







# **My child is not a label**

My child is not a label

My child is a person in their own right.

My child is breathing, thinking, loving human being.

I have accepted that you need to assign labels, but only because the labels may help to explain my child's differences.

That does not make my child that label, and that label makes my child no less a person than any other person on this earth.

Do not look at that label first, look at my child first.

Do not try to understand my child by only that label.

Look further to understand my child by gazing into my child's eyes and listening to what my child has to say.

no matter what form my child's communication may take.

My child may not communicate in a way that you understand, but that does not mean that my child can not communicate.


It may not always be easy to understand what my child has to say, but if you persevere you will find the effort well worth the reward of getting know my child.

Forget the label and let my child teach you who he/she is.

**Denise Ullman and friends**

By Denise Ulman, June 1999

(Source : [http://www.our-kids.org/Archives/My\\_child\\_is\\_not\\_a\\_label.html](http://www.our-kids.org/Archives/My_child_is_not_a_label.html))







## **OUR PATRON**



**TUAN YANG TERUTAMA  
TUN DATO' SERI UTAMA (DR) HAJI ABDUL RAHMAN BIN HAJI ABBAS**  
SMN., DUPN., SPDK., DP., DMPN., DJN.,  
**YANG DI-PERTUA NEGERI PULAU PINANG**





## President's Report 2006

Ladies and Gentlemen,

It gives me great pleasure once again to present to you with the Association's Annual Report for the year 2006. The Association enjoyed another fruitful year. Throughout the year the Cerebral Palsied children enjoyed many social activities given by well wishers. Many of them participated in the Annual School Sports and at the end of the year a concert on Parents' Day.



### **Building Extension Project**

The Building Extension Project, to add another storey to the building had been planned. Architectural plans have been drawn and submitted to the Majlis Perbandaran Pulau Pinang for approval. It is estimated that about half a million ringgit would be required for this project, due for completion by the end of next year. The aim of the extension is to cater for more space to accommodate the children and their programmes in the coming years.

### **Dealing with Changes**

In order to survive in the new millennium any organization must be prepared to adapt to changes and new methods of rehabilitation which are more advance and effective. The Biwako Millennium Framework formulated at the second Decade for the Disabled had necessitated for organizations to adapt to change in order to progress with the times. I hope that everybody is geared to this need for the betterment of all concerned especially the Cerebral Palsied Children.

### **Maintaining the Quality of Services**

Regular reviews on performances are being carried out to identify their strengths and weakness. Services to the children are constantly monitored, updated and upgraded as well as improved to serve the children better.

### **Investment in Human Resource**

Human resource development is very important to an organization. We have always emphasized that training for staff is important and have sent suitable staff to attend professional courses both locally and abroad. This is to equip them with the much needed expertise and new teaching methods. However, in order to minimize costs, we will plan to hold more in-house courses in future.



## **Appreciation**

Our heartfelt appreciation to our Patron, Tuan Yang Terutama Yang diPertua Negeri, Pulau Pinang, Tun Dato' Seri Utama (Dr) Haji Abdul Rahman bin Haji Abbas, SMN, DUPN, SPDK, DP, DMPN, DJN and his consort Yang Amat Berbahagia Toh Puan Datin Seri Hajjah Majimor binti Shariff for gracing our functions throughout the year. Their presence has always been a source of encouragement and inspiration to all of us at The Cerebral Palsy (Spastic) Children's Association of Penang.

I would also like to thank the State Government of Penang, headed by our Chief Minister, YAB Tan Sri Dr. Koh Tsu Koon for their support.

Finally, I would like to thank my Management Committee, Sub-Committees, Advisers, Auditors, donors, foster parents, consultants, service clubs, the media, volunteers, staff and supporters who had contributed their time and effort to the Centre.

Thank you and God Bless.

Best Wishes.

**YB NG FOOK ON**, PJK, PJM  
President





# Management Committee



**YB Mr. Ng Fook On**  
PJK, PJM  
President



**Mr. Khoo Yeoh Gan Hong**  
DJN, PPN, PKT, PJK, PJM  
V. President



**Puan Latiffa Abdul Rahman**  
PJK, PJM  
V. President



**Ms. Jenny Kam Phaik Har**  
PJK, PJM  
V. President



**Ir. Vincent Tan Huei Meng**  
DJN, PJK  
V. President



**Mr. Foong See Yoke**  
PPN, PKT, PJK, PJM, PK  
Hon. Secretary

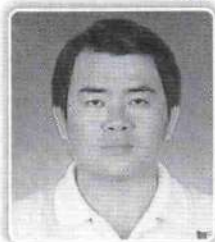


**Mr. Tan Leong Theng**  
PJM  
Hon. Treasurer



**Mr. Saw Hock Eng**  
PJK, PJM  
Imm. Past President

# Committee Members



**Mr. Cheah Keat Kok**



**Mr. Law Hock Chye** PKT, PJK



**Ms. Ong Siew Guat**



**Ms. Teoh Siew Fong**



**Mr. Nutan B. Shah**  
PJK



**Mr. Vincent Lai Kong Leng**  
PJM



**Mrs. Valliammal Allagapn**, PJK  
(Centre Administrator)

# Trustees



**Dato' Dr. Denis Mark Lee**  
DSPN, JP, PJK



**Dato' Seri Dr. Tan Ewe Aik**  
DGPN, DSPN, JP



**Mrs. Chan Kok Swee**  
PJK



**Mr. Saw Hock Eng**  
PJK, PJM

# Honorary Advisers



**Haji Mahfudz bin Haji Omardi** AMN, PKT  
Pengarah Kebajikan Masyarakat



**Haji Ahmad bin Husain**  
Pengarah Jabatan Pelajaran Pulau Pinang.



**Mr. Cecil Rajendra**  
Legal Adviser



**Dato' Seri Dr. Tan Ewe Aik**  
DGPN, DSPN, JP  
Medical Adviser



**Dr. Alex Lim Kheng Seng**  
Medical Adviser



**Dato' Dr. Yee Thiam Sun**  
DSPN, KMN, DJN, PKT, PJM  
Medical Adviser



**Dr. Dan Giap Liang**  
Paediatrician

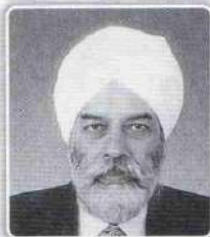
# Honorary Consultants



**Dr. Lim Huck Boon**  
JP  
Ophthalmologist



**Dr. Santokh Singh**  
JP  
ENT Specialist



**Dr. Daljit Singh Nagreh**  
Dermatologist



**Dr. Foong Kheng Phoy**  
PJK, AMP  
Orthodontist



**Dato' Dr. Tan Chee Khuan**  
DSPN, PKT, PJK  
Psychiatrist



**Dr. Adele Tan**  
Paediatrician



**Dr. Samuel Easaw**  
Neurologist



**Ir. Vincent Tan Hwei Meng**  
PJK  
Engineer



**Dr. Lim Huat Bee** DJN, PJK  
Dermatologist



# School Board



**From Left :** Mrs. Kalavali Rathnam (Parent), Mrs. Lilian Kam Chiok Hoon (Parent), Pn. Latiffa Abdul Rahman (Management Committee / Parent), Mr. Khoo Yeoh Gan Hong (Chairman), Mr. Foong See Yoke (Ex-Officio), Pn. Fatimah bte Sulok (Rep. of Jabatan Kebajikan Masyarakat), Ms. Valliammal a/p Allagappan (Secretary).

