



# LAPORAN TAHUNAN ANNUAL REPORT

# 2001

TOWARDS  
EMPOWERMENT

then & now

then & now

then & now



Persatuan Kanak-Kanak Cerebral Palsy, Pulau Pinang.  
(The Cerebral Palsy Children's Association of Penang)  
Penaung: T.Y.T. Yang Di Pertua Negeri Pulau Pinang.



## **AWAKENING**

I grew weary of apologizing  
To the world  
And to myself,  
For myself.

My parents said,  
"We never had any luck."  
That apology.

He said,  
"You have a nice face, it's too bad you're ..."  
That apology.

My children said,  
"Mommy, why are you different?"  
That apology.

I said,  
"I'm a cripple."  
That apology.

I declare now to hell with apologies!  
I am God's own,  
Life's own,  
My own.  
No apologies

**Murielle Minard**  
West Palm Beach, Florida.



## OUR PATRON



TUAN YANG TERUTAMA  
TUN DATO' SERI HAJI ABDUL RAHMAN BIN HAJI ABBAS  
SMN., DUPN., DMPN., DJN.,  
YANG DI-PERTUA NEGERI PULAU PINANG



## **MESSAGE FROM THE OUTGOING PRESIDENT**

Ladies and Gentlemen,

In the normal scheme of the events in life, time is an important factor that controls our very existence on earth. Yet, time passes by very quickly and glides by like a dream. This is the last message I am writing, as I would be relinquishing my post to Mr. Saw Hock Eng. I am very confident that he will lead The Cerebral Palsy Children's Association of Penang (SCAP) to greater heights of success.

On looking back, I could hardly notice that it has been eleven years that I have taken over as President of SCAP. Time has been swift in its flight. These eleven years have been happy and busy years because of the many achievements and successes we have made in our rehabilitation work with our Cerebral Palsied children. The spirit of loyalty shown by all, both staff and Committee Members as well as their willing co-operation patient and understanding accorded to me in undertaking all the projects deserve my highest esteem and appreciation. Owing to their diligence we were able to achieve the following:

**(a) The New Building Extension**

This building extension completed in 1997 was able to cater to the increase in enrolment. A sheltered workshop was also housed in the extension inclusive of the Snoezelen Room.

**(b) The Sheltered Workshop**


This workshop provides the Cerebral Palsied children who are over 18 years with training and gainful employment. Currently there are 14 students employed in the workshop.

**(c) The Snoezelen Room**

The Snoezelen Room which was set up at the cost of RM75,000.00, involves a range of sensory activities which can be varied to suit different needs providing enjoyable experience for all. Snoezelen is a creative and interesting way to encourage interaction, movements and motivation in children with Cerebral Palsy.

**(d) Quality & Excellent Awards**

- SCAP won the International Matsushita Award in 1992, which carried a cash prize of US20,000.00.
- In 1993 SCAP was nominated for the Quality Award given by the Hon. Prime Minister for being the best organised NGO in the country.

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- In 1999 and 2000 SCAP was nominated for the Excellent Award from the Ministry of Unity and Social Development.

**(e) Traditional Chinese Medicine Rehabilitation Programme**

SCAP has adopted this holistic approach from China to rehabilitate the Cerebral Palsied children. It was a unique blend of modern techniques which included electrotherapy as well as kinetic exercises. It was noted that the success rate was about 60% in most cases.

Our heartfelt appreciation to our past Patron T.Y.T. Tun Dato' Seri (Dr.) Haji Hamdan bin Sheikh Tahir S.M.N., P.S.M., D.U.P.N., D.P., D.M.P.N., K.M.N. and his consort Yang Berbahagia Toh Puan Dato Seri Hajjah Zainab binti Haji Baharuddin D.U.P.N., A.M.N., P.J.K. for gracing our functions during their tenure. Their presence has always been a source of encouragement and inspiration to all of us at The Cerebral Palsy (Spastic) Children's Association of Penang.

With warmest salutations we welcome our new Patron T.Y.T. Tun Dato' Seri Haji Abdul Rahman Bin Haji Abbas S.M.N., D.U.P.N., D.J.N. Yang Di-Pertua Negeri Pulau Pinang and his consort Yang Amat Berbahagia Toh Puan Datin Seri Hajjah Majimor Binti Shariff.

My sincere thanks to Dato Dr. Siti Zaharah Sulaiman, Minister of National Unity and Social Development for her unstinting support. In conclusion I would like to express my gratitude to the State Directors of Jabatan Kebajikan Negeri and Pendidikan Negeri, committee members, sub-committee members (both staff and volunteers), the team of medical advisers, consultants, auditors, foster parents, service clubs, mass media and the supporters who had contributed so generously to SCAP. Lastly, I would appeal to all, to give Mr. Saw Hock Eng, my successor, the same support that they had accorded me during my tenure of office.

God bless and best wishes to all,



.....  
**Dato Dr. Denis Mark Lee**  
Out-Going President

**GIVE OF YOUR HANDS TO SERVE AND HEARTS TO LOVE**  
Mother Theresa



## **INCOMING PRESIDENT'S REPORT**

Ladies and Gentlemen,

Since its establishment in 1962 by members of the Rotary Club Of Penang, The Cerebral Palsy (Spastic) Children's Association Of Penang has grown by leaps and bounds. Due recognition needs to be given to past presidents and their committees for their visions and efforts in moulding what the centre is today.

I like to place on record my sincere appreciations and heartfelt thanks to our immediate past president Dato Dr. Denis Mark Lee who headed the centre from May 1990 to August 2001, a period of 11 years of significant growth and development. I now take over the task from him assured of his continued support and guidance and backed by my dedicated and able committee members and staff.

The year 2001 saw the introduction of a significant project, that is The Traditional Chinese Massage Rehabilitation Programme. This programme is conducted by a team of therapists from China headed by Madam Wei Gurong who holds a Masters in Physiotherapy and is well supported by our staff. This programme has received positive feedbacks from parents and we hope to extend this programme by introducing The Intensive Motor Skills Development Programme (IMSD) next year. This programme will be a holistic one combining 'Conductive Education' and 'Massage Therapy'. Here I would like to thank our dedicated Centre Administrator Puan Valliammal who was instrumental in the realisation of this programme.

The Sheltered Workshop is increasing in numbers as many of our adults with cerebral palsy are finding it more and more difficult in securing open employment. A small canteen which is patronised by staff and parents was set up and proceeds from the sales of food and drinks are channelled to the sheltered workshop to help supplement the income of the adults at the workshop. My sincere appreciation to Mrs. Mary Khor, our Headmistress, for initiating this canteen.

Three of our ex-pupils were employed into our workforce and at present about 12% of our workforce are adults with cerebral palsy. Such integration will surely allow them to contribute their talents and skills hence empowering them in helping the younger children.

In the field of sports we also see significant development with our athletes participating in national and international competitions which have opened up new avenues for our CP individuals for further assertion and integration.

The core of our growth will surely remain, owing to the co-operation and help of various government bodies especially that of The Ministry of National Unity And Social Development, generous support from the corporate, well wishers and volunteers and the community at large who have rallied around us and seen us through thick and thin. We salute you and God Bless.

Best Wishes Always,

Mr. Saw Hock Eng, PJK, PJM  
President

## **MANAGEMENT COMMITTEE**



**Mr. Saw Hock Eng**  
PJK, PJM  
President



**Mr. Khoo Yeoh Gan Hong**  
DJN, PPN, PKT, PJM, PJK  
V. President



**Puan Latiffa Abdul Rahman**  
PJM  
V. President



**Ms. Jenny Kam Phaik Har**  
PJK, PJM  
V. President



**Ir. Vincent Tan Huei Meng**  
PJK  
V. President



**Mr. Foong See Yoke**  
PPN, PK, PJK, PJM  
Hon. Secretary



**Mr. Ng Fook On**  
PJK, PJM  
Hon. Treasurer



**Dato' Dr. Denis Mark Lee**  
DSPN, JP, PJK  
Imm. Past President

## **COMMITTEE MEMBERS**



**Mr. Cheah Keat Kok**



**Mr. Law Hock Chye**  
PKT, PJK



**Mr. Tan Leong Theng**  
PJM



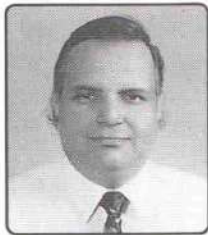
**Mr. Bobby Ang**  
PJM



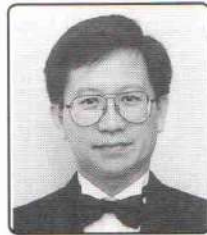
**Mrs. Miki Hoalim**



**Ms. Ong Siew Guat**



**Mr. Nutan B. Shah**



**Mr. Vincent Lai Kong Leng**  
PJM



**Mrs. Valliammal  
Ramamurthy**  
(Centre Administrator)

## ***TRUSTEES***



**Dato' Dr. Denis Mark Lee**  
DSPN, JP, PJK



**Dato' Seri Dr. Tan Ewe Aik**  
DGPN, DSPN, JP



**Mrs. Chan Kok Swee**  
PJK



**Mr. Saw Hock Eng**  
PJK, PJM

## ***HONORARY ADVISERS***



**Haji Mahfudz bin Haji Omardi**  
AMN, PKT  
Pengarah Kebajikan Masyarakat



**En. Dawa@Dewa bin Abdullah**  
AMN, PPT, PKT  
Pengarah Pendidikan N. P. Pinang



**Mr. Cecil Rajendra**  
Legal Adviser



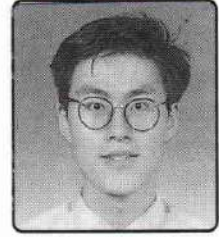
**Dato' Seri Dr. Tan Ewe Aik**  
DGPN, DSPN, JP  
Medical Adviser



