

# LAPORAN TAHUNAN ANNUAL REPORT 2014



His Royal Highness  
D.Y.T.M. Tuanku Syed Faizuddin Putra ibni Tuanku Syed Sirajuddin Jamalullail  
D.K., S.P.M.P., P.A.T.

the Raja Muda of Perlis and his consort Her Royal Highness  
D.Y.T.M. Tuanku Hajjah Lailatul Shahreen Dato' Akashah Khalil S.P.M.P.  
The Raja Puan Muda of Perlis with our Management Committee  
and representatives from Department of Welfare, Penang,  
during their visit to our Centre on 18 August 2014.

**Persatuan Kanak-Kanak Cerebral Palsy (Spastik) Pulau Pinang**  
**The Cerebral Palsy (Spastic) Children's Association of Penang**

**Penaung : T.Y.T Yang Di Pertua Negeri Pulau Pinang**

425 Jalan Mesjid Negeri, 11600 Pulau Pinang, Malaysia. Tel: 04 6570160 Fax: 04 6563066

Email:pgcerebral@gmail.com website:www.cerebralpalsypenang.org

*With Best Compliments*



聯光工程有限公司  
**Grouplite Engineering Sdn. Bhd.**

(Co. No.: 357969-H)

No.98, Jalan Tanjung Tokong, 10470 Penang.

Off. Tel : 04-890 1178 Fax : 04-890 1811

Email : [info@grouplite.net](mailto:info@grouplite.net)



Certificate No: 2513



# OUR PATRON



**TUAN YANG TERUTAMA  
TUN DATO' SERI UTAMA (DR) HAJI ABDUL RAHMAN BIN HAJI ABBAS  
DMK., SMN., DUPN., SPDK., DP., DMPN., DJN.,  
YANG DI-PERTUA NEGERI PULAU PINANG**



## **OUR VISION**

- To establish The Cerebral Palsy (Spastic) Children's Association of Penang as a Centre of Excellence in the State of Penang.
- To develop independence, confidence & self-esteem of individuals with cerebral palsy and help them achieve their full potential.

## **OUR MISSION**

- To inspire and empower children and young adults with cerebral palsy through a range of policies and service provisions to enhance their individual skills and knowledge which will give the opportunities to exercise their constitutional rights and lead a life of self-sufficiency with dignity.
- To harness all available qualified personnel to provide the best services, training and Special Education Programmes incorporating the latest technology to enable individuals with cerebral palsy to be integrated effectively into the community.

## PRESIDENT'S REPORT



**W**hat an eventful year 2014 has been. Mother Theresa said ***"Love is service. The fruit of service is Peace"***. Everyone ought to leave something behind one day. Let us leave what we can contribute to the wellbeing of others with a genuine sincere heart. I bet there is no greater legacy as rich as that. Let us carve our names permanently on hearts made of flesh.

I have had the opportunity to do a lot of travelling this year. It is always good to come back home, a sanctuary from a busy, bustling hectic world. Our Centre, The Cerebral Palsy (Spastic) Children's Association of Penang (CPCAP) is akin to a home to our many students with cerebral palsy. Since its establishment in 1962, without a doubt the very name of CPCAP brings lingering attachments and sentiments to all who had passed through its doors. A solid, dependable, reputable and caring establishment that we are.

No duty is more urgent than that of expressing one's gratitude and thanks. I would like to thank our patron, TYT Tun Dato' Seri Utama (Dr) Haji Abdul Rahman Bin Haji Abbas, Yang Di Pertua Negeri Pulau Pinang dan Yang Amat Berbahagia Toh Puan Seri Hajjah Majimor Binti Shariff for their continued support, contribution and dedication towards the Centre. This gives me, my Management Committee, teachers and staff greater inspiration to work harder for the students.

I would like to specially thank DYTMs Tuanku Syed Faizuddin Putra Ibni Tuanku Syed Sirajuddin Jamalullail, Raja Muda Perlis and DYTMs Tuanku Hajjah Lailatul Shahreen Akashel Khalil who graciously visited our Centre in August 2014. It was an honour for CPCAP to be the host.

A big and heartfelt thank you to all who have visited our Centre, contributed their invaluable time, effort, financial support and services. My thanks and appreciation goes to my Management Committee, teachers, staff, parents and friends of the Centre who have given their timeless services, effort and support for the betterment of the Centre.

I end this report with a quote from Mahatma Gandhi – ***"The best way to find yourself is to lose yourself in the service of others."***

A handwritten signature in black ink, appearing to be 'Ng Fook On'. The signature is fluid and cursive, with a long horizontal stroke at the end.

**Ng Fook On** PJK, PJM

President

## Management Committee



Mr. Ng Fook On  
PJK, PJM  
President



Puan Hj Latiffa Abdul Rahman  
PKT, PJK, PJM  
V. President



Mr. Tan Leong Theng  
PJM  
V. President



Dato Khoo Yeoh Gan Hong  
DJN, PPN, PKT, PJK, PJM  
V. President



Mr. Cheah Keat Kok  
V. President



Ms. Ong Siew Guat  
Hon. Secretary



Mr. Nutan B. Shah  
PJK  
Hon. Treasurer



Mr. Saw Hock Eng  
PKT, PJK, PJM  
Imm. Past President



Mr. Vincent Lai Kong Leng  
PJK, PJM



Mr. Yeoh Kean Lai



Datin Vivienne Tneh Choo Heong



Dato' Professor  
Muhamad Bin Jantan  
DSPN, PhD.



Mr. Alex Woo



Ms. Jenny Kam Phaik Har  
PJK, PJM



Mr. Foong See Yoke  
PPN, PK, PKT, PJK, PJM



Dato' Rhina Bhar

## Trustees



Dato' Dr. Denis Mark Lee  
DSPN, JP, PJK



Mr. Ng Fook On  
PJK, PJM



Mr. Saw Hock Eng  
PKT, PJK, PJM



Puan Hjh Latiffa Abdul Rahman  
PKT, PJK, PJM

## Honorary Advisors



Dr. Zaitul Bt. Salleh  
Pengarah Jabatan Kebajikan Masyarakat  
Pulau Pinang



Dato Haji Osmah Bin Hussain  
Pengarah Pelajaran  
Jabatan Pelajaran Pulau Pinang



Mr. Cecil Rajendra  
Legal Advisor



Dr. Alex Lim Kheng Seng  
Medical Advisor



Dato' Dr. Yee Thiam Sun  
DMPN, DSPN, KMN, DJN, PJM  
Medical Advisor



Dr. Dan Giap Liang  
DJN, PKT  
Paediatrician

## Honorary Consultants



Dr. Vigneswari Ganesan  
Paediatric Neurologist  
Hospital Besar Pulau Pinang



Dato' Dr. Lim Huat Bee  
DSPN, DJN, PJK  
Dermatologist



Dr. Vasanthie Balakrishnan  
Consultant Orthopaedic Surgeon  
Hospital Besar Pulau Pinang



Ir. Vincent Tan Huei Meng  
DJN, PJK  
Engineer



Ir. Tan Yeow Joo  
Engineer

## ADMINISTRATOR'S REPORT

*"I would have fainted had I not seen the goodness of God in the land of the living."*



I would like to thank everyone who has given me their invaluable support, guidance and advice since I undertook this new office.

Throughout the year 2014, our children and staff were as usual involved in the many varied activities and functions both within and outside the Centre.

Veteran singers from eight bands played songs of yesteryears at our annual fund-raising event, The Charity Tea Dance on 27th. April.

A farewell celebration was held on Teachers' Day in May in honor of Puan Valliammal, who had served as an administrator since 1992.

A Royal visit to our centre by His Highness The Raja Muda and Raja Puan Muda of Perlis together with students from Yayasan Tuanku Syed Putra on 18 August was an experience to be remembered.

There was a free medical check up for blood pressure, glucose and cholesterol level at the parenting workshop at our centre organized by Lembaga Penduduk dan Pembangunan Keluarga Negara (LPPKN) in September.

May all the remembrance gives us a reason to smile as we brace ourselves for every challenge in the coming year.

A handwritten signature in black ink, appearing to read 'Mazah K. Ismail'.

**Mazah K. Ismail**





**STANDING FROM LEFT TO RIGHT :** Mdm. Valliammal a/p Allagappan, Mrs. Lillian Kam Chiok Hoon (Parent), Mrs. Kalavali Rathnam (Parent), Puan Mazah K. Ismail (Secretary)

**SITTING FROM LEFT TO RIGHT :** Ms. Ong Siew Guat (Hon. Secretary, CPCAP), Dato' Khoo Yeoh Gan Hong (Schoolboard Chairman/V-President CPCAP), Puan HjH Latiffa Abdul Rahman (V-President CPCAP/Parent), Mr. Nutan B. Shah (Hon. Treasurer, CPCAP)

**ABSENT WITH APOLOGIES :** Rep. from Jabatan Pendidikan Khas and Jabatan Kebajikan Masyarakat Pulau Pinang.



**BACKROW L - R :** Mr. Chew Sun Choi, Mr. Ravindran Vasudevan, Mr. Tan Soon Beng, Mr. Gopal Narayanasamy, Mr. Hemand Santha Kumar, Mr. Chew Teck Seng, Mr. Doraisamy Mooniandy, Mr. Tee Beng Heng, En. Jamaluddin Ahmad, Mr. Ong Hong Tiang, Mr. Subramaniam Karuppiyah.

