



# 2017 Laporan Tahunan Annual Report

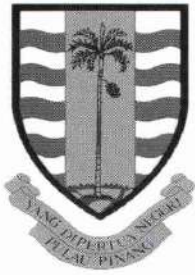


**Donors and well-wishers with our Patron Tuan Yang Terutama Tun Dato' Seri Utama  
(Dr.) Haji Abdul Rahman bin Haji Abbas, the Head of State of Penang,  
during our 50th Annual Sports Day**

**Persatuan Kanak-Kanak Cerebral Palsy (Spastik) Pulau Pinang  
The Cerebral Palsy (Spastic) Children's Association of Penang  
檳城痲孛兒童協會**

**(Penaung: T.Y.T Yang Di-Pertua Negeri Pulau Pinang)**

**425 Jalan Masjid Negeri, 11600 Pulau Pinang, Malaysia . Tel: 04-657 0160 Fax: 04-656 3066  
Email: [pgcerebral@gmail.com](mailto:pgcerebral@gmail.com) website: [www.cerebralpalsypenang.org](http://www.cerebralpalsypenang.org)**



# OUR PATRON



**TUAN YANG TERUTAMA**  
**TUN DATO' SERI UTAMA (DR.) HAJI ABDUL RAHMAN BIN HAJI ABBAS**  
D.M.K., S.M.N., D.U.P.N., S.P.D.K., D.P., D.M.P.N., D.J.N.  
**YANG DI-PERTUA NEGERI PULAU PINANG**



## **OUR VISION**

- To establish The Cerebral Palsy (Spastic) Children's Association of Penang as a Centre of Excellence in the State of Penang.
- To develop independence, confidence & self-esteem of individuals with cerebral palsy and help them achieve their full potential.

## **OUR MISSION**

- To inspire and empower children and young adults with cerebral palsy through a range of policies and service provisions to enhance their individual skills and knowledge which will give them opportunities to exercise their constitutional rights and lead a life of self-sufficiency with dignity.
- To harness all available qualified personnel to provide the best services, training and Special Education Programmes incorporating the latest technology to enable individuals with cerebral palsy to be integrated effectively into the community.

## **PRESIDENT'S REPORT**



2017 has been a very challenging year for us; due to the current economic downturn, funding from public donations had shrunk significantly. However, the Cerebral Palsy (Spastic) Children's Association of Penang managed to stay afloat as it exercised self-imposed restrictions and constraints; and thus, we were able to discharge our duties smoothly to the 140 students with cerebral palsy.

The mission and vision of the Centre is to serve the primary needs of our students. The dedicated team of staff are constantly ensuring that the best treatment and services are provided for our students. This is to warrant a dignified and respected life for them when they eventually leave the Centre.

It was a very sad day for all of us when our Honorary Treasurer, the Late Mr Nutan B Shah, passed away on 8 May 2017, a man well-loved and respected by everyone at the Centre. My deepest condolences to his wife and children.

I would like to thank our Patron, TYT Tun Dato' Seri Utama (Dr.) Haji Abdul Rahman Bin Haji Abbas Yang Di-Pertua Negeri Pulau Pinang and his consort Yang Amat Berbahagia Toh Puan Dato' Seri Utama Hajjah Majimor binti Shariff for their dedication and constant support towards the mission and vision of The Cerebral Palsy (Spastic) Children's Association of Penang.

I would also like to express my deepest appreciation to the Management Committee Members, teachers, staff, donors, well-wishers, friends and all those who have committed their time, effort and financial support to enable us to keep the fire going for the children with cerebral palsy. God Bless.

Thank you.

A handwritten signature in black ink, appearing to read 'NG FOOK ON', written in a cursive style.

***NG FOOK ON, PJK, PJM***  
***President***  
***Year 2017-2019***

## MANAGEMENT COMMITTEE



**Mr. Ng Fook On**  
PJK, PJM  
President



**Puan Hjh Latiffa Abdul Rahman**  
PKT, PJK, PJM  
V. President



**Mr. Tan Leong Teng**  
PJM  
V. President



**Dato' Khoo Yeoh Gan Hong**  
DSPN, DJN, PPN, PKT, PJK, PJM  
V. President



**Mr. Cheah Keat Kok**  
V. President



**Mdm. A. Valliammal**  
PJK  
Hon. Secretary



**Datin Vivienne  
Tneh Choo Heong**  
Treasurer



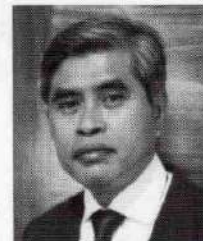
**Mr. Saw Hock Eng**  
PKT, PJK, PJM  
Imm. Past President



**Mr. Vincent  
Lai Kong Leng**  
PJK, PJM



**Mr. Yeoh Kean Lai**



**Dato' Professor  
Muhammad Bin Jantan**  
(PhD) DSPN



**Ms. Jenny Kam Phaik Har**  
PJK, PJM



**Mr. Foong See Yoke**  
PPN, PK, PKT, PJK, PJM



**Dato' Rhina Bhar**  
DSPN



**Dr. Peter Gan Chong Beng**



**Mr. Goh Tiang Leng**

## TRUSTEES



**Dato' Dr. Denis Mark Lee**  
DSPN, JP, PJK



**Mr. Ng Fook On**  
PJK, PJM  
President



**Mr. Saw Hock Eng**  
PKT, PJK, PJM  
Imm. Past President



**Puan Hjha Latiffa Abdul Rahman**  
PKT, PJK, PJM  
V. President

## HONORARY ADVISORS



**Tuan Shaballah Bin Zainal Abidin**  
Pengarah, Jabatan  
Kebajikan Negeri Pulau Pinang



**Tuan Shaari Bin Osman**  
Pengarah, Jabatan Pendidikan  
Negeri Pulau Pinang



**Mr. Cecil Rajendra**  
Legal Advisor



**Dr. Alex Lim Kheng Seng**  
Medical Advisor



**Dato' Dr. Yee Thiam Sun**  
DMPN, DSPN, KMN, DJN. PJM  
Medical Advisor



**Dr. Dan Giap Liang**  
DJN, PKT  
Paediatrician

## HONORARY CONSULTANTS



**Dr. Vigneswari Ganesan**  
Paediatric Neurologist  
Hospital Besar Pulau Pinang



**Dato' Dr. Lim Huat Bee**  
DSPN, DJN, PJK  
Dermatologist



**Datin Dr. Vasanthie Balakrishnan**  
Consultant Orthopaedic Surgeon  
Senior Lecturer  
Penang Medical College



**Ir. Vincent Tan Huei Meng**  
DJN, PJK  
Engineer



**Ir. Tan Yeow Joo**  
Engineer

## ADMINISTRATOR'S REPORT

*To desire and strive to be of some service to the world, to aim at doing something which shall really increase the happiness and welfare and virtue of mankind - this is a choice which is possible for all of us; and surely it is a good haven to sail for' - Henry Van Dyke*



God has a plan and purpose for each and everyone to serve in a community. We all serve in many special ways for the unfortunate, and for us here serving our children at CPCAP with special needs is indeed a privilege.

I came onboard in January 2017, it had been an eventful and challenging year, never a dull moment. Our children were invited to attend many outdoor events from various organizations, the outings have helped them to be more knowledgeable and be confident in their social skills. The Centre also received community service response from big and small organizations in helping to up-keep the school premises. We also have individual volunteer services from all walks of life helping out our teachers in swimming programme, baking, sewing and educating younger children.

The commitment to serve from every individual involved to make the Centre a better place for the children to have their education and rehabilitative therapeutic program on a daily basis. As a non-governmental organization, we depend largely on public donations and sponsorships to ensure continuity of free education and therapies for all children with cerebral palsy. Therefore, we would like to thank from the bottom of our hearts to all the kind donors for their support, for without them our Centre will not be able to operate smoothly towards the children's daily needs. In the last quarter of the year we were faced with low cash flow, and Thank God for answering our prayers, as many responded to our calls in keeping the heart-beat of the Centre going as we sailed to 2018.

The Centre will continue its pledge to serve the special children's needs with the spirit of Love, Joy, Peace, Patience, Kindness, Goodness, Gentleness, Faithfulness and Self-Control.

Yours faithfully

A handwritten signature in cursive script, which appears to read 'Betty Ng'.