# Our Staff



**Back Row (Left to Right) :** En. Jamaludin bin Ahmad, En. Karim bin Din, Mr. Chew Sun Chooi, Mr. Ravindran a/l Vasu Devan, Mr. Maarkandan a/l Krishnasamy, Mr. Tee Beng Heng, Mr. Ong Hong Tiang, Mr. Mahendran Ramalingam, Mr. Karthikeyan J.R., Mr. Teng Wei Ping, Mr. Tan Soon Beng, Mr. Saravanan Subramanam, Mr. Daniel a/l Selvasee, En. Jaafar bin Mansor, Mr. lim Eow Beng.

**Middle Row (Left to Right):** Mrs. Kannikah a/p Muniandy, Ms. Suganthi Sabarinathan, Mrs. Kanjana a/p Thangiah, Madam Kamala a/p Veerasamy, Mrs. Cecilia Tan, Madam Rajeswari a/p R. Krishnan, Ms. Nesamani Thai, Ms. Rajeswari a/p L. Narayanasamy, Puan Norjan bte Osman, Mrs. Shanthy Ravindran, Ms. Amelia Charmines Seaton, Mrs. Letchumi Tamilselvan, Mrs. Manogari M. Suppiah, Cik Zalina bt. Md. Sahini, Mrs. Joyce Khoo, Mdm. Ho Lee Mei, Mrs. Sumalini, Mrs. Mubina Shaad, Mrs. M. Harini, Puan Subaidah Nagoor Meera, Mdm. Kalyani a/p Rambyer, Cik Salamiah bte. Che Nen. Mrs. Anjalai Balakrishnan.

**First Row (Left to Right):** Mr. Teh Kar Wei, Ms. Tan Chin Chin, Mrs. Uma Devi a/p K.M. Bala Krishnan, Mrs. Helen Rajoo, Mrs. A. Valliammal, Ms. Diana Leong, Mrs. Maria Joseph, Puan Azlina bte. Mohd. Yusof, Mrs. Cheng Pereira, Cik Roziah bte. Ali.





## The Centre Administrator's Report 2006

The year under review has been a very memorable one. Our ex-student Tan Chin Ching graduated with flying colours from USM and won the University's gold medal. It was a moment to be cherished when I was invited to witness her graduation ceremony. Her success was a proud moment for the Cerebral Palsy (Spastic) Children's Association of Penang.



It was our goal to develop the In-Service educational programme in the Intensive Motor Skills Department. This was made possible with the assistance of Ms. Lesley Cannings, Senior Development Officer from UK, who was here to conduct a 2 weeks training programme.

The charismatic charm in her presentation of the principles of Conductive Education provided opportunity for exploration of different views in order to enable children with cerebral palsy to learn and achieve motor control in everyday tasks. To make this programme possible, I must say: "Thank you YB for sourcing enough funds to make this training a reality."

This year's Spastic Children's Association Excellence Awards were won by Mr. Ong HongTiang, Mr. Teng Wei Peng and Mr. Santosh Kumar. My heartfelt thanks to the staff for their hard work for making another successful year. Your individual efforts had contributed much towards the development and growth of the Centre and this is greatly appreciated.

Our gratitude goes to Dell Computers Sdn Bhd for setting up the Dell Learning Centre that has brought IT within the reach of all the cerebral palsied children and enhanced their learning capabilities at their own speed.

I wish to thank the many foster parents, companies, hotels, generous supporters and service clubs, who had given us their continued help to the Centre through donations of cash or in kind, organizing parties for the children and rendering voluntary services in one way or another.

We look forward to the coming year, 2007 with hope and confidence. Many of the activities in this New Year would include:-

1. The hosting of the 13th National Seminar of Spastic Children in Penang.
2. The Organising of the Spastic Charity Raffle Draw to collect funds for the New Building Extension project/ We hope that you will give us your kind support.

.....  
Valliammal d/o Allagapan





# STRUKTUR ORGANISASI PERSATUAN KANAKKANAK SPASTIK PULAU PINANG

## MESYUARAT AGUNG

Jawatankuasa Pengurusan

Pentadbiran Persatuan

**Mrs. A. Valliammal**  
(Pentadbir)

### Bahagian Pentadbiran

**Pengawai Penyelaras**

Uma Devi a/p K.M. Balakrishnan

**Kerani**

Nesamani Thai  
Cecilia Tan

**Pemandu**

Chew Sun Chooi  
Lim Eow Beng  
Jamaludin bin Ahmad  
Jaafar bin Mansor  
Abdul Karim bin Din

**Attendan**

Arlahi d/o Billian  
Kamala a/p Veerasamy  
Subaida Nagoor Meera  
Rajeswari a/p Krishnan  
Anjalai a/p S. Veerasamy  
Tee Beng Heng  
Koh Lee Peng  
Ravindran a/l Vasudevan

**Pengawal Keselamatan**

Awtar Singh a/l Balwant Singh  
Santharamogen a/l Murugiah

**Tukang Kebun**

Doraisamy a/l Mooniandy

### Bahagian Terapi

**Pemulihan Perubatan Anggota**

**Ketua Jurupulih Anggota**

Mubina Shaad

**Jurupulih Anggota**

Kanchi Sumalini

**Pembantu Terapi**

Maarkandan

**Pemulihan Perubatan Carakerja**

**Ketua Jurupulih Carakerja**

Karthikeyan J.R.

**Jurupulih Carakerja**

Shariza bte Subky

**Pembantu Terapi**

Shanthi a/p Jeganathan

Daniel a/l Selvasee

**Pemulihan Perubatan Berkata**

**Jurupulih Berkata**

Teng Wei Ping

**Pembantu Terapi**

Quah Guat Sim

**Early Intervention Programme**

**Pembantu Terapi**

Mary Anthony a/p Sebastian

Chuang Meng Ngoh

Norjan bte Osman

Ho Lee Mei

Kalyani a/p Rambyer

Kannikah a/p Muniandy

**Sheltered Workshop**

**Penyelaras**

Quah Guat Cheng

**Sheltered Workshop (Joblink)**

**Penyelaras**

Christopher Dass

### Bahagian Akademik

**Bahagian Pra Sekolah**

**Kelas Bunga Orkid**

Azlina bte Yusoff (Ketua Bahagian)

**Kelas Bunga Ros**

Parvathy

**Kelas Bunga Raya**

Maria Hee

**Kelas Merah**

Ong Hong Tiang

**Kelas Hijau**

N. Rajeswari a/p Naranasamy

**Kelas Biru**

Roziyah bte Ali

**Kelas Kuning**

Manogari a/p Suppiah

**Unit Keperluan Khas**

Harini Mahadevan (Ketua Bahagian)

Zalina bte Md. Sahini (Social Worker)

Leela Sulochana a/p Veeragavan

Letchumi a/p K. Shanmugam

Kanjana a/p Tangiah

**Outreach (Bukit Mertajam)**

Santosh Kumar (*Jurupulih Anggota*)

Anita Jegarose a/p Pragasam

**Kelas Komputer**

Mahendran a/l Ramalingam

Looi Chye Huat

**Perpustakaan**

Teh Kar Wei





## Medical

The Association is grateful to the following professionals who make up SCAP's panel of Honorary Consultants:

Dr. Samuel Easaw  
*Neurologist*

Dr. Fong Kheng Phoy  
*Orthodontist*

Dr. Lim Huck Boon  
*Ophthalmologist*

Dr. Santokh Singh  
*ENT Specialist*

Dr. Adele Tan  
*Paediatrician*

Dr. Lim Huat Bee  
*Dermatologist*

Dental Surgeon & Nurses  
*from the Government Hospital*

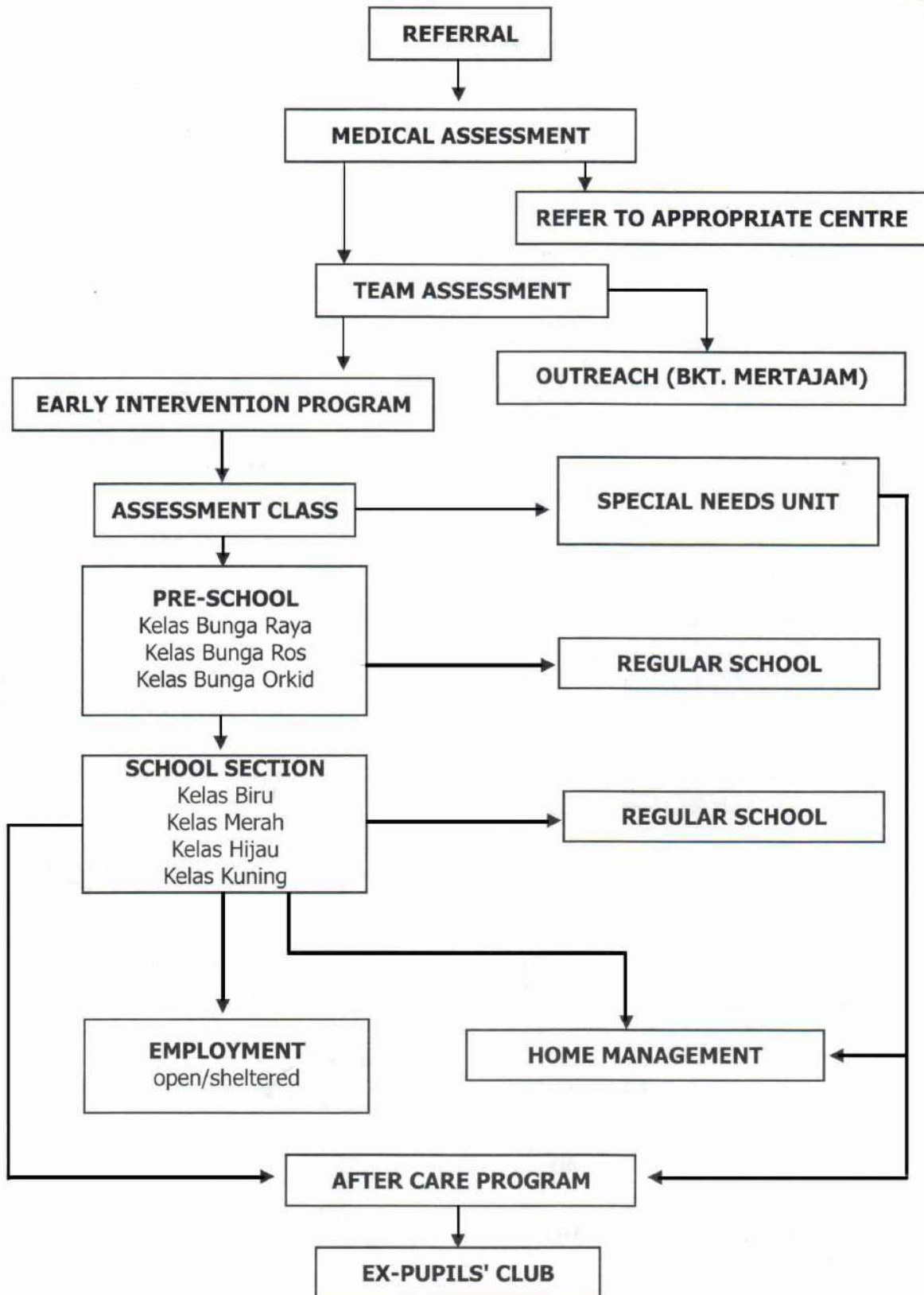
The Association also wishes to thank the following people for their continued commitment and services to the Centre:

- Dato' Seri Dr Tan Ewe Aik as Trustee of the Association and Honorary Medical Advisor.
- Mrs. Ong Kim Chye, our nurse, who volunteers to maintain first-aid supplies and to look after health and safety aspects at the Centre.
- Dr. Alex Lim Kheng Seng who provides free medical treatment for the children and medical check-up for new staff.
- Dato Dr. Yee Thiam Sun who provides free hearing assessments for children with hearing problems.
- Dr. Dan Giap Liang (Paediatrician) who carries out the initial medical assessment for all new referrals to the Centre.

	Male	Female	Total
MALAY	29	20	49
CHINESE	60	29	89
INDIAN	11	7	18
<b>TOTAL</b>	100	56	156



# Progress Chart





# INTENSIVE MOTOR SKILLS DEVELOPMENT (IMSD) PROGRAMME - 2006

32 children are attending the IMSD Programme. The age range is between 0-7 years. The programme is planned according to their individual needs and the children are placed in their respective classes according to their physical abilities. The programme is based on Conductive Education where we used the "Holistic Approach".

The caregivers have to carry out the programme to achieve individual's goals. Two children from sunshine class have been sent to St Nicolas home. One of the students has been transferred to Mentally Retarded Centre.



Plinth Task Series - Learning to sit at the edge of the plinth and listen to phonic sounds on alphabets.



Mohd. Fajar is being assisted to walk using the walking frame



The children are having their breakfast independently.



Individual concept Teaching of body parts



Hand Task Series - Pasting various textures by touching & feeling





## Out Reach Unit (Bukit Mertajam)

This unit operates from Monday to Friday from 8.30am to 12.30pm and from 2.00pm to 4.00pm. Presently 30 children are attending the centre. The children were divided according to the third levels.

**Group 1 (Age 1 - 5 yrs)** : Rhythmical intention method is used to teach activity through music and songs. The children are able to express themselves emotionally, physically and socially. Sensory strategies and symbolic approach are also used to teach the children.

**Group (Age 6 - 11 yrs)**: In this group children are trained in pre-school level skills, pre-writing skills, and concepts of size, shapes and colours.

**Group (Age 12 - 18 yrs)** : Here the children are trained in functional and vocational skills.

The children are also encouraged to learn through play and practical experience. They are also trained in feeding and language skills under the guidance of the speech therapist who visits the unit twice monthly.

The children also attend the physiotherapy session twice a week. The aim of therapy is to make the children independent as much as possible. The goals and strategies are framed according to their level and their needs. This is done by regulating the muscle tone, facilitating normal movement pattern and maintaining the muscle length. Teachers are also given suggestions in positioning of children in the classroom. Parents are trained in handling skills, so that therapy is carried over at home and the children will get the input of normal movement patterns.



Mr. Santosh is facilitating  
Midline Orientation



Cikgu Anita is teaching body parts.



Visual stimulation emphasizing on focusing



For daily living  
wearing socks and shoes.





# SPECIAL NEEDS UNIT - 2006

Classes	Group A (Morning session)	Group B (Afternoon Session)	Total
Focus Group	5	4	9
Functional Academics	5	6	11
Pre-Vocational	1	-	1
Total	11	10	21

self-help skills, learning through play art and craft and a few fine motor activities. The students of the functional academic group showed good progression, with 2 children being promoted to Pre-Entry class. We have started to train the students to perform household activities like cleaning the floor, washing vessels, folding towels and mats etc in the pre-vocational category.