**MIDDLE ROW L - R :** Mrs. Usha Selvasagar, Ms. Suppamal Periasamy, Mrs Kamala Kuppasamy, Mdm. Kalyani Rambyer, Ms. Sathiswary Manoharan, Ms. Kamales Muniandy, Mrs Punitha Vathi Kumaresan, Mdm. Cynthia Kong, Mrs. Sarinder, Mrs. Radha Prakash, Ms. Tilagavathi Sugumaran, Ms. Anuradha Sundramoorthy, Puan Nor Sahidah Abdul Rahim, Ms. Kasthuree Kishnan, Cik Intan Juliani Binti Ghazali, Cik Rosnita Idris.

**SITTING L - R :** Mr. Teh Kar Wei, Ms. Koh Yin Tsang, Mr. Teng Wei Ping, Mr. Santosh Kumar, Mdm. Uma Devi Balakrishan, Puan Mazah K. Ismail, Puan Azlina Mohd. Yusoff, Puan Shariza Md. Subky, Puan Norjan Osman, Mr. Mahendran Ramalingam, Ms. Koh Lee Peng, Mr. Sin Yhee Hwan.

**Apologies :** Ms. Premilaraj Tanakuti Cheravey, Ms. Dinaashinni Kandasamy, Ms. Thivya Pannir Selvam

## ORGANIZATIONAL STRUCTURE

### MANAGEMENT COMMITTEE

#### ADMINISTRATOR

Pn Mazah K. Ismail

#### ADMINISTRATION

##### Social Work Coordinator

Uma Devi a/p K.M.  
Balakrishan

##### Office Staff

Kong Wai Leng  
Sarinderjit Kaur a/p Karam  
Singh

##### Drivers

Chew Sun Chooi  
Subramaniam Thevar  
Gopal a/l Narayanasamy  
Jamaluddin bin Ahmad  
(Vacant)

##### Attendants

Usha a/p Thannimaly  
Suppamal a/l Periasamy  
Tee Beng Heng  
Ravindran a/l Vasudevan  
Kamala a/p Kuppusamy

##### Gardener

Doraisamy a/l Mooniandy

#### REHABILITATION

##### Physiotherapy Head of Department

Santosh Kumar

##### Physiotherapists

Hemand a/l Santha Kumar  
Dinaashinni a/p Kandasamy

##### Occupational Therapy Head of Department

Shariza Bte Mohammed Subky

##### Occupational Therapists

Faizah bte Nordin  
Rosnita bte Idris

##### Speech Therapy Head of Department

Teng Wei Ping  
Speech Therapist  
(Vacant)

##### Early Intervention Programme

Azlina bte Mohd. Yusoff  
Anuradha a/p Sundaramoorthy

##### Preschool

Norjan bte Osman  
Radha Jeyalakshmi

##### Sheltered Workshop Coordinator

Tan Soon Beng

#### ACADEMIC

##### PRIMAY SCHOOL

###### Class Nilam

Tilagavathi a/p Sugumaran  
Kasthuree a/p Kishnan

###### Class Zamrud

Kamales a/p Muniandy  
Sathiswary a/p Manoharan

###### Class Jed

Intan Juliani bte Ghazali  
Sin Yhee Hwan

###### Class Baiduri

Premila Tanakuti Cheravey  
Roshini a/p Kanapathy

##### Computer Class

###### Head of Department

Mahendran a/l Ramalingam

###### Assistants

Punitha Vathi a/p Chandran  
Koh Yin Tsang  
Teh Kar Wei  
Chew Teck Seng

##### Outreach(Mertajam)

Nor Sahidah bte Abdul Rahim  
Ong Hong Tiang

##### Pre-vocational Skills

###### Training Unit

Amuthaa/pThandayuthapani  
Thivya a/p Pannir Selvam

##### Practical Class

Kalyani a/p Rambyer  
Assistant  
Koh Lee Peng

## MEDICAL

The Association is grateful to the following professionals who make up CPCA's panel of Honorary Consultants:

Dato' Dr. Lim Huat Bee  
Dermatologist

Dental Surgeon & Nurses  
from the Ministry of Health

Dr. Vigneswari Ganesan  
Paediatric Neurologist

Dr. Parameshwaran  
Orthopaedic Surgeon

The Association also wishes to thank the following people for their continued commitment and services to the Centre.

- Mrs Ong Kim Chye, our nurse, who volunteers to maintain first-aid supplies and to look after health and safety aspects at the Centre.
- Dr. Alex Lim Kheng Seng who provides free medical treatment for the children and medical check-up for new staff
- Dato Dr. Yee Thiam Sun who provides free hearing assessments for children with hearing problems.
- Dr. Dan Giap Liang (Paediatrician) who carries out the initial medical assessment for all new referrals to the Centre.

### CONDOLENCES

We would like to convey our heartfelt condolences to the family of

1. Muhammad Israaq Abdul Wahab passed away on 23.1.2014
2. Adam Asyraff bin Faisal Ahmad passed away on 16.10.2014

### STATISTIC AS ON 31.12.2014

	Male	Female	Total
Malay	30	16	46
Chinese	52	29	81
Indian	10	5	15
Others	1	0	1
Total	93	50	143

## THE ROYAL VISIT

His Royal Highness, DYTM Tuanku Syed Faizudin Putra ibni Tuanku Syed Sirajuddin, the Raja Muda of Perlis and his consort, DYTM Tuanku Hajjah Lailatul Shahreen Akashah Khalil, the Raja Puan Muda of Perlis Indera Kayangan and his entourage comprised of students and officials from Yayasan Tuanku Syed Putra paid a visit to our Association on the 18 August 2014.



His Highness DYT Raja Muda of Perlis giving a speech during his visit.



Mr. Ng Fook On and Puan Latiffa Abd. Rahman presenting gifts to DYT Raja Muda Perlis and DYT Raja Puan Muda Perlis respectively as token of appreciation.



Mr. Ng Fook On, President CPCAP, giving his welcoming address.



Her Highness DYT Raja Puan Muda presenting gifts as a token of appreciation to Mr. Ng Fook On.



His Highness DYT Raja Muda looking at the display of activities offered by us as Mdm. Valliammal briefed him.



The royal couples interacting with our students.



The royal couple interacting with Mr. Teh Kar Wei, a teacher at our computer lab.

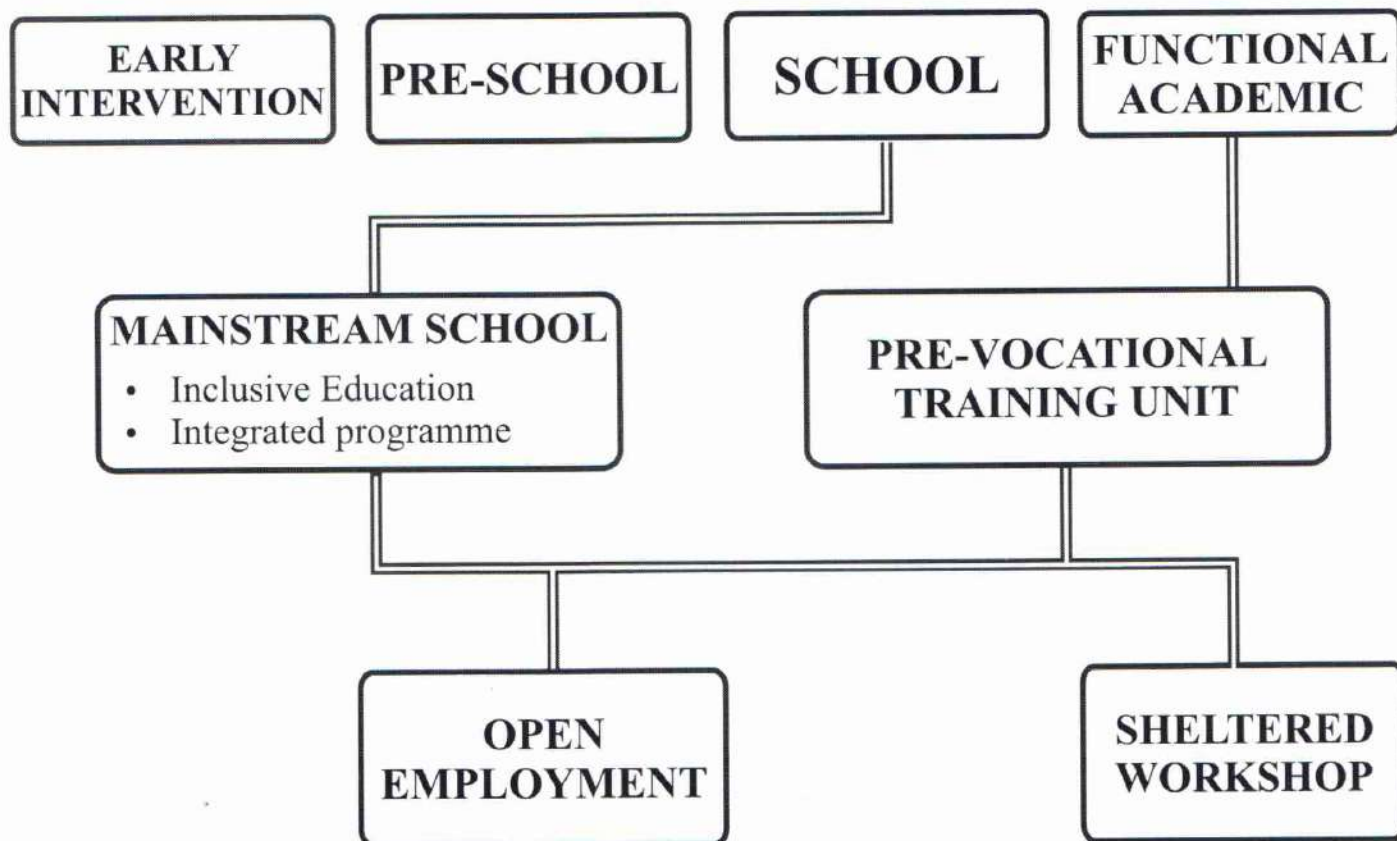


Members of Management Committee watching the video presentation on our Centre.