BETTY NG  
Administrator

## MEMBERS OF SCHOOL BOARD



**Standing from Left to Right:**

*Mdm. Ooi Siew Teong (Parent), Ms. Betty Ng (Secretary), Mrs. Kalavali Ratnam (Parent),*

**Sitting from Left to Right:**

*Puan Hjh. Latiffa Abdul Rahman (Member), Dato' Khoo Yeoh Gan Hong (School Board Chairman), Puan Noraziana (Jabatan Kebajikan Masyarakat), Mdm. Valliammal a/p Allagappan (Ex-Officio)*

**Absent with apologies :**

*Mr. Ng Fook On (Ex-Officio), Dato' Rhina Bhar (Ex-Officio), Datin Vivienne Tneh (Ex-Officio), Wakil Jabatan Pendidikan Negeri Pulau Pinang*



## STAFF MEMBERS

**Back row: Left to Right:**

*Mr. Ravindran Vasudevan, Mr. Tee Beng Heng, Mr. Chew Teck Seng, Mr. Gopal Narayanasamy, Mr. Mohd. Syahir bin Mohd. Zaki, Mr. Balakrishnan a/I M. Arasu*

**Middle row: Left to Right:**

*Puan Norisma bt Zainol, Cik Farah Syuhaidah binti Sharim, Mrs. Punitha Vathi Kumaresan, Mdm. Cynthia Kong, Ms. Kamales Muniandy, Ms. Mangaleswarry a/p Thiagarajan, Mrs. Radha Prakash, Ms. Dinaashinni a/p Kandasamy, Puan Siti Aishah bt Shaik Daud, Ms. Kasturee Kishnan, Mdm. Suppamal Periasamy, Mrs. Kamala Kuppusamy, Mdm. Eswary a/p Paramit Kumar, Mdm. Rajeswary a/p L. Naranasamy*

**Front row: Left to Right**

*Mr. Sin Yhee Hwan, Ms. Koh Yin Tsang, Mr. Teng Wei Ping, Puan Azlina bte Mohd. Yusoff, Ms. Betty Ng (Administrator), Puan Norjan Osman, Mr. Santosh Kumar, Mr. Mahendran Ramalingam, Mr. Teh Kar Wei*

**Absent with apologies**

*Mr. Tan Soon Beng, Puan Shariza Md. Subky, Puan Nor Sahidah Abdul Rahim, Ms. Anuradha Sundramoorthy, Mr. Ong Hong Tiang, Mr. Doraisamy Mooniandy, En. Mohammad Rizal bin Abdul Rahman, Mr. Subramaniam Karuppiyah, Mdm. Kalyani Rambyer, Ms. Dhenooa Tholsynathan, Mrs. Sarinderjit Kaur Karam Singh, Mdm. Uma Devi Balakrishnan, Mr. Chew Sun Chooi*



# ORGANIZATIONAL STRUCTURE

## MANAGEMENT COMMITTEE

### SCHOOL BOARD

#### ADMINISTRATOR

Cik Betty Ng

#### ADMINISTRATION

##### SOCIAL WORK COORDINATOR

Uma Devi a/p  
K.M.Bala Krishnan

##### Office Staff

Kong Wai Leng  
Sarinderjit Kaur a/p  
Karam Singh

##### Drivers

Chew Sun Chooi  
Subramaniam Thevar  
Gopal a/l Narayanasamy  
Che Hussain

##### Attendants

Suppamal a/p Periasamy  
Tee Beng Heng  
Ravindran a/l Vasudevan  
Kamala a/p Kuppusamy  
Balakrishnan a/l Arasu

##### Gardener

Doraisamy a/l Mooniandy

##### Cook

Eswary a/p Paramit Kumar

#### REHABILITATION

##### PHYSIOTHERAPY

Head of Department  
S.Santosh Kumar

##### Physiotherapists

Dinaashinni a/p Kandasamy  
Mohd. Syahir bin Mohd. Zaki

##### OCCUPATIONAL THERAPY

##### Head of Department

Shariza bte  
Mohammed Subky

##### Occupational Therapist(s)

Siti Aisyah Binti Daud

##### SPEECH THERAPY

##### Head of Department

Teng Wei Ping

##### EIP/PRESCHOOL

##### Head of Department

Norjan bte Osman

##### Early Intervention Programme

Anuradha

##### Preschool

Norjan bte Osman  
Mangaleswarry a/p  
Thiagarajan

#### ACADEMIC

##### PRIMARY SCHOOL

Head of Department  
Azlina bte Mohd. Yusoff

##### Kelas Zamrud

Ong Hong Tiang  
Farah Syuhaidah binti  
Sharim

##### Kelas Baiduri

Azlina bte Mohd. Yusoff  
Noorisma bte Zainol

##### Kelas Jed

Kamales a/p Muniandy  
Chew Teck Seng

##### DELL LEARNING CENTER

##### Head of Department

Mahendran Ramalingam

##### Teaching Assistants

Koh Yin Tsang  
Punitha Vathi a/p Chandran  
Teh Kar Wei

#### VOCATIONAL

##### PRE-VOCATIONAL UNIT

Kasthuree

##### PRACTICAL CLASS

Kalyani a/p Rambyer

##### SHELTERED WORKSHOP

Rajeswary Naranasamy

##### Coordinator

Tan Soon Beng

## MEDICAL

The Association is grateful to the following professionals who make up CPCAP's panel of Honorary Consultants:

Dato Dr. Lim Huat Bee  
*Dermatologist*

Dental Surgeon & Nurses  
from the Ministry of Health

Dr. Vigneswari Ganesan  
*Paediatric Neurologist*

Datin Dr. Vasanthie Balakrishnan  
*Orthopaedic Surgeon*

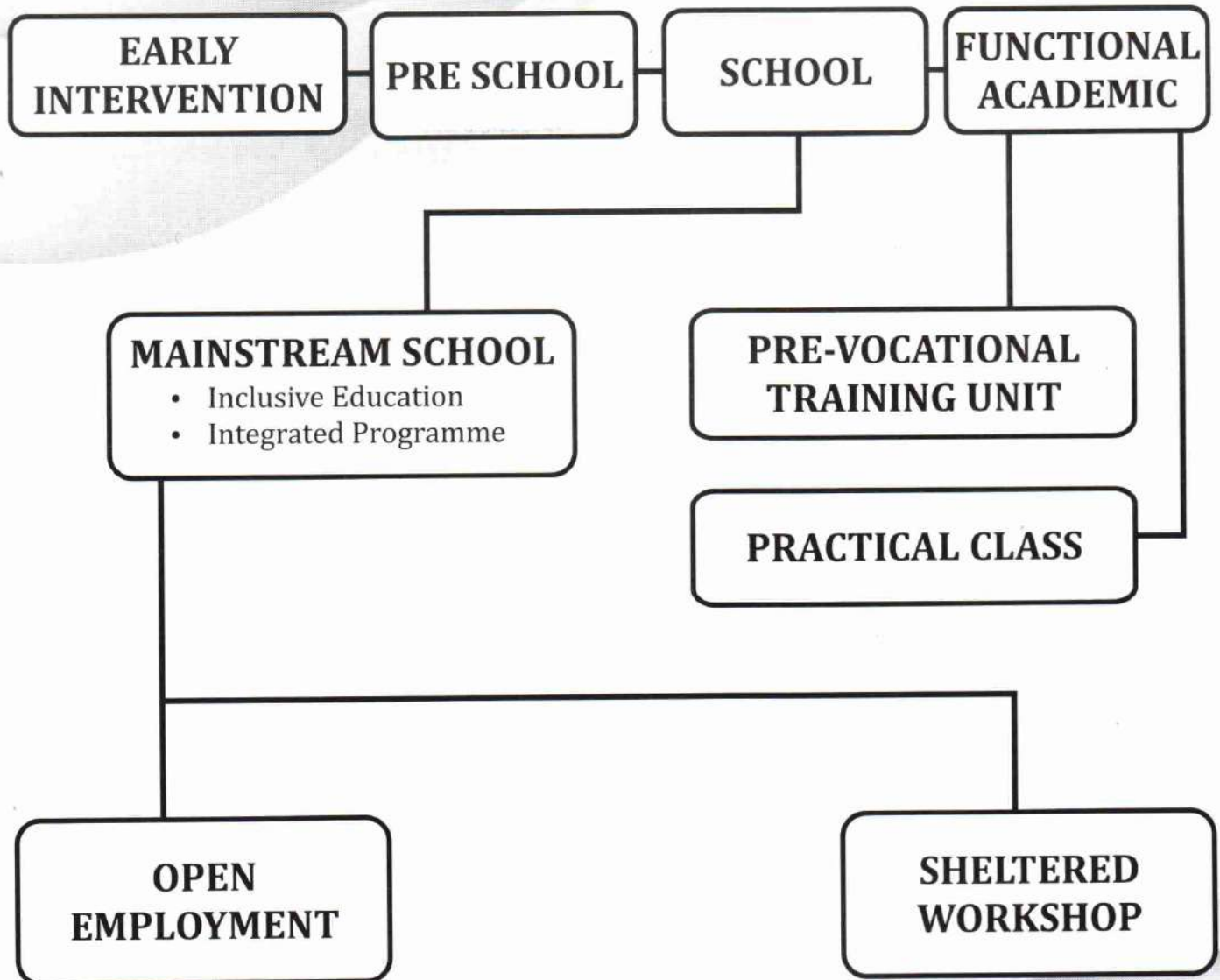
**The Association also wishes to thank the following people for their continued commitment and services to the Centre.**

- Dr. Alex Lim Kheng Seng who provides free medical treatment for the children and medical check-up for new staff.
- Dato Dr. Yee Thiam Sun who provides free hearing assessments for children with hearing problems.
- Dr. Dan Giap Liang (Paediatrician) who carries out the initial medical assessment for all new referrals to the Centre.

### STATISTICS OF CHILDREN REGISTERED WITH US AS OF 31-12-2017

	Male	Female	Total
Malay	20	20	40
Chinese	43	31	74
Indian	11	7	18
Others	0	0	0
	74	58	132

## EDUCATION



At the Cerebral Palsy (Spastic) Children's Association of Penang, we believe education is for ALL. It is the right of every child, regardless of their abilities or disabilities to education. All children are educable although they may learn at different rates and levels. To facilitate the different learning styles, there is flexibility in the curriculum, modifications and adaptations in the teaching and learning methods.

