
9. Mr Fanson Kuo (1967 - 1969)
10. Tuan Haji C.D. Ismail (1970 - 1975)

11. Datuk Ong Kim Seng (1972)
12. Encik Mustafa R. Jumabhoy (1973)
13. Encik S.M.I. Shaik Ibrahim (1973 - 1978)
14. Mrs Chan Kok Swee (1974 - 1985)
15. Mr Tan Chong Heng (1976 - 1983)
16. Mr Ng Seah Hung (1979 - 1980)
17. Mr Oo Jooi Tee (1981 - Present)
18. Mrs Lim Say Huat (1984 - Present)
19. Dr Denis Mark Lee (1984 - Present)
20. Mr A. Arulanantham (1986 - Present)

### **HON. SECRETARY**

1. Encik Sheik Abdullah Hassan (1962)
2. Miss Pauline P. Beh (1963 - 1965)
3. Miss A. Morden (1965)
4. Miss Yong Kee Lee (1965)
5. Mrs Chris Kent (1966)
6. Mr Lee Chee Ewe Pean (1967)
7. Mr Tan Ban Hock (1968 - Present)

### **HON. TREASURER**

1. Mr Cheah Cheng Poh (1962 - 1963)
2. Mr Fanson Kuo (1964 - 1966)
3. Mr E.K. Lim (1967 - 1968)
4. Miss Dorothy Sibert (1969)
5. Mrs S.B. Cheah (1970)
6. Mr Lim Chong Bok (1971)
7. Mr Loke Kee Kai (1972 - 1974)
8. Mr Law Joo Keun (1975 - Present)

### **HON. MEDICAL ADVISER**

1. Mr C.H. Vipond (1962 - 1963)
2. Dr Tan Ewe Aik (1963 - Present)
3. Dr Adeline Heah (1966 - 1967)
  
4. Dr Wee Ch'ng Keow Hiang (1981 - Present)
5. Dr Charles Ong Ewe Chye (1981 - Present)

### **HON. LEGAL ADVISER**

1. Mr Eugene Khoo Oon Jin (1966 - 1976)
2. Miss Rhina Bhar (1977 - 1980)
3. Mr Cecil Rajendra (1981 - Present)

### **HON. WELFARE ADVISER**

1. Mr K. Ponnampalam (1962 - 1974)
2. Mr Sharif bin Ismail (1975 - 1981)
3. Mr Cheong Ah Chai (1982 - Present)

### **HON. EDUCATION ADVISER**

1. Mr Tan Teik Beng (1969 - 1972)
2. Mr Yap Hong Kuan (1973 - 1974)
3. Mr Tan Boon Lin (1975)
4. Mr Cheah Tat Huat (1976 - 1977)
5. Mr Saw Chu Thong (1978 - 1980)
6. Incik Razak bin Ator (1980 - 1986)
7. Incik Mohd Ali bin Mohd (1987 -

### **HON. AUDITOR**

1. Herbert J. Ho & Co. (1963 - Present)

### **COMMITTEE MEMBERS**

1. Mr K. Ponnampalam (1962 - 1966)
2. Mr Beh Teik Jim (1962 - 1963)
3. Miss Lee Kooi Jong (1962)
4. Mrs P. Hoalim Jnr. (1962)
5. Mr Tan Kiar Liew (1962 - 1965)
6. Mrs K. Robert (1962)
7. Mr R. Shammugam (1962)
8. Dr I Pak Shong (1962)
9. Mrs Ung Guan Hoe (1963)
10. Miss S. Hasnah (1963 - 1965)
11. Mr D. McArdle (1963 - 1965)
12. Mr J.E. Oorjitham (1963 - 1964)
13. Mr Yoon Kai Fook (1963)
14. Mrs R. David (1964)
15. Mr Oon Chong Kie (1963)
16. Mr Gulzar Singh (1965)
17. Miss A. Morden (1965)
18. Mrs Chia Hock Chye (1965)
19. Miss Alice Yap (1964 - 1966)
20. Miss Yong Kee Lee (1965)
21. Mrs Chris Kent (1966)
22. Mrs M. Labrooy (1966)
23. Mr Ayoub b Zakaria (1967)
24. Mr Ft. Lt. W. Magill (1966 - 1967)