**Dr. Alex Lim Kheng Seng**  
Medical Adviser

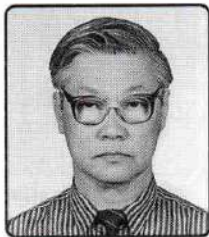


**Dr. Yee Thiam Sun**  
DJN, PKT, PJM  
Medical Adviser



**Dr. Dan Giap Liang**  
Paediatrician

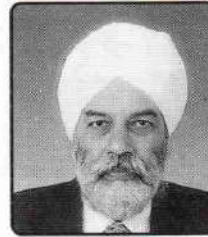
## ***HONORARY CONSULTANTS***



**Dr. Lim Huck Boon**  
JP  
Ophthalmologist



**Dr. Santokh Singh**  
JP  
ENT Specialist



**Dr. Daljit Singh Nagreh**  
Dermatologist



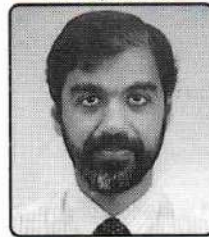
**Dr. Foong Kheng Phoy**  
PJK, AMP  
Orthodontist



**Dr. Tan Chee Khuan**  
PKT, PJK  
Psychiatrist



**Dr. Adele Tan**  
Paediatrician



**Dr. Samuel Easaw**  
Neurologist



**Mr. Dennis Y. S. Liew**  
Chartered Architect



**Ir. Vincent Tan Huei Meng**  
PJK  
Engineer



**Dr. Lim Huat Bee**  
DJN, PJK  
Dermatologist



## **MEMBERS OF THE SCHOOL BOARD**



**Sitting from left:** Mrs. Mary Khor (Secretary), Mr. Foong See Yoke (Ex-Officio), Mr. Khoo Yeoh Gan Hong (Chairman) Pn. Latiffa Abdul Rahman, Ms. Lee Beng Choo (Rept. Of Kebajikan Masyarakat), Mrs. Valliammal Ramamurthy.

**Absent:** Mr. Yeoh Beng Chai, Mr. A. Thanabalan, Mr. V.P. Kanniah, Mr. Ng Fook On (Ex-Officio).

## **OUR STAFF**



**Sitting from left:** Mr. Roger Looi, Mrs. Anita Muthu, Mrs. Diana Leong, Mrs. Mary Khor, Mrs. Valliammal Ramamurthy, Mrs. Wayne Pereira, Mrs. Maria Joseph, Mrs. Helen Rajoo, Mr. Teh Kar Wei.

Standing from left : Mdm. K. Rajeswary, Mdm. Subaida Nagoor Meera, Ms. Rajeswari Naranasamy, Ms. Shanthi Jeganathan, Mdm. V. Kamala, Mrs. Kannikah Balan, Mdm. Ho Lee Mei, Ms Norjan Osman, Mrs. Joyce Khoo, Mdm. Nesamani Thai, Mrs. Parvathy Kumaran, Mrs. Kalliammal Letchumanan, Mrs. Bawani Ganapathy, Mrs. Leela Satiaseelan, Mdm. R. Kalyani, Ms. Roziah Ali, Mrs. Manogari, Mrs. Anjalai Balakrishnan, Pn. Azlina Yusoff, Ms. Josephine Gnanaselvam.

**Standing back row from left:** Mr. Lim Eow Beng, Mr. Awtar Singh, Mr. Chew Sun Chooi, Mr. Tee Beng Heng, Mr. Mahendran Ramalingam, Mr. M. Doraisamy, Mr. K. Maarkandan, Mr. Ong Hong Tiang, Mr. Christopher Dass, Mr. Selladorai, Mr. Joseph Pragasam and Mr. Mohamed Raffe.

**Absent:** Mdm. Daw San San, Mrs. Uma Sasithran, Mr. M. Santhramogen.



## **THE CENTRE ADMINISTRATOR'S REPORT**

The new millennium 2001 was an eventful and challenging year. As an organization working with Cerebral Palsy individuals we are always looking into ways and means to help them improve the quality of their lives.

We strive to improve our services by introducing new approaches and alternatives in the management of Cerebral Palsy individuals. One such alternative recently implemented is the Traditional Chinese Massage Programme. This treatment programme consists mainly of physical therapy & massage, acupressure, joint mobilisation techniques, kinetic and cognitive exercises complimented with prescription of Chinese medicine. Upon completion of the programme in December and after much review, we have decided to revise this programme by introducing the Intensive Motor Skill Development Programme (IMSD) next year. This programme will be a holistic one combining Physiotherapy, Massage Therapy and 'Conductive Education'.

The year 2001 saw some changes in our school curriculum mainly involving the morning therapy and exercise. This programme was extended from thrice weekly to five times a week for the duration of an hour for each session. This saw marked improvement in the children's mobility and posture. My heartfelt thanks to all the staff for their full support and cooperation in carrying out this programme.

Three ex-pupils have joined our workforce namely Tee Beng Heng, Koh Lee Peng and Tan Soon Beng. Welcome on board! And we hope that they will be able to contribute their talents and resources in helping younger individuals.

SCAP's staff Awards For Excellence were awarded to Mrs. Maria Joseph, Puan Azlina Yusof and Ms. Rajeswari Narayanasamy. I thank you all for your commitment and excellent performance throughout the year. Keep up the good work

My sincere appreciations and heartfelt thanks to all the staff for another successful year. Your individual talents have contributed much towards the development and growth of the centre.

I would also like to place on record our gratitude to Jabatan Kebajikan Masyarakat Negeri Pulau Pinang for its continuous support and allocations granted to help equip ourselves better to meet the challenges in helping our individuals with cerebral palsy and also to Bahagian Pendidikan Khas, Jabatan Pendidikan Negeri Pulau Pinang for their support and assistance in placing our children into the mainstream schools.

Finally gratitude is also due to the many Foster Parents, companies, hotels and generous individuals who have shown their continuous support for the centre through donations in cash and kinds, organising parties for the children and for rendering their voluntary services. Such contributions are not only necessary for the maintenance and growth of the centre, but above all it shows community involvement in helping us manage and actively run the centre. With so much support and involvement from the community surely Malaysia's vision of a caring society will be heightened.

I look forward to another robust and eventful year in 2002 with the setting-up of the Intensive Motor Skills Unit and various programmes and activities planned out.

*Valliammal*

**Valliammal Ramamurthy (Mrs)**  
Centre Administrator

# **STRUKTUR ORGANISASI**

## **PERSATUAN KANAK-KANAK SEPASTIK PULAU PINANG**

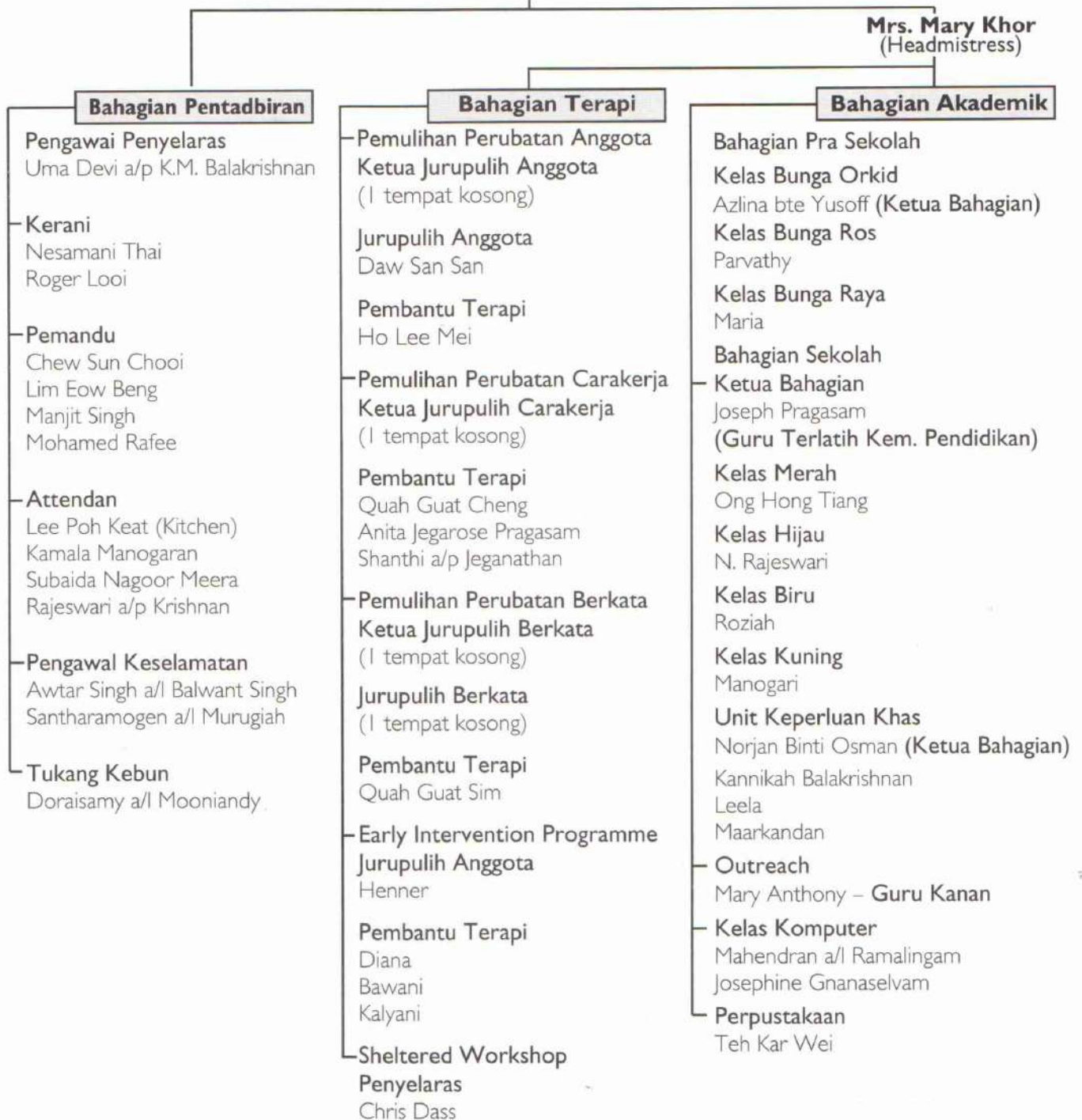
### **MESYUARAT AGUNG**

Jawatankuasa Pengurusan

Pentadbiran Persatuan

**Mrs. Valliammal Ramamurthy**  
(Pentadbir)

**Mrs. Mary Khor**  
(Headmistress)



# MEDICAL

The Association is grateful to the following medical professionals who make up SCAP's panel of Honorary Consultants:

Dr. Samuel Easaw  
*Neurologist*

Dr. Fong Kheng Phoy  
*Orthodontist*

Dr. Lim Huck Boon  
*Ophthalmologist*

Dr. Daljit Singh Nagreh  
*Dermatologist*

Dr. Santokh Singh  
*ENT Specialist*

Dr. Adele Tan  
*Paediatrician*

Dr. Tan Chee Khuan  
*Psychiatrist*

Dr. Lim Huat Bee  
*Dermatologist*

Dental Surgeon & Nurses of  
*the Perak Road Clinic*

The Association also wishes to thank the following people for their continued commitment and service to the Centre:

- Dato' Seri Dr. Tan Ewe Aik as Trustee of the Association and Honorary Medical Advisor.
- Mrs. Ong Kim Chye, our nurse, who volunteers to maintain first-aid supplies and to look after health and safety aspects at the Centre.
- Dr. Alex Lim Kheng Seng who provides free medical treatment for the children and medical check-up for new staff.
- Dr. Yee Thiam Sun who provides free hearing assessments for children with hearing problems.
- Dr. Dan Giap Liang (Paediatrician) who carries out the initial medical assessment for all new referrals to the Centre.

## CONDOLENCES

We would like to convey our heartfelt condolences to the families of:

- Nur Syazeelen - passed away on December 2000
- Anuar Ariff - passed away on 13 February 2001
- Lim Chia Rong - passed away on 22 August 2001
- Toh Yin Wei - passed away on 5 November 2001

## NEW ADMISSIONS FOR THE YEAR 2001

32 children were admitted to the centre

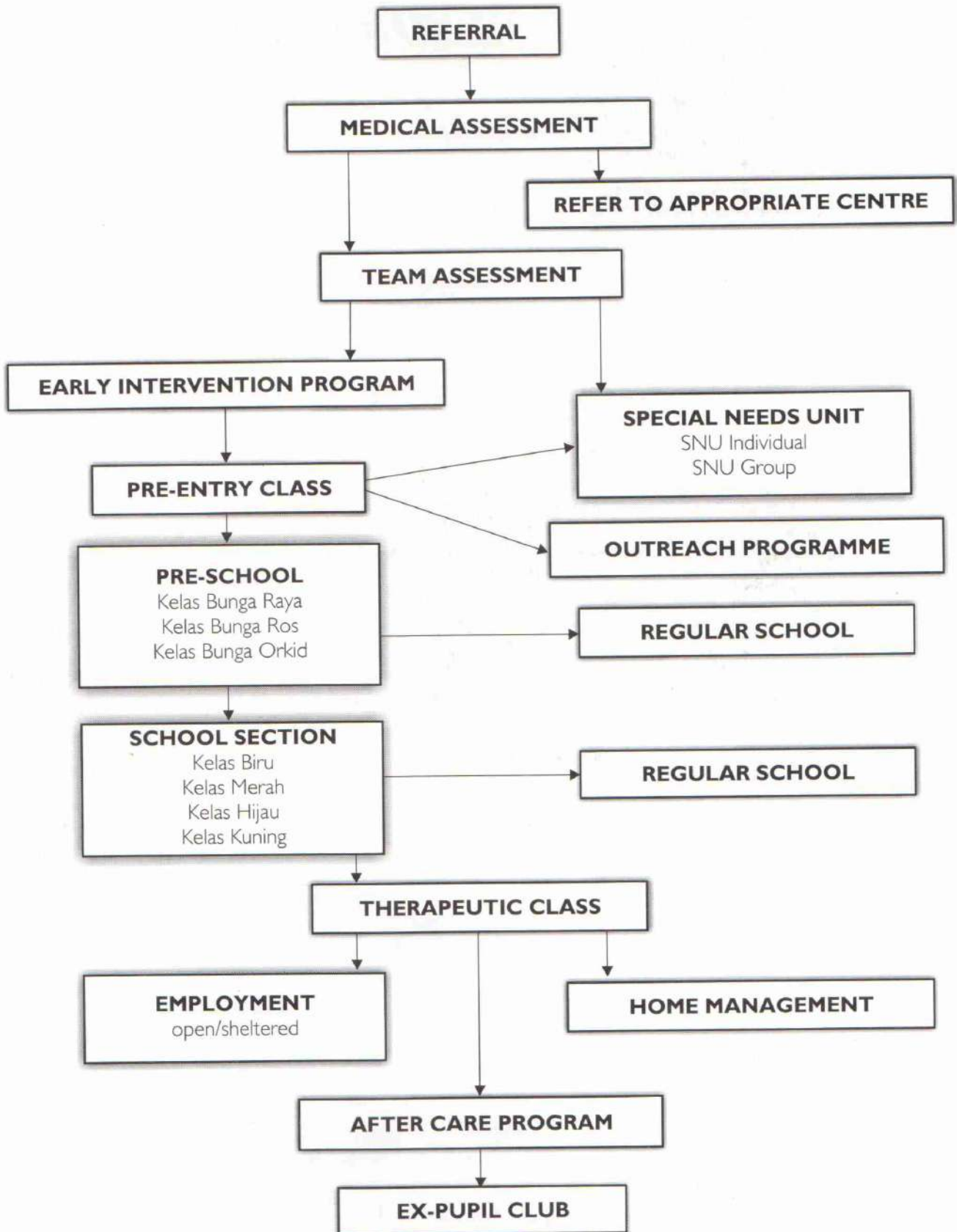
	MALE	FEMALE	TOTAL
MALAY	24	28	52
CHINESE	55	39	94
INDIAN	11	11	22
<b>TOTAL</b>	<b>90</b>	<b>78</b>	<b>168</b>

## THERAPY CLIENTS FOR THE 2001

6 children were enrolled as Therapy Clients

	MALE	FEMALE	TOTAL
MALAY	1	1	2
CHINESE	1	1	2
INDIAN	2	0	2
<b>TOTAL</b>	<b>4</b>	<b>2</b>	<b>6</b>

# PROGRESS CHART





## **THE HEADMISTRESS REPORT 2001**

"Life does not ask for 'Thank You'  
For the gifts she offers are free  
To have them we only need value  
The beauty in all that we see"

The dear staff see the beauty and sweetness in the sensitive souls of the children they meet daily. These are the people at SCAP who are devoting their lives to service by helping the dear children in simple ways; thus making their lives happier and more meaningful.

Their duty day by day is performed in a manner that portrays strength and courage to meet their every need. It is only through their steadfast resolution enhanced by a degree of passion and purpose that they withstand the petty annoyances of the day and remain focussed with their mission.

So, to all you dear staff, I dedicate this little verse.

"Each of us comes from a mind, whose ideas never end  
And you should feel very proud; there's only ONE of YOU  
Cause that is where it all starts  
A WONDERFUL BEING LIKE "YOU"

I now invite all parents, friends and benefactors to join hands to form a chain of service and love for our dear children.

May God bless and grant each and everyone of us the needs of the day,

With fondest regards,

Headmistress  
Pn M. Khor

# EARLY INTERVENTION PROGRAMME

Our early intervention programme continues to grow. Parents work in partnership with teachers and therapists to develop a programme which meets the children's needs.

Children come with their parents / caregivers, for two hours sessions twice a week.

We have four groups and a total of 39 children.

- ☆ development of motor skills, cognitive, language and self care skills through specific therapy, teaching techniques and play.
- ☆ assessment of children and identification of specific learning goals for each child.
- ☆ teaching parents therapy techniques and learning activities at their children's development level.
- ☆ integrating children into the regular pre school system or other pre school services at the Centre as appropriate.