## EARLY INTERVENTION PROGRAMME

Early Intervention Programme has an enrolment of 14 children with full involvement from parents and teachers. The age range is between 0-4 years.

There is a lot of sensorial activity with kids. First of all, it's fun!!! Montessori sensorial material is used in the classroom to help a child develop and refine his or her five senses.



**SENSORY BOTTLE TOP 'Bubble Soap'** : Children encouraged to search for bottle tops according to the colours named by teachers. They love creating bubbles with whisk while searching for the bottle caps.

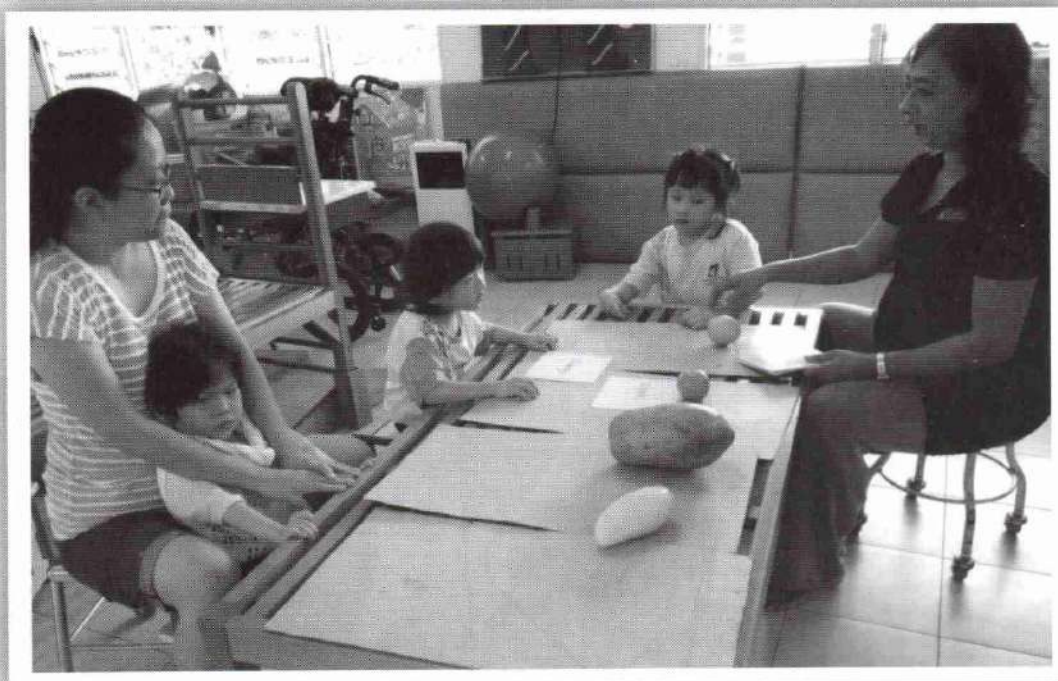
### Learning opportunities :

1. Enhance their fine motor skills and coordination.
2. Problem solving – finding strategies to overcome challenges.
3. Language and trying new words.
4. Self- esteem: sensory play offers kids the opportunity for self – expression because there is no right answer and children feel safe to change or experiment with what they are doing.
5. Social skills: taking turns, communication and following directions.
6. Develop understanding and awareness of cause and effect.

## PRE-SCHOOL

**T**here are currently a total of 14 children attending the Preschool classes. Their age range is between 5-8 years old.

Cultural activity is very important to the children and the goal for this subject is to assist the children to develop their own personalities to enable them to adapt to their particular time and place with a view to function independently and cooperatively within society. The inclusion of the cultural materials in the prepared environment is essential for children to be able to adapt fully to the world around them. The teacher prepares a cultural environment that gives the children the mental freedom to roam and satisfy their natural curiosity at leisure resulting in a more enjoyable and effective learning.



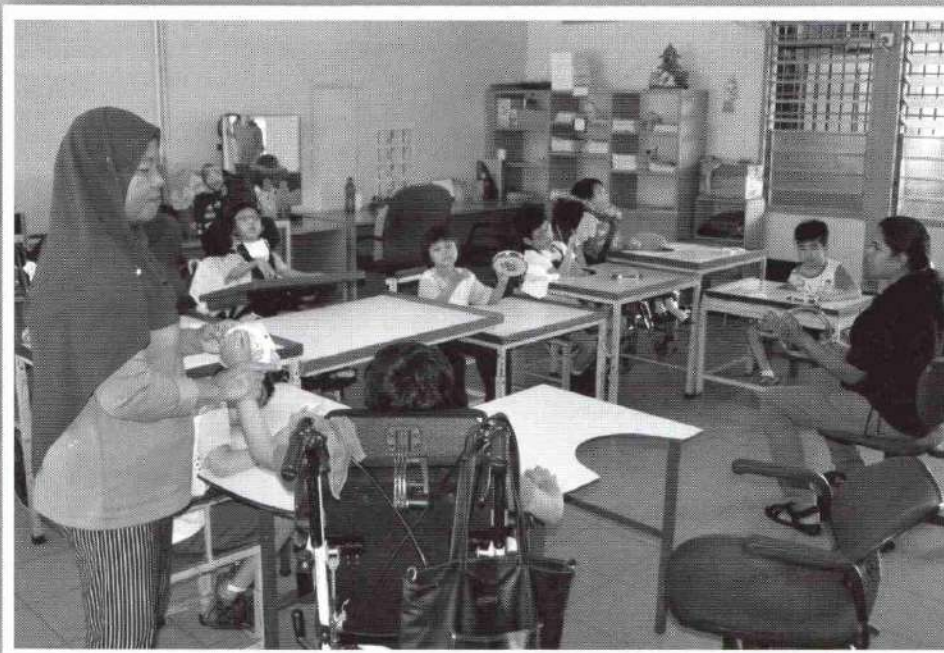
*Students matching words to the real fruits*

### **The objective is to**

1. To create a prepared Environment which attracts the child interest.
2. Practical life exercises which relate to the child's stage of development and which provide "keys" to different cultural experiences.
3. Sensorial materials which helps the child expand his/her knowledge about the world.
4. Extending the child's language and cognitive concepts.
5. Group activities which helps the child to share his/her growing knowledge and cooperation

**"KIDS REALLY GET TO KNOW THE ENVIRONMENT IF THEY CAN DIG IT, BEAT IT, SWAT IT, LIFT IT, JOIN IT, COMBINE DIFFERENT THINGS WITH IT."**

## PRIMARY SECTION - KELAS NILAM

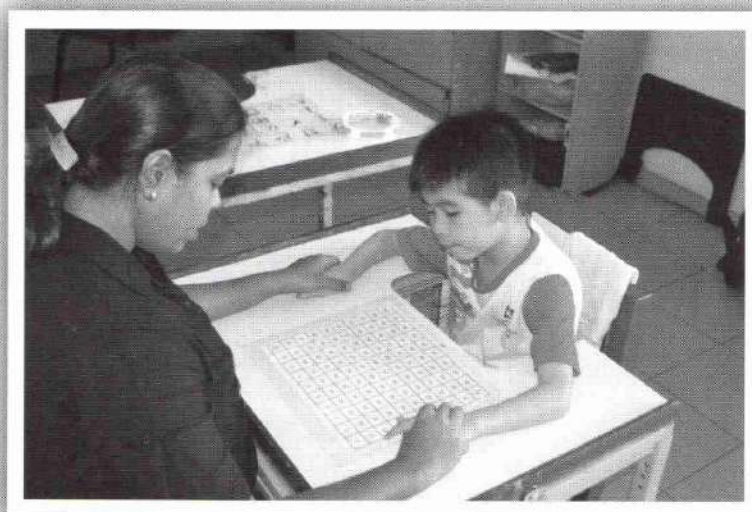


*Students playing percussion during music lesson*

**K**elas Nilam has an enrollment of thirteen students ranging in age from seven years to nine years in the morning and afternoon session. The class follows the regular kindergarten syllabus with some modifications. Individual Education Plan has been carefully planned for all the students in the classroom in order to meet their needs. Students are encouraged to participate in classroom activities such as English, Bahasa Melayu, Maths, art and crafts, music and movements, fun cooking and sensorial activities.

Tan Kyan Hank is a nine years old boy diagnosed with right hemiparalysis secondary to congenital hemimegalencephaly. He has been coming to school since 2013. Although he has speech impairment, he is able to communicate through sounds and gestures.

Kyan Hank is learning maths (number sequencing 30-40) by pointing at the number chart. Although mathematic lesson is not his favorite, yet he cooperates with the teacher to complete the tasks given.



*Cikgu Radha guiding Kyan Hank during Maths subject*

## **PRIMARY SECTION - KELAS ZAMRUD**



*Music and movement session*

**K**elas Zamrud has an enrollment of twelve students, six are female and six are males. Kelas Zamrud uses the regular preschool curriculum with some modification to suit each student. The academic lessons carried out are Bahasa Malaysia, English, Mathematics, and Science. Besides that, we also have Moral Studies, Creative Art, Fun Cooking, and Hydrotherapy.