25. Mrs F. Anderson (1966 - 1967)
26. Mrs E. Kamaluddin (1966)
27. Mrs T. Howley (1967)
28. Mrs B. Beatty (1967)
29. Mrs K.F. Higgins (1967)
30. Mr Tan Ban Hock (1967 - 1969)
31. Mr Heah Hock Aun (1967 - 1969)
32. Mrs M. Jenks (1967 - 1968)
33. Mr Ong Liang Ching (1967 - 1974)
34. Mr Lee Chee Ewe Pean (1968)
35. Mr B.C. Engel (1968 - 1969)
36. Mr A. Arulanantham (1968 - 1985)
37. Mr Yeoh Phoy Chee (1968 - 1979)
38. Mr SMI Shaik Ibrahim (1969 - )
39. Mrs L.M. Crabtree (1969 - )
40. Mr Lim Eam Khoon (1969 - 1970)
41. Mr Teoh Cheng Keat (1970 - 1971)
42. Mr Teoh Cheng Ean (1970 - 1973)
43. Mrs Chan Kok Swee (1970 - 1973)
44. Mrs Lim Say Huat (1970 - 1983)
45. Mrs S.B. Cheah (1971 - 1972)

46. Mr Khoo Thean Tiew (1972 - Present)
47. Mr V.S. Bastion (1973 - Present)
48. Mr Toh Boon Hoe (1974 - Present)
49. Mr Yew Lye Hin (1974 - 1977)
50. Mr R.S. Moorthy (1975)
51. Mr Wong Hen Meng (1976 - 1980)
52. Mr Stephen Lim Lee Chay (1982 - 1984)
53. Mrs Ingeborg Klose (1980 - Present)
54. Mr Lau Kooi Seng (1981 - 1984)
55. Mr Khoo Yeoh Gan Hong (1984 - Present)
56. Mr Saw Hock Eng (1985 - Present)
57. Mr Khor Moh Hang (1985 - Present)
58. Mr Lim Teong Ghee (1986 - Present)

#### **MATRON/SUPERVISOR**

1. Mrs R. David (1963)
2. Miss Alice Yap (1964)
3. Miss Yong Kee Lee (1965 - 1966)
4. Miss Marjorie Labrooy (1965 - 1968)
5. Mrs K.E.M. Hussain (1970 - Present)

### **Volunteer Associations/Volunteers**

- |                               |                                       |                      |                |
|-------------------------------|---------------------------------------|----------------------|----------------|
| 1. Miss R. Forney             | Teacher/Speech Therapist              | U.S. Peace Corps     | 1967           |
| 2. Miss J. Wynn               | Teacher of Handicapped Children       | U.S. Peace Corps     | 1967 - 68      |
| 3. Mrs Linda Crabtree         | Occupational Therapist                | U.S. Peace Corps     | 1968 - 69      |
| 4. Miss Jane Bissel           | Physiotherapist                       | U.S. Peace Corps     | 1971 - 73      |
| 5. Miss Caroline Thomson      | Speech Therapist                      | V.S. Overseas — U.K. | 1974 - 75      |
| 6. Miss Margrit Roessing      | Teacher/ Speech Therapist             | German Dev. Service  | 1979 - 81      |
| 7. Miss Brigitte Thomson      | Nurse/Occ. Therapist                  | German Dev. Service  | 1979 - 81      |
| 8. Mrs. Merle Baird           | Speech Therapist                      | New Zealand V.S.A.   | 1982 — 1983    |
| 9. Miss Sharon M. Arneson     | Educational Specialist of Handicapped | U.S. Peace Corps     | 1983           |
| 10. Miss Francesca C. Bierens | Speech Therapist                      | New Zealand V.S.A.   | 1983 - 84      |
| 11. Miss Janice M. Griffioen  | Speech Therapist                      | New Zealand V.S.A.   | 1985 - Present |



## **A LOOK TO THE FUTURE**

The Spastic Children's Association, founded in 1962, has been serving the Cerebral Palsied in and around Penang for the past 25 years. It is an appropriate time therefore, as we celebrate our Silver Jubilee, to take stock of our progress and be courageous enough to re-orientate our services to the growing needs of our clientele.