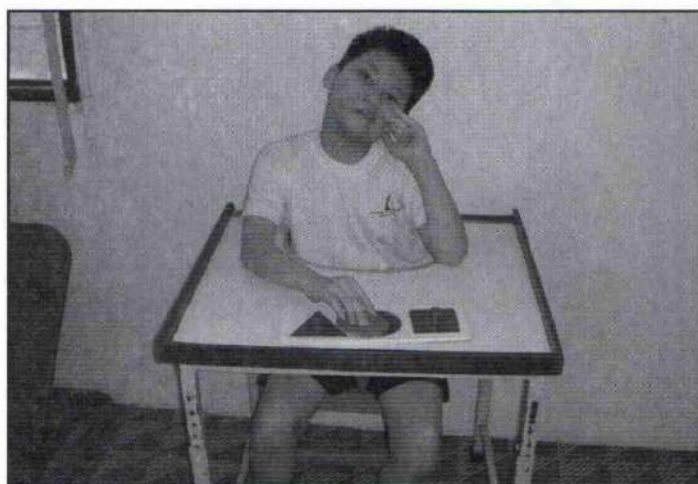
With 21 students on its roll the Special Needs Unit started its programme for the year 2006 with full involvement from the parents and teachers. This year, we had the focus group, mainly concentrating on

Like the previous years, parents proved their involvement by participating in various activities organized by the department. During the month of May 2006 we organized the siblings day involving the family members of our children. This was a fun filled day, where programme and group games were organized for the brothers and sisters of our children. The siblings were given opportunities to work with our children during feeding sessions, games and colouring activities. Volunteers were also involved in the day's function.



Thiru is engaged in fine motor activity.

In the year 2006, our students Chee Keong and Lim Xin Xi have successfully completed 18 years of age and finished their schooling in our centre. 3 children were pulled out from the programme by their parents due to their personal reasons.



Bing Lian is matching shapes on the form board.

We express our deepest condolences to the family of our beloved student Nagesan who passed away in July.

We the students, parents and teachers of S.N.U. welcome the New Year with its fresh challenges to succeed.





## PRE SCHOOL SECTION

CLASS	BOYS	GIRLS
Bunga Raya	4	2
Bunga Ros	4	2
Bunga Orkid	2	5
<b>Total</b>	<b>19 children</b>	

This section is divided into three classes i.e. Kelas Bunga Raya, Kelas Bunga Ros and Kelas Bunga Orkid. This year nineteen pupils were enrolled in this section of which six children are in Kelas Bunga Raya, six children are in Kelas Bunga Ros and seven children are in Kelas Bunga Orkid. These children are promoted into the morning section from the afternoon class and placed into various classes according to their abilities.

### Kelas Bunga Raya

In this class the children are encouraged and exposed to various activities whereby they learn through play and practical experience. Basic concepts of colours, shapes, sizes and numbers are taught along with classroom learning skills.

### Kelas Bung Ros

In this class more advanced activities are carried out. Academic tasks relating to reading, writing and counting are being exposed to the children.

### Kelas Bunga Orkid

Subject teaching is introduced at this level of which includes Bahasa Melayu, English, Writing and Mathematics. The children in this class are being prepared and trained for the School Section, later.

In all these classes Individualized Educational Plan (IEP) is carried out to meet the needs of each child. Specific goals are prepared for each individual child to grade her/his abilities and uplift her/his learning abilities. They are also being taught and encouraged to be independent through self help care and functional activities. Some modifications on tables, chairs and wheelchairs with special inserts and trays are made as where and when necessary. Children who are unable to write are taught to use assistive devices such as electronic typewriter and computer. Hearing test, vision test and home visits are arranged and made when need arises. Educational visits to places such as wet market, supermarkets, parks and other places of interest help to increase the child's awareness of the world around them.



Bahasa Malaysia session naming and imitating animal sounds.



Cikgu Azlina is assisting Shafiq to undergo gait training during hydrotherapy session.



Cikgu Maria is teaching number skills using computer during maths lesson.



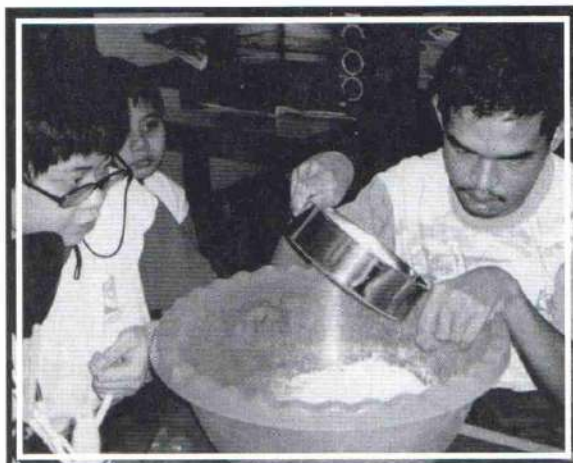
# SCHOOL SECTION

The school section has an enrolment of 27 pupils and each pupil is thoroughly assessed before being placed in the following classes, namely Kelas Hijau, Kelas Biru, and Kelas Kuning. The diagram shows the breakdown as follow:

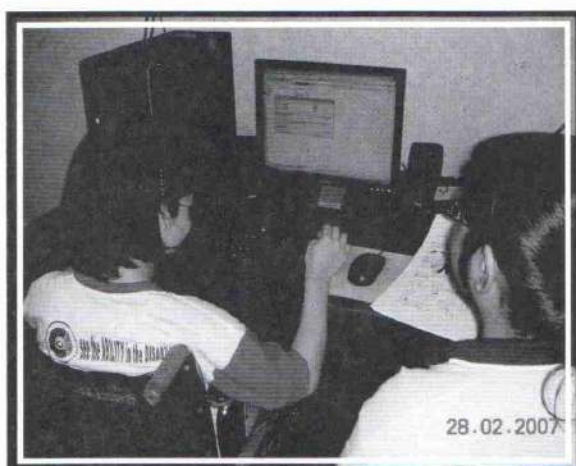
Kelas Merah	Kelas Hijau	Kelas Biru	Kelas Kuning
6	6	8	7

Kelas Merah follows closely the mainstream school curriculum with modifications to suit individual needs and pupils in this class are potential UPSR candidates. Kelas Hijau and Kelas Biru concentrate more on the practical aspects of learning that focus on functional skills. Pupils who need more individual attention are placed in Kelas Kuning.

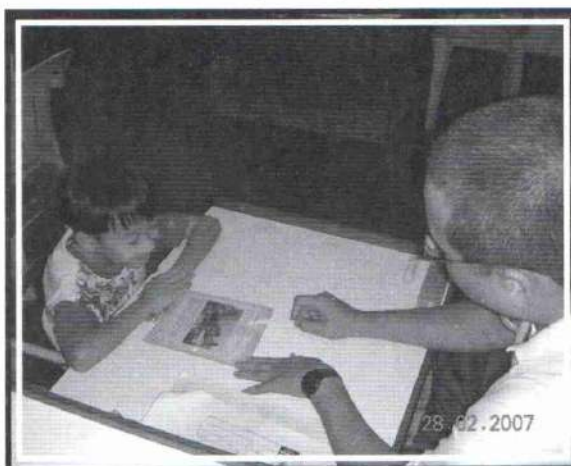
Besides the academic curriculum other activities such as swimming, gardening, music, cooking, vocational skills and self help skills continue to be an integral part of their training. Under the 'lawatan sambil belajar' programme, pupils are taken to visit places of interest, such as public service departments, factories, wet markets, recreational parks and shopping complexes. During the year our pupils were also invited to official functions and parties where they were given the opportunity to showcase their talents in acting, singing and dancing.



Kah Hoong : Wahhhh...Naim kamu ni pandai ayak tepung.



Cikgu Amelia is teaching Hui Hooi to use the Microsoft Excel programme.



Cikgu Ong is guiding Yong Nian to read.