Part of the RSPM Entourage, the students from Yayasan Tuanku Syed Putra.

## EDUCATION



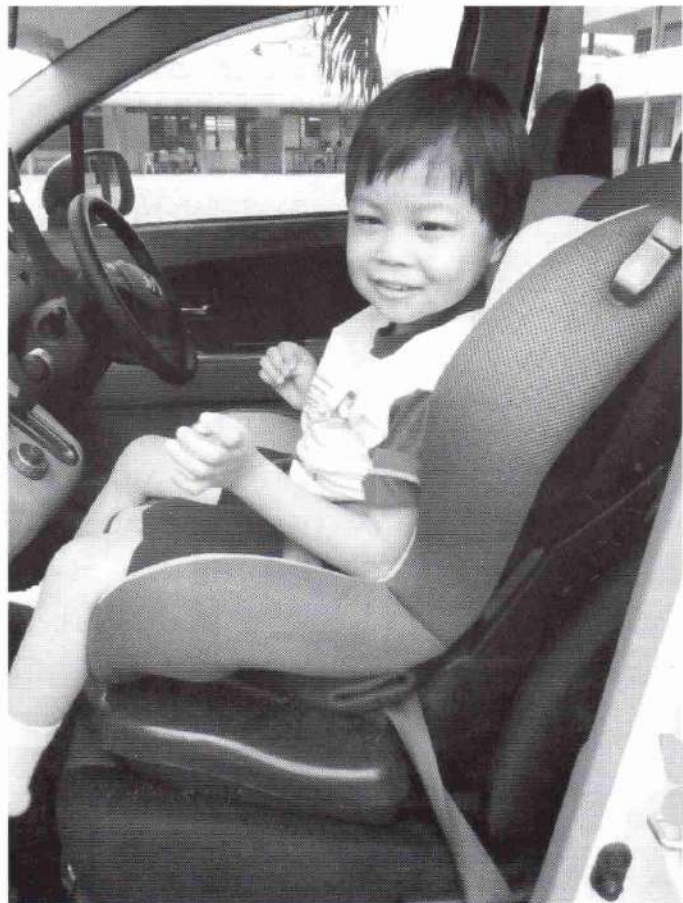
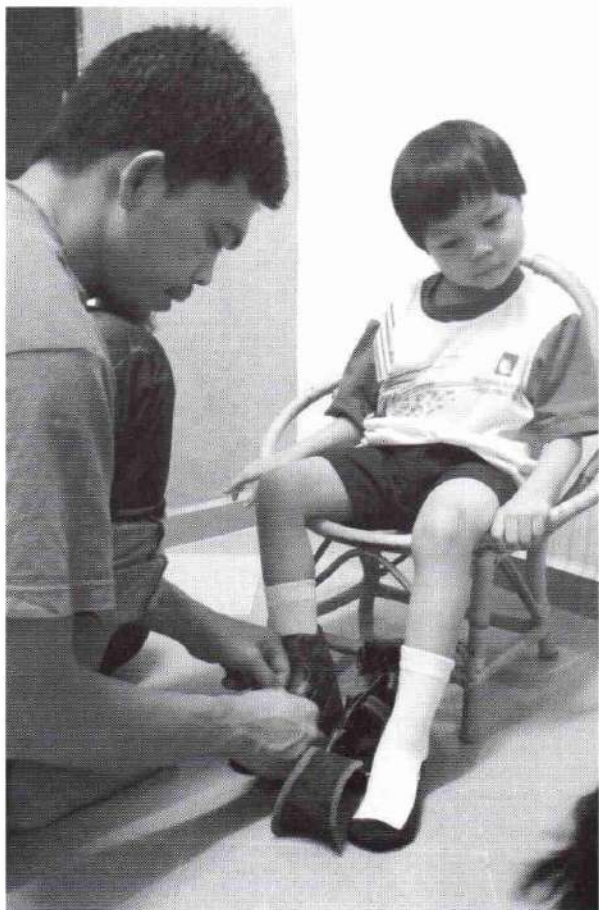
At the Cerebral Palsy (Spastic) Children's Association of Penang we believe education is for ALL. It is the right of every child, regardless of their abilities or disabilities to education. All children are educable although they may learn at different rates and level. To facilitate the different learning styles, there is flexibility in the curriculum, modifications and adaptations in the teaching and learning methods.

## EARLY INTERVENTION PROGRAMME

### GETTING READY TO SCHOOL WITH NUR ALYA ADRIANA



Six year old Nur Alya Adriana always wakes up at 6.30am as her older sisters get ready for school. She usually greets one with a smile. Her father sings rhymes while doing some stretching exercises. Around 7:00am, she takes her bath and have her breakfast. She is communicative when taking her breakfast indicating her likes and dislikes of the food placed before her. After breakfast she will leave for school and reach the centre at about 8:00am. Nur Alya walks with assistance as she boards the car. With a final wave to the remaining family members she is off to school.



## PRESCHOOL

### THE JOURNEY FROM HOME TO SCHOOL WITH KALIM AKHBAR



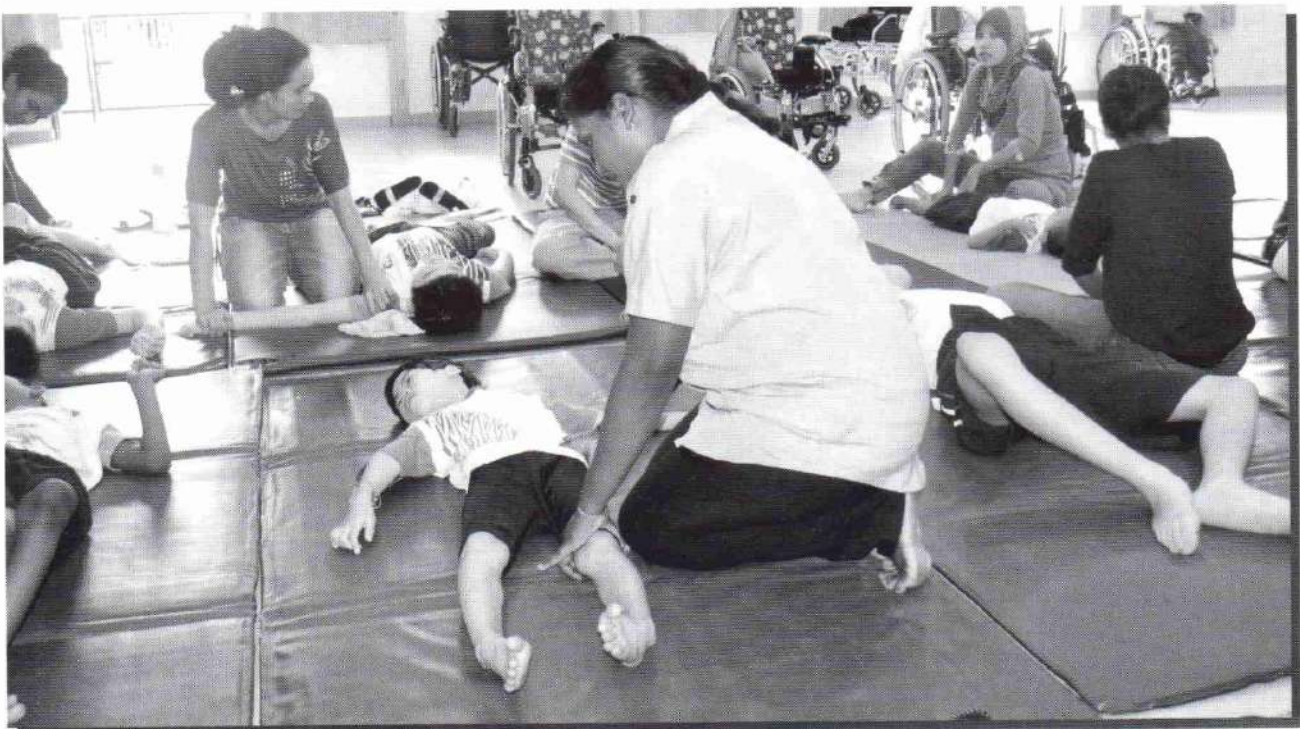
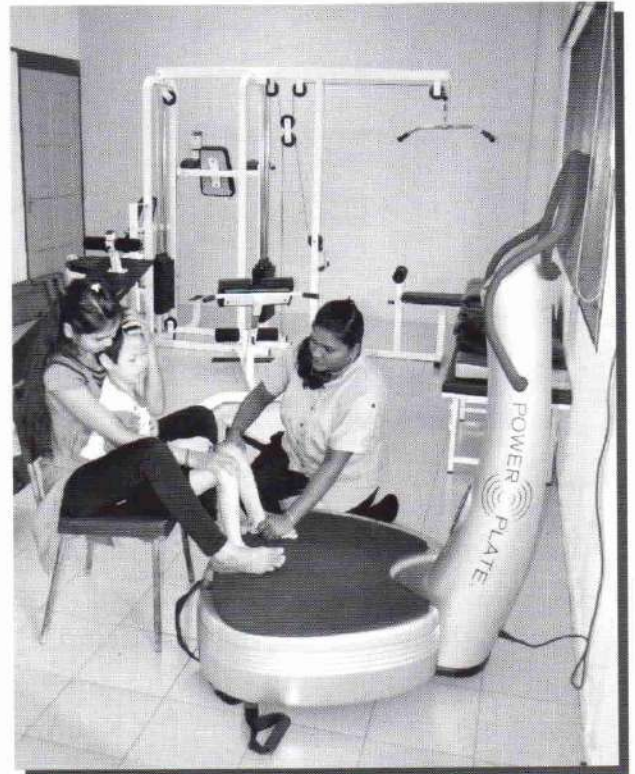
**T**he trip from the house at Persiaran Kota Permai in Seberang Prai on the mainland to the centre on the island via Penang Bridge takes about 50 minutes. Kalim loves listening to music whilst travelling in the car en route to school. He will smile, laugh, and even clap his hands when listening to the music and to the deejays repertoire. Whenever he is caught in the traffic jam, Kalim will tense up. However, he will calm down after explaining the situation to him. Upon arrival at the Centre, Kalim will be wheeled in the wheelchair to the class.



