



LAPORAN TAHUNAN 2003 ANNUAL REPORT

DEDICATED TO ALL OUR WELL WISHERS AND SUPPORTERS

BLESSED are those who take time to listen to difficult speech, for you help us to know that if we persevere we can be understood.

BLESSED are you who walk with us in public places and ignore the stares of strangers, for in your companionship we find havens of relaxation.

BLESSED are you who never bid us to "hurry up"

..... and more blessed, you who do not snatch our task from us for often we need time rather than help.

BLESSED are you who stand beside us as we enter new and untried ventures

..... For our failures will be outweighed by the times when we surprise ourselves and you.

BLESSED are you who ask for our help, for our greatest need is to be needed.

BLESSED are you who will help us with the graciousness of God who did not bruise the reed and quench the flax

..... For often we need the help we cannot ask for

BLESSED are you who by all these things, you assure us that the things that makes us individuals is not our peculiar muscles, nor in our wounded nervous system

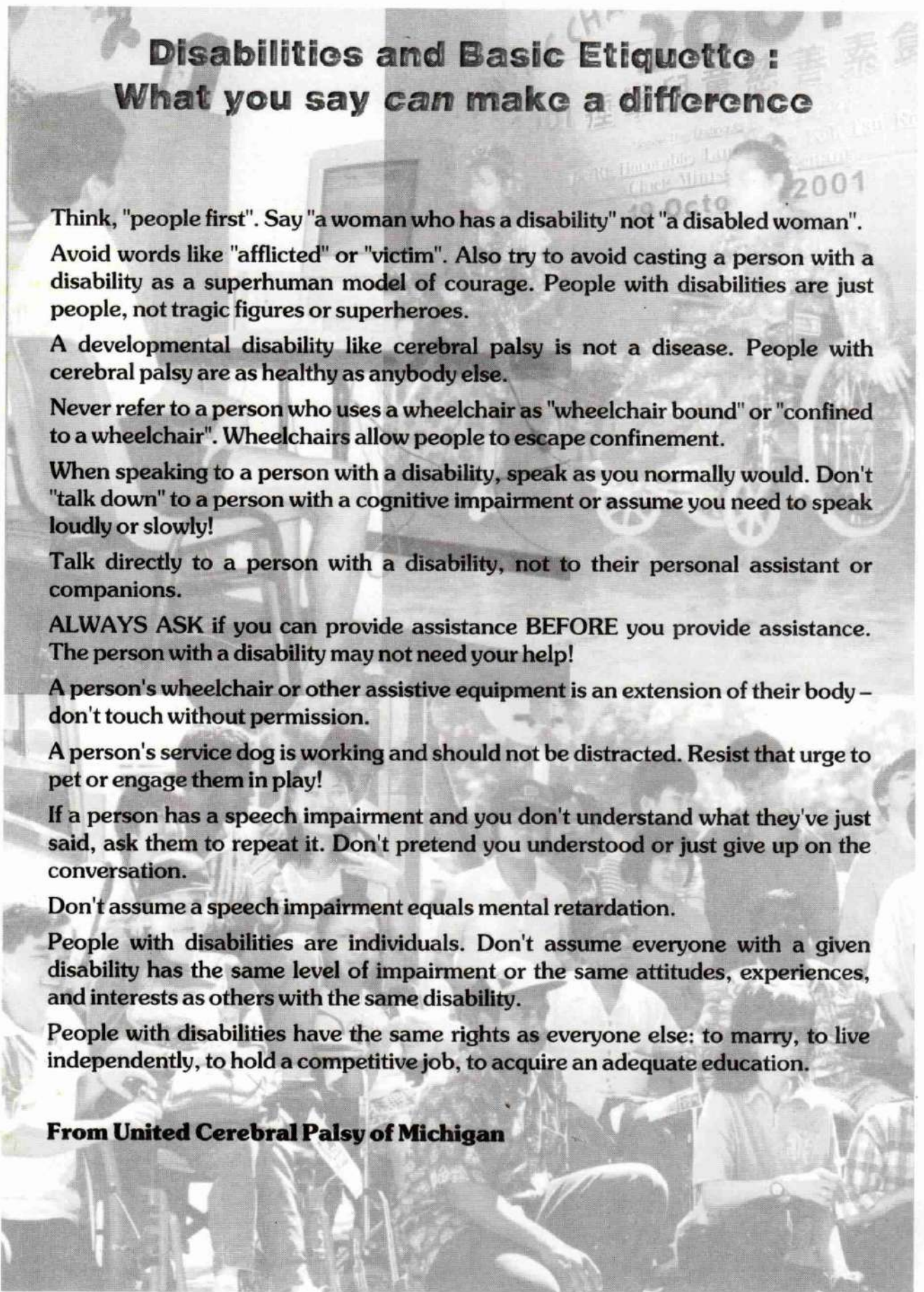
..... But in the God given self that no infirmity can confine

Rejoice and be exceedingly glad, and know that you give us reassurances that could never be spoken in words, for you deal with us as God had dealt with all **HIS CHILDREN.**



Persatuan Kanak-Kanak Cerebral Palsy (Sepastik) Pulau Pinang
The Cerebral Palsy (Spastic) Children's Association of Penang

Penaung : T.Y.T Yang Di Pertua Negeri Pulau Pinang
425, Jalan Masjid Negeri, 11600 Pulau Pinang, Malaysia. Tel : 04-657 0160 Fax : 04-656 3066
E-mail : jmn425@streamyx.com



Disabilities and Basic Etiquette : What you say can make a difference

Think, "people first". Say "a woman who has a disability" not "a disabled woman".

Avoid words like "afflicted" or "victim". Also try to avoid casting a person with a disability as a superhuman model of courage. People with disabilities are just people, not tragic figures or superheroes.

A developmental disability like cerebral palsy is not a disease. People with cerebral palsy are as healthy as anybody else.

Never refer to a person who uses a wheelchair as "wheelchair bound" or "confined to a wheelchair". Wheelchairs allow people to escape confinement.

When speaking to a person with a disability, speak as you normally would. Don't "talk down" to a person with a cognitive impairment or assume you need to speak loudly or slowly!

Talk directly to a person with a disability, not to their personal assistant or companions.

ALWAYS ASK if you can provide assistance **BEFORE** you provide assistance. The person with a disability may not need your help!

A person's wheelchair or other assistive equipment is an extension of their body – don't touch without permission.

A person's service dog is working and should not be distracted. Resist that urge to pet or engage them in play!

If a person has a speech impairment and you don't understand what they've just said, ask them to repeat it. Don't pretend you understood or just give up on the conversation.

Don't assume a speech impairment equals mental retardation.

People with disabilities are individuals. Don't assume everyone with a given disability has the same level of impairment or the same attitudes, experiences, and interests as others with the same disability.

People with disabilities have the same rights as everyone else: to marry, to live independently, to hold a competitive job, to acquire an adequate education.

From United Cerebral Palsy of Michigan



OUR PATRON



TUAN YANG TERUTAMA
TUN DATO' SERI UTAMA (DR) HAJI ABDUL RAHMAN BIN HAJI ABBAS
SMN., DUPN., SPDK., DMPN., DJN.,
YANG DI-PERTUA NEGERI PULAU PINANG



PRESIDENT'S REPORT

Ladies and Gentlemen,

The past year had presented the Association with many challenges but in spite of all these problems we were able to overcome them. We are glad to highlight some of our achievements.

Our main concern in the Management is the planning and sourcing for quality and innovative programmes for the rehabilitation of the Cerebral Palsied children. Modern technology and scientific inventions had made us realise that constant review in the treatment and rehabilitation programmes are necessary. In this respect we are assured by the generous and the caring public would come out to help us with financial support to sustain this growth.

Upgrading and updating the quality service

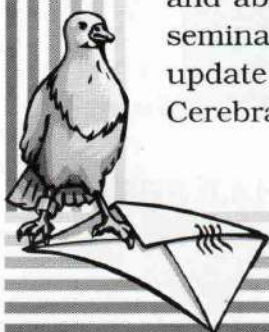
Regular reviews on performance are carried out to pin-point strengths and weaknesses. The services to the children are constantly updated and upgraded to ensure quality and effectiveness before delivery to the children. In-service training for staff is conducted throughout the year to enhance their knowledge and skills.

Conductive Education Programme

Our present Conductive Education Programme is now merged with the Intensive Motor Skills Development Programme, which is a holistic approach for children with cerebral palsy. Conductive Education was started in 1940 by Dr. Andras Peto, a Hungarian who believed that Cerebral Palsy is due to non-progressive motor disorder and to organise damaged nervous systems and perform everyday actions such as walking, talking and tying of shoelace. I was able to see the success of this Conductive Education Programme during my visit to the Hong Kong Centre and arranged for some of the Trainers to visit us to teach our staff.

Investment in Human Resources

If we are to deliver the best care, therapy and education to all our children with cerebral palsy, a continuous process of training qualified and skilled personnel would be a positive requirement not ignoring the professional courses at home and abroad. Management Committee members are encouraged to attend local seminars organised by National Council of Spastic Association, Malaysia to update their knowledge on the latest international rehabilitation programmes on Cerebral Palsy.