Subject teaching is conducted in a big group and also on one to one basis. The stress is on fun learning through educational activity. The teachers are required to meet the goals set in the Individual Educational Plan for each student. The students are also exposed to computer assisted learning where they learn about numeracy, color concepts, alphabets and typing skills.

As part of our classroom activities, music and movement also contribute to the development of the children. Music and movement activity sessions develop the innate understanding of music in children, which enables them to tap into this aspect of music later on in life. It can also help to develop feelings of self-confidence and fine motor skills. Therefore, music and movement activity sessions are most beneficial during the preschool years.

## PRIMARY SECTION -KELAS BAIDURI



*Subject teaching : Cikgu Azlina teaching vocal sounds during Bahasa Malaysia session.*

**K**elas Baiduri has an enrolment of 15 students whereby 12 students attend the morning session and 3 students attend the afternoon session. Kelas Baiduri focuses more on practical aspects of learning which emphasizes on functional skills and other activities of daily living. Basic concepts of colours, shapes and numbers, English, Bahasa Melayu, Mathematics, and Science are taught along with classroom aspects for academically inclined students, while the non academic students are exposed to various activities pertaining to sensory stimulation and activities of daily living. Beside these, the students are also exposed to creative art, hydrotherapy, music and movement, fun cooking and educational visits as part of their integral training, as such exposures are necessary for future integration into the community. Individual Educational Plan has been carefully planned for all the students in the class in order to meet their respective abilities and needs.

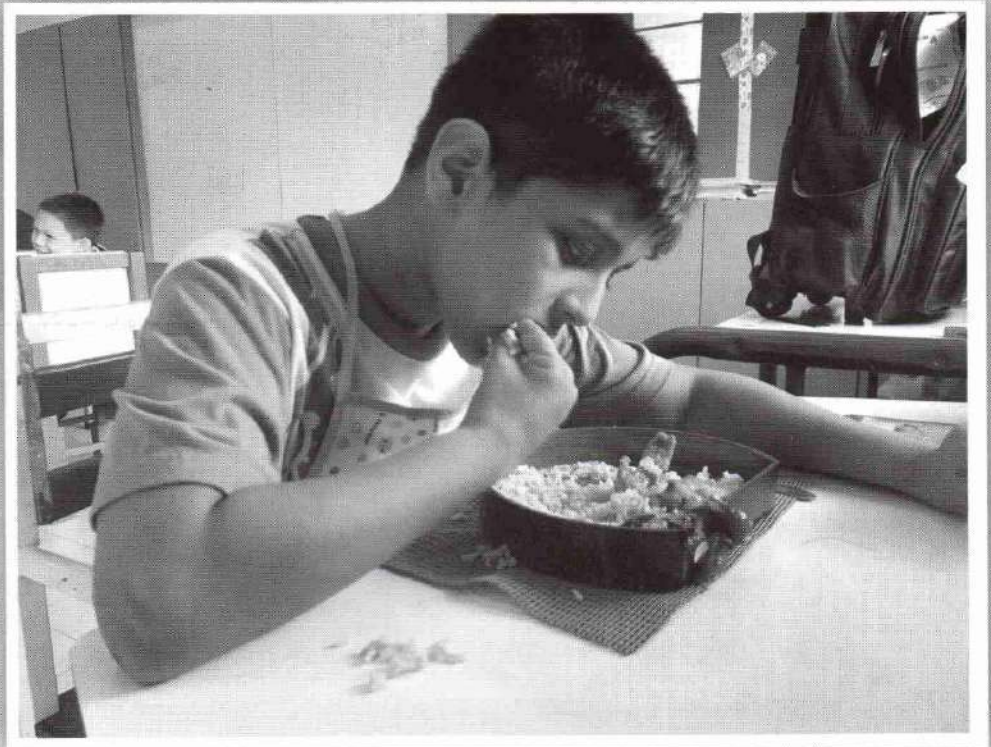




## PRIMARY SECTION - KELAS JED

**K**elas Jed is an academic class which provides lower primary education for students. The class consists of 6 male students and a female student. The lessons are taught according to the students' level of understanding and ability. Thus the teachers modify the lesson before conducting them in the classroom. There are five main subjects being taught in this class which are Bahasa Melayu, English, Science and Mathematic and also Moral Studies.

Every morning the class teacher will introduce the day and date; verbal students will try to spell the days in Bahasa Melayu and English. Then, the teachers will go around all the students to ask about their time spent at home to ensure students improve their communication skill. Then, general subject teaching will begin where the teacher will introduce and explain about the topic of the day. Questions will be asked verbally. Students will be given the chance to answer questions voluntarily. After that, one to one teaching will be conducted and the teacher will provide minimal guidance for each student to complete the exercises given.



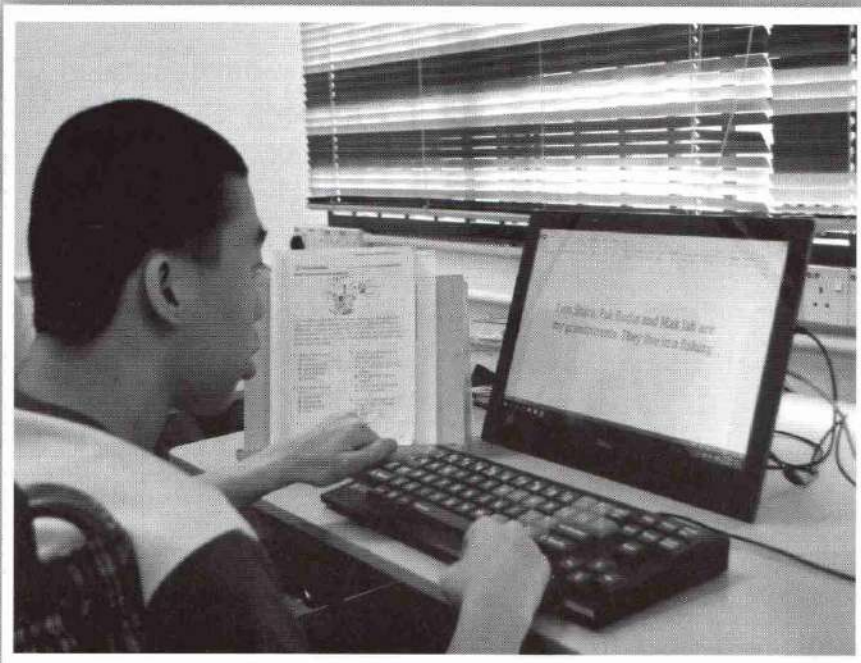
*Sesathran practicing to eat independently*

Seshatran is an active student in the class. He is 10 years old, diagnosed with Dyskinetic Cerebral Palsy, resulting in variable involuntary body movements. He catches everyone's heart and attention with his talk. He attends school five days a week and stays back every Wednesday for speech therapist to train him to eat independently during lunch hour and for extra classes on specific subjects. He has made great progress and now eats independently. This achievement has instilled pride and self-confidence in him and he thoroughly enjoys his lunch hour.



*Class session in progress*

## DELL LEARNING CENTER



**D**ell Learning Centre which was established in August 2006 continues to provide computer assisted learning with some newly procured assistive devices. 42 students attended the computer classes this year.

Goh Yueh Peng, 17 years old is a student with spastic diplegia. Due to tightness in the left hand he prefer to use his right hand more for typing activities. But, the teachers however encourage him to use both hands.

Initially, he used Intellikeys, a programmable alternative keyboard to complete the activities given. With this keyboard he could locate numbers and alphabets easier. Apart from using the Intellikeys, he was also trained to use regular keyboard and mouse to access the computer. Regular keyboard also allows him to use combination of keys in conventional manner during typing activity. Lately, he has been using MyBoard-lc keyboard. MyBoard-lc has large, bold and easily readable lower case lettering. It comes with larger keys with color coding for vowels, consonants, numbers and function keys. The color coding helps him to identify and locate the characters required much faster by synching them with respective colors, thus improving his typing speed.

Yueh Peng was also trained to use Microsoft Office applications such as Power Point, Word and Publisher. With Microsoft Power Point he learnt to create short presentations by including some of the features such as sound, animation and slide transitions. He used Microsoft Word application to do most of the exercises and has shown consistent progress. He was also trained to use Microsoft Publisher mainly to create business cards. Yueh Peng needs constant motivation and support to improve his skills.

With practices and guidance, he has shown steady improvement during computer classes. Yueh Peng is a very inquisitive and obedient student. He is very cooperative and able to follow well the instructions given by the teachers.