#### Included in the programme are :

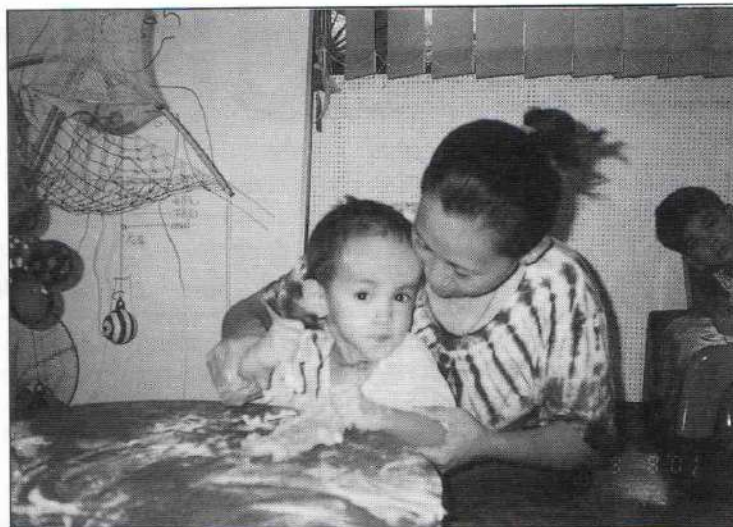
- ☆ neurodevelopment therapy intervention
- ☆ learning through play
- ☆ oral motor / feeding programme
- ☆ hydrotherapy
- ☆ massage
- ☆ Sensory simulation
- ☆ Snoezelen
- ☆ Music time
- ☆ Home Programmes

#### Team Members are:

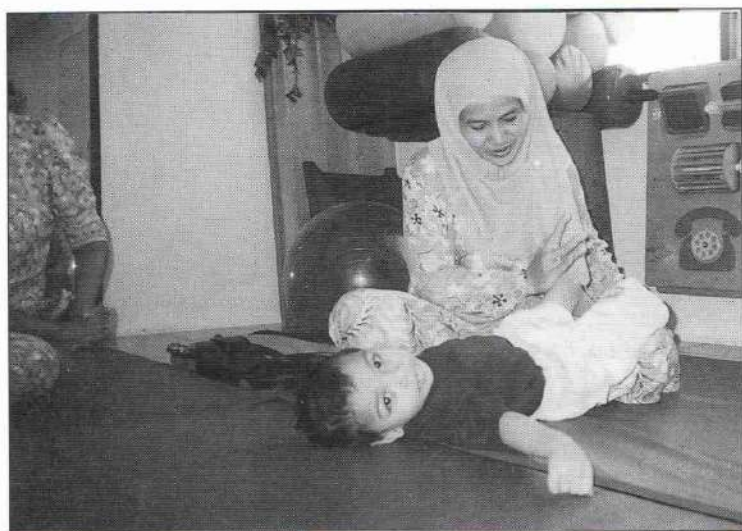
- ☆ Occupational Therapist
- ☆ Physiotherapist
- ☆ Teachers



*Visit to Toys' Department @ Parkson Entrance  
In Prangin Mall on 18/07/01*



*Sensory Motor Activity*



*Manual Therapy and  
Exercises*

# PRE ENTRY



*Visalacchi with her siblings during combined activity on body image.*

## PRE ENTRY ENROLMENT

GROUP	BOYS	GIRLS
A	4	4
B	3	3
C	4	1
TOTAL	11	8
	<b>19 Children</b>	

Potential children are promoted from the Early Intervention Programme into Pre Entry class. Pre Entry classes are held three times a week in the afternoon i.e. Mondays, Tuesdays and Wednesdays. This year the enrolment saw a total of 19 children.

These children are divided into three groups. The groups are Group A, Group B and Group C.

Group A consists of eight children. This group of children are emphasized on nursery level skills such as pre-writing, pre reading, pre mathematics, concepts of colours, shapes and toileting. Potential children from this group will be trained for kindergarten.

Group B consists of six children. This group of children are focused on basic abilities and practical skills such as threading, stacking, sorting, matching, music and movement.

Group C consists of five children. Basically this group focused on sensory integration programme and practical skills.



*Parents at work getting ready for the combined activity.*

# SPECIAL NEEDS UNIT

SNU Department programme continues to work in partnership with parents to develop a programme which meets their children's needs. The children attended class 2-4 times a week either in group A, B or C. A total of 45 children were enrolled for the year 2001.

The objectives of the programme in SNU are to:

Assist the children develop hand and eye coordination, concentration, independent and social skills through

- A. Practical life
- B. Gross motor
- C. Sensorial
- D. Cognitive skills

Children who require additional therapy are taken for individual Physiotherapy, Occupational Therapy and Speech Therapy sessions.

Home visit, hearing and vision test are made necessary. Educational visit to parks, beaches and other places of interest help to increase environmental awareness in children. Parents are taught the techniques and learning activities appropriate for their children's level of development.



*FUN COOKING*



*MUSIC AND MOVEMENT*





# PRE SCHOOL SECTION

## PRE SCHOOL ENROLMENT

CLASS	BOYS	GIRLS
BUNGA RAYA	4	2
BUNGA ROS	4	2
BUNGA ORKID	4	2
TOTAL	12	6
	18 Children	

This section is divided in 3 classes i.e. Kelas Bunga Raya, Kelas Bunga Ros and Kelas Bunga Orkid with an enrolment of 18 children. These children are promoted into morning section from Pre Entry (afternoon class) and placed into the various classes according to their abilities.

### Kelas Bunga Raya

This class caters for children aged between 8 and 13 years old. Various activities are carried out and children are encouraged to learn through play and practical experience. There is a playhouse in the classroom which the children use for symbolic play. Basic concepts of colours, shapes and numbers are taught along with classroom learning skills.

### Kelas Bunga Ros

This class caters for six children aged between 11 and 13 years old. In this class more advanced activities are carried out. Children are exposed to more academic tasks relating to reading and writing. Mathematic lessons are introduced.

### Kelas Bunga Orkid

This class caters for six children aged between 11 and 13 years old. Subject teaching is introduced at this level and includes Bahasa Malaysia, English, Writing and Mathematics. Children are encouraged to be independent through the teaching of self-help skills. Children from Kelas Bunga Orkid will be promoted to School Section after being trained for two years.

In all these classes individual programmes are designed to meet the needs of each child. Special equipment such as chairs and tables are designed and provided if and when necessary. Children who are unable to write are taught to use electrical typewriters.

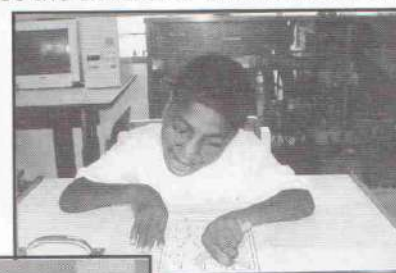
Teachers arrange for hearing and vision tests and home visits are done, if the need arises. Educational visits to supermarkets, wet markets, parks and other places of interests help to increase the children's awareness of the world around them.



*Yogavalli using her mouth to colour within a given space.*



*Gavin sedang menggunakan mesin taip untuk kerja latihannya.*



*Nirmal Raj sedang menghabiskan kertas latihannya.*



*Group activity: An exercise in creativity; building blocks.*



*Pupils from Kelas Bunga Raya carrying out an activity focusing on spatial awareness.*

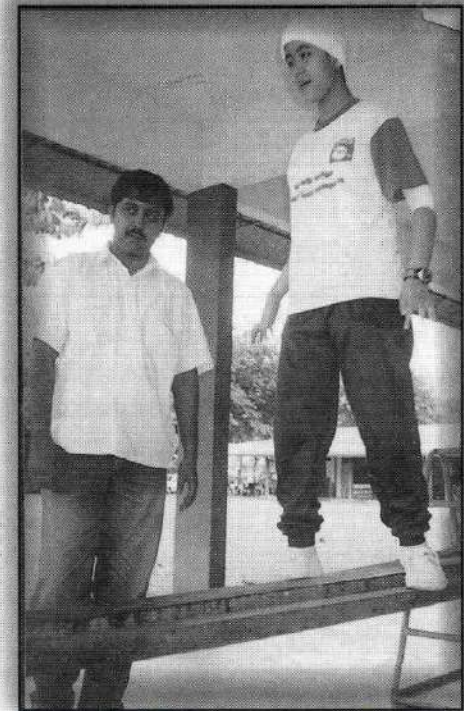
# SCHOOL SECTION

The year 2001 saw an enrolment of 24 pupils. The breakdown into the respective classes is as follows:

Kelas Merah	Kelas Hijau	Kelas Biru	Kelas Kuning
6	6	7	8

Kelas Merah follows closely the regular school curriculum with modifications to suit individual needs. Pupils in this class will be potential UPSR candidates. Kelas Hijau, Kelas Biru and Kelas Kuning concentrate more on the practical aspects of learning that focuses on functional skills.

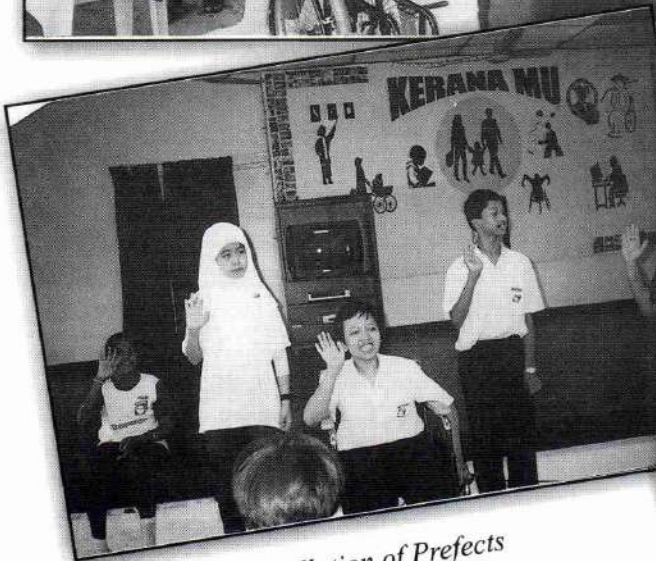
Besides the academic curriculum, other activities such as swimming, gardening, music, dancing, singing, cooking, vocational skills and other activities of daily living continue to be an integral part of their training. This approach will eventually enable them to develop skills for future integration into society.



*Nadia balancing herself on beams during the morning exercise session*



*Cikgu : "Jangan gunakan terlalu banyak air nanti terkena matanya?"  
Victoria : "Cikgu, shampoo ini tak baguslah, Kurang buih".*



*Installation of Prefects*



*Our harmony dancers practising during the dress rehearsal.*

# **THERAPEUTIC CLASS (Age: 17 - 19 years old)**

Three students from School Section are promoted to Therapeutic Class which makes a total of 7 students this year. Class programme starts from 8.30 a.m. till 4.00 p.m. (Mondays to Thursdays) and half day on Fridays.

This year's programme emphasizes on motor development skills which all students take part in the first half of the morning daily. After the physical exercises a short tea break is given before the second half of the morning continues with reading, writing and mathematics until noon.