## KELAS NILAM

### Morning Exercises with Seah Mok Meng

The school bell rings at 8.25am. The day begins with a warm up exercise for teachers and caregivers. The students are either already on the mats or are still in their wheelchairs. Once the warm up exercises are over, the students begin their morning passive stretching exercises. Each student is assigned to a teacher for the day. The teacher for the day will count to synchronize the exercises for all in the hall. This exercise lasts about half an hour. Like all students in the hall, Seah Mok Meng receives passive stretching on Monday to Thursday mornings. On Tuesdays, she is given joint compression using the power plate in the gymnasium. Each complete position takes a minute with a break every 30 seconds. Her body vibrates when the machine is on. All the exercises will help Mok Ming to ease her contractures.

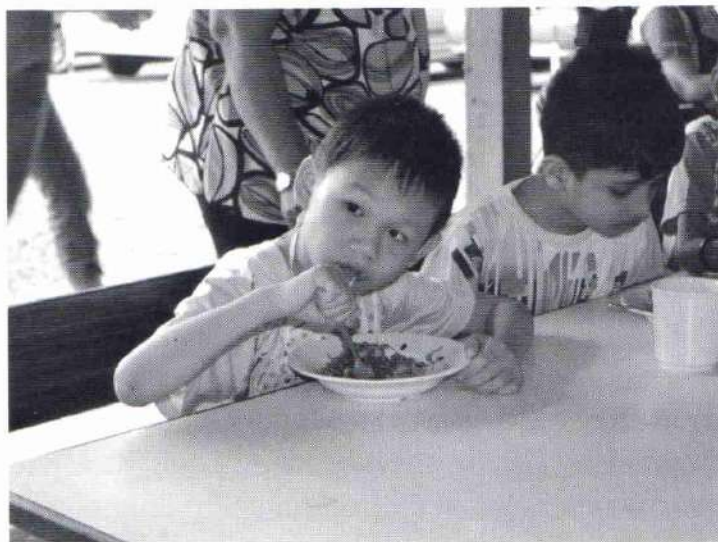




## KELAS ZAMRUD

### Morning break with Chuah Han Wei

After the morning exercise, the students will head back to their respective classes to have their morning break at 9.30am. Chuah Han Wei will walk with assistance from his mother to the corridor of the primary section to have his snack. He usually smiles and greets his class teachers through sign language. Han Wei washes his hands before sitting down to have his morning snack. He waves and says 'Hi' to his friends jovially if he is in a happy mood. Oat porridge is served on Mondays and Wednesdays. Tuesdays and Thursdays are buns or sandwich days. Fried noodles or *meehoon* is served on Fridays. After adorning his apron, Han Wei tucks in his food with relish.



## KELAS BAIDURI

### *Swimming with Yen Yin*



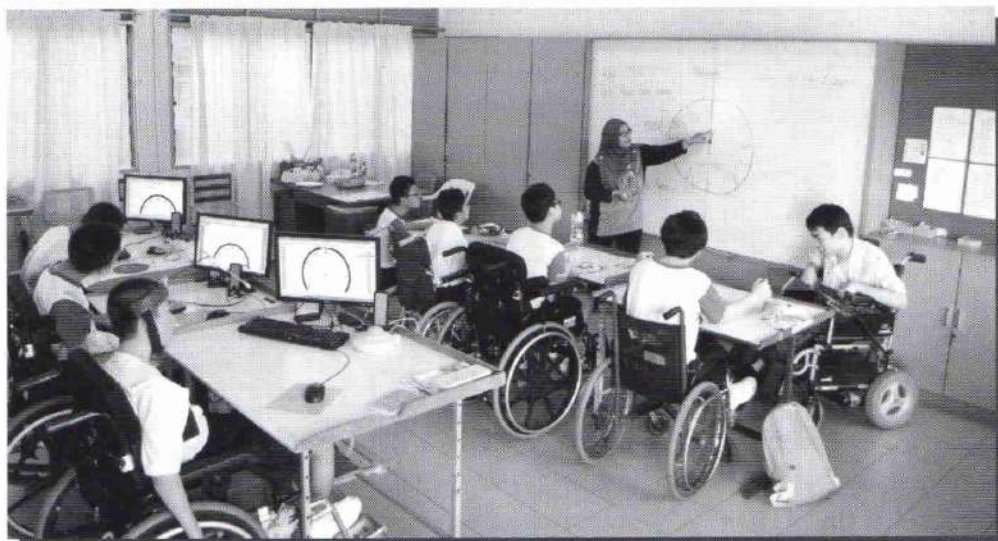
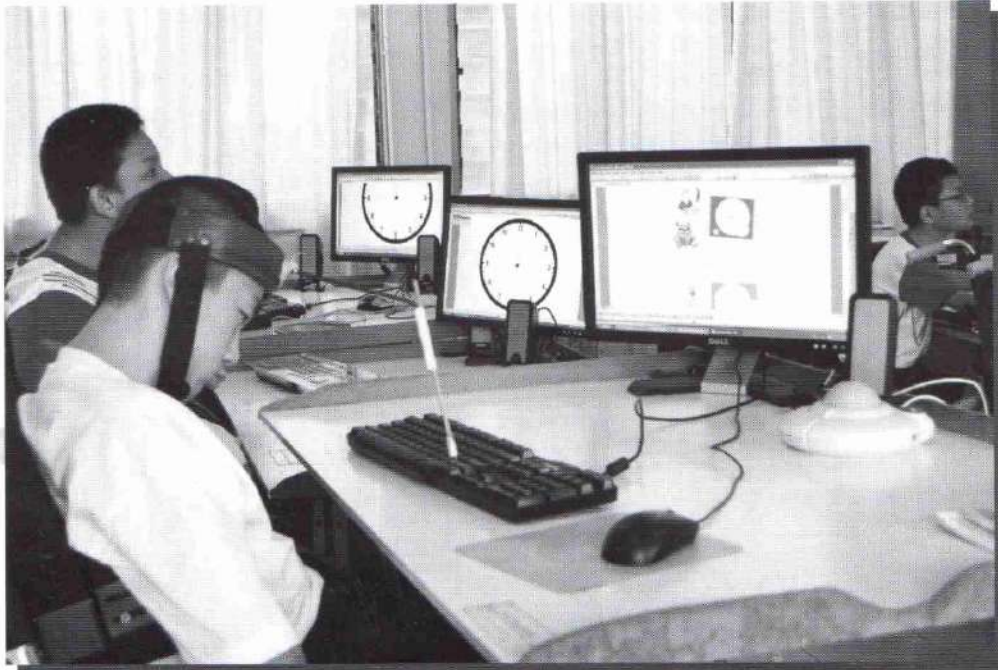
On every Wednesday, Yen Yin and her classmates together with her schoolmates from two other classes will go into the swimming pool. The swimming session is from 10:15a.m. to 11:40 a.m. Every student gets about 15 minutes to 20 minutes to be in the pool. Even though Yen Yin does not know how to swim but she loves being by the pool. The water in the pool is heated up by the solar panels and channelled back to the pool and is at room temperature. Yen Yin will beat and splash the water over herself and everyone near her. The water refreshes and exhilarates her. All the stiffness and tenseness are forgotten by the sheer delight of playing in the water. Time seems to fly very fast and it is time for Yen Yin to come out of the pool. Her mother and aunt will bathe and change her into the school attire. Yen Yin will rejoin her other friends for the next session but continues to reminisce her time in the pool.



## **KELAS JED**

### **Classroom session with Fua Chee Keong**

The bell rings at 10.15am to signal time to get back to our respective classes. The teacher in charge of morning break usually wheels Chee Keong to his class. Chee Keong has three new classmates joining him in the class. Altogether there are eight students with different academic levels. Chee Keong loves Mathematics above other subjects. Chee Keong's diligence in his studies is very evident. He uses the head pointer to type. The trackball mouse is used in place of the regular mouse. He easily understands and grasps lessons taught.



## DELL LEARNING CENTER - COMPUTER LAB

### A moment in Computer lab with Wong Jia Hui

Jia Hui attends computer classes twice a week. She uses a regular keyboard and mouse to access the computer. Her class on Monday begins at 10.15am. She usually greets everyone present in the department with a smile and a 'Good Morning'. Her teacher starts by explaining how to create a simple website using Weebly, a web-hosting service that allows the user to add required features into the website by 'drag-and-drop' method. Jia Hui is excited when told that she could create her own website. Her *never give up* attitude helps her to understand and repeat the process of creating a website. Once a task is complete, she is allowed to access 'Youtube' and 'Facebook' as an incentive.



## PREVOCATIONAL SKILLS TRAINING UNIT

### *Club Activity With Ng Wei Han*

Every other Friday of the month, the students attend extracurricular activities. The clubs include Fun Cooking, Scouts, Play Therapy and Computer. Wei Han always looks forward to attend his Fun Cooking Club on the 2<sup>nd</sup> and 4<sup>th</sup> Friday of every month. He will diligently wheel himself to the Practical Class to attend the fun cooking which starts at 10.15am and ends at 11.45am. After washing his hands, he dons the chef cap. The teacher will then explain the day's cooking activity. Wei Han gets a chance to feel the texture of the ingredients by using his sense of touch and smell. He gets to roll out the dough into bite size pieces. The smell of baking cookies always makes Wei Han to salivate easily. Once the cookie cools down, he and his friends gets to taste the finished product. They even get to take home to savour it again.