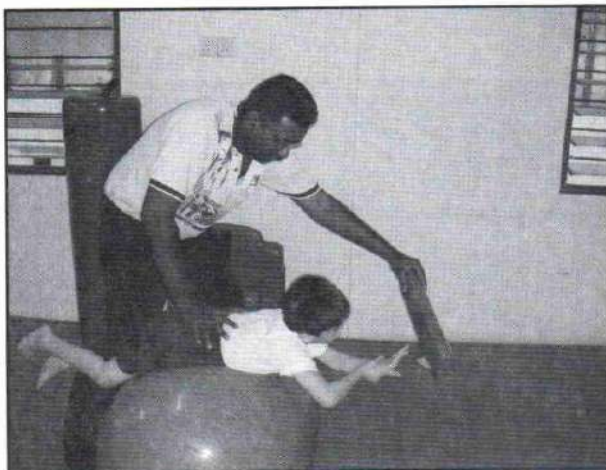
# Physical Therapy - 2006

Exercise is the key to success at the therapy services of The Cerebral Palsy Children's Association of Penang. Our day starts with morning exercise program that includes staff and children. The main objective of morning exercise is to keep the children free from developing tightness, contractures and deformities. Although the passive stretching is used as a primary mode of intervention, the underlying approaches are Proprioceptive Neuromuscular Facilitation (PNF), Neuro Development Treatment (NDT) and Roods approaches. Hold relax techniques, maintained stretches, facilitatory and inhibitory techniques, weight bearing and weight shifting activities to regular tone and facilitations of movements using key points of control are some of the techniques based on PNF, NDT, and roods approaches. Almost all the children are given mobility training using mobility aids except the ones with already existing complications such as hip subluxations / dislocations, spinal deformities and foot deformities.

Section/Treatment	Total
Pre-school	23
School	22
IMSD	06
SNU	16
Out Patient	06
Total	73

The Physical Therapy Department in collaboration with the Occupational Therapy Department started an exercise program for young children from IMSD during the morning hours and Thursday afternoons. Together we also introduced weight training program for general fitness and sports specific training.

Physical Therapy Department coordinated sports day successfully for this year and on many occasions organized training programs for graduate students of physiotherapy and medicine in collaboration with the Occupational Therapy Department.



Therapy Assistant is performing trunk extension on Sean Lim.



Morning exercise session.





# OCCUPATIONAL THERAPY = 2006

Section/treatment	S.I.	Hand function	Visual Stimulation	Prevocational	Discharge/Promoted	Total
Pre-school	19	4	-	-	1	24
School	1	10	1	1	5	18
IMSD	5	-	-	-	2	7
SNU	11	-	1	-	2	14
Out-patient	4	-	-	-	7	11
Total	40	14	2	1	17	74

The Occupational Therapy (OT) department has successfully completed two years functioning of its Sensory Integration Unit. In these two years many children showed progression in the areas of sensory processing, organizing of behavior, gross motor and fine motor, social and emotional.

Children with cerebral palsy are constantly in need of sensory experiences in their day to day activities. Keeping this in mind, they were given sensory diets and encouraged to apply during their daily functions. A sensory diet is simply a variety of sensory experiences designed to help a

child with SPD properly interpret his or her environment. For example, if a person is diagnosed with heart disease, a doctor will prescribe a healthy cardiovascular diet, one low in fat that contains lots of fruits and vegetables and an exercise program. Similarly an OT may prescribe a healthy sensory diet. It may be rich in tactile experiences, such as brushing program, as well as certain physical games designed to enhance vestibular stimulation.



Pop corn ride - a sensory diet during writing



Partner pull ups - a sensory diet during class room activities

With a constant need to upgrade the programs and facilities, our Occupational Therapy Department in collaboration with the Physical Therapy Department introduced **Specific Weight Training Exercises** for general fitness and specific sports training for those children who participate in Paralympics. Morning exercise program has been one of the most successful programs that significantly reduced the number of wheel chairs and made many children independent/partially independent in their mobility. Specific Weight Training Exercise are designed to cater for children whose upper body strength is sufficient to do daily functions. Training the specific muscles using weights not only improves their endurance, strength and coordination, but also refines the daily functional skills.



Kar Hong doing Lat Pulley exercise.

Overall this year has been a successful and fruitful year for children attending occupational therapy. With this we look forward for another successful year.



Ei Leen doing shoulder press using bars





# SPEECH THERAPY

59 children from various sections received speech therapy sessions throughout the year 2006. The therapy sessions were conducted on an individual basis once a week. The break up of our children as follows:

School	Pre-school	Special Needs Unit	IMSD	Therapy clients
8	Morning : 14 Afternoon : 6	6	20	5

## Goals and objectives

### 1. Feeding

The development of the feeding skills of children with cerebral palsy is the prior concern of a speech therapist. Our main goal is to facilitate feeding skills of children with cerebral palsy including sucking, biting, chewing, swallowing and drinking. Besides, we also advise the caretakers to adapt appropriate feeding positions.

### 2. Language

Assessment and diagnosis for the children who are delayed in language development is carried out periodically. Various activities are conducted to facilitate the development of language of children with cerebral palsy, e.g. symbolic play, role play, picture cards, story telling etc. We also teach some school children to recognize and read the written words.

### 3. Articulation

Most of the children with cerebral palsy have articulation problems. They have difficulties in producing certain phonemes like /t/, /d/, /s/, /r/ etc due to their oral-facial weaknesses. Oral motor exercise and articulation drilling are conducted in order to correct their articulation errors and improve their intelligibility of speech.

### 4. Phonation and respiration

Some children with cerebral palsy show shallow respiratory control. It will influence the quality of their expressive language as they tend to use short sentences because of inadequate breath support. Abdominal breathing and blowing exercise are carried out to enhance their phonation and respiration control.

### 5 Alternative communication

Picture Communication Charts are prepared for the intelligent children with severe expressive language disorder. Children are able to express themselves or indicate their needs by pointing to the picture symbols in the Picture Communication Chart. By using the Chart, they are able to communicate with peers and teachers effectively. Apart

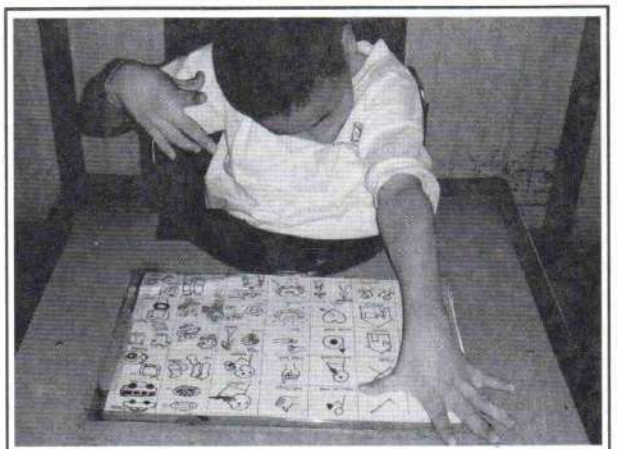
from that, Makaton Handsigns, a standardized sign language at the Centre, is also being taught to children with sufficient understanding and hand functions.

## Achievements

The Speech Department is always dynamic in upgrading its services. We had added many teaching materials and new therapy tools in year 2006. We hope that new tools and new methods we have learned will be beneficial for the children in the coming year.



Visalatchi is given jaw stability exercise using bite block.



Chor Seng is communicating using picture charts.