Future Directions

At the Cerebral Palsy Centre, Penang we are fully committed to prepare our children to achieve a standard of education, rehabilitation and independent living to face the challenges in the new Millennium. Our main aim is to fight for their inclusion and equal participation in community activities and access to premises including transportation. Our children are also exposed to Information Technology to help them to obtain information from other parts of the world as well as to communicate with their friends in foreign lands. The use of assistive devices had been able to increase the use of the computer today by the disabled.

In Appreciation

Our heartfelt appreciation to our Patron Tuan Yang Terutama Yang Di-Pertua Negeri, Pulau Pinang, Tun Dato' Seri Utama (Dr) Haji Abdul Rahman Bin Haji Abbas, SMN, DUPN, SPDK, DMPN, DJN and his consort Yang Amat Berbahagia Toh Puan Datin Seri Hajjah Majimor Binti Shariff for gracing our functions throughout the year. Their presence has always been a source of encouragement and inspiration to all of us at the Cerebral Palsy Children's Association of Penang. My sincere thanks to YB Dato Siti Zaharah Sulaiman, Minister of National Unity & Social Development for her unstinting support. To the State Government of Penang headed by the Chief Minister, YAB Tan Sri Dr Koh Tsu Koon, I would like to convey to him my special gratitude for his kind support. Finally, I would like to express my appreciation to the two State Directors, Jabatan Kebajikan Masyarakat and Pendidikan, Pulau Pinang for their kind assistance during the year. I would also like to thank my Management Committee, Sub-Committees, Advisers, Auditors, donors, foster parents, Consultants, Service Clubs (both Rotary and Lions Clubs), the media, volunteers and committed staff, who had sacrificed their time beyond the call of duty, so unselfishly, to ensure another year of achievement and success. To all our supporters in so many ways to help the children with cerebral palsy of Penang, I say "Thank you and God Bless"

"We only see the ability in the disability"

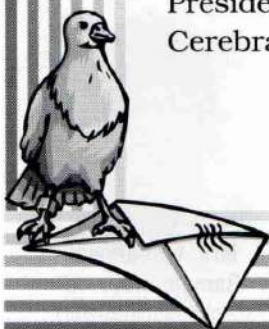
Best wishes



Saw Hock Eng, PJK, PJM

President

Cerebral Palsy (Spastic) Children's Association of Penang



MANAGEMENT COMMITTEE



Mr. Saw Hock Eng

PJK, PJM
President



Mr. Khoo Yeoh Gan Hong

DJN, PPN, PKT, PJM, PJK
V. President



Puan Latiffa Abdul Rahman

PJM
V. President



Ms. Jenny Kam Phaik Har

PJK, PJM
V. President



Ir. Vincent Tan Huei Meng

PJK
V. President



Mr. Foong See Yoke

PPN, PJK, PJM, PKT, PK
Hon. Secretary



Mr. Ng Fook On

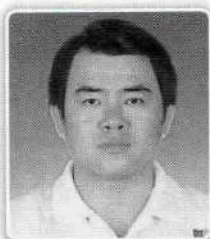
PJK, PJM
Hon. Treasurer



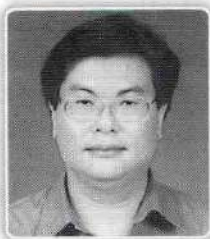
Dato' Dr. Denis Mark Lee

DSPN, JP, PJK
Imm. Past President

COMMITTEE MEMBERS



Mr. Cheah Keat Kok



Mr. Law Hock Chye

PKT, PJK



Mr. Tan Leong Theng

PJM



Mr. Bobby Ang

PJM



Ms. Ong Siew Guat



Mr. Nutan B. Shah

PJK



Mr. Vincent Lai Kong Leng

PJM



Mrs. Valliammal Ramamurthy

PJK
(Centre Administrator)

TRUSTEES



Dato' Dr. Denis Mark Lee
DSPN, JP, PJK



Dato' Seri Dr. Tan Ewe Aik
DGPn, DSPN, JP



Mrs. Chan Kok Swee
PJK



Mr. Saw Hock Eng
PJK, PJM

HONORARY ADVISERS



Haji Mahfudz bin Haji Omardi
AMN, PKT
Pengaruh Kebajikan Masyarakat



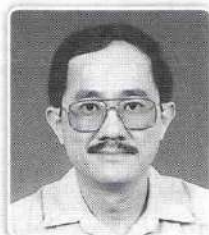
Dato' Haji Dawa@ Dewa bin Abdullah
DSPN, AMN, PPT, PKT
Pengaruh Pendidikan N. P. Pinang



Mr. Cecil Rajendra
Legal Adviser



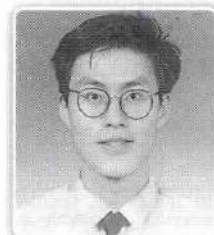
Dato' Seri Dr. Tan Ewe Aik
DGPn, DSPN, JP
Medical Adviser



Dr. Alex Lim Kheng Seng
Medical Adviser



Dr. Yee Thiam Sun
DJN, PKT, PJM
Medical Adviser



Dr. Dan Giap Liang
Paediatrician

HONORARY CONSULTANTS



Dr. Lim Huck Boon
JP
Ophthalmologist



Dr. Santokh Singh
JP
ENT Specialist



Dr. Daljit Singh Nagreh
Dermatologist



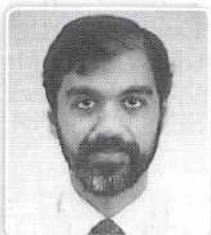
Dr. Foong Kheng Phoy
PJK, AMP
Orthodontist



Dato' Dr. Tan Chee Khuan
DSPN, PKT, PJK
Psychiatrist



Dr. Adele Tan
Paediatrician



Dr. Samuel Easaw
Neurologist



Mr. Dennis Y. S. Liew
Chartered Architect



Ir. Vincent Tan Huei Meng
PJK
Engineer



Dr. Lim Huat Bee
DJN, PJK
Dermatologist

MEMBERS OF THE SCHOOL BOARD



Sitting from left: Mr. Foong See Yoke (Ex-Officio), Mr. Khoo Yeoh Gan Hong (Chairman) Pn. Latiffa Abdul Rahman, Ms. Lee Beng Choo (Rep. of Kebajikan Masyarakat), Mrs. Valliammal Ramamurthy (Secretary)
Absent : Mr. Yeoh Beng Chai, Mr. A. Thanabalan, Mr. V.P. Kanniah, Mr. Ng Fook On (Ex-Officio),

OUR STAFF



Sitting from left : Mr. Teh Kar Wei, Mrs. Helen Rajoo, Mrs. Diana Leong, Ms Yang Bo, Ms Zhang Ai Quan, Mrs. Valliammal Ramamurthy, Ms Wei Guorong, Mrs. Daw San San, Mrs. Maria Joseph, Mr. Roger Looi.

Standing from left: Mrs. Manogari, Mrs. Kannikah Balan, Mdm. V. Kamala, Mrs. Vanaja Hendricks, Mrs. Parvathy Kumaran, Mrs. Leela Sathiasellam, Ms. Veronica Wong, Mrs. Letchimi Tamilselvan, Puan Azlina Yusof, Ms. Shanti Jegannathan, Ms. Roziah Ali, Mdm. K. Rajeswary, Puan Azliza Azizan, Mrs. Uma Sasithran, Mdm. Nesamani Thai, Mdm. Ho Lee Mei, Mrs. Joyce Khoo, Mdm. Rajab Nisha Mohd. Yusof, Ms. Koh Lee Peng, Ms. Norjan Osman, Mdm. Subaidah Nagoor Meera, Mrs. Anjalai Balakrishnan, Mdm. R. Kalyani, Ms. Rajeswary Naranasamy.

Standing back row from left: Mr. Ong Hong Tiang, Mr. Mohamed Raffae, Mr. M. Doraisamy, Mr. Tan Soon Beng, Mr. Mahendran Ramalingam, Mr. M. Muniswaran, Mr. K. Maarkandan, Mr. Chew Sun Chooi and Mr. Joseph Pragasam.

THE CENTRE ADMINISTRATOR'S REPORT



Another year has passed swiftly and time surely flies especially if the year is marked with eventful and challenging activities. The current enrolment of 160 children which is slightly on the increase give rise to challenge to cope without putting the children through a waiting list. With proper planning and restructuring we were able to accommodate the new admission. The setting up of our outreach programme in Bukit Mertajam has also helped us in managing this problem.

The high staff turn over that every NGO's experience hasn't dampen our spirit to be of service to our children with cerebral palsy. At times like this we can always rely on the senior staff to shoulder the responsibility. The work force may decrease but the quality of services provided remain on par. My sincere appreciation to all the staff who have shown continued dedication towards their duties during the outside working hours especially during fundraising events. The year, SCAP's staff Award For Excellence were awarded to Mrs. Uma Devi Sasithran and Mrs. Diana Leong. Congratulations and Syabas. I would also like to thank the Management Committee for placing their confidence and trust in me and for awarding me the SCAP's Award For Excellence.

It is indeed heartening to know that parents are increasingly involved in the development of their children. We see this in the Intensive Motor Skills Development Programme and morning exercise programme. Parents working as partners will surely enhance the development and empowerment of children with cerebral palsy.

I would also like to place on record my gratitude to Jabatan Kebajikan Masyarakat Negeri Pulau Pinang for the continued support and allocations granted to help equip ourselves better to meet the challenges in helping the individuals with cerebral palsy and also to Unit Pendidikan Khas, Jabatan Pendidikan Negeri Pulau Pinang for their continuous supports and assistance in placing our children in the mainstream schools.