### **EDUCATION**

While it is true that we have integrated a considerable number of our children into normal schools, it is also true that most of them return as they are unable to cope with the pressures in a normal school routine. It indicates firstly, that the potential of most of our children is insufficient to carry them through normal school independently, secondly, it indicates the lack of supportive services given to them and above all, it indicates an education system that is not yet ready to accept the cerebral palsied into its fold.

What is to be done about this situation then? For a start, let us view the whole concept of normalization. Normalization does not mean that an 'abnormal being' is transformed into a 'normal' one, to fit 'normal' living patterns in a 'normal' society. What it does mean, is that society accepts the handicapped person with his potential, as well as his deficits and then, tailors its own demands on him accordingly.

We all have, at one time or other, come across normal individuals who are able to function in society with minimal or even, no academic achievements at all. Why then are the cerebral palsied pushed towards academic achievements? This of course does not mean that academic training takes the backbench. On the contrary, it is the right of every child to receive formal education and it is our responsibility to provide this opportunity. However, we must recognise and respect each individual's potential and not pressure him on our own terms.

Those really capable of normal education physically and intellectually should be sent to normal schools. There are others who may be unable to cope with the structural barriers, and yet others may need remedial teaching to help them at school. These individuals then, must be provided educational opportunities within the centre. They also must be given the chance to follow the same curriculum at their own pace and to take the normal qualifying exams. But for a great majority of the cerebral palsied, it would be achievement enough if they were independent in their functional, daily living and communication skills, giving them some amount of control over their own lives.

Education then, should cease to be a financial and status investment. It should cater for individual needs and potential. To this end, parental needs regarding the rehabilitation of their handicapped child should be actively sought through home visits. Their opinions should be taken into consideration, before formulating a curriculum for each individual child. Only then can we move away from the present "mass and academic" attitude towards real education.

### **THE ADULT SPASTIC**

Children grow up to be adults. The cerebral palsied are no exceptions to this rule. Our clientele is a growing one. It has grown physically, emotionally and socially. What is going to happen to their future as adults? Though we have attempted to accommodate physical growth by establishing a small workshop, a greater number of the adult cerebral palsied face only the bleak prospects of lonely isolation within the confines of their homes, after leaving the centre at 21 years of age. Hence, we have not really addressed this problem in its totality.

Cerebral palsied adults require individual approach, for the same reasons as cerebral palsied children do. Each person is unique in his potential and capabilities. This must be accepted. Individual programmes regarding their integration into society must be drawn up, after in depth discussion between the individual, his parents and the association. Only then must he or she be trained accordingly.

We will be lucky if some of our adult clientele get into open employment. But in these times of recession, retrenchment and unemployment, how realistic is this goal? The great majority of our clientele will be able to work only in sheltered or semi-sheltered environment. Our services then, should expand into areas which will offer employment on a professional, semi-skilled or assembly line basis. Ideas on independent employment within workshops and communities such as benchwork, enclave and crew systems must be explored and ventured into.

For integration to be complete, it has to be social and emotional as well. Adult cerebral palsied must have opportunities to form social contacts and human relationships like each one of us. We serve in this area by leading the way and providing them opportunities, not in sporadic episodes, but on a more regular and meaningful basis. Social clubs can be encouraged; adult cerebral palsied who are unable to live in their homes can be provided with foster homes in smaller personnel units within their own communities so that they can enjoy satisfying social and emotional lives. Studies have proved that such community based rehabilitation schemes have proven to be more cost effective and permanent than institution based ones.