Students help one another during their midday meal like pouring out the water and distributing the food. After the meal, they wash up their plates and brush their teeth, then socialise with students from other classes.

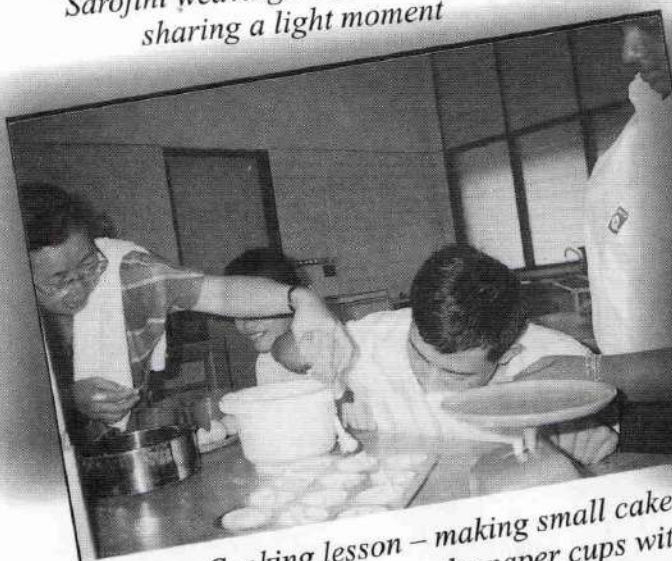
The handicraft work such as patchwork cushion and mat weaving are conducted in the afternoons from 2.00 p.m. to 3.30 p.m. The level of handicraft changes from year to year according to the student's abilities. At 3.30 p.m. students break up to tidy the work area like wiping the table, keeping back the craft materials, switching off the fan and sweeping the floor.

Besides handicraft, students experience different cooking methods every Wednesday afternoon whereby they learn to make snacks, fruit drinks and simple dishes. Every Thursday afternoon they have a splashing time in the Centre's hydrotherapy pool.

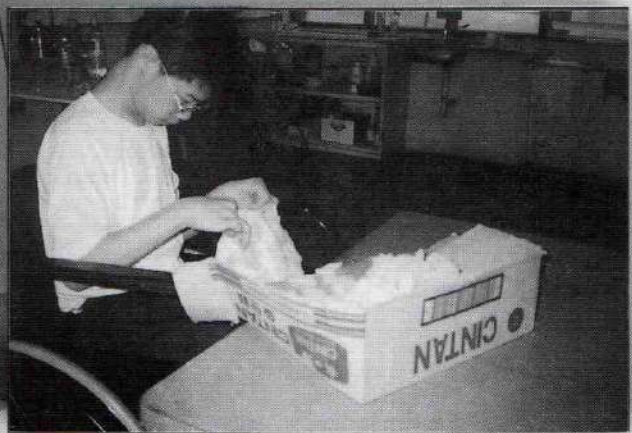


*Sarojini weaving the floor mat and sharing a light moment*

*Learning the 3R's*



*Cooking lesson – making small cakes  
Qairul is filling up the paper cups with the cake mixture.*



*Swee Kee stuffing the patchwork cushion*

# PHYSIOTHERAPY

Physiotherapy focuses mainly on the development, maintenance and correction of posture and movement and helps to improve the functional activities of the child.

A total of 98 children received physiotherapy throughout the year. The break up of our clients are as follows:

No.	Sections	Number of Clients
1.	School Section	18
2.	Pre School Section	18
3.	Therapeutic Class	7
4.	Special Needs Unit	33
5.	Therapy Clients	6
6.	Outreach Programme	3
7.	After Care	13



*Azfar walking along the parallel bar with the aid of calippers.*

The morning group exercise programme was carried out every Monday to Friday from 8:30 am to 9:30 am. Starting from the month of August, some of the children went to TCM programme. August onwards, SNU students were seen in group therapy. Every Thursday the children who needed orthotic devices were taken to Lee Prosthetic Centre for orthopaedic evaluation and then provided necessary orthosis and appliances.

Those who are unable to come to the Centre for Physiotherapy during the week days are seen on Saturdays at the Centre. Outreach clients are also seen every Saturday.



*Kuganeswaran is carrying out hand function activities while placed on the standing frame.*

# OCCUPATIONAL THERAPY

Pre Entry	17
Pre School	15
School Section	5
Special Needs Unit	3
Therapy Unit	6
<hr/>	<hr/>
Total	46

Students from Pre Entry and Pre School were seen individually as well as in groups. As for School Section, Special Needs Unit and Therapy clients were seen on individual sessions only.

Therapy focused and emphasised on three major inputs and they are as follows:-

- Visual Perception Disabilities
- Gross Motor Disabilities
- Self Care Development

## Visual Perception Disabilities

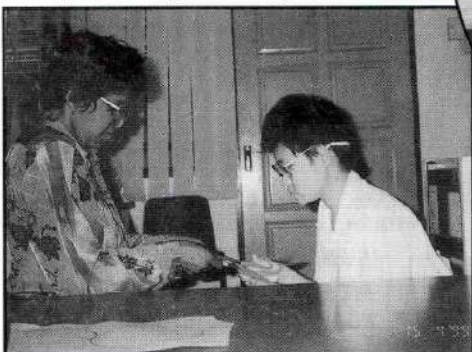
A child with vision motor problems might have difficulty in catching or hitting a ball, doing puzzles, using a hammer and nail, weaving, etc.

Confusion in written work, copying designs or in doing tasks in which the eyes have to guide the hands as to what to do (Eye Hand Coordination).

Difficulty to distinguish "d" and "b" and "p" and "q". Child also have difficulty to distinguish the correct side of shirts, trousers, dresses, socks and shoes.

### *Visual Perception*

*Mei Ching is being guided to cut along the straight lines by the teacher.*



### *Self Help*

*Boon Keat is able to identify the correct sides of his shoes.*

## Gross Motor Disabilities

Motor disabilities are of two types:-

- Poor coordination of large muscles group, which is called gross motor. Child may have difficulties in rolling over, sitting up, crawling, riding a bicycle, etc.
- Poor coordination of small muscle group, called fine motor disability. Child has difficulty in coordinating the muscle for fine tasks especially in writing, buttoning, tying shoelace, pinching and picking up small objects, using the index finger to poke and probe and squeezing soft objects.

## Self Help Care

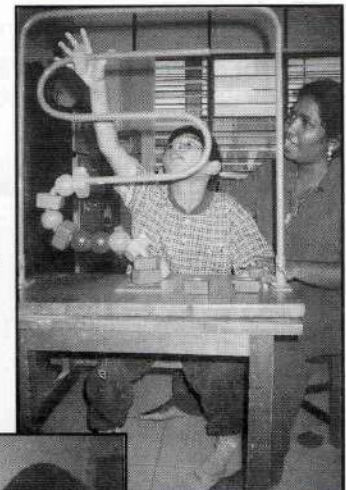
In this area of development, child may have difficulty in basic care for himself. Some important self help skills include undressing, dressing of clothes, socks and shoes, bathing difficulties, unable to wash independently with amount of soap to scrub his body and to shampoo hair, also handling of the shower.

We allow parents and caregivers to be with us during our therapy sessions to assist the child to enhance his development.

For the year 2001, students have shown overall improvement in self help skills, perception areas and mobility. We hope that in the near future, more parents will be able to participate in our programme.

### *Eye Hand Coordination*

*Mohd. Saiful, our therapy client, is trying to reach out for the beads*



**Gross Motor**  
*Mohd. Shafiq with his father. Getting ready to play Bowling.*

# **SPEECH THERAPY**

A total of 33 children from various sections received therapy sessions throughout the year. Sessions are conducted in groups and individual basis. The break up of clientele are as follows:

School Section	⇒	5
Preschool section	⇒	11
Pre Entry	⇒	7
Special Needs Unit	⇒	9
Therapy Client	⇒	1

Speaking, hearing and understanding are essential to human communication. Children with CP whether mild or severe will have some degree of difficulty in speaking and learning language skills and may have problems understanding and expressing ideas in words, but not all CP children have language delay.

Characteristics of common communication disorders are speech, hearing and language disorders which are inter related.

Makaton handsigns and picture communication charts are also being taught to some of the children without speech for communication.

Children's feeding, oral motor skills and drooling are indentified and looked into, which in return shows positive result.

Therapy for Early Intervention Programme are conducted in 4 groups. Therapy sessions are once a week for each group where the main emphasis is on feeding and oral motor skills.



*Gavin and Valerie communicating with each other with the aid of a picture chart.*

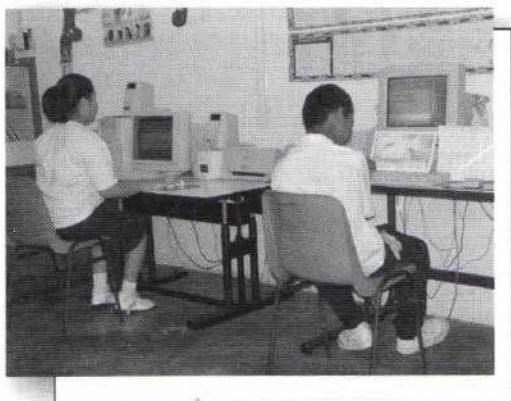
# **COMPUTER UNIT REPORT**

A total of 44 students have attended the computer classes throughout the year.

3 adjustable tables were acquired last year. With these height adjustable tables it's possible for children to push wheelchairs under the tables and reach out for the switches/keyboard or other input easily. Also the broader desktop enables adaptive gadgets to be placed conveniently on it.

A string of lessons based on preschool activities and application programme are given to the children. Lessons such as Maths programmes like Access To Maths, Kidsmath and Alpha Kid Counting prove to be effective in enhancing counting skills. They have shown improvement in areas such as counting, identify lower case letters, matching patterns, sorting shapes, colors or food items and many others. As a tool for learning, computer certainly prove to be an additional source of gaining knowledge as well as facilitating the learning processes.