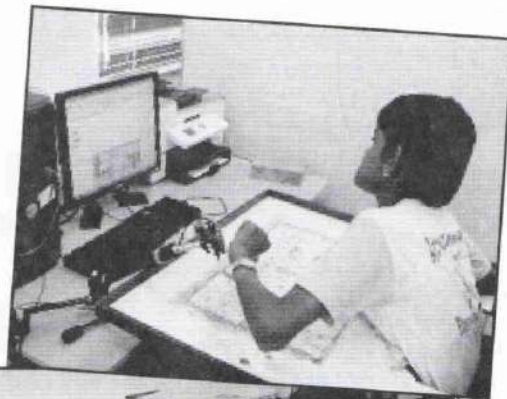
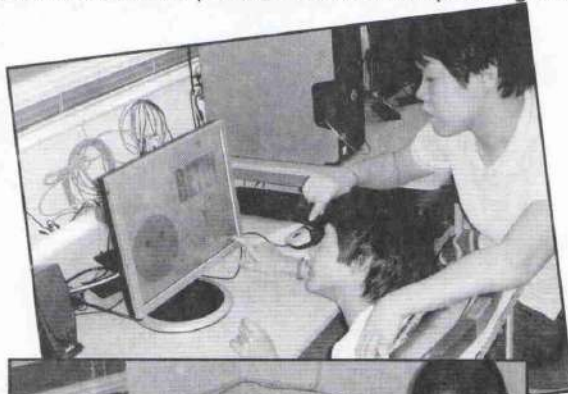
## DELL LEARNING CENTRE 2006

The computer unit at The Cerebral Palsy Children's Association underwent a major restructuring last year. The Dell Asia Pacific Foundation donated 20 high end computers with three Touch Screen Monitors. Dell has also sponsored towards the acquirement of some special education software and gadgets. The computer unit which is also known as Dell learning Centre, was officially launched by Mr. Simon Wong, Dell VP-Asia Operations, on the 11 August 2006

This restructuring has immensely benefitted for students to attend the computer classes with longer learning session. Previously, the children were given once a week session for 30-45 minutes only. But now with the expansion of the room and the setup of the Dell Learning Centre students are given one hour sessions and some students with severe disabilities are given at least twice a week sessions to enhance their computer access skills. The ability to operate even a small function of computer, with no help or with minimal assistance, gives them a sense of independence, thus increase their level of confidence in themselves. This also empowers them to acquire at least a small proportion of the digital skills.

The increase in the number of computers means a permanent attachment of the special gadget to particular computers and students who use assistive device such as switches, Intellikeys USB keyboard, Fibre optic eye blink module and single handed keyboard are assigned to these computers. This saves a lot of time in terms of not having to dismantle, fix and setting up special gadgets to allow alternate access to computers. Dell has also sponsored towards the procurement of some software such as Millie's Math House, Thinking things 3, Animal Habitats, Word Puzzle, Digital Portfolio and Making Sense with Numbers.

Current advancement in the field of information community technology has brought forward a tremendous change in the field of Information Communication Technology but the massive cost involved in setting up a comprehensive computer learning centre, has kept back many establishments that cater for the benefit of the disabled people from doing so. This initiative by Dell Asia Pacific Foundation is truly a positive sign to show how great projects can happen with the involvement of corporate sectors in improving the lives of people with disabilities. THANK YOU DELL.



Students are seen here accessing the computers by using various assistive gadgets such as (from left) Touch Monitor, Jelly Bean Switch, Intellikeys and Single Handed Keyboard





## SCOUT REPORT 2006

8 members were enrolled as scouts this year and we did mostly outdoor activities at:-

1. Queensbay Mall
2. Youth Park
3. Taman Jajar
4. Ferry Ride
5. Giant Hypermart

As for indoor activities, the members learned the scout laws and promise, first aid skills, simple cooking, making of greeting cards / crafts and participants of social interaction among each other and visitors. Overall it was a good year for the scouts.



## GIRL GUIDES 2006

There are 8 members for this year. 5 of them are wheelchair users, while 3 others are walkers. The activities carried out are:

### A. Indoor Activities

1. First Aid
  - I. Bandaging simple fracture or dislocation.
  - II. Dressing simple cuts.
2. Cooking
  - I. Making simple breakfast with bread, eggs, sausages, cucumber and banana etc.
  - II. Making hot and cold drinks.
  - III. Making bubur kacang.
  - IV. Baking cookies/brownies, chicken, potatoes and fish.
  - V. Frying simple snacks using potatoes, beancurd and vegetables and vadai.

### B. Outdoor Activities

1. Shopping – Tesco, Gurney Plaza
2. 1 day camping – Penang Water Sports Centre

### C. Others

1. Making decorative items and gifts from recycled things.
2. Making festive season cards.
3. Making Teacher's Day gifts.



Raihana : "Cikgu, betulkah cara saya balut tangan Nadia. Saya bercita-cita jadi jururawat".



Hui Hooi : "Oooweee..... saya nak terbanglah cikgu".





# SHELTERED WORKSHOP



Mei Ching and Azrah are separating the rubber stoppers from Integrated Circuit casings.

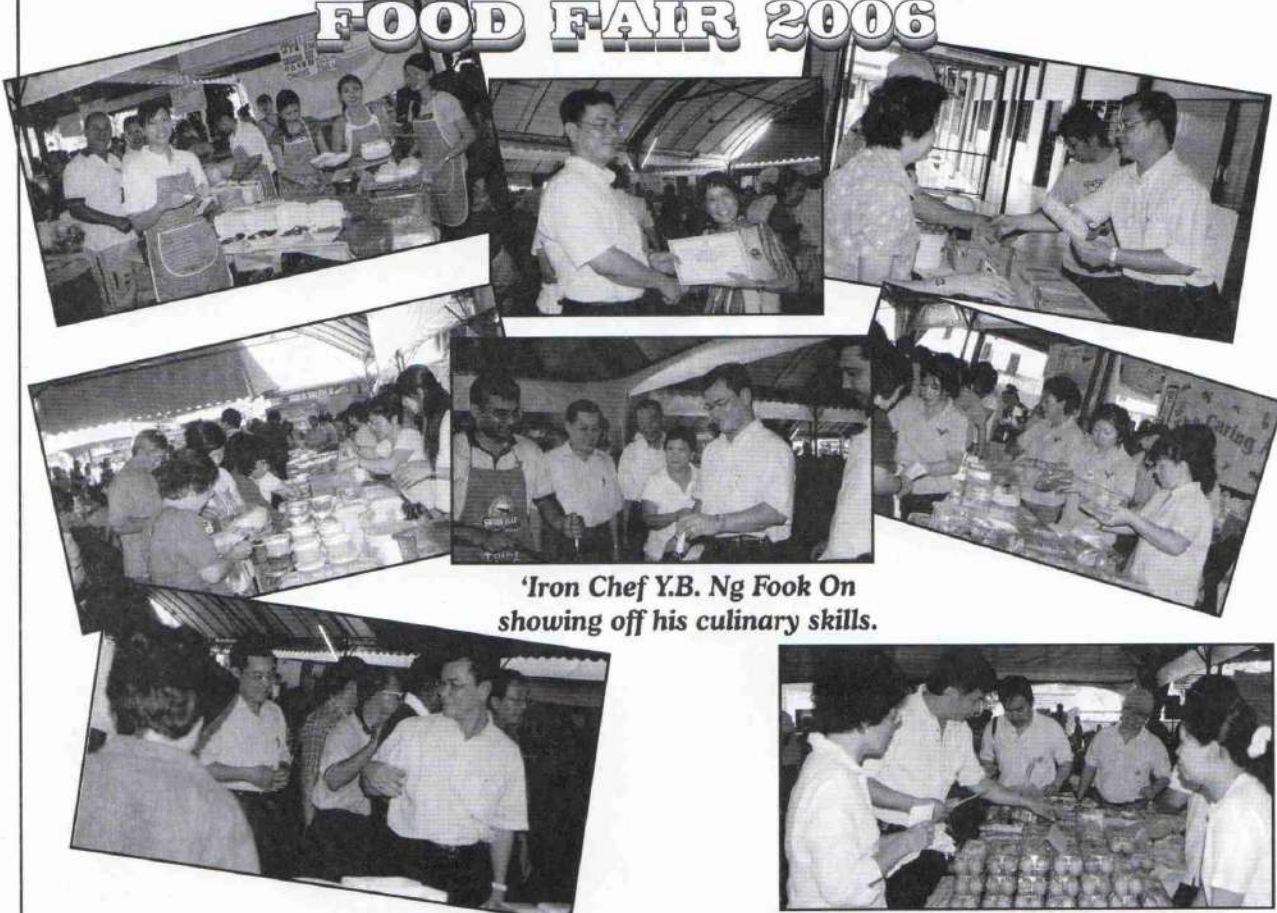
The total number of full time trainees this year remains at 9 and half day trainees remains at 3. The sheltered workshop accepts an ex-pupil Yeoh Bee Lian who is married and has a 4 year old girl as a home based trainee.