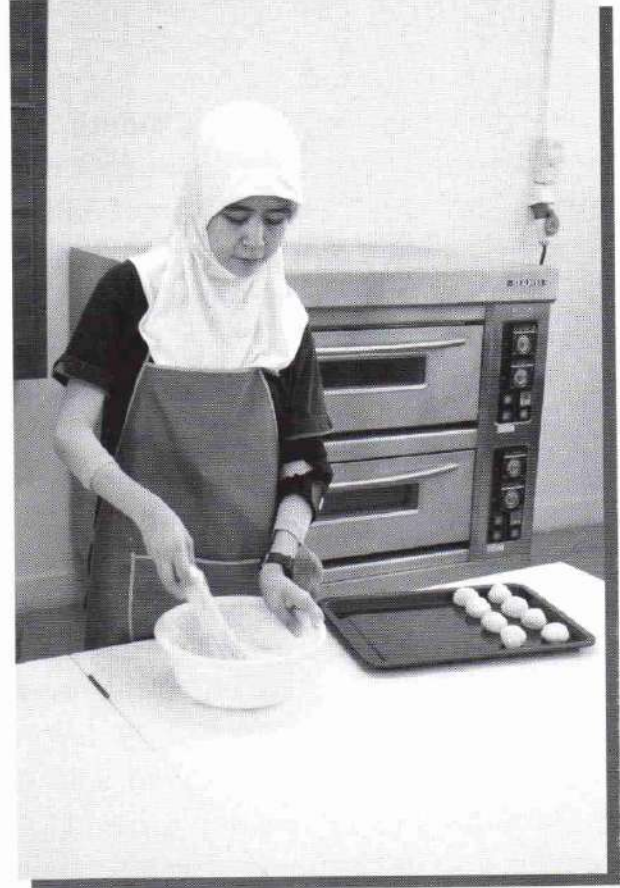
*Cikgu Amutha assisting Wei Han to pour fine sugar into the container.*



*Wei Han with his classmates at Practical Class.*

## PRACTICAL CLASS

### A baking session with Nadia



Eagerly I would look forward to every Monday and Wednesday, for on these days my friends and I get to do baking. We would bake the basic whole meal buns with all the variations. We can be creative and add nuts, raisins or desiccated coconut. We can also add jam, *kaya* and even bean paste as fillings. Mei Ching and I would memorize the recipe. I have seen the chefs on TV shows would cook or bake confidently without even looking at the recipe. Before the start of each baking session, we would adorn the cap and apron. We certainly look like Chefs in the making. All the ingredients for the day had been laid out on the table by the teacher. We would accurately weigh each ingredient and mix them accordingly. This mixed dough would be transferred into the dough mixer to be kneaded. This allows the ingredients to be evenly distributed and allows the flour to be hydrated. Kneading also allows us to control the texture of the bread. The dough then would be left to rise for about an hour. We will then weigh out about 60 gram of the risen dough onto the baking trays. They would be placed into the oven to bake for 20 minutes. Hmm , the sweet smell of freshly baked buns; it is so heavenly. We will quickly brush these hot buns with butter to give that extra glaze. These buns would later be sent to the kitchen to be distributed to all the students for breakfast.

## **SHELTERED WOKSHOP**

### **A day at the workshop - Gee Boon Keat**

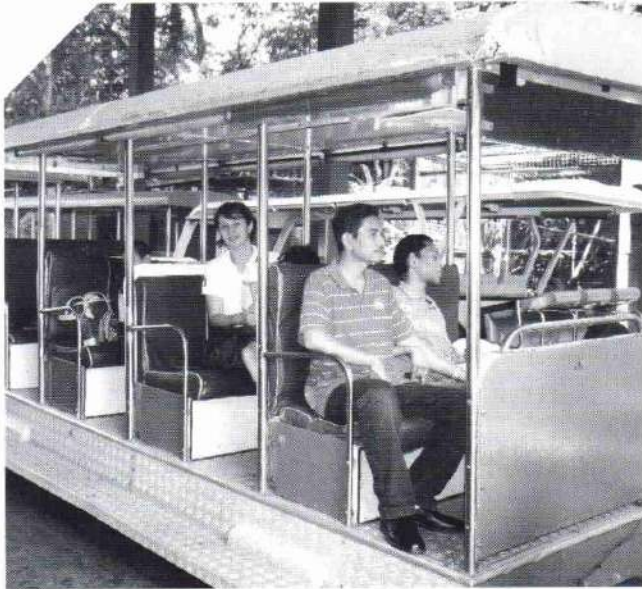
Come rain or shine, my mother will drop me off at 8.30a.m. on her motorcycle. I work at the Sheltered Workshop with 10 other trainees until 4.00p.m. The workshop provides work opportunities for people like us who are not able to find work in open employment. We mainly do 3 types of work that are interchangeable or flexible depending on the availability of the product. The work consist of tearing recycled papers for making handmade recycled papers, doing contracted work of taking out tabs from tubes and making cards and crafts, IRM Industries consistently provides us with the contracted work. My friends and I diligently work at the otherwise monotonous and mundane job without any complaint. Actually the sheer joy of just being in the workshop and being in the company of my friends makes it all worth the while. My two other friends, Vicky and Adrian get to showcase their talents by painting on the bottles from *A Gift with Care*. We all put in a hard day's work and are proud to be part of the Centre.



*Boon Keat at work*

## OUTREACH UNIT - BUKIT MERTAJAM

### *Excursion trip with students*



*Going around the zoo in a tram.*

On 17 April 2014, our Bukit Mertajam outreach centre went for an annual outing. They visited Taiping Zoo. Altogether there were 23 people including teachers, parents, students and volunteers. Everyone gathered at the centre at 8:00am and departed at 9:00am in their own transportation. The students were excited and looked forward to the outing. Along the way, they stopped for a short break at the Gunung Semangol Rest and Recreation stop. Around 10:00am, they reached their destination. They bought tickets to board the tram to tour around the zoo. The students saw unique and rare animals like the mouse deer and the white Siberian tiger. The tram ride was a fascinating experience for the students. Weeks before the outing, the teachers had briefed and prepared the students. Snapshots were taken at every opportune time. A time to shop for some souvenirs was also given. After lunch, they left

for Penang at 2:00pm. The objective of the outing was achieved. The students were introduced to the habitat of the various animals at the zoo, the concept of wild and domestic animals and promote awareness of endangered animals.



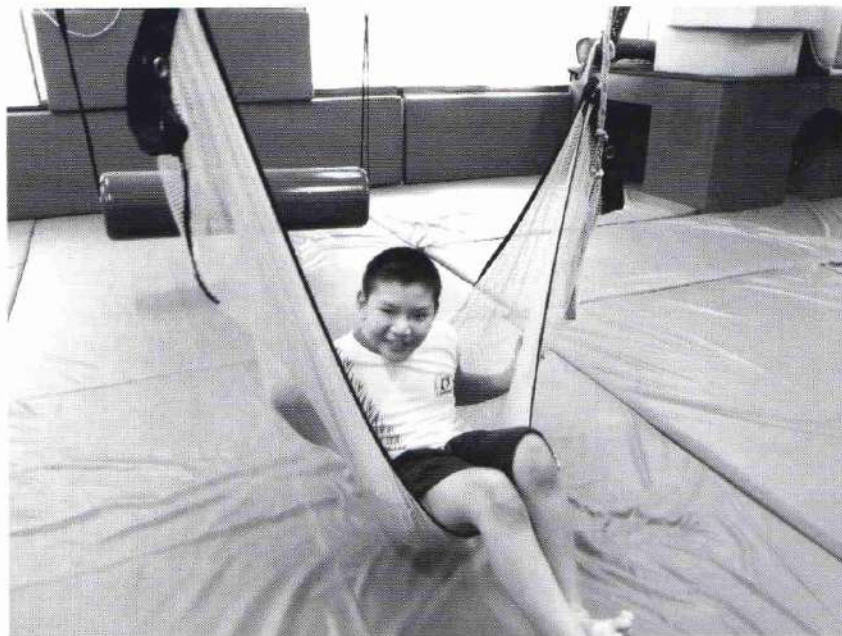
*Some of the participants during the trip....*