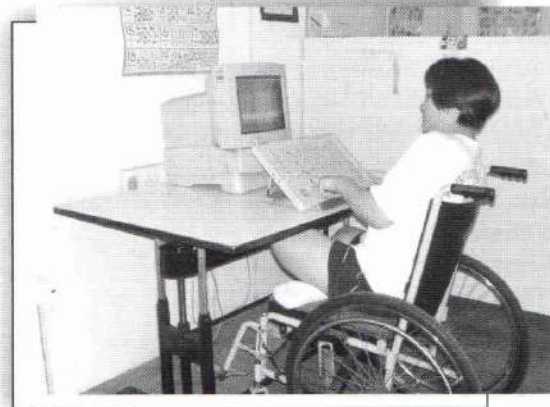
Older children between the range of 13 and 17 years old are using the application programmes where various activities such as creating cards, book covers, inserting shapes and cliparts are given. Paragraph formatting, table formatting and clipart formatting are given priority. Keyboard shortcut commands are gradually being introduced especially to perform tasks such as enlarging fonts, copy/cut/paste functions, highlighting, saving the documents done, printing and many others. Introduction to these short cut commands helps the students to perform specific tasks mentioned above within a short span thus enabling them easy access to the program.



*Eileen and Hasbullah are now able to complete the tasks given with minimal guidance.*

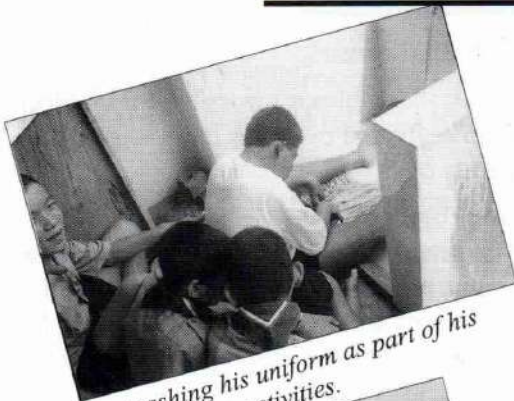
Few children are still learning to use the Discover Switch to access the computer. They need more time to really master the linear scanning, to break up the scanning into smaller steps and appropriate reaction time to hit the switch within the rate set for the scanning. To be able to draw shapes and color them using the Easy Mouse Scan setup motivates the students towards active participation and improve their skills. They are able to select the required functions from the setup given with minimum assistance from the teacher.

Despite limited range of movement, limited speed of movement and tremor in the hands most of the children have shown marked concentration span, observation skills, frustration tolerance, academic skills and visual fixation.

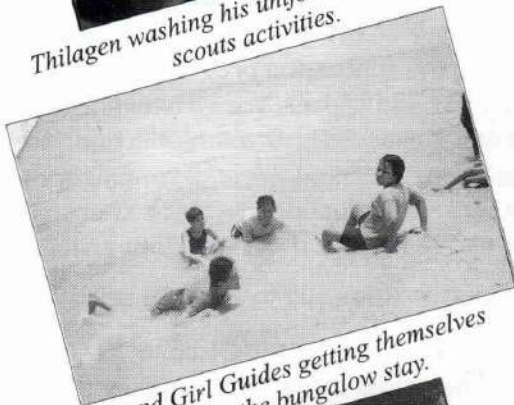


*The adjustable tables allow the students to work comfortably as they now can raise or lower the table height to accommodate their wheelchairs. This helps Kheng May (left) to sit cross legged hence the involuntary movement of her lower limbs are very much restricted while Sutha (right) can push her wheelchair closer for easier access.*

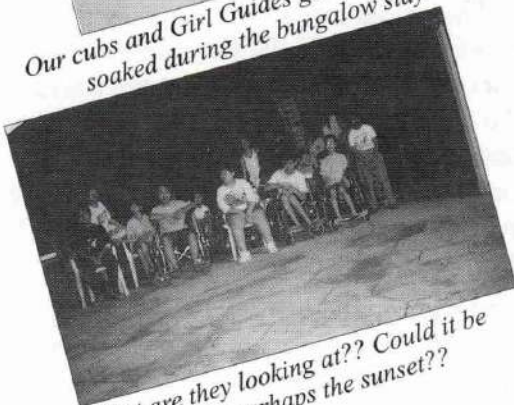
# SCOUTS AND CUBS-2001



*Thilagen washing his uniform as part of his scouts activities.*



*Our cubs and Girl Guides getting themselves soaked during the bungalow stay.*



*Now! What are they looking at?? Could it be the sunrise? Or perhaps the sunset??*



*Members from the interactors club having a 'chit-chat' with the Girl Guides*

There are nine members in this year's uniform units with ages ranging from 10 to 15 years. The cubs and scouts take part in the following activities:

- 1) First Aid – Learn to apply simple first aid skills e.g. Bandaging, cleaning wounds, etc.
- 2) Flag – Name and recognise Malaysian state flags.
- 3) Social skills – Group singing, active games and keeping the environment clean.
- 4) Outdoor cooking – Prepare simple meals for camping trips.
- 5) Uniform – Being neat and tidy.
- 6) Camping skills – Simple knotting, using of knife and axe and pitching tents.



*What a comfortable snooze in the comfort of their own tents.*



# GIRL GUIDES 2001

This year, we have 12 members. The activities carried out are:

- A) FIRST AID – Learning to clean and dress simple, cut and treat a fractured hand.
- B) INTERACTION with Rangers from Sekolah Abdullah Munshi (in SCAP)
- C) OUTDOOR ACTIVITIES – Learn to barbeque corns, potatoes, sausages. They also learn to cook simple meal using instant noodles. They also learn how to build fire using dried leaves, woods, twigs and charcoal. The members are also taught how to make candle-wax.

Treasure hunt is also incorporated in the outdoor activity. The members also have a game of netball (improvised version)

- D. INDOOR ACTIVITIES – The members are taught to make puppets using bamboo sticks and remnant cloth. Making simple drink and jelly are a few of the activities, they enjoy. The members are also shown how to make 'buah melaka'. Simple stitching using manila cards and rafia strings is another step for them to learn daily living skills. As a bonus, they make gifts for Mother's Day.



# Spastic girl proves she is just another bright student

PENANG: Spastic student Tan Chin Chin proved that she is just like any bright student for she scored 5As, 3Bs and 1C in her SPM examinations.

Tan, 18, from Seri Mutiara Girls Secondary School attributed her success to paying attention to the teacher in class.

"I did not have enough time to do revision because my hand writes very slowly.

"So, everyday, I can only do my homework," said an elated Tan when interviewed at the Cerebral Palsy (Spastic) Children's Association of Penang Centreyesterday.

She obtained As for Mathematics, Additional Maths, Chemistry, Biology and History, Bs for Bahasa Melayu, English and Physics and C for Moral Education.

Tan has ataxic type cerebral palsy which affects her speech and balance causing her to walk with a wide-based gait.

Centre administrator Valliammal Ramamurthy said Tan was a very diligent student and was consistent in her studies as she scored 3Bs and



Tan ...attributes her success to paying attention in class

1A in her UPSR and 7As and 1B in her PMR.

"My mother Ch'ng Heng Gim has sacrificed her time and energy taking me on the bicycle to school on weekdays and to the association centre on weekends," said Tan who wants to be a mathematician.

She added that her father Tan Leng Kak, 48, had struggled hard to make ends meet

as an odd-job worker.

For Yap Ling Seang, who battled through a major surgery three months before the SPM exams last year, he credited his nine 1As and one 2A to consistent work.

Yap, 18, from Penang Free School, said he had the surgery in September and was unable to attend school or tuition classes since then.

Although his parents suggested delaying taking the exams to this year, Yap said he was very reluctant to do so because the Bahasa Melayu and English syllabus would be changed.

"Furthermore, deep down, I knew I was ready for the exams," he said.

Yap scored 1As in Bahasa Melayu, English, Mathematics, Additional Maths, Biology, Chemistry, Physics, Accounts, History and an A2 in Moral Studies. He also scored a 1A in English 1119.

After the surgery, Yap said, he was still very weak and only started serious studying two weeks before the exams.

## It Matters to This One

Author is unknown

*As I walked along the seashore, this young boy greeted me. He was tossing stranded starfish back to the deep blue sea. I said "Tell why you bother, why you waste your time this way? There are a million stranded starfish, does it matter anyway?"*

*He said, "It matters to this one. It deserves a chance to grow. It matters to this one, I can't save them all I know. It matters to this one, I'll return it to the sea. It matters to this one, and it matters to me."*

*I walked into the classroom, the teacher greeted me. She was helping Johnny study, he was struggling I could see. I said, "Tell me why you bother, why you waste your time this way? Johnny's only one of millions, does it matter anyway?"*

*She said, "It matters to this one, he deserves a chance to grow. It matters to this one, I can't save them all I know. It matters to this one, I'll help him be what he can be. It matters to this one, and it matters to me."*

# SHELTERED WORKSHOP

The year saw an increase in trainee enrollment and a decline in delivery of files for sub-contract assembly from Asia File Sdn. Bhd. due to low demand as informed. Besides Asia File, LHT KITARSEMULA Sdn. Bhd., a company dealing in material recovery and recycling, provides us with some sub-contract jobs. However it is not on a very regular basis, as they either have to wait for or sort out material that our trainees can work on.

The main handicraft activity currently is paper recycling and it is done 100 percent by the trainees. Two of the trainees have been taught the art of recycling and do not need any supervision or guidance in producing good colourful papers.

Yarn knitting on frame looms is another handicraft which is done totally by the trainees and today three trainees themselves knit and another is currently training to knit. Rattan weaving has recently been started and two trainees are at the learning stages.