## PRE VOCATIONAL CLASS



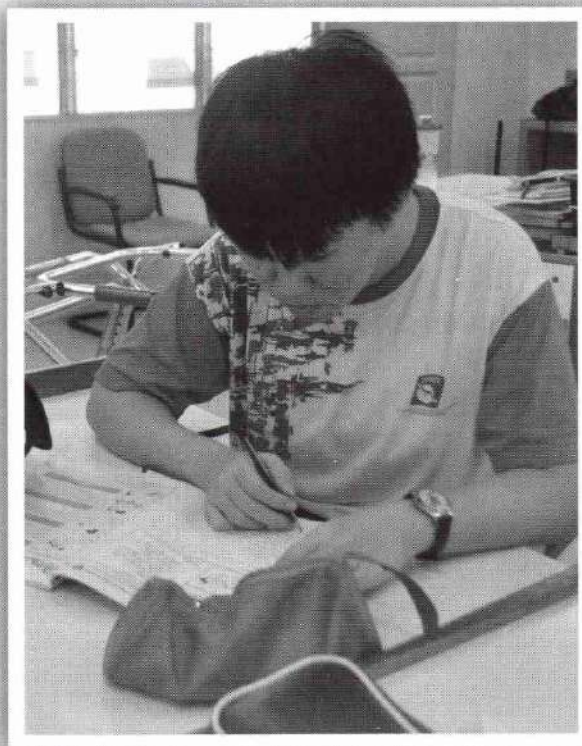
*Cikgu Kasthuree teaching basic mathematics to the trainees*

In Pre-Vocational we have a total of 11 students comprising of six females and five males. The Pre-Vocational education is at the primary level. The syllabus is developed based on the students' ability, knowledge and perception. It is mainly designed to introduce the students to the working environment such as basic knowledge of job requirements, types of occupations, work ethics and the proper manner of social interactions.

Everyday the class routine will start with circle time, whereby each student has a turn to write the day and the date on the whiteboard, taking attendance and take an order for lunch. This is then followed by academic lessons such as English, Bahasa Melayu, Mathematics, Moral,

Kemahiran Hidup, Art and Craft according to the time table. Apart from learning, the students are exposed and encouraged to do more functional activities such as cleaning classroom, baking and cooking activities, watering the plants, self-help activity etc..

Loke Yin Sze is 20 years old student. She is a cheerful girl. She participates and pays attention in all the classroom activities. She shows great interest in fun cooking activity and knows how to cook some basic foods independently, with minimum supervision. This year she took part in sandwich making competition and won third place.



*Loke Yin Sze doing the exercise given*

In the Pre-Vocational class the students are encouraged to showcase their talents in many aspects to achieve the best possible outcome.



*Yin Sze being assisted during fun cooking activity*

## PRACTICAL CLASS



*Cikgu Yhee Hwan guiding Nadia to complete her task.*

**P**ractical Class is mainly for young adults who were discharged upon attaining the maximum schooling age of 19. Currently there are eight trainees in this class. Here the trainees are assessed and assigned tasks to meet their capabilities. They are trained to bake, sew and do laundry.

Baking being one of the main tasks, is really enjoyed by all the trainees but only a few are actively involved during the actual activity. Those trainees who were directly involved learn to name, weigh and measure the ingredients required during a particular baking

process. Then they were given hands on experience to make cakes, buns and doughnuts. At the end of every baking session the trainees were required to clean the utensils, wipe the table, sweep and mop the floor.

A few trainees underwent training to use the sewing machine. They learned to sew pieces of clothes to make patchworks blankets with minimum guidance. Some of them were assigned tasks such as cutting clothes into smaller pieces to be used as stuffing for chair backs and pillows.

Apart from that, they were also guided to wash soft-toys, curtains and patchwork blankets. After washing they would dry the curtains and blankets. Once dried they would then iron the clothes using cold or hot iron. Some trainees were taught to fold the clothes. All these items are meant for sales.

Parents too provide their invaluable supports by making tissue cloth bags, floor mats, hair bands etc. These products are sold during our participation in charity events and all proceed from the sales are donated to the Centre.

During the last quarter of the year, we embarked on gardening. This is a new project for us. We plan to plant leafy vegetables, onions, lemon grass, chilies and ladies fingers. The harvest will be channeled for the Centre's use and some will be sold to generate extra income for the Centre.



*Trainees from Practical Class and Sheltered Workshop working together during gardening*

Some of the trainees also learn basic computer lessons from Cikgu Yhee Hwan, who is currently employed as a teacher at the Practical Class. They learn to type their personal details, do basic mathematics such as additions, subtractions, time and money concepts. In addition, Yhee Hwan also assists the trainees to surf for recipes on how to make bread, cake, jelly and many more.

## SHELTERED WORKSHOP

There are currently ten workers at Sheltered Workshop. It provides work opportunities for persons with special needs aged 21 and above. There are three main areas of work every day that are interchangeable :

- Contracted work from local factories
- A recycle project with the support of the local community
- In-house handmade crafts and basket making



*Trainees doing the tasks assigned at Sheltered Workshop*

### Contracted work

In this contracted work from I.R.M industries the trainees are assigned to clean the Integrated Circuit anti-static plastic tubes. As part of their job, they have to remove the stickers and rubber stopper plugs from the plastic tubes. Once they finished removing the rubber stopper plugs, the plastic tubes are cleaned and then the trainees in-charge will take and place them into the sacks for delivery.

### Recycle

The recycle program which was started a few years ago has begun to gain momentum with more supports from the community. Among the things we accept for recycling are empty cans/plastic containers, newspapers, old clothing and disused electric items. The workers have undergone training to identify and segregate the items before selling to recycle centre.

### Crafts

Apart from the above, we also make and sell baskets in various sizes, handmade crafts such as postcards, notebooks made from recycled papers and book markers. These items are usually sold during various charity events throughout the years. Sometimes we have visitors to the centre buying the items.

### Gardening

In the last quarter of this year, some of our trainees combined force with Practical Class to do some gardening and started to work on a small plot that we have for that purpose. We hope to get good harvest of vegetables.

Overall the trainees are able to work together and understand each other's duties and responsibilities at work. They feel very proud to do the tasks assigned

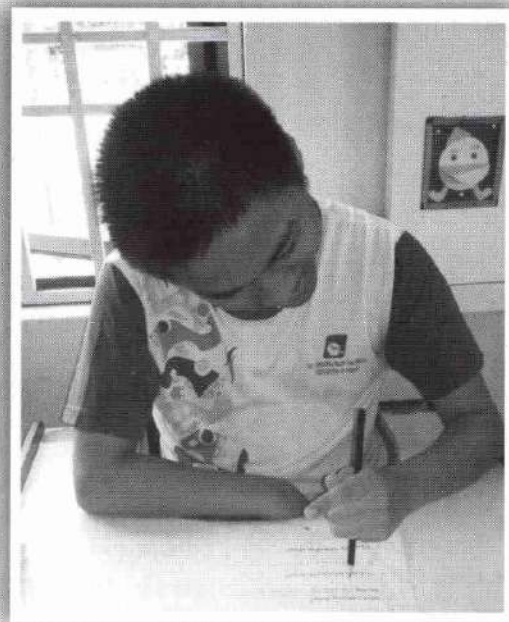


*Sheltered Workshop's and Practical Class' trainees cleaning the vegetation plot*

## BUKIT MERTAJAM BRANCH (OUTREACH PROGRAMME)

The Outreach Branch of the Cerebral Palsy (Spastic) Children's Association of Penang which is currently located in a rented premise at Sekolah Sinar Harapan, Bukit Mertajam, cater for the needs of the cerebral palsy students from the mainland. This outreach branch operates from Monday to Friday.

Our objectives are to enhance cognitive abilities, provide sensorial experiences and develop daily living skills of the students. The education programme designed is based on regular preschool curriculum with some modifications to suit each student. Apart from these we also carry out a physical exercise programme based on mat task series. Physiotherapy and speech therapy too are provided for the students. Once a year we organize an outing to encourage interactions amongst teachers, parents and the students.



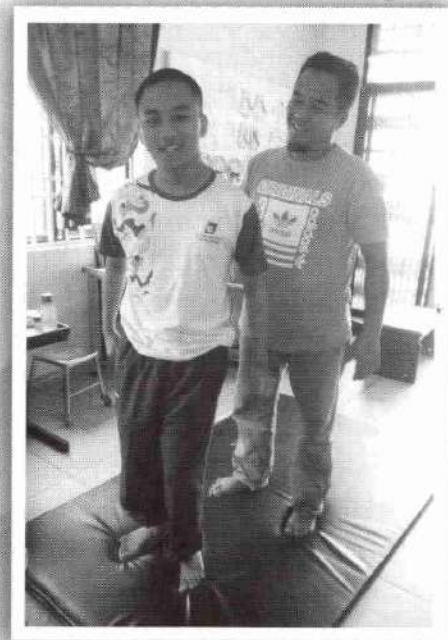
*Aiman Hakim doing simple comprehension in English*



*Getting ready to go to school*

Muhammad Aiman Hakim Bin Abdul Razak is a 17 year old student, with Spastic Athetoid. The trip from the house at Kg Bukit Rawa, Sedim, Baling, Kedah to the Bukit Mertajam Branch at Permatang Rawa, Bandar Perda Bukit Mertajam is about 70 km and takes between 1 ½ hours to 2 hours to arrive. Aiman Hakim and his father travel daily from their house to this outreach branch. Aiman Hakim is one of our regular students at this branch.

He has been attending classes since 2014. He is a very jovial and friendly person; and enjoys chatting with his friends and parents. He is able to express himself through speech. His main challenge is to learn *writing* and to control his hand during the colouring activity. During writing and colouring activities, the teacher and his father help him by stressing on the importance of *holding* and *grasping* the pencil properly. He is very cooperative in mat task series and also other classroom lessons. Encik Abdul Razak bin Saad is a dedicated father who brings Aiman to school and assists him with his lessons every day. Aiman Hakim has shown progress in each subject and gives full cooperation during classroom activities. We envisage a very bright future for Aiman.