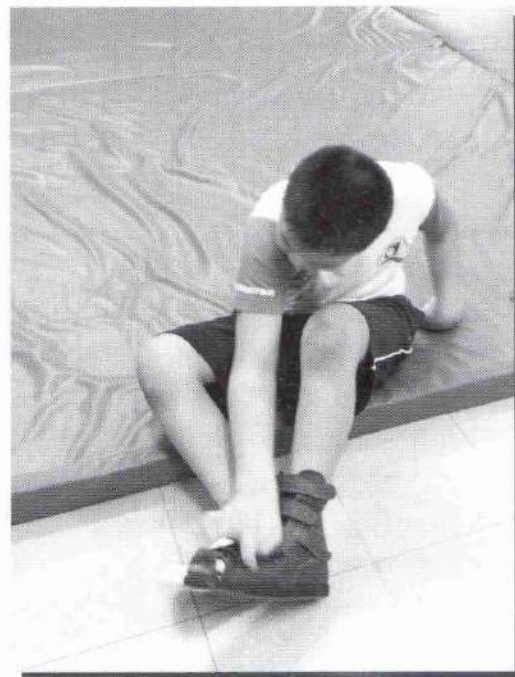
## OCCUPATIONAL THERAPY

### A session with Ooi Kok Meng



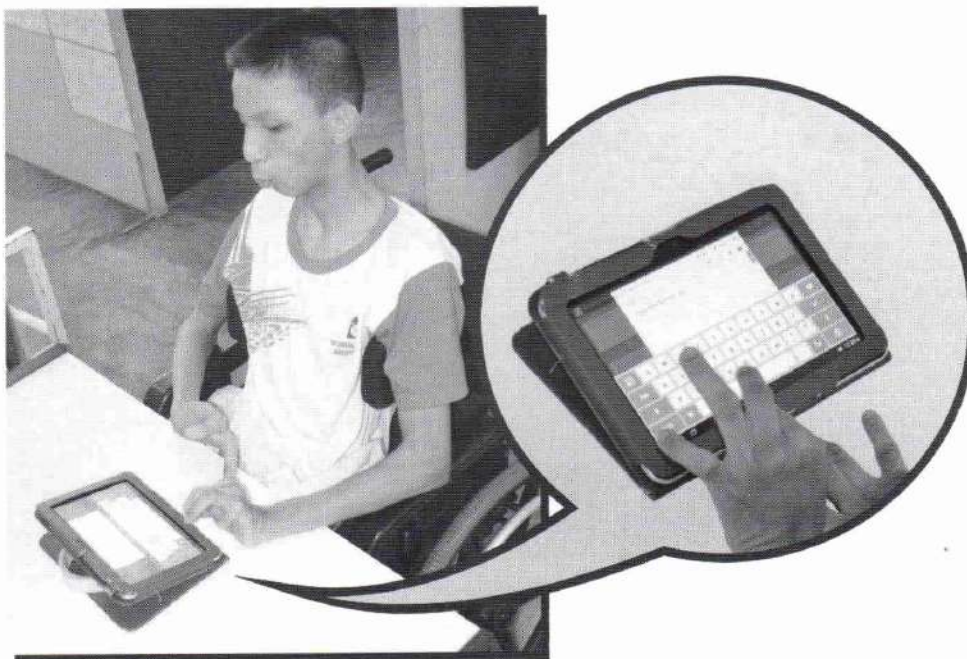
**Y**ahoo!! The OT teacher has come. Every Monday I get to go to the OT department. I need to walk fast to the OT room. The faster the better, then I will get more time to play. Firstly, I open the door and let myself in. I must take off my shoes before stepping onto the mats. I love to come to the OT room. The teacher allows me to explore and do not restrict my movements. The place is cool, very nice and safe to play. The swing!! My favourite equipment. Carefreely, I can flop on it, whether on my back or on my sides or even on my tummy. Even if I fall, I will not injure myself. The thick

mats will break my fall. After giving me time to free play, the teacher will coax me to do the day's activity. Only after completing the task, I will get to play on the swing again. Obediently I sit down to complete piecing 10 colourful shapes. I managed to place 5 shapes on my own. It is hard to finish the other 5. The urge to play on the swing is distracting my concentration. Time is running out. I was not able to complete piecing the rest of the shapes. No more play time! No more swing time. Dejectedly I wear my shoes and leave the OT room. Same time, same place, next week!!!



## SPEECH THERAPY

### A session with Mohd. Solihin



The student Mohd. Solihin attends speech therapy session once in a fortnight. He is a smart 16 year old teenager, diagnosed with Cerebral Palsy Athetoid. He is a nonverbal child with good language comprehension. His main language is Bahasa Malaysia and he also shows sufficient understanding in English.

He has learned a few types of communication modes to use in different communicative situations. He learns Makaton Handsigns to fulfill his basic communicative needs, e.g. to greet, to request and to express simple ideas. He has a picture and letters chart to use in the classroom where he can answer questions and be involved in the discussion during lesson time.

Currently, he has developed the skills to use a tablet for higher level communicative purposes. He would always bring his tablet during his speech therapy session. The conversation between the student and the therapist begins with him writing on the note-pad programme of the day. Although he has typical jerky limbs movement of a person with Cerebral Palsy Athetoid, he manages to type using keyboard on the touchscreen. Usually, the therapist will allow him to choose his desired conversational topic. He is required to write full sentences on the note-pad to precisely express his thoughts. The topics that he used to share with the therapist are his ambition, his favourite car, his experience in the sport (Boccia), special events like Hari Raya, and things that he wants to do in future.

It is always a fun and enjoyable session with Solihin.

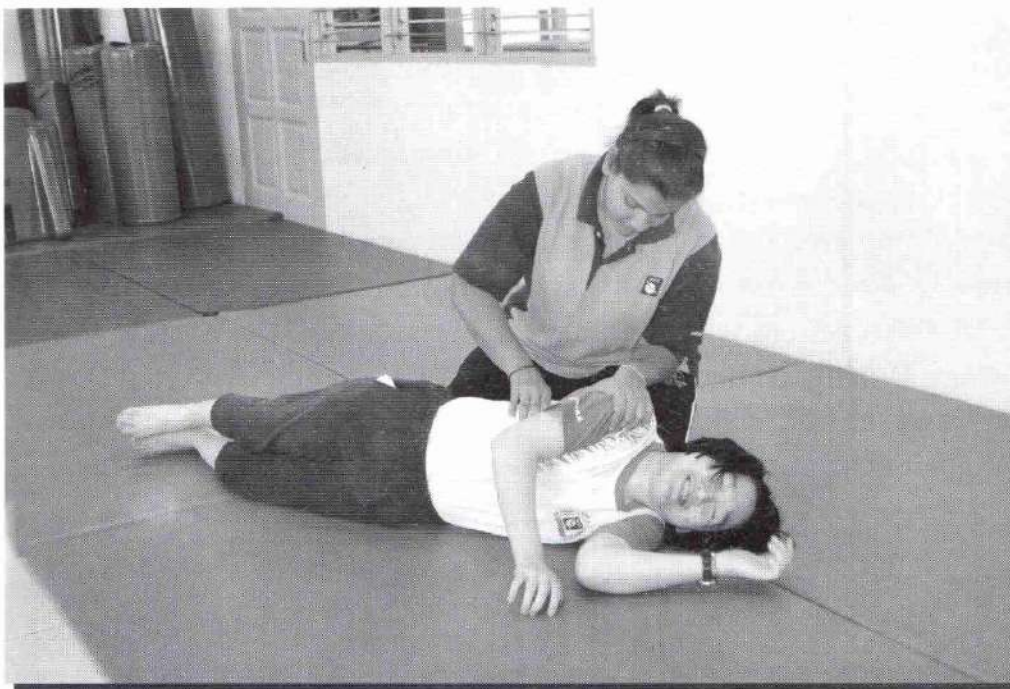
## PHYSIOTHERAPY

### A session with Loke Yin Sze

On Thursdays, five minutes before 11:00am, I would leave my class for the physiotherapy department. At the department, the therapist would start mobilizing my back to reduce the tightness on my back as I tend to slouch a lot. It is not a comfortable experience. Then I will be made to reach for things with my right hand and then with my left hand while sitting on the ball to do this activity. This activity would help me improve my balancing while performing an activity. I would then need to repeat the whole process in a standing position. As soon as the therapist says, "OK, boleh balik kelas" I am filled with relief. Gladly I would wear my shoes and head back to class.



*Facilitating muscle elongation on the left side while reaching.*



*Mobilizing the muscles between ribs and arms*

## ATTENDING A FUNCTION WITH NUR DANIELYNA

by Cikgu Azlina



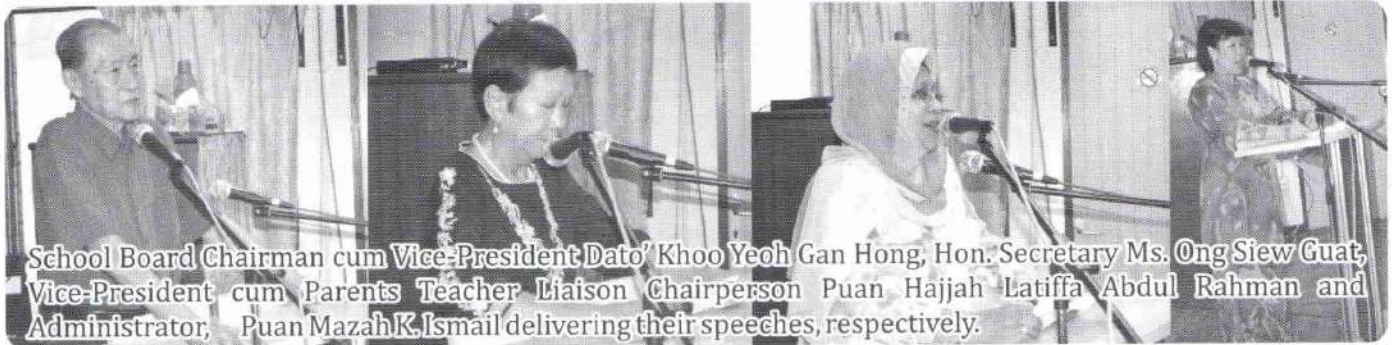
*Nur Danielyna, Wong Jia Hui and Narendran at the World Children's Day Function*

Being a non-government organization, the staff and students of CPCAP get invited to various functions and events, which are mostly carried out for a charitable cause. On some occasions, the students are required to give a performance when attending such functions. Danielyna along with three other students have been chosen to participate in a performance. Danielyna is elated to be going to a function. The practice sessions usually starts 2 or 3 weeks prior to the actual event. The staff in charge of performance will coordinate the moves relentlessly until it is to her satisfaction. On the actual day, Danielyna is all dressed up for the function. Upon arrival, the teachers will put make-up and do her hair. Nervously, she waits for their turn on the stage. During the performance, all stage fright and nervousness are forgotten. The lights on stage and the appreciative crowd give them the boost and confidence to see the performance through. Encore..... Encore..... what a performance !!!