Besides the regular in-service programmes conducted at the centre for Staff development we are also pleased to sponsor Mahendran a/l Ramalingam, who heads the computer unit, to pursue a Degree in Multimedia Communication at Open University of Malaysia. Congratulations to Mahendran and I am sure that upon completion of his course and with the new and vast knowledge gained he will continue to impart and share his knowledge and expertise towards the empowerment of our individuals with cerebral palsy.

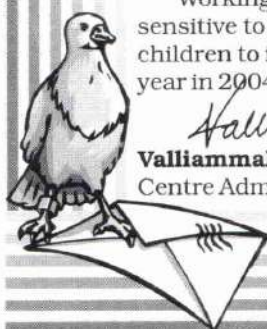
In the field of disabled sports, our athletes continued to excel. Our iron lady, Koh Lee Peng, won a gold and a silver in the swimming events at the ASEAN Para Games in Hanoi, Vietnam and our strongman Tee Beng Heng, won a gold and a bronze in the field events. Congratulations to both of our athletes.

The Sheltered Workshop which was started in the year 2000 is now working in close collaboration with Joblink Centre in Grove Road. Ten of our young adults and the workshop Co-ordinator are now working at the Joblink Centre. Young adults who need close supervision are undergoing training at the Centre. We hope through this setup our young adults will be gradually integrated into open employment.

Our gratitude also goes to the many foster parents, companies, hotels and generous individuals who have shown their continued support for the Centre through donations in cash and kinds, organising parties for the children and for rendering their voluntary services. Such contributions are not only necessary for the maintenance and growth of the Centre but above all it shows community involvement in working together with us to manage and actively run the Centre.

Working with children with disabilities calls for an eclectic approach and we at the Centre are always sensitive to needs of the children, hence efforts are being made to combine diverse methods to assist our children to improve the quality of their life. With this focus in mind, I foresee another eventful and fruitful year in 2004


Valliammal Ramamurthy (Mrs)
Centre Administrator



STRUKTUR ORGANISASI

PERSATUAN KANAK-KANAK SEPASTIK PULAU PINANG

MESYUARAT AGUNG

Jawatankuasa Pengurusan

Pentadbiran Persatuan

Mrs. Valliammal Ramamurthy
(Pentadbir)



MEDICAL

The Association is grateful to the following medical professionals who make up SCAP's panel of Honorary Consultants:

Dr. Samuel Easaw <i>Neurologist</i>	Dr. Fong Kheng Phoy <i>Orthodontist</i>	Dr. Lim Huck Boon <i>Ophthalmologist</i>
Dr. Daljit Singh Nagreh <i>Dermatologist</i>	Dr. Santokh Singh <i>ENT Specialist</i>	Dr. Adele Tan <i>Paediatrician</i>
Dato' Dr. Tan Chee Khuan <i>Psychiatrist</i>	Dr. Lim Huat Bee <i>Dermatologist</i>	Dental Surgeon & Nurses <i>of the Perak Road Clinic</i>

The Association also wishes to thank the following people for their continued commitment and service to the Centre:

- Dato' Seri Dr. Tan Ewe Aik as Trustee of the Association and Honorary Medical Advisor.
- Mrs. Ong Kim Chye, our nurse, who volunteers to maintain first-aid supplies and to look after health and safety aspects at the Centre.
- Dr. Alex Lim Kheng Seng who provides free medical treatment for the children and medical check-up for new staff.
- Dr. Yee Thiam Sun who provides free hearing assessments for children with hearing problems.
- Dr. Dan Giap Liang (Paediatrician) who carries out the initial medical assessment for all new referrals to the Centre

CONDOLENCES

We would like to convey our heartfelt condolences to the families of:

- | | | |
|----------------------------|---|-----------------------------|
| 1. Ooi Khan Wooi | - | passed away on March '03 |
| 2. Chew Jun Cheng | - | passed away on August '03 |
| 3. Tan Kai Wen | - | passed away on October '03 |
| 4. Nuraini bte Ahmad | - | passed away on October '03 |
| 5. Fawwaz bin Mohd. Padoli | - | passed away on December '03 |

Ex-pupil

1. Abu Hassan
2. Selvaraju

NEW ADMISSIONS FOR THE YEAR 2003

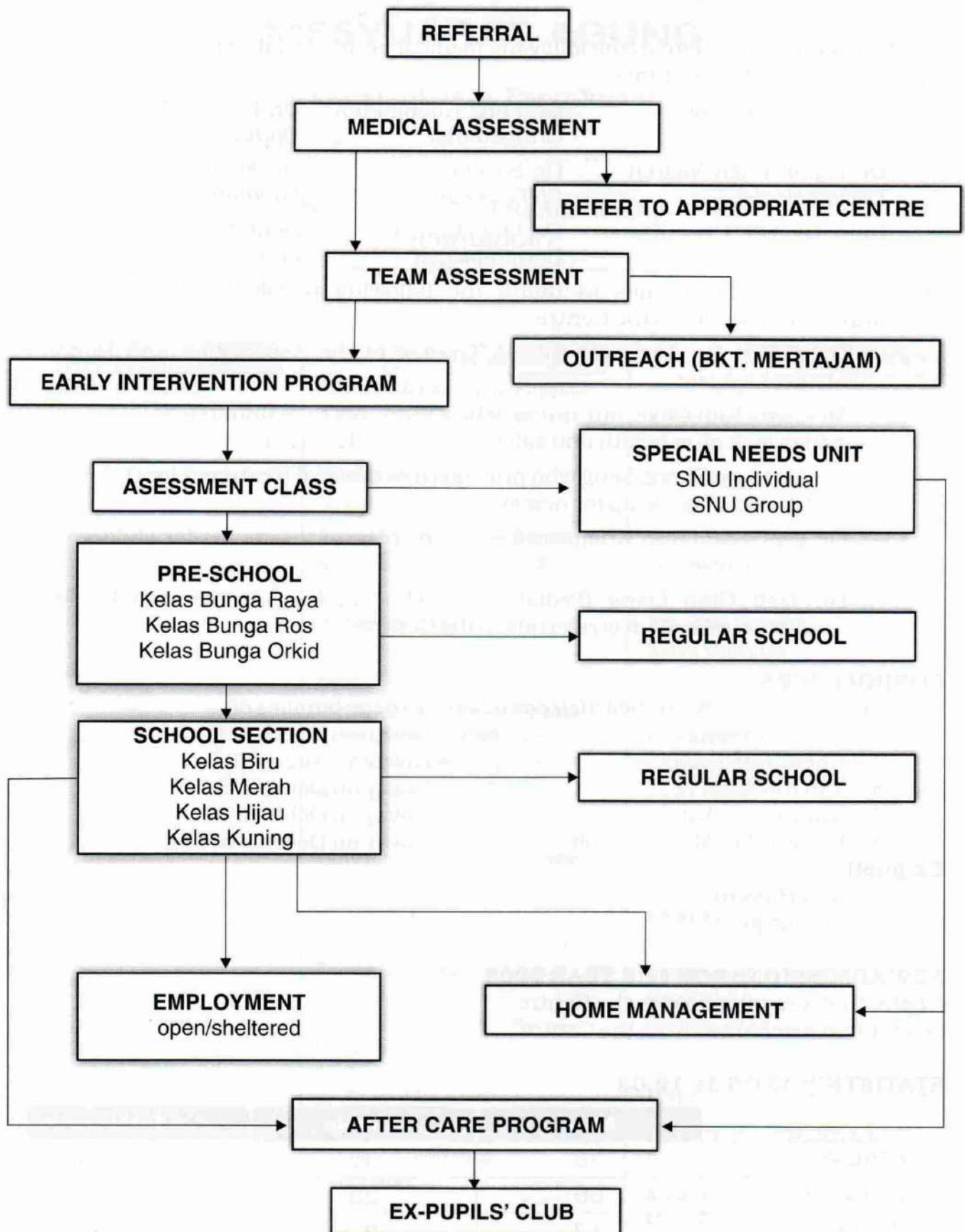
31 children were admitted to the Centre.

30 children discharged from the Centre

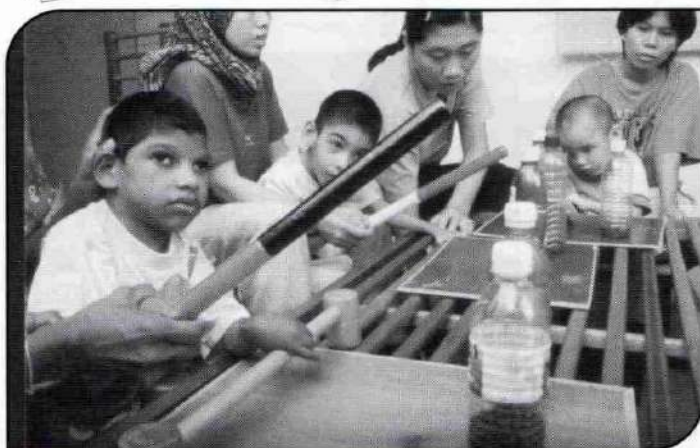
STATISTICS AS ON 31.12.03

	Male	Female	Total
MALAY	25	22	47
CHINESE	55	28	83
INDIAN	13	9	22
TOTAL	93	59	152

PROGRESS CHART



Intensive Motor Skills Development Programme (IMSD)



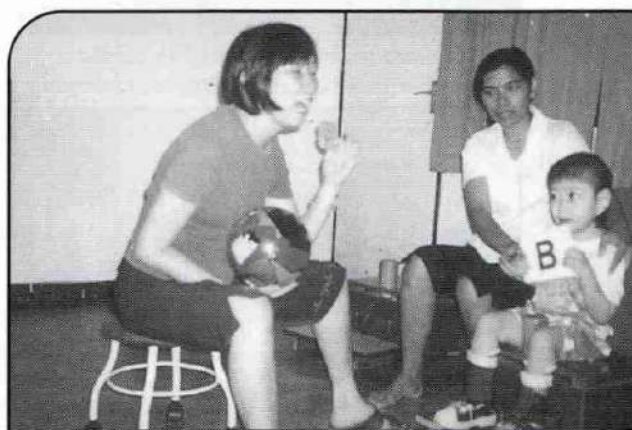
*Ten green bottles standing
on the plinth ...
(an exercise on
eye-hand coordination
and grasping)*

IMSD programme is divided into two classes namely "Rainbow" and "Sunshine". The age range is between 0 – 6 years. The children are placed in the respective class according to their physical abilities.