*Aiman standing with moderate support from his dad*

## SPEECH THERAPY



*Lin Fong practice reading to improve his pronunciation*

The speech therapy department provides therapy services that are family-centered and delivered using evidence-based approaches. Our objective is to enhance the capabilities of families to meet the needs of children with cerebral palsy in feeding, speech, language and communication. Clinical assessment is carried out for the children in full detail. The therapist and the parents have discussion together to set the realistic goals for the children. Currently, the speech therapy department provides therapy services for 85-90 children in the Penang Centre and at the Bukit Mertajam Branch.

Wong Lin Fong, who is 15-years old, is currently in primary class. He was attending regular school till 12 years old. He was transferred to our school because he couldn't fit into the curriculum of regular secondary school.

His understanding of language is good. He is able to comprehend spoken language in Mandarin, Bahasa Malaysia and English. However, he has speech difficulties due to his oral-facial muscle weakness and his limited tongue movement has affected his pronunciation on some speech sounds. Sometimes he speaks while in poor sitting posture where his head and neck are hyperextended. His muscle tone increases when he is in a hyperextended posture which makes his speech production even more slur.

The therapist has explained to him that one is able to speak clearer when maintaining the head and neck straight in midline position. He understands this important concept quickly and is making an effort to maintain his head in midline when he is having a conversation. The therapist is also carrying out an intensive reading program with him. The reading materials contain complex sentences which he can practice for various speech sounds and pronunciation. His intelligence and his willingness to work hard enable him to make progress gradually. He is well understood by his family members, teachers, friends and by those who are willing to listen to him patiently.

## OCCUPATIONAL THERAPY



*Yin Sze and Seetha playing the traditional 'congkak' game*

Our occupational therapist designs and creates treatment depending on the child's performances and abilities. The child is allowed to participate and engage in different types of activities to gain multiple skills during the therapy sessions. The purpose of occupational therapy for the child is to achieve maximum independence in activities of daily living, leisure, play skills and enhancing through specific skills such as cognitive, hand function, sensory integration, psycho social and psychological aspect.

Occupational therapy is provided for 71 children on a weekly basis. Every Tuesday and Friday, the therapist will assist in hydrotherapy session involving students from primary section, pre-school and early intervention. In addition therapy is also provided to students who are attending mainstream schools on the 1st and 3rd Saturdays of each month.

As a therapy method, 'congkak', a traditional game popular in South East Asia is utilized to help the students to improve their fine motor skills, bilateral hand coordination and motor planning abilities. Based on different range of age, Seetha and Loke Yin Tze aged 16 and 19 years old respectively, were involved in group activity which gave them the opportunity to express their own feelings, share thoughts, increase their self-esteem, improve problem solving skills and enhance learning process. With this activity Seetha and Loke Yin Sze were exposed to educational concepts in mathematics by knowing the numbers of marble for each hole and the total of the marble after each game. They also learnt about turn taking and strategies to win. The overall conclusion is that traditional games actually have therapeutic values and can be part of treatment activities for children.

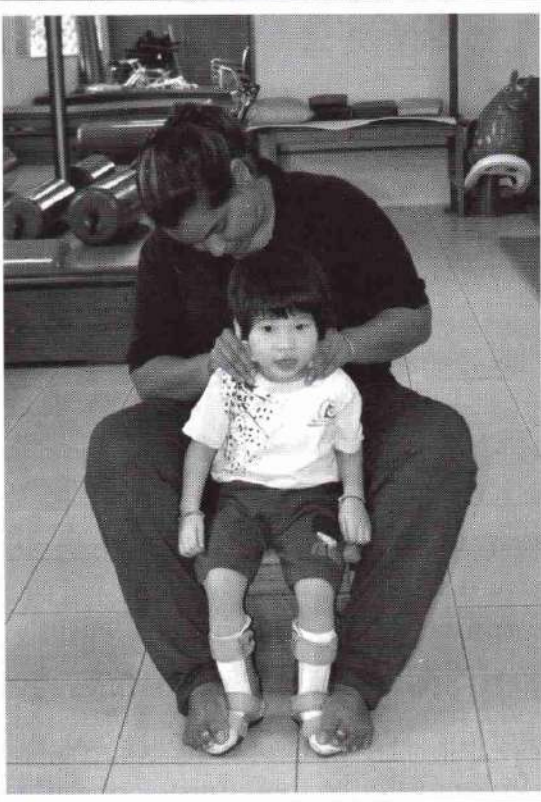


## PHYSIOTHERAPY

The aim of our Physiotherapy Department is to help the children achieve maximum independence in activities of daily living. This is achieved by enhancing specific handling skills enabling them to experience more normal movement patterns through play by providing sensorimotor experiences.

The children at the Centre are provided weekly Physiotherapy treatment. Our ex-pupils and students who are attending mainstream schools are provided treatment on the 1st and 3rd Saturdays of each month.

One of our students, Lee Suu Kyi aged 3 years started attending Early Intervention Program class in 2016. She is non-verbal and has fluctuating tone which is low especially at the neck and trunk. She also has weak proximal muscles. Initially she was uncooperative but with regular weekly physiotherapy sessions she has become more alert and is co-operative.

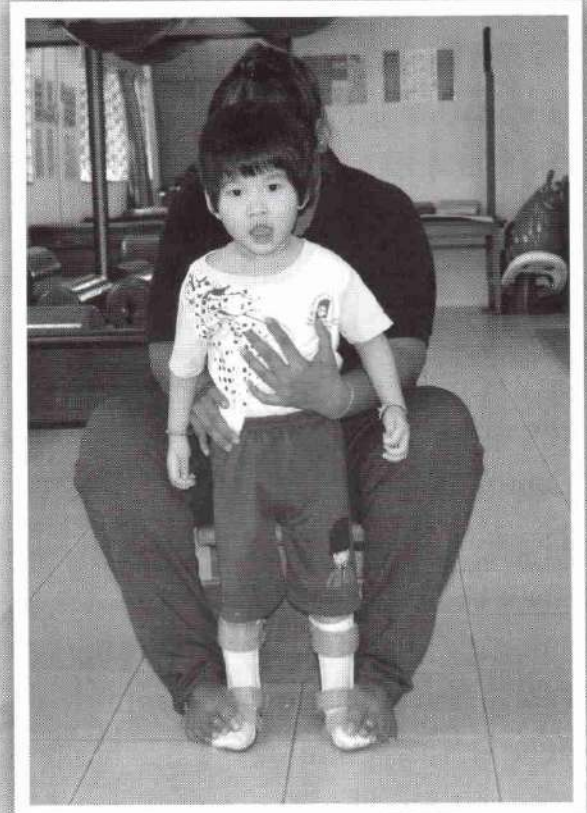


*Facilitating the child to sit in alignment*

Due to low muscle tone in the trunk she slouches while performing activities in the sitting posture, but when songs are played she would look up with excitement. She also has nystagmus, which makes it difficult to focus on an object for too long, however she loves to see colourful objects. When she is given a colourful object she is able to hold with both hands, but eventually leaves the object after 10-20 seconds of holding it.

She is able to sit while maintaining head in midline with moderate support at the neck and trunk for 2 minutes or more while watching a video. She is also able to reach for an object while sitting with moderate support at the neck and shoulders. Recently she is able to stand using the ankle foot orthosis (AFO) with moderate support at the neck and hips for 2 minutes.

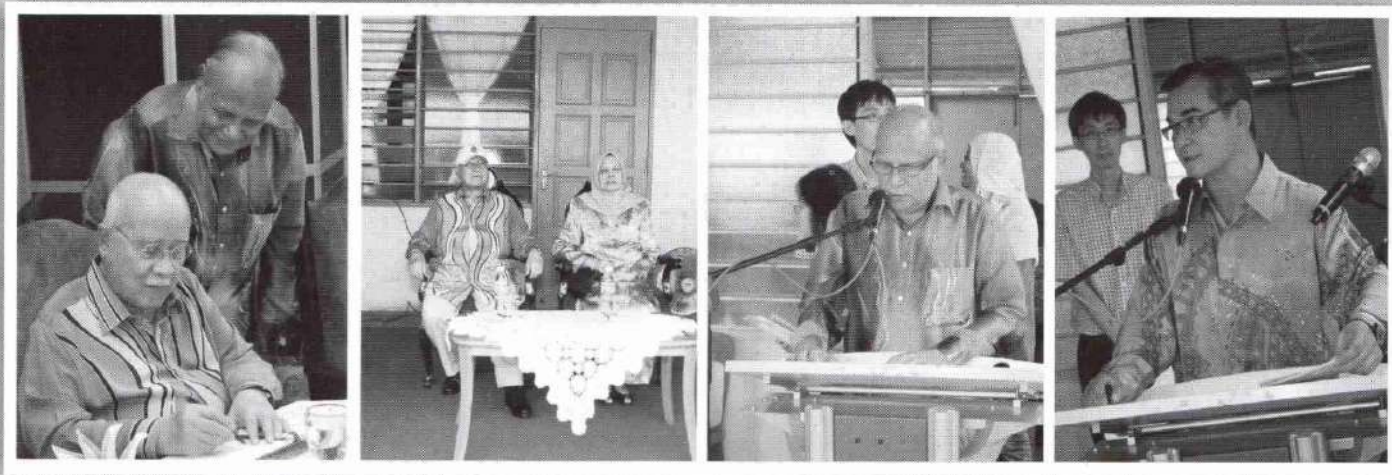
Her mother who is a dedicated care giver ensures that Suu Kyi attends school and the physiotherapy sessions on a regular basis and also performs the exercise given by the physiotherapist at home.