## TEACHERS' DAY CELEBRATION & MDM. A. VALLIAMMAL'S FAREWELL FUNCTION

Mdm. A. Valliammal's retirement coincided with Teachers' Day which falls on 16th May every year, thus we decided to have her farewell function along with Teachers' Day Celebration. The celebration began with speeches, presentation of souvenirs to Madam A. Valliammal, then followed by sketches and dances from the staff, students and parents.



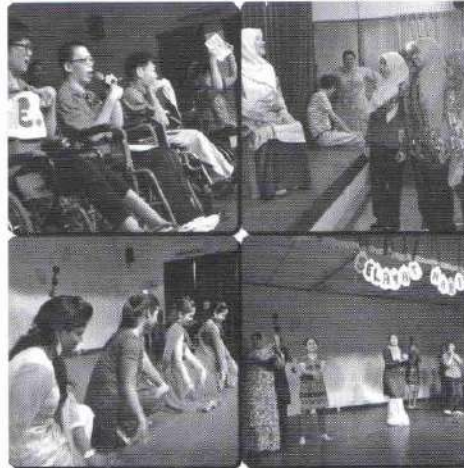
School Board Chairman cum Vice-President Dato' Khoo Yeoh Gan Hong, Hon. Secretary Ms. Ong Siew Guat, Vice-President cum Parents Teacher Liaison Chairperson Puan Hajjah Latiffa Abdul Rahman and Administrator, Puan Mazah K. Ismail delivering their speeches, respectively.



*Madam Valliammal cutting the farewell cake.*



Representing parents, Puan Subaidah delivering her speech.



Stage performances by students, teachers and parents.



Cikgu Azlina presented Madam Valli a gift as a token of appreciation from the staff and parents.



*...then to a sumptuous luncheon.*



Mdm Valli with Puan Hjh Latiffa Abdul Rahman, Vice-President of CPCAP.



For good time sake... from left, Cikgu Norjan, Mdm. Valli, Cikgu Azlina and Cikgu Anuradha

## GRAND CHARITY TEA-DANCE

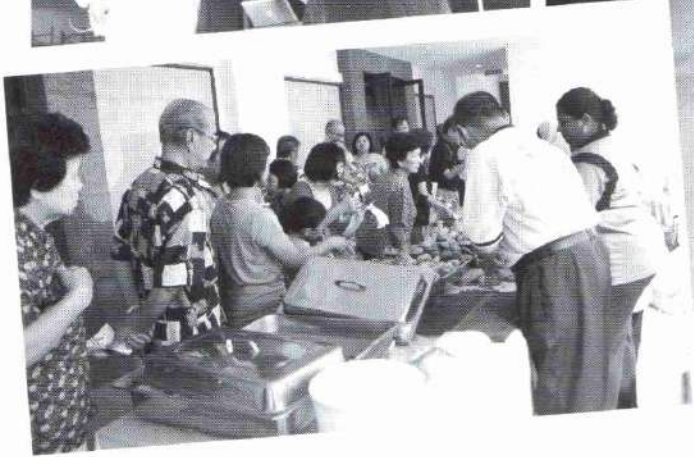
On 27 April 2014 the Cerebral Palsy (Spastic) Children's Association organised the a fundraising event called 'GRAND CHARITY TEA-DANCE' to support some of our programmes. Mr. Cheah Keat Kok and Mr. Cecil Rajendra were the Chairman and Co-Chairman respectively. This event took place at Che Hoon Khor Moral Uplifting Society.

It featured some of Penang's famous musicians such as Walter Ambrose, James Rozells from the Rozells, Hamid Khan Live Band, Gypsy Eyes, Irama Nada and Boonie Jeremiah.

- Popular music and songs from the 50s and 60s ranging from jazz, country and western, joget, hard rock and Bollywood were played during the fundraising event. Local delicacies and hawker food such as satay, popiah, char koay kak, char kuey teow, nasi lemak and belacan chicken were on sale during the event.



.....bringing back the good old times



## CSR PROGRAMME, VISITORS



Chinese New Year celebration by parents & staff on 13-2-2014.



Dr. Rajini Sarvananthan presented a talk on Behaviour Management on 23-2-2014. This talk was made possible, courtesy of CIMB Grant.



A Brain Gym session was conducted by some staff from the Kid Land Kindergarten on 25-4-2014



As part of their Corporate Social Responsibility activities, Advance Micro Device, Penang had a good time entertaining our students on 18-6-2014



Ms. Ong Siew Hong, a motivational speaker, conducted a session as part of the staff development programme on 26-6-2014



Representative from a Buddhist organization donating therapy mats on 18-7-2014



Mr. Ng Fook On, President, receiving used computers from Mr. Perambala S., Regional Manager (Penang, Kedah, Perlis), Magnum 4D Berhad, Northern Region Office on 18-7-2014



Hari Raya Aidil Fitri celebration was organised at CPCAP by the PERKIM Ladies Wing on 14-8-2014



## & DONORS AND TRAINING



Some staff from Motorola Solutions donating some used computers on 22-8-2014



Lembaga Penduduk dan Pembangunan Keluarga Negara conducted a motivational session with various NGOs at our place on 23-8-2014



IWA Performing a choir at CPCAP on 3-9-2014



Mr. Teo Tay Kewi (General Manager), Mah Sing Foundation presented a mock cheque during a simple presentation ceremony at the Association on the 4-11-2014.



Deepavali celebration was held on 31-10-2014 with a variety of Indian cultural activities, stage performance and lucky draws.



Motorola Managing Director Dr Hari Narayanan presented a mock cheque to our Treasurer Mr. Nutan Shah during his visit to our Association on 26-9-2014



A fire drill was conducted at CPCAP on 24-11-2014 by the Perak Road Fire Department, led by En. Azhar.

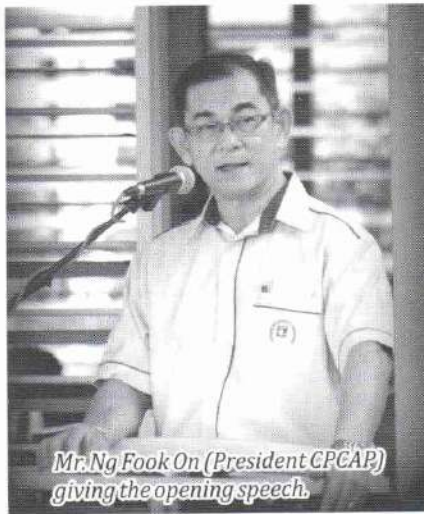
# ANNUAL SPORTS 15 March 2014



L-R: Mr. Ng Fook On (President CPCAP), Yang Amat Berbahagia Toh Puan Datuk Seri Utama Majimor Shariff, Dato' Rhina Bhar (Organising Chairperson) and Puan Latiffa Abdul Rahman (Vice-President CPCAP).



Yang Amat Berbahagia Toh Puan Datuk Seri Utama Majimor Shariff receiving donation from representative of Lion's Club.



Mr. Ng Fook On (President CPCAP) giving the opening speech.



All the participants trying their best to complete the tasks at hand to win the race.



Dato' Rina Bhar (Organising Chairperson) giving the opening speech.



Y.A. Berbhg. Toh Puan Datuk Seri Utama Majimor Shariff with some members of Management Committee, teachers and students



Staff, Committee and Guest-Event



Ex-Pupil's Race: Tan Mei Ching and Lily rushing to finish the task. Looking on is Cikgu Anuradha.



Y.A. Berbhg. Toh Puan Datuk Seri Utama Majimor Shariff presenting medals and gifts to the participants.

# ANNUAL SPEECH DAY 22 October 2014



**L - R :** Yang Berbahagia Dr Zaitul Bt Salleh Pengarah Jabatan Kebajikan Masyarakat Pulau Pinang, Yg. Bhg. Dr. Hajjah Sharifah Bee bt Hj. Abu Bakar, Timbalan Pengarah Pendidikan Negeri Pulau Pinang and Dato' Khoo Yeoh Gan Hong, School Board Chairman cum Vice-President , giving his welcoming speech delivering their speeches respectively.



**L-R:** Puan Noraziana binti Ibrahim, Yg. Berbhg. Dr Zaitul Bt Salleh, Dr. Hjh. Sharifah Bee bt. Hj. Abu Bakar, Puan Latiffa Abd. Rahman, Dato' Khoo Yeoh Gan Hong, Ms. Ong Siew Guat, Mr. Saw Hock Eng, Dato' Rhina Bhar.

Yang Berbahagia Dr Zaitul Bt Salleh presenting Certificate of Acknowledgement to two of our Ex-Pupils, Mr. Teh Kar Wei (left) and Mr. Tan Soon Beng (right) for their participation in the Mount Kinabalu Expedition in the year 1991 and 2006 respectively.



Yang Berbahagia Dr Zaitul Bt Salleh giving away prizes to students for their excellent performances in classes and therapy units. Looking on are Yang Berbahagia Dr Hjh. Sharifah Bee bt. Hj. Abu Bakar and Puan Hajjah Latiffa Abd. Rahman.

# ANNUAL SPEECH DAY 22 October 2014

## The Drama - Cinderella . . . . .



## OBITUARY



### A TRIBUTE TO MRS CHAN KOK SWEE NEE MADAM TAN MAY YING

The late Mrs Chan Kok Swee nee Madam Tan May Ying was the sixth President and the first lady President as well as ex-trustee of The Cerebral Palsy (Spastic) Children's Association of Penang. She was born on 17 October 1936 and passed away on 8 March 2014.