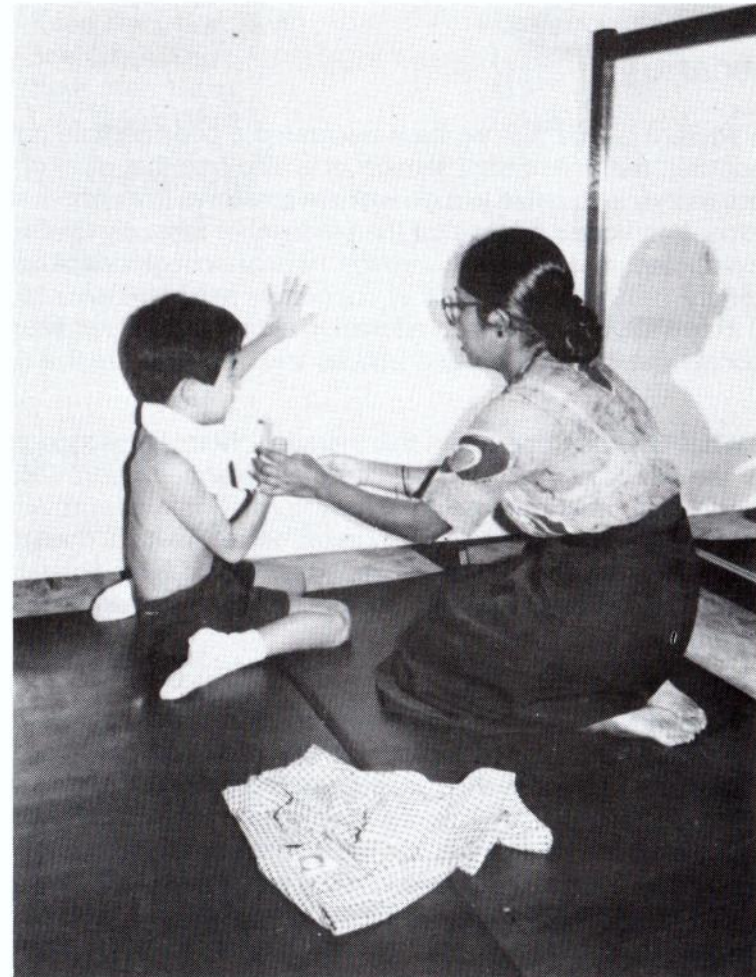
### **THE NEED FOR PROFESSIONAL STAFF**

To support and conduct these schemes through, a good team of dedicated staff is essential. In the past, this was provided by well meaning, often untrained volunteers who were gradually employed as staff. While such people are to be commended, staff must cease to be an extension of charity. If real, lasting service is to be given to the cerebral palsied, more professional staff must be employed and existing staff must be provided with training and inservice programmes. Another point to be made is that, not many of us would choose to work in this challenging field. Those who opt to do so must be given enough incentives and motivation to tap their full potential. Salaries must be upgraded and be made attractive. Health, welfare and housing facilities must be provided for them. Secure and trained staff are the backbone of any organisation and ours is no

exception. We must view progress, not only in terms of building size or fancy equipment, but also in terms of staff strength and effectiveness, only then will we be really able to provide an open and progressive service for the cerebral palsied.

**Shanti Ayinarappan (MBAOT)**

*Occupational Therapist to the  
Spastic Children's Association  
1983 - 1986*





# Persatuan Kanak-Kanak Sepastik, Pulau Pinang.

The Spastic Children's Association of Penang.

425, Jalan Mesjid Negeri, 11600 Penang. Tel.: 887614

Patron: Tuan Yang Terutama Tun Datuk Dr. Haji Awang bin Hassan, SMN, DUPN, SPMJ,  
Yang DiPertua Negeri Pulau Pinang.



Dear Friends,

## **FOSTER PARENTS GROUP SCHEME APPEAL**

Have you ever thought about the LOVE you have to give? LOVE so strong that it reaches out to children over the years and even hundreds of miles away. Think about it now. Because if you can stretch your LOVE just a little further you can help change the life of a CEREBRAL PALSIED CHILD commonly known as A SPASTIC.

When you send your LOVE to this child through our Foster Parents Appeal, you can help to improve the quality of this child's life through Physiotherapy, Occupational Therapy, Speech Therapy Medical Care, Counselling, Education and most of all HOPE.

If you wish you can see the child your foster. You are helping this child to help itself — and the community.

Even though you may be far away, this LOVE will seem so close, through pictures of the child and letters. You will see for yourself how much your LOVE is changing this child's life for the better — and for so little.