*Training Suu Kyi to stand with support*

## 50th ANNUAL SPORTS DAY (1)

The Cerebral Palsy (Spastic) Children's Association of Penang (CPCAP) held its Annual Sports Day on 18-3-2017 Saturday. The event was graced by our Patron, Tuan Yang Terutama Tun Dato' Seri Utama (Dr.) Haji Abdul Rahman bin Haji Abbas (Head of State of Penang) and his consort Yang Amat Berbahagia Toh Puan Dato' Seri Utama Hajah Majimor binti Shariff.



Tuan Yang Terutama Tun Dato' Seri Utama (Dr) Haji Abdul Rahman Bin Haji Abbas signing the guess book; Tuan Yang Terutama Tun and Yang Amat Berbahagia Toh Puan enjoying the sports

Mr. Nutan Shah (Sports Organising Chairperson) and Mr. Ng Fook On (CPCAP, President ) giving their speeches respectively



Tuan Yang Terutama receiving donation from our well wishers



Tuan Yang Terutama Tun handing over certificates of appreciation to Ms. Shahrul of McDonalds Greenlane for sponsoring snacks and drinks (top) and Mr. Kishen for volunteering to photograph the event(bottom).



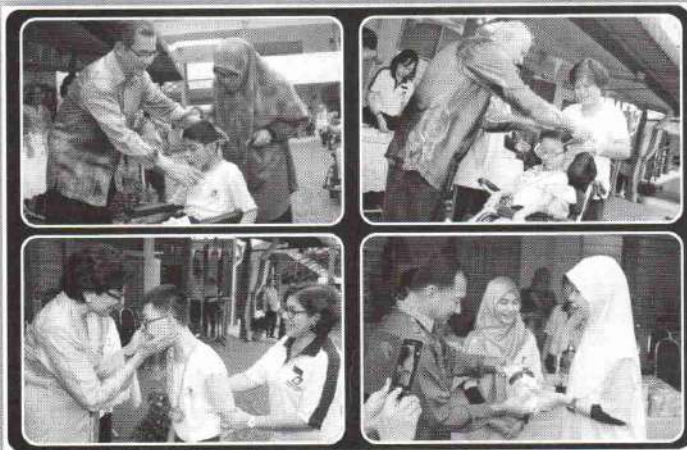
Mr. Ng Fook On, President of CPCAP presenting tokens of appreciation to Tuan Yang Terutama Tun Dato' Seri Utama (Dr.) Haji Abdul Rahman bin Haji Abbas and his consort Toh Puan Dato' Seri Utama Hajah Majimor binti Shariff respectively.

## 50th ANNUAL SPORTS DAY (2)

This is the 50th Annual sports day for us. Sports for individuals with cerebral palsy is very unique as a lot of adaptations need to be done and some games have been altered to meet the abilities of the students. The students were assessed during the rehearsals to ascertain their abilities to match with the right tasks. For students with severe disabilities, usually teachers/caregivers will provide some assistance based on the requirements. This year the sports event was very successful and all parties concern rendered good supports. The houses for this year were *Rumah Kuning* and *Rumah Hijau*.



Students representing *Rumah Kuning* and *Rumah Hijau* being assisted to complete the tasks given for each person

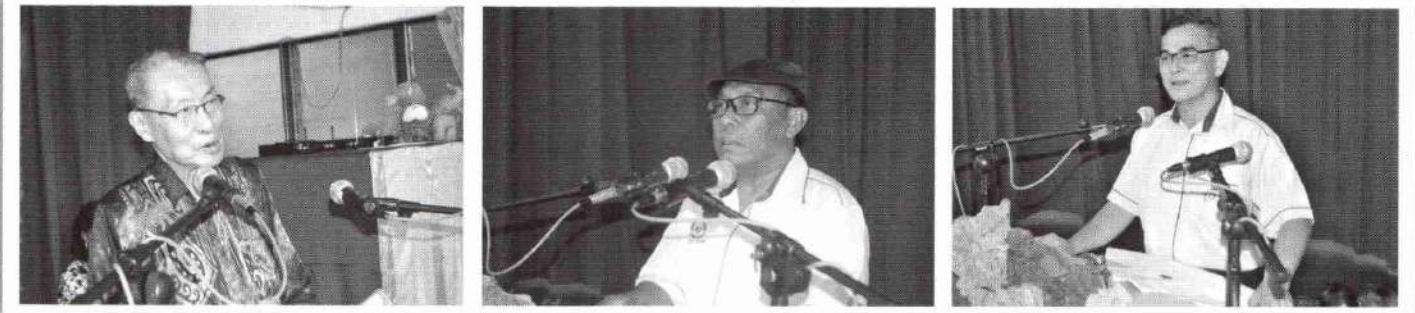


Presentation of medals to the winners by Mr. Ng Fook On, Mr. Nutan Shah, Dato' Rhina Bhar and Mr. Yeoh Kean Lai

Dato' Khoo Yeoh Gan Hong presenting the Champion's Trophy to Koay Jia Jun, representing the winning team, *Rumah Kuning*

## 47th SPEECH & PRIZE GIVING DAY (1)

We were delighted to hold our 47th Annual Speech and Prize Giving day on the 14th October 2017 to reward our students for excellent achievements in education and therapy. After the speeches and prize giving ceremony, the event continued with a drama titled "Everyone Is Special". The Drama was visualized, and brought into dramatic play by Dr. Mumtaz Begum PV Aboo Backer, Deputy Dean for Academic Students, School of Arts USM. Practice makes perfect. After weeks of practice, students, parents and teachers brought the drama to life on this day.



CPCAP's Vice President /Schoolboard Chairman Dato' Khoo Yeoh Gan Hong, Special Guest Encik Rosli Hashim, Deputy Director of Education (Penang), CPCAP's President Mr. Ng Fook On delivering their speeches respectively.



Special Guest Encik Rosli Hashim, Deputy Director of Education (Penang) presenting excellent achievements awards to the students.

CPCAP's Vice President /Schoolboard Chairman Dato' Khoo Yeoh Gan Hong and Mr. Ng Fook On, President of CPCAP presenting school leaving certificates for our students

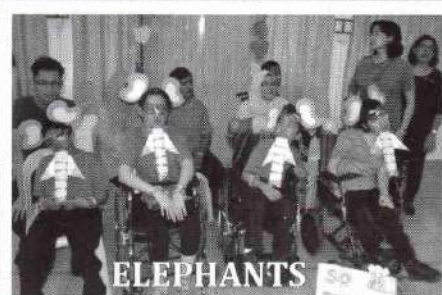


Staff and students singing the National Anthem, State Anthem and School song

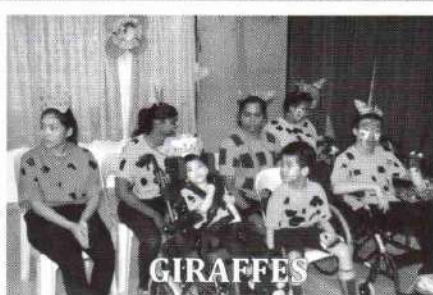
## 47th SPEECH & PRIZE GIVING DAY (2)

### EVERYONE IS SPECIAL

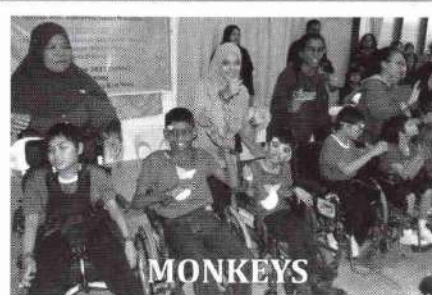
A drama, *EVERYONE IS SPECIAL* was enacted during this Speech & Prize Giving Day. This drama was brought into lively play by Dr. Mumtaz Begum PV Aboo Backer, Deputy Dean for Academic Students, School of Arts USM. This is a simple story of life in the animal kingdom. All animals are living joyously and are too proud of themselves. Some of these animals are quite judgmental and quick to blame others. One day a group of Tapir come to live together in the jungle. The rest of the animals especially monkeys, ostriches, giraffes and pigs do not accept them. They go on to tease and ridicule the Tapirs until Queen Sheeba reminded them that, "Nobody Is Perfect". King Solomon too said, "we all are God's wonderful creations" while Nalla pointed out that each has their own weaknesses and strengths.



ELEPHANTS



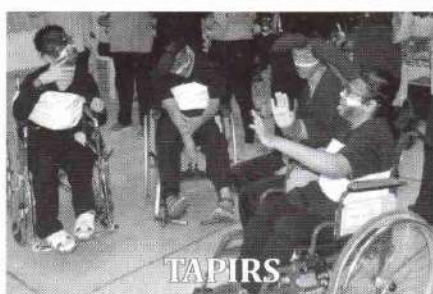
GIRAFFES



MONKEYS



PIGS



TAPIRS



OSTRICHES



L-R: Simba, Nalla, King Solomon & Queen Sheeba



Emcees:  
Pn. Noraida binti Ridzuan  
and Pn. Norjanbte Osman



Let's Unity in Diversity  
be our motto in life



L-R : Students presenting the Certificate of Appreciation to Dr. Mumtaz Begum and her students from School of Arts, Ms. Darynn Wee, Mr. Ling Ee Fan, Mr. Suthan and Ms. Teoh Wan Choon for their involvement during the speech day.