During her tenure of office, May Ying took an active part in forming the National Council for Spastic Children's Association Malaysia, an umbrella body bringing the three organisations namely The Spastic Children's Association of Selangor, The Cerebral Palsy (Spastic) Children's Association of Penang and The Spastic Children's Association of Johor together in providing care and service to children with cerebral palsy.

May Ying was a caring President who held the interest of the children close to her heart and constantly upgraded the facilities and services to the children. May Ying successfully headed the Silver Jubilee Celebration Committee (1962-1987) with Mr Khor Moh Hang as Honorary Secretary.

May Ying and her late husband, Kok Swee, were also founders of the Voice of Love Choir which raised funds for charity. May Ying was a fascinating lady of many talents. She and a few prominent Penang ladies started the Penang Sogetsu Association which sparked interest in Ikebana. In her early 70s, she travelled to Shanghai and Pusan to pursue vocal training. Later she took up painting and some of which were masterpieces which adorn the house. She also mastered the culinary skill especially the braised duck.

May Ying and Kok Swee loved singing and dancing together with members of the Association – Mr & Mrs Tan Ban Hock, Khoo Thean Tiew, Saw Hock Eng, Lawrence Tan, Lim Teong Ghee, Khor Moh Hang and Dr Lim Huck Boon. When May Ying became critically ill, she was determined to participate in the choir practice until the last week of her life.

There were so many enduring qualities to define this charming and remarkable lady. Inherent in her was the kind of personality that is hard not to notice. She exudes a compelling aura illuminating the room with her presence. Her elegant appearance belied a sharp mind and quick wit. Her beauty and brilliance coupled with her generous and kind nature made her a truly extraordinary person.

May Ying's passing was a great loss. However, through her kind deeds and generous bequest to The Cerebral Palsy (Spastic) Children's Association of Penang, her memory lives on here.

**Contributors :** Mr. Koh Moh Hang  
Mdm. A. Valliammal  
Mr. Santosh Kumar

**Compiled by :** Dato' Khoo Yeoh Gan Hong



**Persatuan Kanak-Kanak Cerebral Palsy (Spastik) Pulau Pinang**  
The Cerebral Palsy (Spastic) Children's Association of Penang  
(Penaung : T.Y.T Yang Di-Pertua Negeri Pulau Pinang) Reg. 1312 (Penang) No. Pend. JPN P09B-491

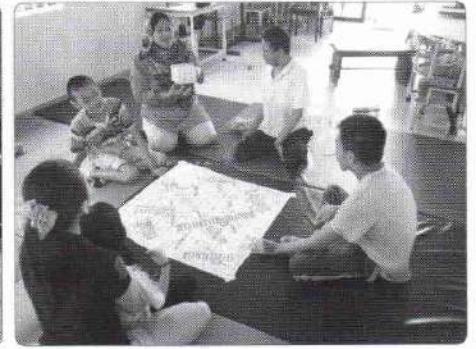
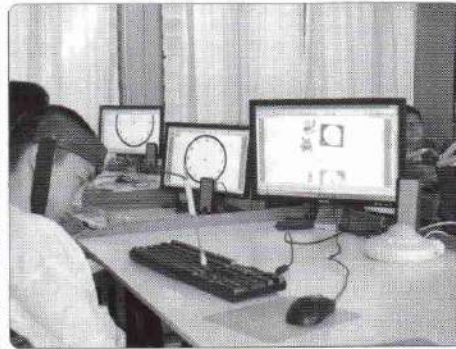
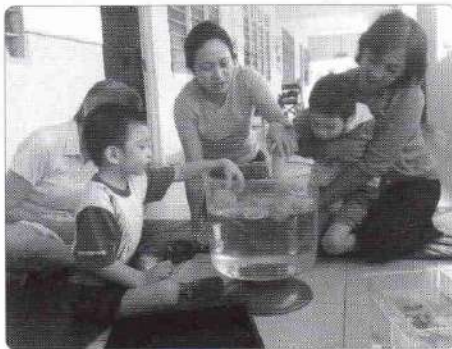
425, Jalan Mesjid Negeri, 11600 Pulau Pinang, Malaysia Tel: 04-6570160 Fax: 04-6563066  
Website : www.cerebralpalsypenang.org E-mail: pgcerebral@gmail.com

## **A CHILD WHO HAS CEREBRAL PALSY NEEDS YOUR SUPPORT**

Children with cerebral palsy need intensive therapy and education from a young age. Services provided by the Centre include diagnosis and assessment, early intervention, preschool and primary education, speech therapy, occupational therapy, physiotherapy, hydrotherapy, computer assisted lessons and an Outreach Programme based in Bukit Mertajam.

Our aim at CPCAP (the acronym stands for 'The Cerebral Palsy (Spastic) Children's Association of Penang') is to enable children with cerebral palsy to make the most of their abilities so that they can go on to lead full and independent lives. All of these services are provided free of charge.

## **ONLY YOU CAN HELP US TO SUPPORT THEM**



**YES, I/WE WOULD LIKE TO MAKE A DONATION TO THE CENTRE**  
I/We would like to donate the following amount :

<input type="checkbox"/> RM500	<input type="checkbox"/> RM1,000	<input type="checkbox"/> RM3,000	<input type="checkbox"/> RM5,000
<input type="checkbox"/> RM10,000	<input type="checkbox"/> RM20,000	<input type="checkbox"/> RM30,000	<input type="checkbox"/> Other Amount _____

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Home Address : \_\_\_\_\_

Tel (Office) : \_\_\_\_\_ Tel (Home): \_\_\_\_\_ Mobile: \_\_\_\_\_

E-mail : \_\_\_\_\_

Cheque : \_\_\_\_\_

All cheques must be crossed and made payable to PERSATUAN KANAK-KANAK CEREBRAL PALSY (SPASTIK) PULAU PINANG  
**ALL DONATIONS ARE TAX DEDUCTIBLE**

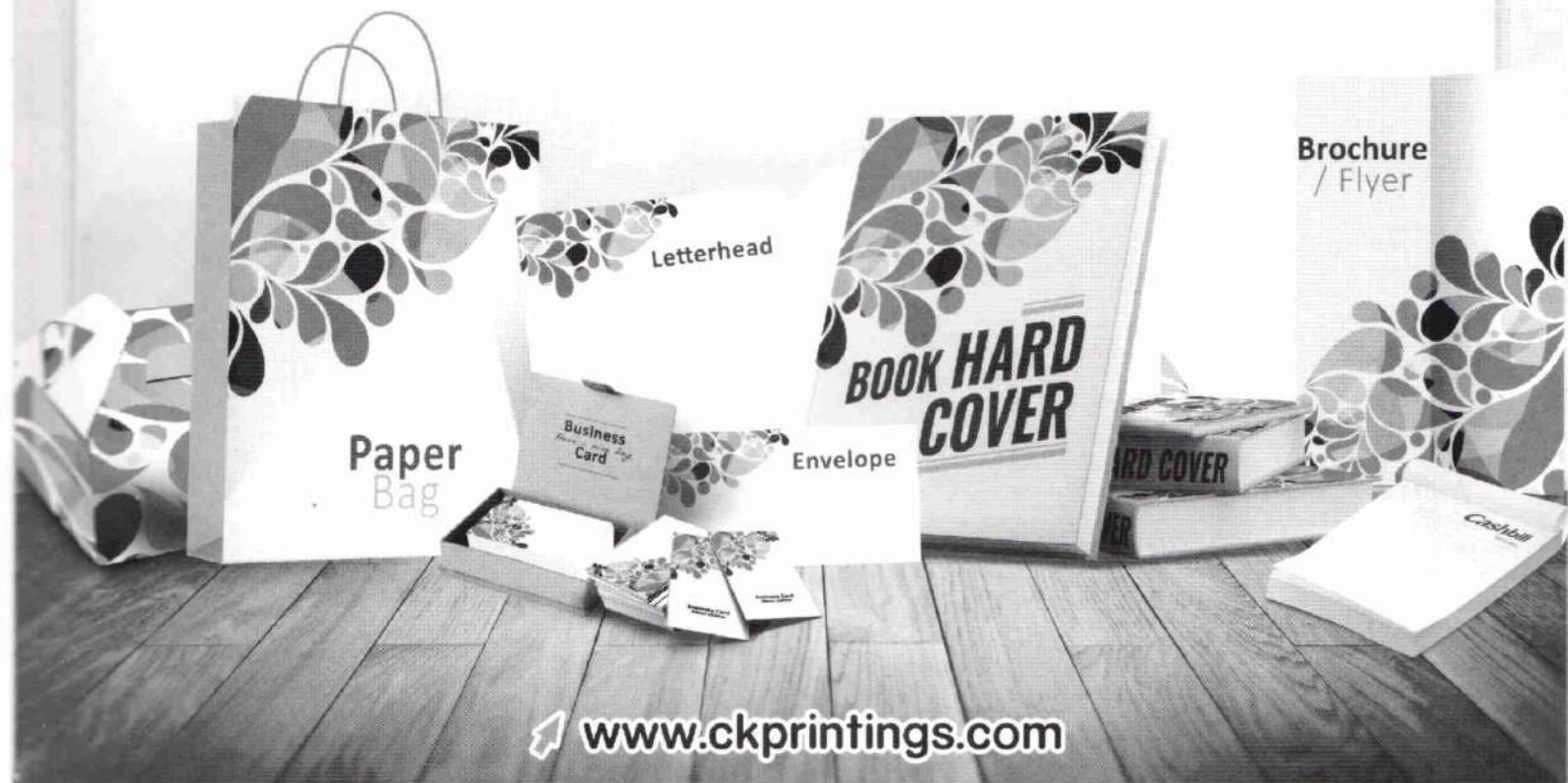
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