Due to space constraint the Sheltered Workshop continues with the same projects namely sub-contract work from I.R.M Industries, making book markers and collecting household items for recycling.



Hasbullah is transferring the packed goods onto the van to be delivered to the factory.

# SPASTIC MERDEKA CHARITY FOOD FAIR 2006



'Iron Chef Y.B. Ng Fook On showing off his culinary skills.

Through this fundraising event a sum of RM120,000.00 was raised. Our heartfelt THANKS to the Organising Chairman, Dr. Lim Huat Bee, Deputy Chairman, Mr. Saw Hock Eng and the Organising Committee for their dedication and hard work towards the success of this event.



# Sports Day 2006



Kartik : "Yennalah seyiringge?"  
(What are you doing?)  
Dorai : "Onnume ... teriyelei Karthik"  
(I can't see anything Karthik)



Shafiq : "Cepat sikitlah Minghan.  
Saya sudah masuk first gear"



Invitational Event – Students from SMK Sungai Nibong (Pendidikan Khas) going the obstacle course.



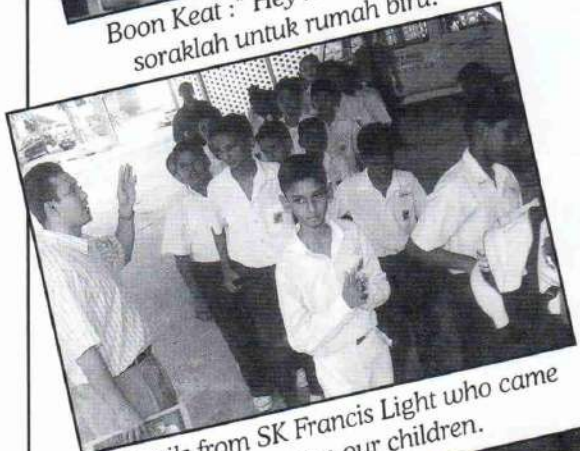
Boon Keat : "Hey kawan-kawan soraklah untuk rumah biru."



Bowling ala baru



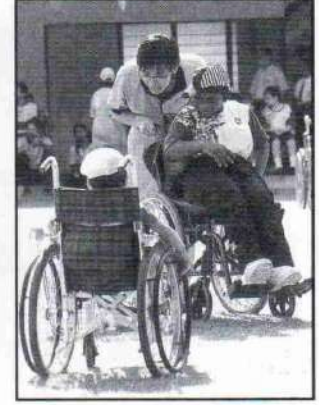
The latest dance craze to hit the town – the garden hop – Guest race



Pupils from SK Francis Light who came to cheer on our children.

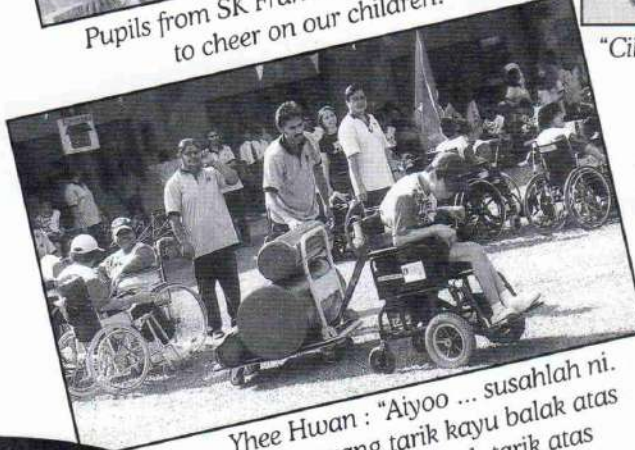


"Cikgu tolong tarik bakul dekat sikit"



Murid : "Cikgu, tolong tepi sikit, saya nak lalu"

Cikgu : "ehhh ... Kamu sudah masuk lorong yang salah"



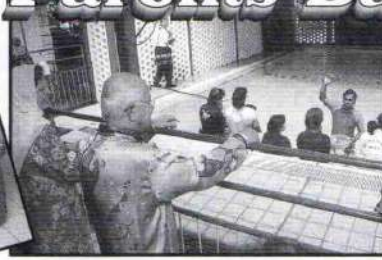
Yhee Hwan : "Aiyoo ... susahlah ni. Selalu orang tarik kayu balak atas sungai, ini disuruh tarik atas rumput pula."



Ex-Pupils' Race – "Here we go again – recycling time"



# Foster Parents Day 2006



*Our Patron T.Y.T. Yang Di-Pertua Negeri Pulau Pinang and Toh Puan is being introduced to the programmes carried out at the centre.*



*Our talented children performing to the delight of T.Y.T. Yang Di-Pertua Negeri Pulau Pinang, Toh Puan and the invited guests.*



*Our Patron T.Y.T. Yang Di-Pertua Negeri Pulau Pinang receiving cheques from our foster parents.*







**Persatuan Kanak-kanak Cerebral Palsy [Spastik], Pulau Pinang**  
*(The Cerebral Palsy [Spastic] Children's Association of Penang)*  
 Penaung: T.Y.T. Yang Di Pertua Negeri Pulau Pinang

425, Jalan Masjid Negeri, 11600 Pulau Pinang, Malaysia.  
 Tel : 04-6570160 Fax : 04-6563066 E-mail: jmn425@streamyx.com

## WOULD YOU LIKE TO HELP A CHILD WHO HAS CEREBRAL PALSY?

Children with cerebral palsy need intensive therapy and education from a young age. Services provided by the Centre include diagnosis & assessment, early intervention, pre-school and primary education, speech therapy, occupational therapy, physiotherapy, hydrotherapy, a special needs unit and an Outreach Programme based in Bukit Mertajam.

Our aim at SCAP (The Spastic Children's Association Of Penang) is to enable children with cerebral palsy to make the most of their abilities so that they can go on to lead full and independent lives.

All of these services are provided by the Centre free of charge. One way in which you or your company can help is by participating in our Foster Parents Appeal.

By fostering, you enable a child with cerebral palsy to reach his or her full potential through the services provided by SCAP.



YES, I/WE WOULD LIKE TO FOSTER A CHILD WITH CEREBRAL PALSY.

Foster Parents Appeal  
 Spastic Children's Association of Penang.  
 425, Jalan Masjid Negeri, 11600 Penang.  
 TEL: 6570160 Fax : 6563066 E-mail : scap@tm.net.my

I/We would like to foster a child with cerebral palsy for one year at a cost of RM360.00.

Name : .....