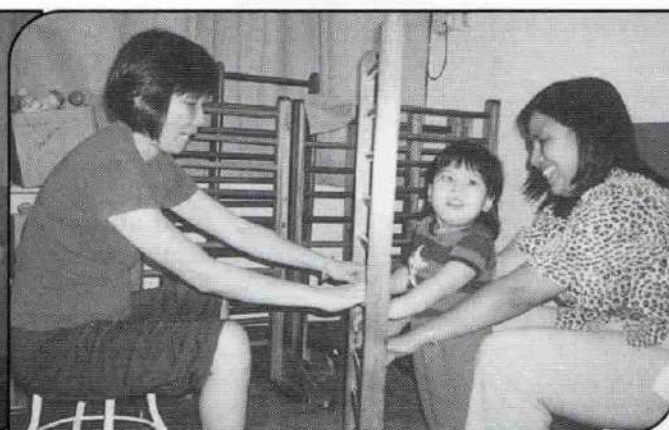
Class	Boys	Girls
Rainbow	14	8
Sunshine	8	8
	22	16
Total	38 children	

The classes mainly focus on "Conductive Education" which is based on "holistic approach" which emphasizes on daily practical experiences. For example, toileting, feeding, grooming, cognitive skills, language, hand functional skills, balancing, walking, sitting, etc. using special aids such as plinth, ladder frame and box stools through rhythmical intention. Flexibility and repetition is given to allow adequate time for learning and acquisition of functional skills in an unhurried way.

The caregiver needs to work together with the child and teachers in order to achieve the goals.



Sean Lim is learning alphabet through song



*Ezreena is learning to stand with
support using ladder frame.*

OUTREACH (Bukit Mertajam)

This branch of The Cerebral Palsy (Spastic) Children's Association of Penang was started in October 2002. It is functioning in a rented premises of Sekolah Sinar Harapan, Bukit Mertajam.

We started off with the strength of 24 children. Initially only 15 children were attending the centre. Now the centre is running at its full strength. This centre operates from Monday to Friday. It is opened from 8:30 am – 4:00 pm from Monday to Thursday, while 8:30am – 11.00am on Friday.

Children comes to the centre twice a week for education and therapy. The classes function in a single room where physiotherapy is supported by full fledged therapy department in Sekolah Sinar Harapan. Now we are planning to expand the building so that more children can be included.

EDUCATION

Children are divided into groups and activities are designed to meet the needs of the children.

Group A

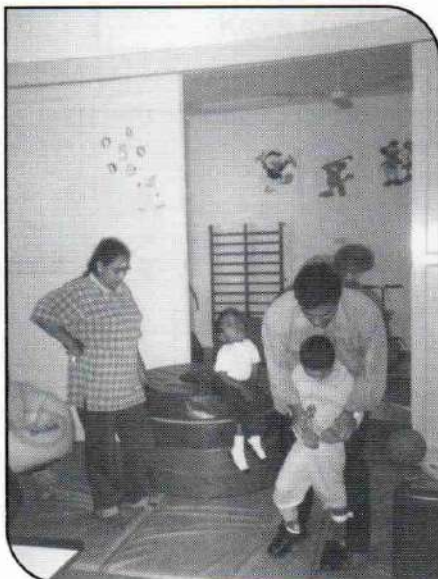
This group consists of children between the age of 1 – 4 years with the activities aimed to improve the sensorial skills by songs and music. They are taught concept of body image, activities of daily living, colors and direction.

Group B

Group B consists of children between the age of 5 to 11 years. For these children, training is emphasised on nursery level skills – pre writing concept of numbers, sizes & shapes and colors.

Group C

These children are in the age group of 12 – 16 years. They are trained in functional and vocational skills.



Shafiq is being facilitated to walk by our physiotherapist Mr. Santosh.

Apart from the above stated group activities, they are also getting one to one attention.

PHYSIOTHERAPY

Children attend therapy sessions twice a week. The aim of therapy is to correct their abnormal posture and movements that is impeding their development and enhance the function ability. Parents are also trained in terms of lifting, carrying so that the therapy is also carried over at home.



Yusuf is assisted by therapist Santosh



Ms Anita conducting play therapy



Ms Anita training Bhumiseet's caretaker on proper techniques of lifting and carrying.



Victoria is cutting the paper into different shapes

Therapy Client /Assessment

Therapy Client / Assessment Enrolment

	Boys	Girls
Group 1	3	5
Group 2	1	1
Total	10	

The above group of children attend our programme twice a week i.e. on every Tuesdays and Wednesdays from 2pm to 4pm. We have divided the group into 2 groups.

GROUP 1

Age group between 6 – 7 years old.

Objectives and Aims :

The total number of children in this group are 9 children. These children have been placed in integrated programme in the regular school. We focus on pre writing skills, basic abilities, fine motor skills, gross motor skills, pre reading, visual discrimination activity and outing.

In addition to this, they also attend therapy sessions in various department such as physiotherapy, occupational therapy, speech therapy and computer classes.

GROUP 2

Age group between 5 – 6 years old.

Objectives and Aims :

The above mentioned group consists of 2 children. Specially designed programmes and activities are being carried out in our sessions.

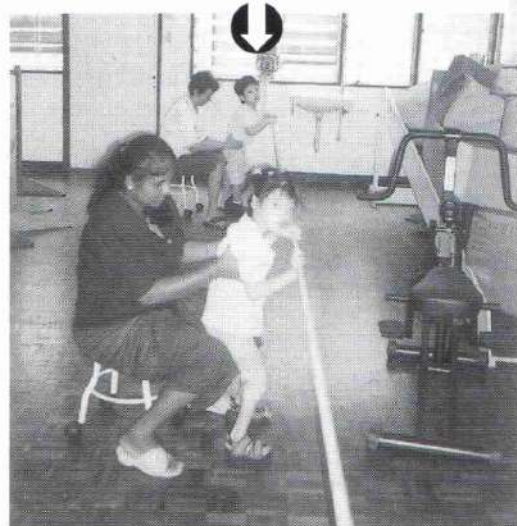
The programmes are as follows:-

- sensory play
- water play
- fine and gross motor
- physical movements
- playground activities
- music and movements
- parachute play
- snocozelen
- outing
- symbolic play
- fun cooking

The therapists join the sessions during play and activity.



Staff conducting mobility exercises with Therapy Clients



SPECIAL NEEDS UNIT (7 - 18 Years)

	Boys	Girls
Group A	8	5
Group B	12	7
Total	20	12
		32 Children

32 children were enrolled for SNU class. These children are divided into two groups. The groups are Group A and Group B. The activities and programmes are designed appropriately according to each child's level. Individual therapy session is given to the children who have shown concentration span, poor motor coordination and poor visual perception. SNU children attend speech therapy and physiotherapy once or twice a week.

We also have a computer session for the students. The objective of this session is to enhance visual and auditory skills.

Besides these activities SNU students are exposed to self-help skill activities such as :

- i. Bathing
- ii. Feeding
- iii Toileting



Barbecue at SNU corridor

The children from the SNU are also involved in sports day and parents day.

Beach Outing



PRE SCHOOL SECTION

Pre School Enrolment

Class	Boys	Girls
Bunga Raya	3	3
Bunga Ros	4	4
Bunga Orkid	5	2
Total	21 children	

This section is divided into three classes, i.e. Kelas Bunga Raya, Kelas Bunga Ros dan Kelas Bunga Orkid. This year 21 pupils were enrolled in this section of which six children are in Kelas Bunga Raya, eight children are in Kelas Bunga Ros and seven children are in Kelas Bunga Orkid. These children are promoted into the morning section from the afternoon class and placed into various classes according to their abilities.

Kelas Bunga Raya

In this class various activities are carried out and the children are encouraged to learn through play and practical experience. Basic concepts of colours, shapes and numbers are taught along with classroom learning skills. This class also caters and prepares children who are potential for integrated programme in regular school. This year, Mohd. Zuhairi bin Idris has been placed in the integrated programme at Sekolah Kebangsaan Air Itam, Pulau Pinang.