## CSR PROGRAMME, VISITORS, DONORS & TRAININGS

We strongly appreciated your support and assistance to make us sail through another year. Thank you so much for all your incredible involvement with us. We always look for constant support from the government agencies, corporate sectors, college/university students, volunteers and general public.

# THANK YOU



4-1-2017 - Donation of dry ration from a group of Nigerian students in Malaysia.



5-1-2017 - The Church of Jesus Christ of Latter-Day Saints donated some items for Practical Class.



11-1-2017 - Visit and donated from Wen Xin Association



19-1-2017 - Talk on Oral Health Care by the dedicated dental team from Daerah Timur Laut



10-2-2017 - Visitors from CANTON-I Garden Restaurant donated towards our cause.



17-2-2017 - A talk on CPR by Ms. Joanna - MRCS



24-2-2017 - CPCAP conducted the Fire Drill exercise



3-3-2017 - Visit by trainers and Trainees from Cardiology Department GH Penang



3-4-2017 - Staff from Oriental Realty (Kulim) visited CPCAP and sponsored lunch for the students and staff.



11-4-2017 - Hydrotherapy for Primary section



21-4-2017 - Hydrotherapy for Preschool & EIP



31-3-2017 - Visit by YB Tuan Zairil Khir Johari MP for Bukit Bendera, Pulau Pinang



25-4-2017 - Visit by Wesak Celebration Committee



4-5-2017 - First Aid Training by Mr. Larson Romo, practicum student from USA



5-5-2017 - Visit by Institut Pendidikan Guru Kampus Darulaman Jitra, Kedah



12-5-2017 - MBA Students of USM Gotong Royong at CPCAP



12-5-2017 - Gotong Royong by staff of CPCAP to clean the wheelchairs and swimming pool areas



13-5-2017 Rotary Club of Penang donated wheelchairs for our students.



19-5-2017 - Teachers Day celebration at CPCAP

## CSR PROGRAMME, VISITORS, DONORS & TRAINING



26-5-2017 - IWA Choir by Marlene and friends



13-7-2017 - A group of young people representing Christ's Youth in Action visited CPCAP



14-7-2017 - Nurses from GH Penang performing a dance during their visit to CPCAP



16-7-2017 - Our students took part in 'Climb To Change A life' event at Penang Hill



19-7-2017 - Mr. Lee Kok Wing, Manager, Corporate Service, Intel Asia presenting IIMGP cheque to CPCAP, represented by our Trustee, Mr. Saw Hock Eng. Far right is Puan Hilnani, JKM, Penang.



25-7-2017 - Donation from Charity 100



5-8-2017-Outreach programme by PMC students together with our physiotherapist



10-8-2017- Intel organised a CSI Programme



11-8-2017 - Talk on Retirement Advisory Service by Mr. Azirul from EPF



17-8-17 - Free Medical checkup for Students, Parents and Staff of CPCAP by PMC students.



17-8-2017 - Our students took part in Ayam Brand Junior Chef Competition



13-10-2017 - GNT Medic Excel donated a pair of smart crutches to Farhana. With her is Mr. Gerald Nobert Tikun

On 18-8-2017 - Dell Bayan Lepas, Pulau Pinang organised Dell Volunteer Program Management Training for various NGOs including us



3-10-2017 - Visit by Jabatan Kebajikan Masyarakat Officials



3-11-2017 - CSR Program by Eastin Hotel



10-11-2017 - Visit by nurses from Penang General Hospital



16-11-2017 - G-Hotel organised a CSR Program at CPCAP



22-11-2017 - Visit by students from Kolej Damansara Utama, Penang



22-11-2017 - Choir performance by Marlene and Friends choir group

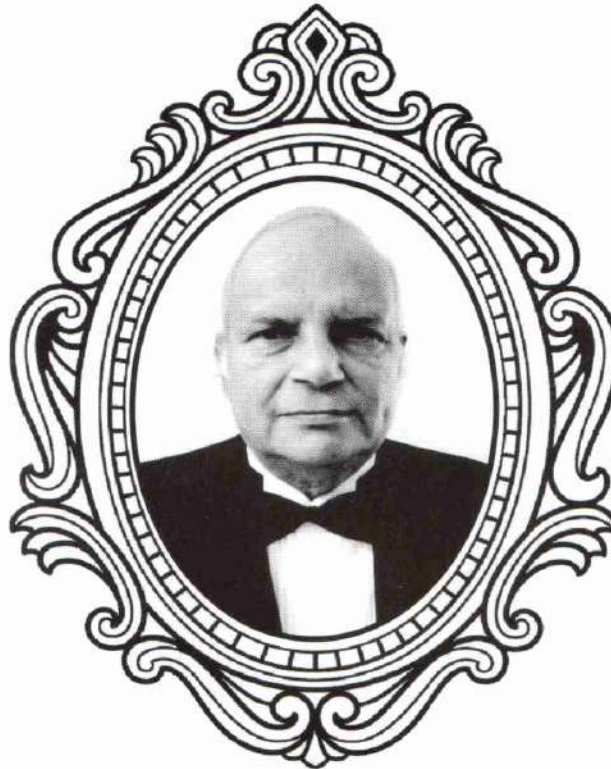


9-12-2017 - Social Work by USM Buddhist Association



9-12-2017 - INTEL organised a CSR Program

## OBITUARY



### **TRIBUTE TO THE LATE MR NUTAN B. SHAH**

PJN, PJK, PKT

Mr. Nutan B. Shah who passed away on 8th May 2017 was the 13th Honorary treasurer of the Cerebral Palsy (Spastic) Children's Association of Penang. He joined the Association as a Life Member in July 2001, and elected to become our Honorary Treasurer in September 2007, a post he held until his demise.

The Late Mr. Nutan Shah held the interest of the children stricken with cerebral palsy very close to his heart. He was a dynamic fund raiser and would not hesitate to tap everyone and anyone he came into contact with for funds to support and sustain the Centre's on-going programmes.

His cheerful disposition, volunteerism, effort and dedication towards the Centre will be greatly missed by all.

Management Committee  
The Cerebral Palsy (Spastic) Children's Association of Penang





**Persatuan Kanak-Kanak Cerebral Palsy (Spastik) Pulau Pinang**  
The Cerebral Palsy (Spastic) Children's Association of Penang  
(Penaung : T.Y.T Yang Di-Pertua Negeri Pulau Pinang) Reg. 1312 (Penang) No. Pend. JPN P09B-491

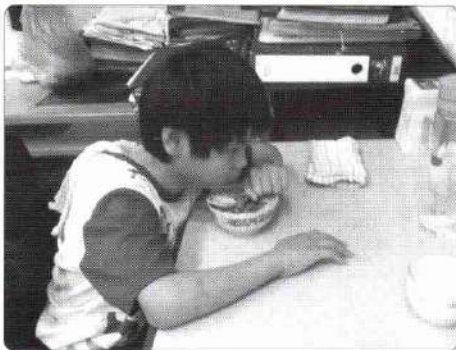
425, Jalan Mesjid Negeri, 11600 Pulau Pinang, Malaysia Tel: 04-6570160 Fax: 04-6563066  
Website : www.cerebralpalsypenang.org E-mail: pgcerebral@gmail.com

## **A CHILD WHO HAS CEREBRAL PALSY NEEDS YOUR SUPPORT**

Children with cerebral palsy need intensive therapy and education from a young age. Services provided by the Centre include diagnosis and assessment, early intervention, preschool and primary education, speech therapy, occupational therapy, physiotherapy, hydrotherapy, computer assisted lessons and an Outreach Programme based in Bukit Mertajam.

Our aim at the Cerebral Palsy (Spastic) Children's Association of Penang (CPCAP) is to enable children with cerebral palsy to make the most of their abilities so that they can go on to lead a full and independent lives. All of these services are provided free of charge.

## **ONLY YOU CAN HELP US TO SUPPORT THEM**



### **YES, I/WE WOULD LIKE TO MAKE A DONATION TO THE CENTRE**

I/We would like to donate the following amount :

<input type="checkbox"/> RM500	<input type="checkbox"/> RM1,000	<input type="checkbox"/> RM3,000	<input type="checkbox"/> RM5,000
<input type="checkbox"/> RM10,000	<input type="checkbox"/> RM20,000	<input type="checkbox"/> RM30,000	<input type="checkbox"/> Other Amount _____

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Home Address : \_\_\_\_\_

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E-mail : \_\_\_\_\_

Cheque : \_\_\_\_\_

All cheques must be crossed and made payable to PERSATUAN KANAK-KANAK CEREBRAL PALSY (SPASTIK) PULAU PINANG  
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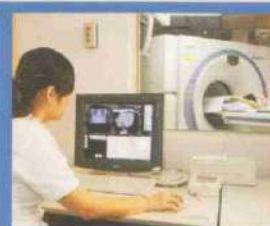
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  - Speech- Language Therapy, Auditory Verbal Therapy & Swallowing Therapy
- Respiratory Medicine
- Urology (Including Transurethral, Endourology, Lithotripter & GreenLight Laser Therapy)
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• CT Scan



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