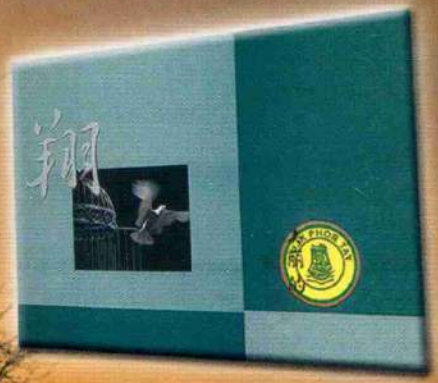
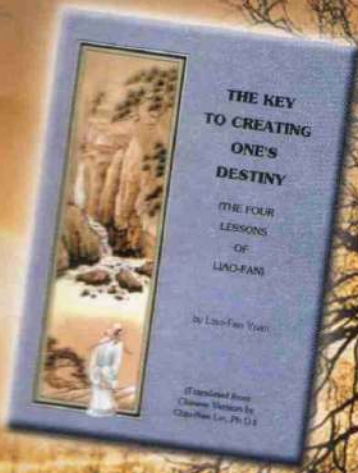
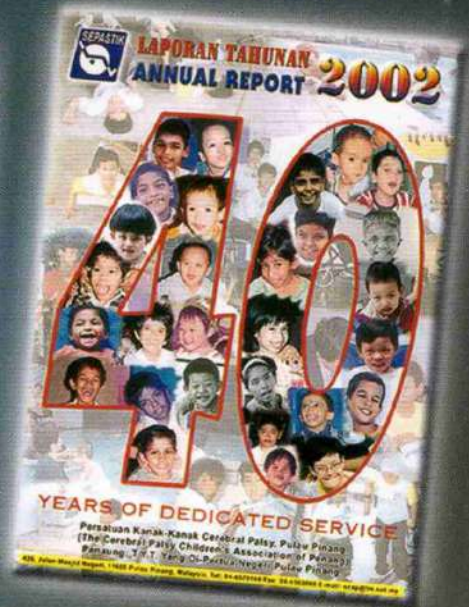
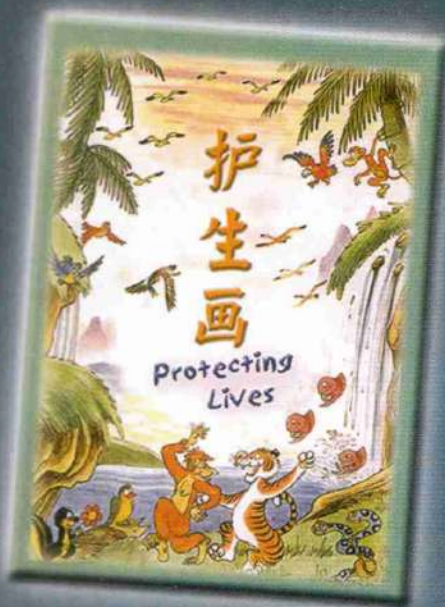
Address: .....

Amount Enclosed: RM ..... Foster Appeal and/or

RM ..... Donation.

ALL DONATIONS ARE TAX DEDUCTIBLE  
 \*All cheques must be crossed and made payable to  
 PERSATUAN KANAK-KANAK SPASTIK PULAU PINANG





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# Loh Guan Lye SPECIALISTS CENTRE



Loh Guan Lye SPECIALISTS CENTRE, established in 1975, is a 250-bedded private hospital. It is located in the heart of Georgetown, Penang, about 30 minutes from the Penang International Airport and 20 minutes from the pristine beaches of Batu Ferringhi.

The Centre offers up-to-date services and facilities in a warm and caring environment. It is Loh Guan Lye SPECIALISTS CENTRE's aspiration to be a leader in the healthcare industry. Our mission is "Commitment to Customer Service Excellence" and quality healthcare through continuous improvement and the upgrading of technology and Human Resource development.

With its dedicated and caring team of Specialists, nurses and other healthcare professionals, Loh Guan Lye SPECIALISTS CENTRE is committed to be "Your Hospital of Choice"



## Specialist Services

- Anaesthesiology
- Cardiology
- Child Development & Assessment
- Dental & Oral Surgery
- Ear, Nose, Throat, Head & Neck Surgery
- Endoscopic Surgery
- Endoscopy & ERCP
- Epidural Anaesthesia
- Eye Surgery (Including small incision Cataract Surgery - Phacoemulsification) & Glaucomatology
- Gastroenterology, Hepatology & Therapeutic Endoscopy
- General Surgery, Colorectal Surgery & Chest Surgery
- Internal Medicine & Medical Check-up
- Laparoscopic Surgery
- Laser Surgery
- Neonatology
- Nephrology
- Neurology
- Neurosurgery
- Obstetric & Gynaecology (Including Antenatal & Profertility Services)
- Oncology
- Orthopaedic Surgery, Sports Medicine & Trauma, Bone Transportation
- Plastic, Reconstructive & Cosmetic Surgery, Hand & Micro Surgery
- Psychology (Educational & Counselling)
- Psychiatry
- Urology (Including Transurethral, Endourology & Lithotripter)

## Services & Facilities

- 250 beds
- 24 Hours Accident & Emergency
- Ambulance Services
- Allergy Clinic
- Audiology (Including Hearing Aid Sales & Services)
- Cancerlink
- Cardiac Services: Cardiac Lab - Echocardiography, ECG & Stress Test (Treadmill), Executive Cardiac Assessment, Superior Heart Package, Premier Heart Package
- Cathlab - Cardiac Catheterization (Angiogram), PTCA, Pacemaker (Temporary/Permanent), Heart Studies
- Cardiovascular Imaging Laboratory
- Cochlear Implant
- Day Surgery
- Delivery Suites
- EEG & Neurophysiology Laboratory - Electroencephalogram (EEG), Nerve Conduction Study (NCS), Electromyogram (EMG), Evoked Potential (EP), Transcranial Doppler (TCD)
- ENT Laboratory - Treatment for Obstructive Sleep Apnoea (OSA), Newborn Hearing Screening, Treatment for Snoring
- Haemodialysis Unit
- Intensive Care Unit, Coronary Care Unit & High Dependency Unit
- Laboratory & Laboratory Test Packages
- Lithotripter (Treatment of Kidney Stone without Surgery)
- Maternity Packages & Antenatal Classes
- Medical Officer Services
- Neonatal Intensive Care
- Nursery
- Nutrition & Dietetic Unit
- Operating Theatres
- Patient Education Unit
- Percutaneous Laser Disc Decompression (PLDD)
- Pharmacy & Retail Pharmacy
- Physiotherapy, Occupational Therapy, Sports Injury, Rehabilitation & Gymnasium
- Radiology & Imaging Dept - Supercon MRI 1.5 Tesla Quantum Gradient-Maestro (Magnetic Resonance Imaging), CT Scan (64 Slice Spiral Computed Tomography), Fluoroscopy, General X-ray, Mammography, Panoramic Dental X-ray (OPG), Ultrasound, X-ray Bone Densitometry (Dexa Scan)
- Speech - Language Pathology
- Wards - Medical, Surgical, Paediatric, Obstetric & Gynaecology, Deluxe (an exclusive ward comprising of only suites and single rooms)
- Wellness Program (Executive Health Screening)

## Other Services & Facilities

- Car Park Facilities
- KSB Specialists Bakery
- KSB Specialists Cafe
- KSB Specialists MiniMart
- LSC WiFi Hotspot
- Nappy Changing/Breastfeeding Room
- Surau

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**OUR MISSION**  
Commitment To Customer Service Excellence



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## FOR FURTHER INFORMATION

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