There are few other handicrafts projects that will be introduced in the coming year which are candle making and molding of toys and objects from plaster of Paris and both of these are in the planning stages.

The New Year will also see three new trainees joining the workshop after finishing school section or therapeutic class.

We had two good outdoor sales and promotion this year at Silterra Malaysia Sdn. Bhd. (Kulim) and at University Sains Malaysia and we thank both for inviting us to promote our activities.

Overall it is a good first year and we look forward to the coming year and the challenges that lie ahead.



*An Nah presenting a memento to Pn. Nor Asmahan from H. R. Dept.*



*Our Artist, Joe Scully with USM students*



*Silterra staff purchasing our products*

# SPORTS DAY



Our guest of honour Tuan Haji Mahfudz bin Haji Omardi, Pengarah Kebajikan Masyarakat Negeri Pulau Pinang receiving cheques from foster parents.



"Cikgu, jangan... Ini bukan telur rebus"



Zahril dan Minghan dengan gaya tersendiri semasa acara melompat pagar



Sutha : "Cepatlah Pei Hoon ....  
Nanti rumah kuning kalah"  
Pei Hoon: "Sabarlahhhh... tangan I ni buat perangai"



Wei Ling : "Cepatlah Syahril.... Saya ni dah pasang kuatt nak pergi ke disco: (Ex-pupil's Race)



Our sporting Guest of Honour Tuan Haji together with our Vice President Mr. Vincent Tan, committee member Mr. Nutan Shah and other guests taking part in Guest & Children's race.



The baju kebaya is no hindrance to our sporting Vice Presidents Puan Latiffa and Ms Jenny Kam in giving their best during the staff and committee race.



Captain of the winning team 'Rumah Kuning' Mohd. Zahril receiving the challenge trophy from our Guest of Honour



Oh... When the saints go marching in... Onwards to the prize giving ceremony

Our Guest of Honor presenting prizes to the winners.



Bobby : "Come on Diana ... you are still young.. keep pace with me"  
Diana : "It's not that, I can't see clearly with my sunglasses on."



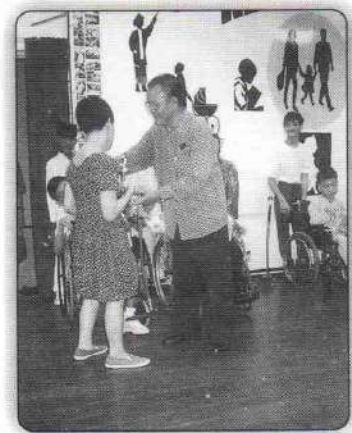
# PARENTS DAY



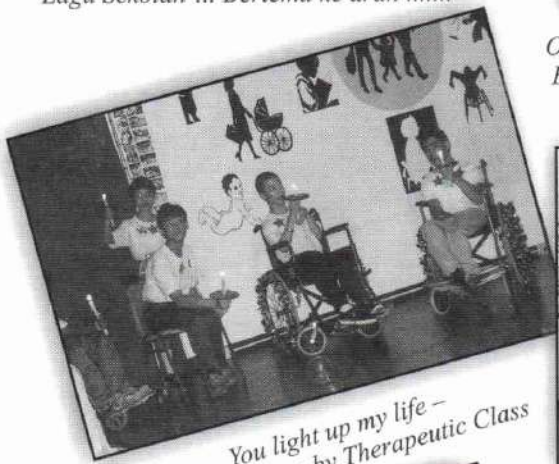
Acara pembuka tirai dengan nyanyian Lagu Sekolah ... Bertema ke arah .....



Our President Mr. Saw Hock Eng delivering his opening address.



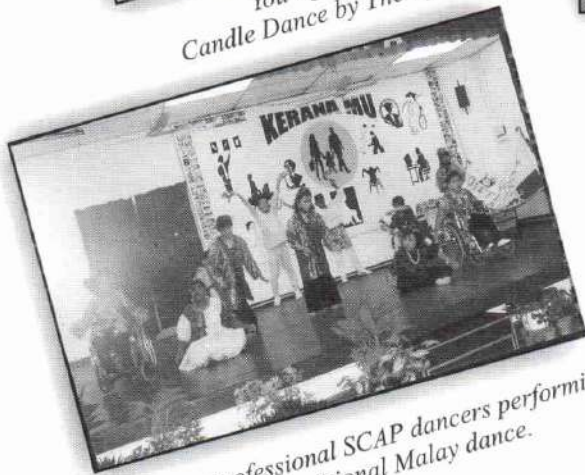
Tan Chin Chin our bright spark receiving a trophy from our president Mr. Saw Hock Eng for excellent achievement in the SPM 5As, 3Bs and IC.



You light up my life - Candle Dance by Therapeutic Class



Sawadeecup .... a scene from Anna and The King ..... Prince Marcus.



Our professional SCAP dancers performing a traditional Malay dance.



Our President with the Excellent Award Recipients (from left) Azlina Yusof, Rajeswary and Maria Hee



Our talented budding models (from left) Boon Keat, Yogavalli and guess who is next??



BOBO the clown (Jok Chean) .... on loan from the Royal London Circus

# SPASTIC CHARITY VEGETARIAN DINNER

## 19TH OCTOBER 2001



Our emcees for the day Mrs. Teh Lai Hee and Mr. Khoo Yeoh Gan Hong.



Eileen Lee welcoming the guests with a poem recital.



Ir. Vincent Tan, the Organising Chairman delivering his welcoming address.



Our Guest of Honor Y.B. Dr. Teng Hock Nan representing Y.A.B. Tan Sri Koh Tsu Koon, Chief Minister of Penang, delivering his address.



Our President Mr. Saw Hock Eng delivering his address.



Voice of Love with their heart rendering numbers.



Our very own talented dancers performing to the delight of the crowd.



Our organising Chairman presenting a memento to our ex-pupil Ms. Koh Yin Tsang for the LCD presentation on the Association's history and the Traditional Chinese Medicine Rehabilitation Programme.



Our loyal supporters who came in full force to support this worthy cause.



Our TCM therapists from China at the dinner.



Miss Vidya Ramamurthy performing an Indian Classical Dance.

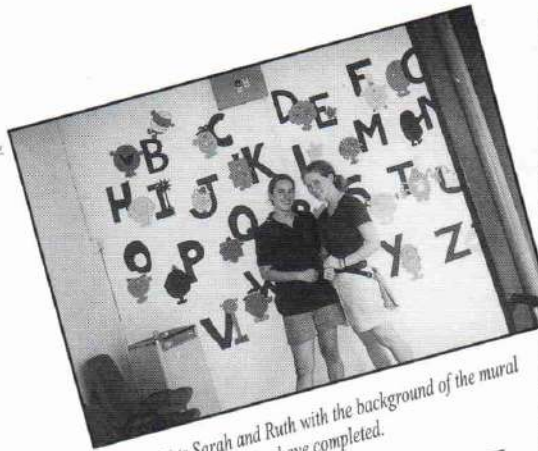


The man with the golden voice. Mr. Yeoh Boon Leng singing along with the Voice of Love.



Accompanied by our President, ex-pupil Mr. Joe Scully presenting his masterpiece (an oil painting) to Y.B. Dr. Teng Hock Nan.

# OTHER ACTIVITIES



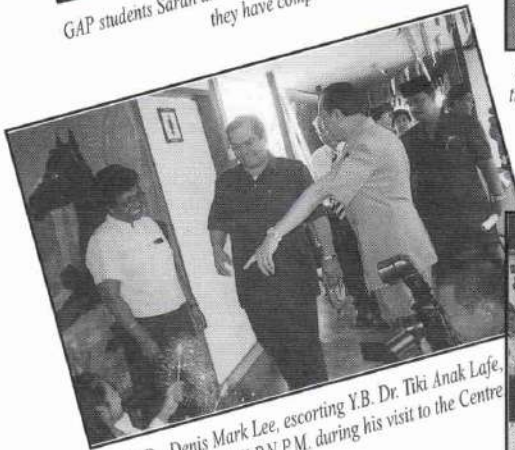
GAP students Sarah and Rith with the background of the mural they have completed.



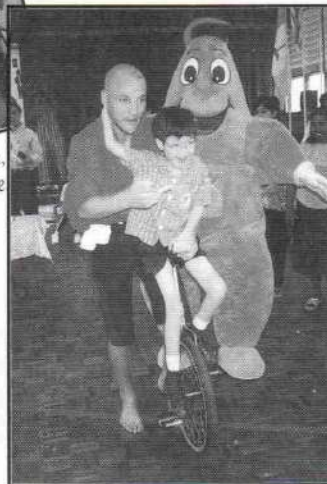
Mrs. Susan E. Wynn from U.S.A. a pioneer of the centre during the 60s, sharing her thoughts when she paid a visit to the centre recently.



Our gourmet judges Mr. Saw and Puan Mary Khor tasting the dishes prepared by the staff during staff club cooking competition.



Dato Dr. Denis Mark Lee, escorting Y.B. Dr. Tiki Anak Lafa, Timbalan Menteri K.P.N.P.M. during his visit to the Centre



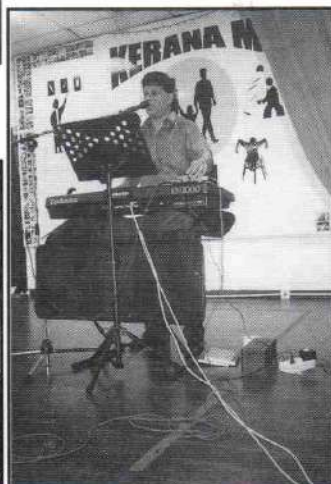
An acrobat attached to the Golden Sands Hotel, helping Marcus with the balancing act.