### **A LITTLE GOES A LONG WAY**

For less than \$1/= a day, you can bring LOVE, HOPE and CHEER to a spastic child. Imagine your spare change could change this child's life.

Please stretch your LOVE just enough to help a child. The cost is \$360.00 a child per year. There is also a "Group Scheme" whereby 20 persons each contributing \$18/= per year, may group together for the Foster Parents Appeal.

**ALL DONATIONS ARE TAX DEDUCTABLE "FOR IN GIVING — WE RECEIVE".**

Yours in service to the handicapped,

**V.S. Bastion, P.J.K.**  
Chairman  
Foster Parent's Appeal

Date.....

Foster Parents Appeal  
Spastic Children's Association  
425, Jalan Mesjid Negeri 11600 Penang

- I would like to be Foster Parent
- I enclose \$360/= as an individual sponsor
- I enclose \$18/= as a group scheme sponsor
- I enclose a Donation

Name.....

Address.....

**THE MOST PRECIOUS GIFT OF ALL — HELP A HANDICAPPED CHILD TO WALK**





## PERSATUAN KANAK-KANAK SEPASTIK, PULAU PINANG.

The Spastic Children's Association of Penang.

425, Jalan Mesjid Negeri, 11600 Penang. Tel: 887614

Penaung: T.Y.T. Yang Di-Pertua Negeri Pulau Pinang.

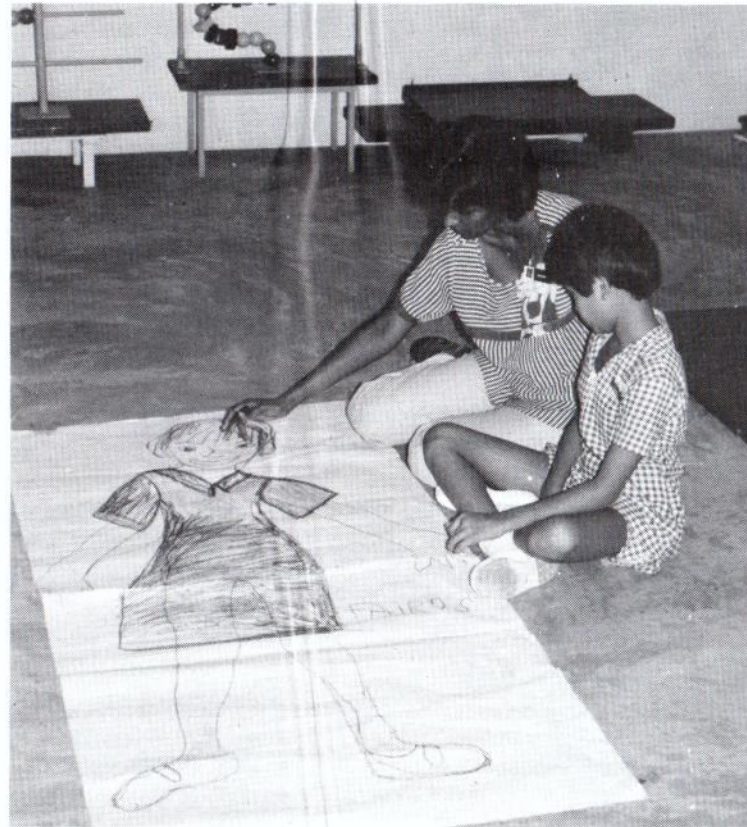
# WHAT YOUR DONATION



Therapeutic Workshop



Speech Therapy



Occupational Therapy



Education



Physiotherapy

# DOES FOR THEM



## **A VISION OF 2 SPASTIC CHILDREN**

*PERSEVERANCE will see each day through  
it's the keyboard for me and you  
Together we'll strive year by year  
for another 25 with a smile and a cheer.*

*Advances in therapy for cerebral palsy  
in the end will benefit all and sundry.  
The struggle is long but the future's bright.  
We visualise a tough but worthwhile fight.*

*Hope and faith will pull us through;  
Perseverance and patience too .....  
So, fight with strong hearts, heads held high  
and we'll see another 25 years roll by.*

**— GREGORY KHOO —**