Waiting to go on a tram ride at Taiping Zoo ▼



Group activity on water play ▼



Marcus is involved in 'visual perception' activity ▼



Nasrin is busy matching shapes ▼



Kelas Bunga Ros

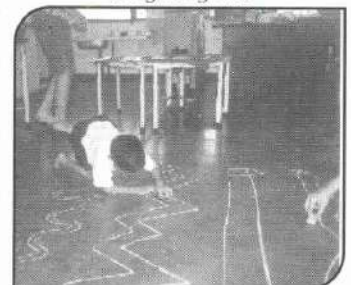
In this class more advanced activities are carried out and academic tasks relating to reading, writing and mathematics are introduced. This class follows the regular kindergarten syllabus with modifications to suit individual needs. Here they learn to write the letters, numbers and match words with picture.

Kelas Bunga Orkid

The children in this class are being prepared and trained for at least two years upon promotion to the School Section. Subject teaching is introduced at this level which includes Bahasa Malaysia, English, Writing and Mathematics. They are also encouraged to be independent through self help care and functional activities.

Individual Education Plan (IEP) is carried out to meet the needs of each child. Some modifications on chairs and tables are made when the need arises. Children who are unable to write are taught to use assistive devices such as electric typewriter or computer. Educational visits to places such as supermarkets, wet markets, parks, zoos and other places of interest help to increase the child's awareness of the world around them.

Running car along imaginary line ▼



'Mari kita lihat siapa jurutera yang lebih mahir awak atau saya' kata Wei Han kepada Zuhairi ▼



Eh! Eh! Tak dapat dengar pun degupan ▼



SCHOOL SECTION

The School Section has an enrolment of 25 pupils and each pupil is thoroughly assessed before being placed in the following classes, namely Kelas Merah, Kelas Hijau, Kelas Biru and Kelas Kuning.

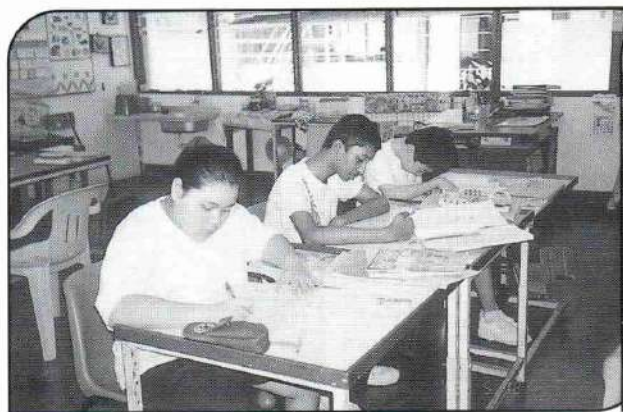
Kelas Merah	Kelas Hijau	Kelas Biru	Kelas Kuning
6	7	7	5

Kelas Merah follows closely the regular school curriculum with modifications to suit individual needs. Pupils in this class will be potential UPSR candidates

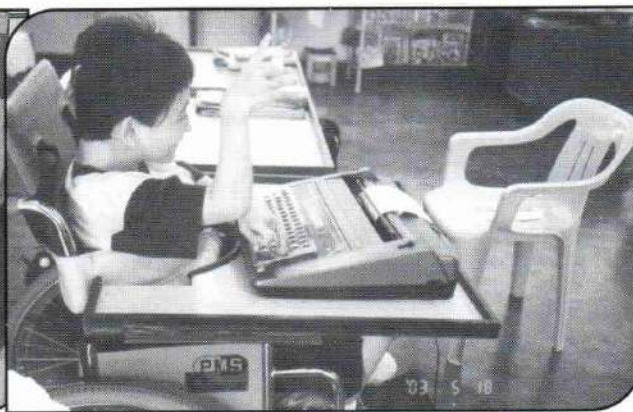
Besides, the academic curriculum other activities such as swimming, athletics, gardening, music, cooking, creative craft and activities of daily living continues to be an integral part of the training. Outdoor activities are activities that pupils always look forward to and the yearly independent camp is always a 'hit' with the pupils. During the year our pupils were invited for various parties and functions. They were able to showcase their talents in singing and dancing.

Three of our pupils from Kelas Merah sat for their UPSR examination this year. The chart below shows how our UPSR candidates fared.

SUBJECT	GRADES				
	A	B	C	D	LULUS
BAHASA MALAYSIA					
Pemahaman		1	2		
Penulisan		1	2		
BAHASA INGGERIS		2	1		
MATEMATIK		2	1		
SAINS		1	2		
AGAMA					1



Our UPSR candidates (left to right) Eileen Lee, Muhammad Faizul and Sin Yhee Hwan during the trial exam.



Valerie carrying out her assignment using the electronic typewriter

SHELTERED WORKSHOP

At the beginning of this year 8 Workshop trainees and 4 Therapeutic Class students were integrated into JobLink Centre for better job opportunities. A few months later 3 trainees found better job prospect in the community as independent workers.

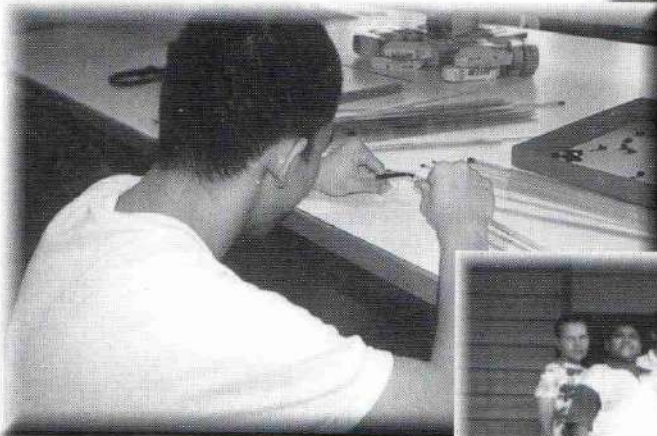
In June 2003, 4 trainees from Joblink Centre returned to S.C.A.P Sheltered Workshop accompanied by a staff as they were unable to adapt into a bigger working environment.

The Sheltered Workshop received sub-contract work from Joblink Centre and the materials are different types of plastic tubes for IC chips used by electronic factories. The plastic tubes, after going through our trainees manual process will be returned and recycled into raw materials by Recycling Factories.

Besides, the sub-contract work paper recycling still continues to make book marks and raw recycled papers for sale as cards. A new recycling project was introduced in October 2003 that is household recycling which is still in the initial trial stages.



Lee Li Li closing the the base of a box used for correction liquid. A sub-contract work from Wytech Sdn. Bhd.



Lum Minghan seperating the rubber stopper from the plastic tube. A sub-contract work from IRM (Recycling) Sdn. Bhd.



The Sheltered Workshop trainees seen here with their coordinator, Cheng (Far right)

PHYSIOTHERAPY

The Physiotherapy department was able to give care to 82 students last year. The break up of the student being as follows.

Therapy Client	1
Assessment	10
School	11
SNU	36
Outreach programme	12

In the morning exercise, the children are divided into groups with similar abilities and mobility is given utmost importance.

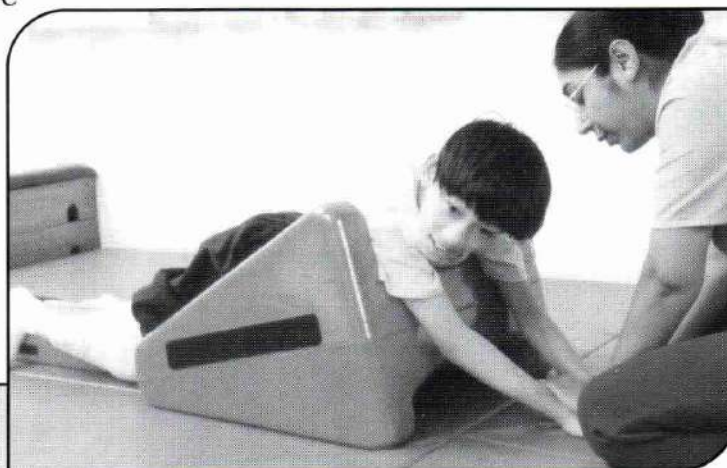
Individual sessions are given to pre-school and school section children. We are handling about eight to eight to six cases every day.

Special need unit receives group therapy twice a week for about an hour.

Also since many of our children have been selected for the integrated programme they come to us for therapy in the afternoon.

On Saturdays, the department provides therapy for students who have left the center. We visit the homes of those students who are unable to come for therapy sessions.

We are also working in close association with doctors of various hospital to provide the best care and assistance possible.



*Li Jun on the wedge
(head control exercise)*



Firdaus on the Physio Ball (To increase muscle tone)

OCCUPATIONAL THERAPY

54 pupils from various sections attend therapy throughout the year. We had therapy client / assessment group, pre school, special needs unit and school section receiving therapy in group activity as well as individual session.

We were fortunate to have an Occupational Therapist and one assistant staff to assist the department for year 2003. The increase intake of students increased group and individual sessions too.

Aims and objectives of Occupational Therapy department.

1. Positioning

Through correct handling and positioning, we are aiming to control abnormal movement patterns. It is then possible for the child to learn the correct patterns and maintain it.

The positions that are chosen for each child depend upon physical status and individual needs.

2. Increase hand functions

a) Grasp, hold and release

Suitable equipment at hand to help them when learning to grasp, hold and release. There are peg board, block and object.

b) Movements of fingers

Finger manipulation by bending each finger into the palm one by one.