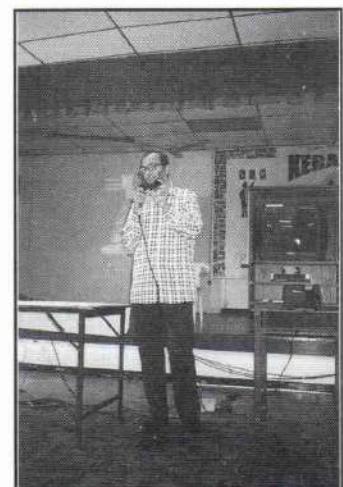
Students from Convent Light Street performing a Malay dance to the delight of our children.



Our children having a buffet dinner at the Centre's field courtesy of Percaya Enterprise.



'Benji' Bala giving an Indian number during the Deepavali function while our staff Joyce dressed in sari dancing to the rhythm.



Dr. Hussein Imam, a paediatrician from Hospital Besar Pulau Pinang, giving a talk on Botulinum Toxin Injections in Cerebral Palsy Spasticity.

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From*



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# *The Special Mother*

by Erma Bombeck

Most women become mothers by accident, some by choice,  
a few by social pressure and a couple by habit.

This year nearly 100,000 women will become mothers of handicapped children.

Did you ever wonder how mothers of handicapped children are chosen?

Somehow I visualize God hovering over earth selecting his instruments for propagation with great care and deliberation. As He observes, He instructs His angels to make notes in a giant ledger.

"Armstrong, Beth; son. Patron saint ...give her Gerard.  
He's used to profanity."

"Forrest, Marjotie; daughter. Patron saint, Cecelia."

"Rutledge, Carrie; twins. Patron saint, Matthew."

Finally He passes a name to an angel and smiles, "Give her a handicapped child."

The angel is curious. "Why this one God? She's so happy."

"Exactly," smiles God, "Could I give a handicapped child to a mother who does not know laughter? That would be cruel."

"But she has patience?" asked the angel.

"I don't want her to have too much patience or she will drown in a sea of self-pity and despair. Once the shock and resentment wears off, she'll handle it."

"I watched her today. She has that feeling of self and independence that is so rare and so necessary in a mother. You see, the child I'm going to give her has his own world. She has to make her live in her world and that's not going to be easy."

"But, Lord, I don't think she even believes in you." God smiles, "No matter, I can fix that. That one is perfect - she has just enough selfishness."

The angel gasps - "selfishness? Is that a virtue?"

God nods. "If she can't separate herself from the child occasionally, she'll never survive. Yes, here is a woman whom I will bless with a child less perfect. She doesn't realize it yet, but she is to be envied. She will never take for granted a 'spoken word.' She will never consider a 'step' ordinary. When her child says 'Momma' for the first time, she will be present at a miracle, and will know it!"

"I will permit her to see clearly the things I see .....ignorance, cruelty, prejudice .... and allow her to rise above them. She will never be alone. I will be at her side every minute of every day of her life, because she is doing My work as surely as if she is here by My side".

And what about her Patron saint? Asked the angel, His pen poised in mid-air. God smiles, "A mirror will surface."



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**Persatuan Kanak-kanak Cerebral Palsy, Pulau Pinang**  
 (The Cerebral Palsy Children's Association of Penang)  
 Penaung: T.Y.T. Yang Di Pertua Negeri Pulau Pinang

425, Jalan Masjid Negeri, 11600 Pulau Pinang, Malaysia.  
 Tel : 04-6570160 Fax : 6563066 E-mail: scap@tm.net.my

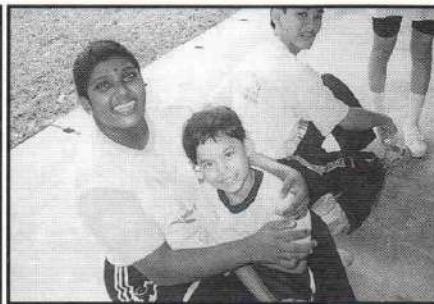
## WOULD YOU LIKE TO HELP A CHILD WHO HAS CEREBRAL PALSY?

Children with cerebral palsy need intensive therapy and education from a young age. Services provided by the Centre include diagnosis & assessment, pre-school and primary education, speech therapy, occupational therapy, physiotherapy, a special needs unit and a home-based Outreach Programme.

Our aim at SCAP (The Spastic Children's Association Of Penang) is to enable children with cerebral palsy to make the most of their abilities so that they can go on to lead full and independent lives.

All of these services are provided by the Centre free of charge. One way in which you or your company can help is by participating in our Foster Appeal.

By fostering, you enable a child with cerebral palsy to reach his or her full potential through the services provided by SCAP.



YES, I/WE WOULD LIKE TO FOSTER A CHILD WITH CEREBRAL PALSY.

Foster Appeal  
 Spastic Children's Association of Penang.  
 425, Jalan Masjid Negeri, 11600 Penang.  
 TEL: 6570160 Fax : 6563066 E-mail : scap@tm.net.my

I/We would like to foster a child with cerebral palsy for one year at a cost of RM360.00.

Name : .....

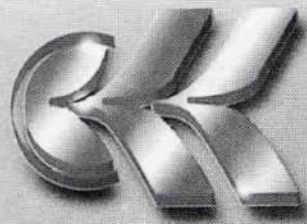
Address: .....

Amount Enclosed: RM ..... Foster Appeal and/or

RM ..... Donation.

ALL DONATIONS ARE TAX DEDUCTIBLE

\*All cheques must be crossed and made payable to PERSATUAN KANAK-KANAK SEPASTIK PULAU PINANG.



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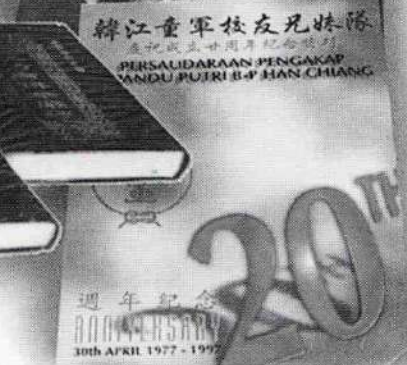
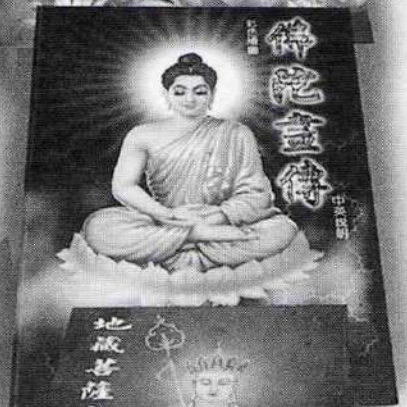
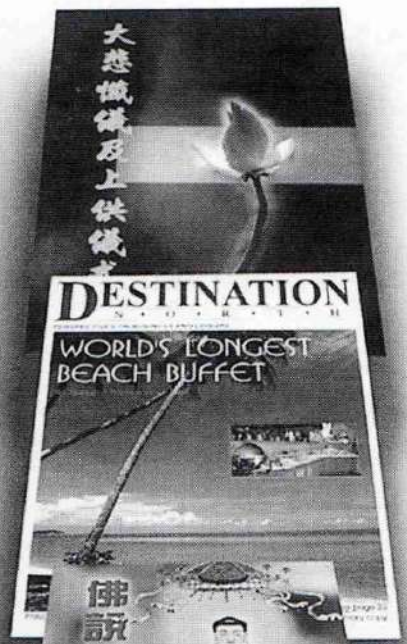
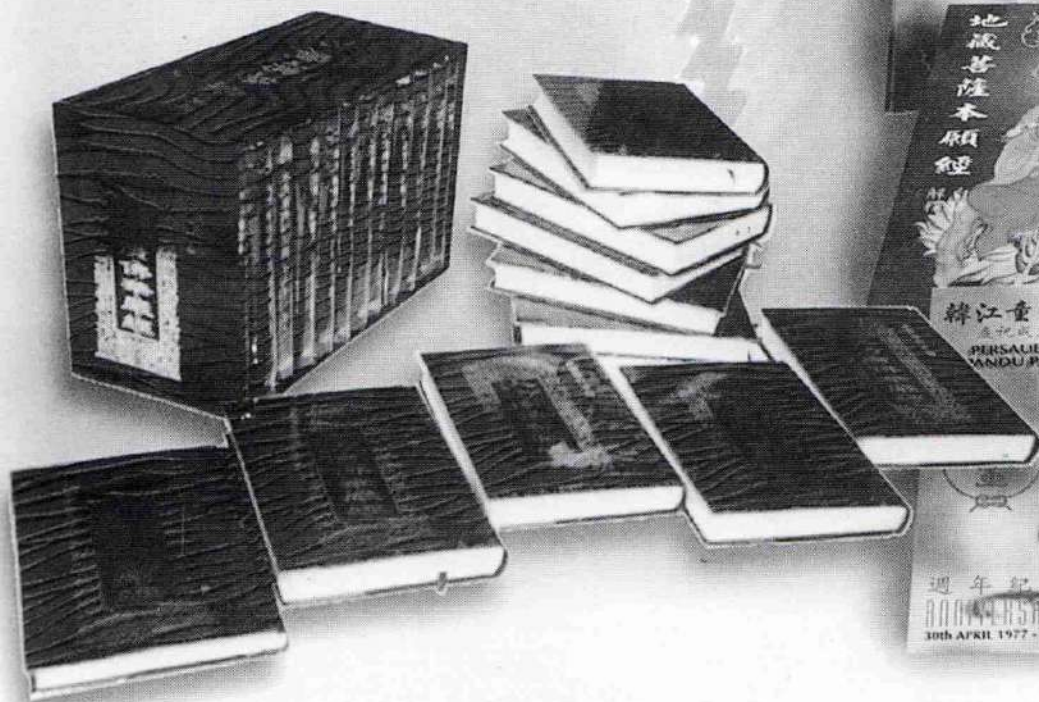
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