Activities: finger play, finger printing and foam play.

c) Bilateral Hand Function

Activities involve both hands. Activities : threading, stacking, construction and building.

3. Self Help Skills

In self help skills the child is allowed to learn the skills. For example, we make the child learn dressing skills to achieve independence in dressing. It is easier to undress than dress, so this should be taught first. We first teach the child to learn dressing on the more effected side, then followed by the less effected side. This will prevent the child from avoiding the effected limb (unilateral neglect). The clothes should be light, easy, loose fitting and comfortable to put on.

Our 2003 programmes for therapy clients / assessment group and pre school are as follows for group activity: assessment group and pre school are as followed for group activity:

- | | |
|--|-----------------------|
| 1. Self help skills | 6. Outing |
| 2. Sensory play | 7. Water play |
| 3. Gross motor & fine motor activities | 8. Fun cooking |
| 4. Snozelen | 9. Music and Movement |
| 5. Bathing | 10. Art and Craft |

For school section, our programs are as follows for group activity:

- | | |
|---------------------------|-----------------------|
| 1. Self help skills | 4. Outing |
| 2. Gross motor activities | 5. Bathing |
| 3. Fine motor activities | 6. Music and Movement |

Conclusion

Progress has been noticed on our students especially in self help skills and movements. We also encourage parents to play their role effectively at home and continue the program that had been practiced and taught to them.



*"Social Interaction"
"Happy Birthday to You, Kugnes"
Celebrating birthday during one of our
group sessions.*



*Our student "Mohd Naim" has been accompanied by our
Occupational therapist in the bus during an outing trip
to "Taiping Zoo"*

SPEECH THERAPY

A total of 30 children from various sections received therapy sessions throughout the year. They were conducted in groups and individual basis once or twice a week. The break up of our clients are as follows:

School	6
Preschool	10
Special needs unit	1
Therapy client	3



Drinking Skill



Symbolic Play

Goals and objectives

The development of the feeding skills of a cerebral palsy child is the prior concern of a speech therapist. Cerebral palsy is a disorder that may also affect the muscles control of oral-facial. Limited movements or weaknesses of the tongue, lips and jaw delays the maturation of feeding pattern. Oral-facial stimulation or exercise and feeding exercise including sucking, chewing, biting and swallowing are carried out to help the cerebral palsy children to

obtain a good feeding pattern. A good feeding pattern helps the children to learn to coordinate and control the oral-facial muscles for speech production.

Communication is the way in which we understand messages from other people and the way in which we express our thoughts, needs and feelings. Mode of communication used by the cerebral palsy children depends on their severity. Mildly affected children with normal hearing and cognitive level will have similar speech and language development as normal children. They may have equal education opportunities as well. Cerebral palsy children who have severe oral-facial muscle stiffness, respiratory control problems, or laryngeal dysfunction may need an alternative method of communication. Pictures, Communication Chart, where the children point to the picture symbols to indicate their needs, have been successfully used by our children to communicate with peers or teachers. Apart from that, Makaton Handsigns, a standardized sign language at the Centre, are also being taught to children with sufficient understanding and hand functions.

Activities conducted

1. Feeding skills
2. Preverbal skills
3. Receptive and expressive language
4. Articulation therapy
5. Alternative communication

Achievements

Throughout the year, some nonverbal children have shown a significant improvement and started to verbalize some simple words. Some children with speech difficulties have also improved in articulation and expressive language where they are able to use more complex sentences.

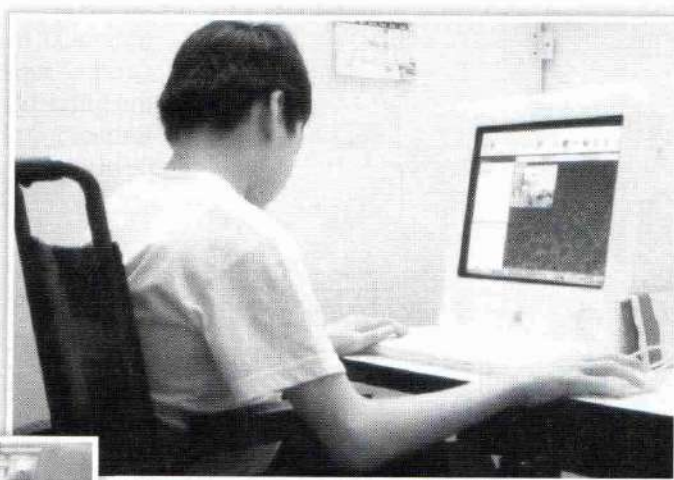
COMPUTER UNIT

A total of 46 students have attended the computer classes throughout the year. Students have continuously shown active participation by learning new concepts and new skills. As we know, children with special needs often need assistance to get along with their lessons and more so in computer classes.

Most of the time students who have sensory impairment, physical disability and learning difficulties, experience frustration in their attempt to access appropriate equipment to meet specific access or learning needs. But, with consistent guidance and encouragement they have shown interest and confidence when using the equipment. Current computer technologies have provided quite a wide number of empowering features which provide feasible and cost effective solution. This allows a user to make choices or be given an opportunity to be more independent and better equipped to acquire new skills.

To provide good computer skills and encourage learning with computers, students were assessed in the following areas :

- Sitting posture : supported / unsupported
- Head Control
- With/without tray
- Visual Tracking
- Child's cognitive ability
- Height from the table
- Fine/gross motor ability
- Switch Control
- Response time
- Frustration Tolerance



Yhee Hwan is browsing through an electronic encyclopedia



Ee Jin accessing the computer using the Discover Switch

SCOUTS & CUBS

In the year of 2003, there were 6 scouts and cub members. All the members participated in various indoor and outdoors activities such as:

Social : Fire making, preparing simple meal and drinks. Outing to Kentucky Fast Food Restaurant. Interaction with other uniform units. Eating varieties of fruits (during fruits season).

First Aid : Learning to clean and dressing a wound and to bandage fractured hand.

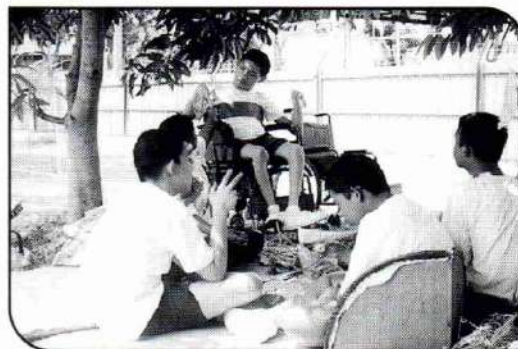
Games : Tug of walls, football, obstacles courses and hockey play.

Gardening : Cleaning and cutting the grass in the school compound and watering plants.

Functioning Activities :

Washing car and motorbike.

All the activities which were given to the children will allow them to experience different environment and social skills.



*Under the shading chestnut tree.....
(Having a fruit feast)*



Scouts carrying out a fundraising activity

PANDU PUTERI



*Kar Hoong : "Tekan kuat sikit Afifah"
(making collage)*

INDOOR ACTIVITIES

- A. First Aid – Learning to clean and dress a simple cut or wound; treatment for burns and scalds; How to treat a faint. They were also taught how to manage a simple fracture.
- B. Simple Cooking – Making simple drinks, roasting chicken, fish sausages on electric barbeque stove.



*"Nanti dulu, saya belum sedia nak tariklah, Nadia"
(Social Skill / Civic Consciousness)*

A total of 11 members were enrolled this year. The activities planned are aimed at:-

1. Individual Independence
2. Group cooperation
3. Inter and intra social communication
4. Enhancing physical and mental skills.

Some of the activities carried out were :



Mei Ching : "Sudah nampakkah harta itu Hui Hooi" (Treasure Hunt)

OUTDOOR ACTIVITIES

- A. Treasure Hunt – In this activity, the members need to use their mental and physical strength to look for hidden objects or solving puzzles or riddles to obtain their "hidden treasures".
- B. Gotong-Royong – enhances the members awareness of cleanliness of their school environment.
- C. Identifying and Recognising areas of their school ground.

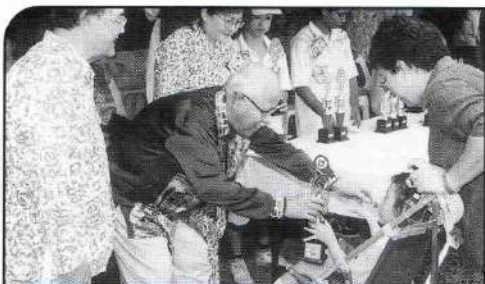
OTHERS

1. Making National Flag from Recycled things.
2. Making Chinese New Year Card
3. Making Mother and Father's Day Card.
4. Making Teacher's day poster.

SPORTS DAY 2003



Selamat Hari Lahir members of the Management Committee, children, staff and guests celebrating our patron's birthday.



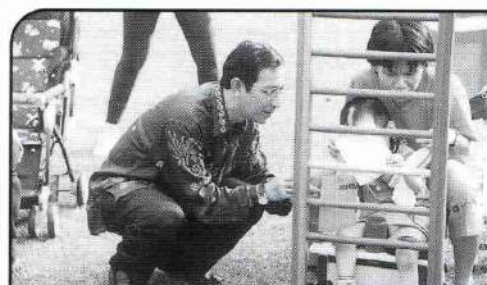
Tuan Yang Terutama and Toh Puan presenting trophies to the winners.



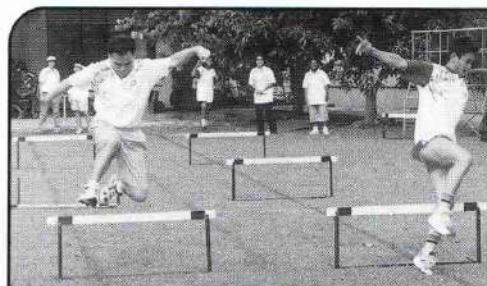
*Wan Chean :
"Mr. Photographer ...
cepatlah ambil gambar
bukan senang nak maintain
pose ini."*



Our Patron T.Y.T. receiving a mock up computer donated by Intel for our ex-pupil Tan Chin Chin who is currently pursuing a degree at USM.



Our sporting USM's Vice-Chancellor Prof. Dzulkifli helping Ooi Khaw Sheng during the guests event.

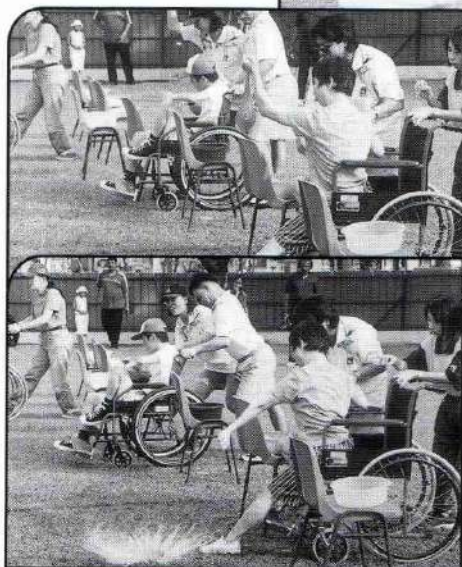


*"Anything you can do, I can do better".
Seng Leng (Penang) and Niam (Johor)
during the invitational relay.*

*Cikgu Teng : "Ikan apa tu, Visalatchi?"
Visa : "Tak tau lah cikgu nampak macam
ikan jaws."*



Two heads are better than one, especially when transferring a balloon. Puan Valli and Puan Latiffah in action during the staff and committee race.



One, two, water balloon blast. Ex-pupils race.



Our Patron Tuan Yang Terutama presenting a plaque of appreciation to a representative from Intel, (En. Mohd. Radzi bin Alias, Manager, Government & Public Affairs), for their unfailing support and generous contribution.

PARENTS



A scene from 'Cuti-cuti Malaysia' (Pupils from the school section)



Budaya Kita Wajah Kita Our Theme for the Day



Yee Chern : ahhh... tolonggg Cikgu Munis sudah jadi serigala (SNU with their version of 'Little Red Riding Hood')



Bertema ke arah berdikari parents, guests and well wishers joining in the singing of our school song.



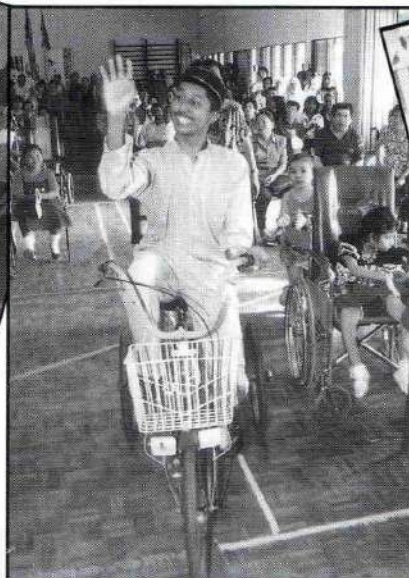
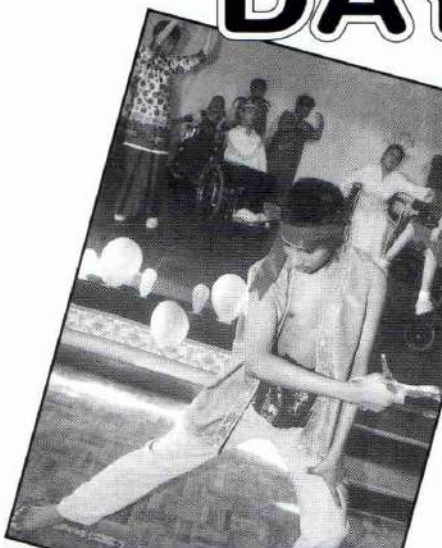
Our guest of honour Puan Nirmala Devi, Timbalan Pengarah 1 Kebajikan Negeri Pulau Pinang, Wakil Pengarah Kebajikan Negeri, presenting gifts to some of our children



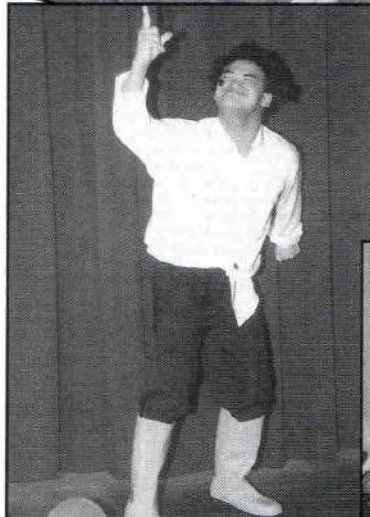
Excellence Award Recipients : Ms. Uma, Ms. Diana, Ms. Valliammal with our guest of honour Puan Nirmala Devi, our President, and our school board chairman



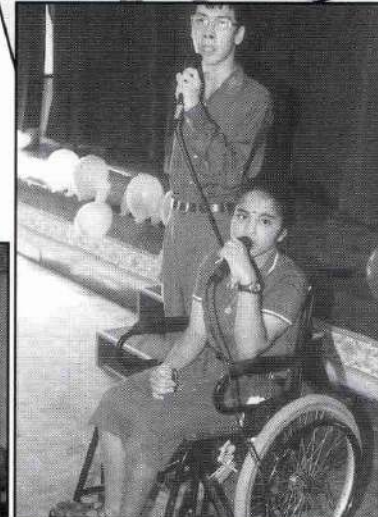
DAY 2003



**THE MULTIFACETS OF MOHD. FAIZUL
... ALL IN THE SPAN OF 15 MINUTES**



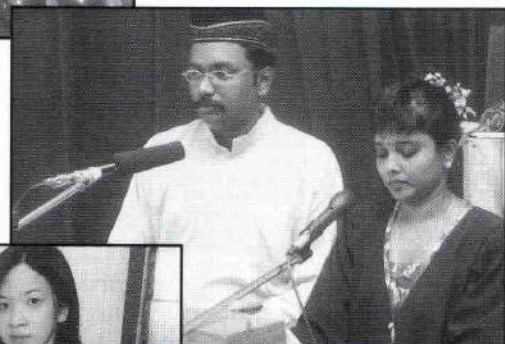
Don't play-play!! We are the best in Penang & Butterworth, and some say also in Bukit Mertajam.
(Seng Leng as Phua Chu Kang)



Our singing duo, Sutha & Boon Leng



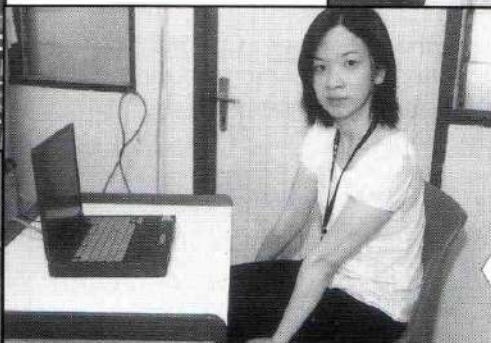
Aiyahhh ular getah pun panggil bomba.
Lu ingat bomba tak ada kerja lain kah?



Our MC's for the day
Mr. Maarkandan &
Ms. Jacinta



Zuhairi : Cepatlah masak ni!!! lapar dah
Ying Tze : Masak apa ... api pun tak ada



Our ex-pupil Koh Ying Teang
helping out with the power point
presentation during the concert

ACADEMIC ACHIEVEMENTS



GLITSY STUDENT: Methodist Boys School's Tan Chin Chin, who is suffering from cerebral palsy (second left), chatting with top scorers (from left) Koay Yee Tyng, Tang Chiew Woon and Ong Gaik Ling.

TAN CHIN CHIN

Tan Chin Chin is currently pursuing a Degree in Social Science at University Sains Malaysia

Student proves cerebral palsy is no barrier to studies

PENANG: Disability is never an excuse for Tan Chin Chin of Methodist Boys School to give up on her studies.

Instead, the spirited cerebral palsy student managed to achieve principal-level passes in all four subjects for her STPM.

Chin Chin, who loved Mathematics, was expecting

better results but hoped it was good enough for her to enter a local university.

"I hope I can get into Universiti Sains Malaysia to study a degree programme," she said.

Chin Chin said she studied mostly at home but she owed a lot to the teachers and her classmates who went out of

their way to help her.

Chin Chin's Form teacher, Leonard Tan, said she was not given any special treatment in class.

"Chin Chin is a fighter in every way. She works hard in class and has sheer grit and determination," he said.

Chin Chin has ataxic type cerebral palsy which affects her

speech and balance, causing her to walk with a wide-based gait.

For Tang Chiew Woon, one of the school's top scorers, study hard and play hard was the secret of her success in achieving 4As in the STPM.

Chiew Woon, whose father repairs boats for a living, is also on the school editorial board and aspires to be an accountant.

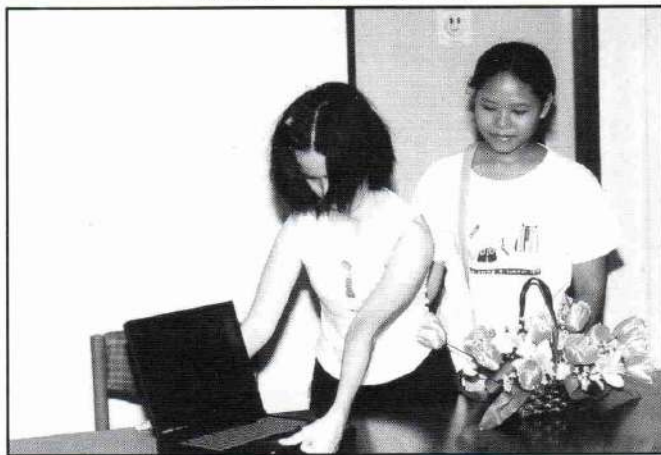
Another 4As student, Ong Chin Wen of St Xavier's Institution, could not believe her eyes when she saw her results.

"I did not expect straight As," she said, adding that she studied whenever she had the time.

Chin Wen, who plans to pursue a course in pharmacy, said that hard work always pay.

THE STAR 1st MARCH 2003

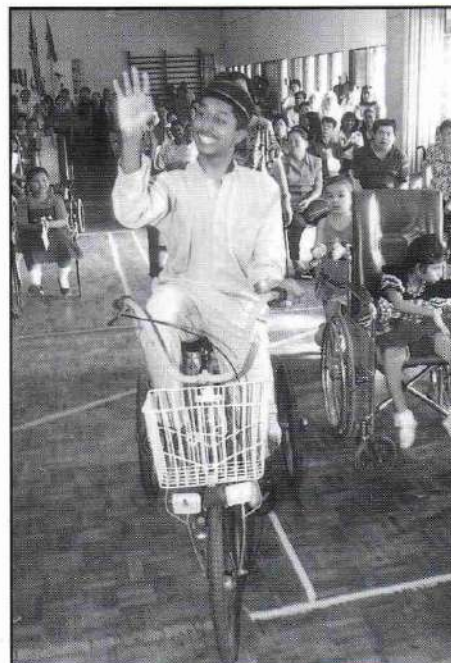
KOH YIN TSANG



After obtaining Advance Diploma in Computing and Information Science. She is now pursuing a degree in the same field at Olympia College, Penang.



MUHAMMAD FAIZUL



Muhammad Faizul bin Abdul Farouk completed his UPSR at the centre and now continuing his secondary education at Sekolah Menengah Jelutong.

OBITUARY



MRS. MIKI GOH HOALIM

Senior lawyer and Women's Welfare Advocate Wembley Alexandra Saw Beng Hoalim better known as Miki Hoalim was the daughter of George Town's first mayor, the late Mr. Goh Guan Ho. She first joined the Cerebral Palsy (Spastic) Children's Association of Penang in the year 1998. Her vast knowledge of the rights of abused and disabled children was of great help to us all.

She was the founding member of the Women's Centre for Change (WCC) a creditable women's organisation where she had rendered invaluable help to hundreds of women in crisis, survivors of rape and domestic violence and touched the lives of many more. At the same time Miki also held the Trusteeship of the Women Institute in Management, Patron to the Pearl Jaycees, Committee member of the Bar Council Conveyancing Committee, Past President of the Federation of Women Lawyers Penang and former treasurer of the International Women Lawyers Penang and former treasurer of the International Women Lawyers Federation. She was also on the Board of Governors for Methodist Girls School and legal advisor to many charities like the St. Nicholas Home for the Visually Impaired, the YWCA, the Penang Family Planning Association and the Girl Guides Association of Penang.

Dato' Saleena Yahaya Isa described her as "A selfless giver, a friend with a sense of humour, a gentle soul and one of society's finest Samaritan."

Miki was called to the English Bar in 1952 and began her career in Singapore where she was appointed the first Juvenile Court Magistrate. However she moved back to Penang with her family in 1962 to practise law.

Miki passed away on 19th October 2003. Her death was a great loss to the Cerebral Palsy (Spastic) Children's Association of Penang. She was survived by her husband, Mr. Philip Hoalim and two daughters. Our hearts go out to the bereaved family, we pray that with the passage of time God will comfort them filling their days with peace, courage and divine love.



Persatuan Kanak-kanak Cerebral Palsy, Pulau Pinang
(The Cerebral Palsy Children's Association of Penang)
Penaung: T.Y.T. Yang Di Pertua Negeri Pulau Pinang

425, Jalan Masjid Negeri, 11600 Pulau Pinang, Malaysia.
Tel : 04-6570160 Fax : 6563066 E-mail: scap@tm.net.my

WOULD YOU LIKE TO HELP A CHILD WHO HAS CEREBRAL PALSY?

Children with cerebral palsy need intensive therapy and education from a young age. Services provided by the Centre include diagnosis & assessment, early intervention, pre-school and primary education, speech therapy, occupational therapy, physiotherapy, hydrotherapy, a special needs unit and an Outreach Programme based in Bukit Mertajam.

Our aim at SCAP (The Spastic Children's Association Of Penang) is to enable children with cerebral palsy to make the most of their abilities so that they can go on to lead full and independent lives.

All of these services are provided by the Centre free of charge. One way in which you or your company can help is by participating in our Foster Parents Appeal.

By fostering, you enable a child with cerebral palsy to reach his or her full potential through the services provided by SCAP.



YES, I/WE WOULD LIKE TO FOSTER A CHILD WITH CEREBRAL PALSY.

Foster Parents Appeal

Spastic Children's Association of Penang.

425, Jalan Masjid Negeri, 11600 Penang.

TEL: 6570160 Fax : 6563066 E-mail : scap@tm.net.my

I/We would like to foster a child with cerebral palsy for one year at a cost of RM360.00.

Name :

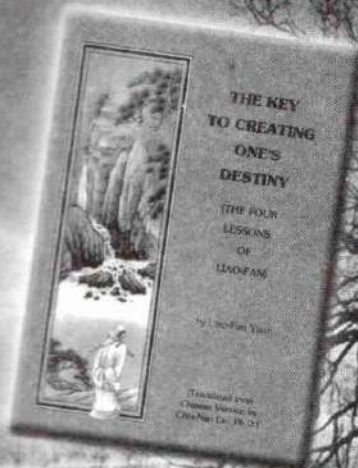
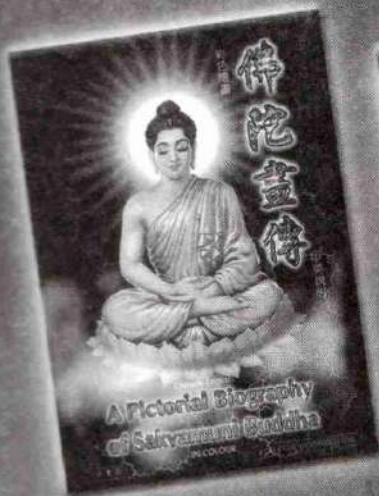
Address:

Amount Enclosed: RM Foster Appeal and/or

RM Donation.

ALL DONATIONS ARE TAX DEDUCTIBLE

*All cheques must be crossed and made payable to PERSATUAN KANAK-KANAK SEPASTIK PULAU PINANG.



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- Plastic, Reconstructive & Cosmetic Surgery (Hand and Micro Surgery)
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Children Play Area



MRI

Services & Facilities

- 250 beds
- Ambulance Services
- Cancer Unit
- Cancerlink
- Day Surgery
- Delivery Suites
- Dialysis Unit
- Cardiac Services - Echocardiography, ECG & Stress Test (Treadmill), Executive Cardiac Assessment
- EEG & Neurophysiology Laboratory - Electroencephalogram (EEG), Nerve Conduction Study (NCS), Electromyogram (EMG), Evoked Potential (EP), Transcranial Doppler (TCD)
- Endoscopy & ERCP
- ENT Laboratory - Treatment for Obstructive Sleep Apnoea (OSA), Newborn Hearing Screening, Treatment for Snoring
- Operating Theatres (Fully Equipped)
- Dietetic Counselling (Clinical Nutritionist)
- Intensive Care Unit, Coronary Care Unit & High Dependency Unit
- Laboratory
- Medical Officers Services (24 Hours)
- Neonatal Intensive Care Unit
- Nursery
- Out-patient Services (24-hours)
- Pharmacy
- Physiotherapy, Occupational Therapy, Sports Injury, Rehabilitation and Gymnasium
- Radiology & Imaging Dept - CT Scan, Fluoroscopy, General X-ray, Mammography, Panoramic Dental X-ray (OPG), Supercon MRI (Magnetic Resonance Imaging), Ultrasound, X-ray Bone Densitometry
- Wards - Medical, Surgical, Paediatric, Obstetric & Gynaecology and Deluxe (an exclusive ward comprising of only suites and single rooms)
- Wellness Program (Executive Health Screening)
- Laboratory Test Packages

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The Specialists Drugstore • KSB Specialists Minimart • KSB Specialists Cafe • Car Park Facilities • Surau



Physiotherapy



Dental



Laboratory

Mammography

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