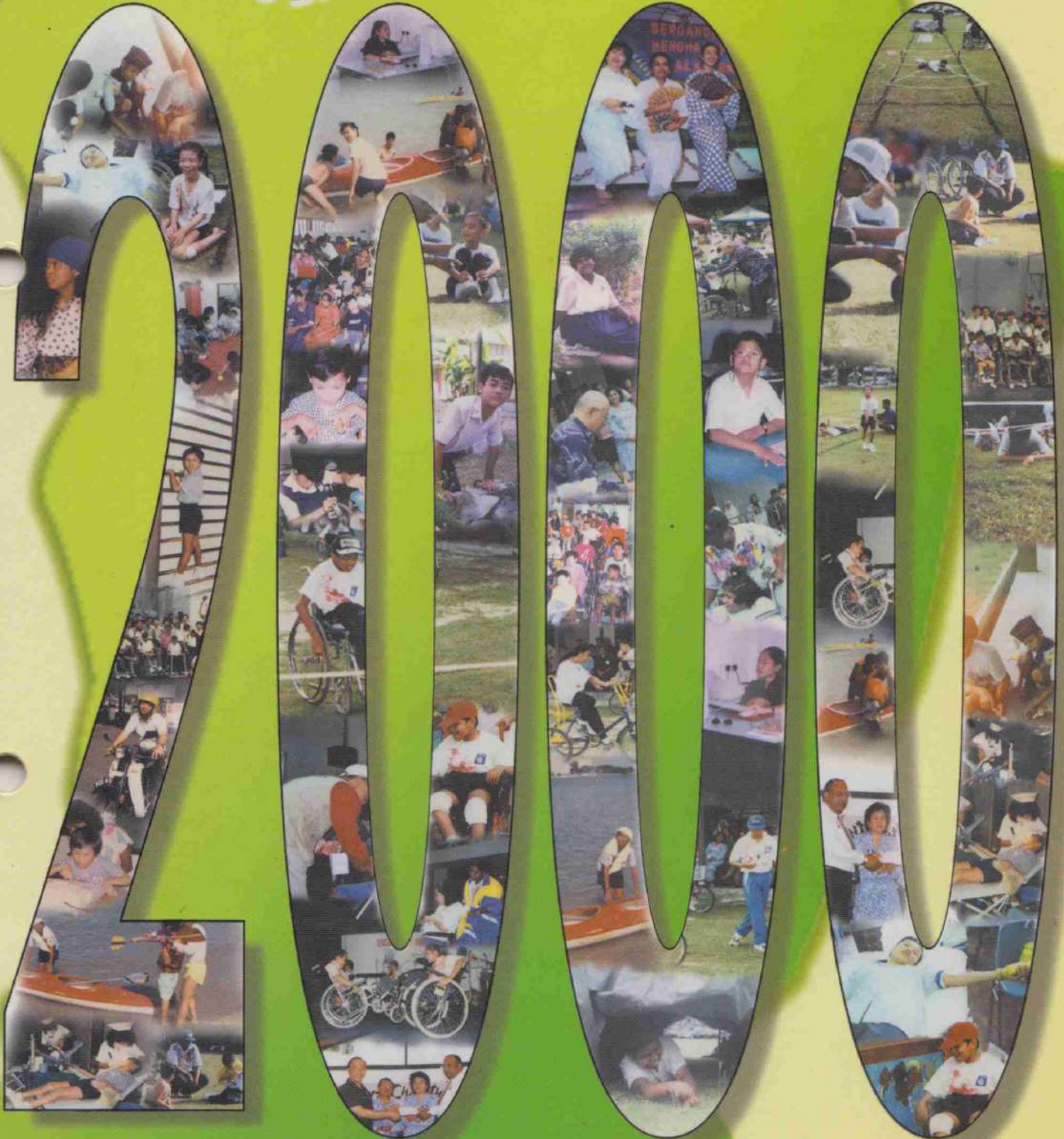




LAPORAN TAHUNAN ANNUAL REPORT

TOWARDS FULL PARTICIPATION AND EQUALITY



Persatuan Kanak-Kanak Cerebral Palsy, Pulau Pinang.
(The Cerebral Palsy Children's Association of Penang)
Penaung: T.Y.T. Yang Di Pertua Negeri Pulau Pinang.

I AM THE CHILD.....

I AM THE CHILD WHO CANNOT TALK. You often pity me. I see it in your eyes. You wonder how much I am aware of.....I see that as well. I am aware of much.....whether you are happy, sad or fearful, patient or impatient, full of love and desire, or if you are just doing your duty by me. I marvel at your frustration, knowing mine to be far greater, for I cannot express myself nor my needs as you do. You cannot conceive my isolation, so complete it is at times. I am not gifted with clever conversation, cute remarks to be laughed over. I do not give you answers to your everyday questions, responses over my well being, sharing my needs or comments about the world around me. ***I AM THE CHILD WHO CANNOT TALK***

I do not give you rewards as defined by the world's standards.....great strides in development that you can credit yourself, I do not give you understanding as you know it. What I give you is much more valuable..... I give you instead opportunities. Opportunities to discover the depth of your character, not mine; the depth of your love, your commitment, your patience, your abilities; the opportunity to explore your spirit more deeply than you imagined possible. I drive you further than you would ever go on your own, working harder, seeking answers to your questions, creating questions with no answers. ***I AM THE CHILD WHO CANNOT TALK***

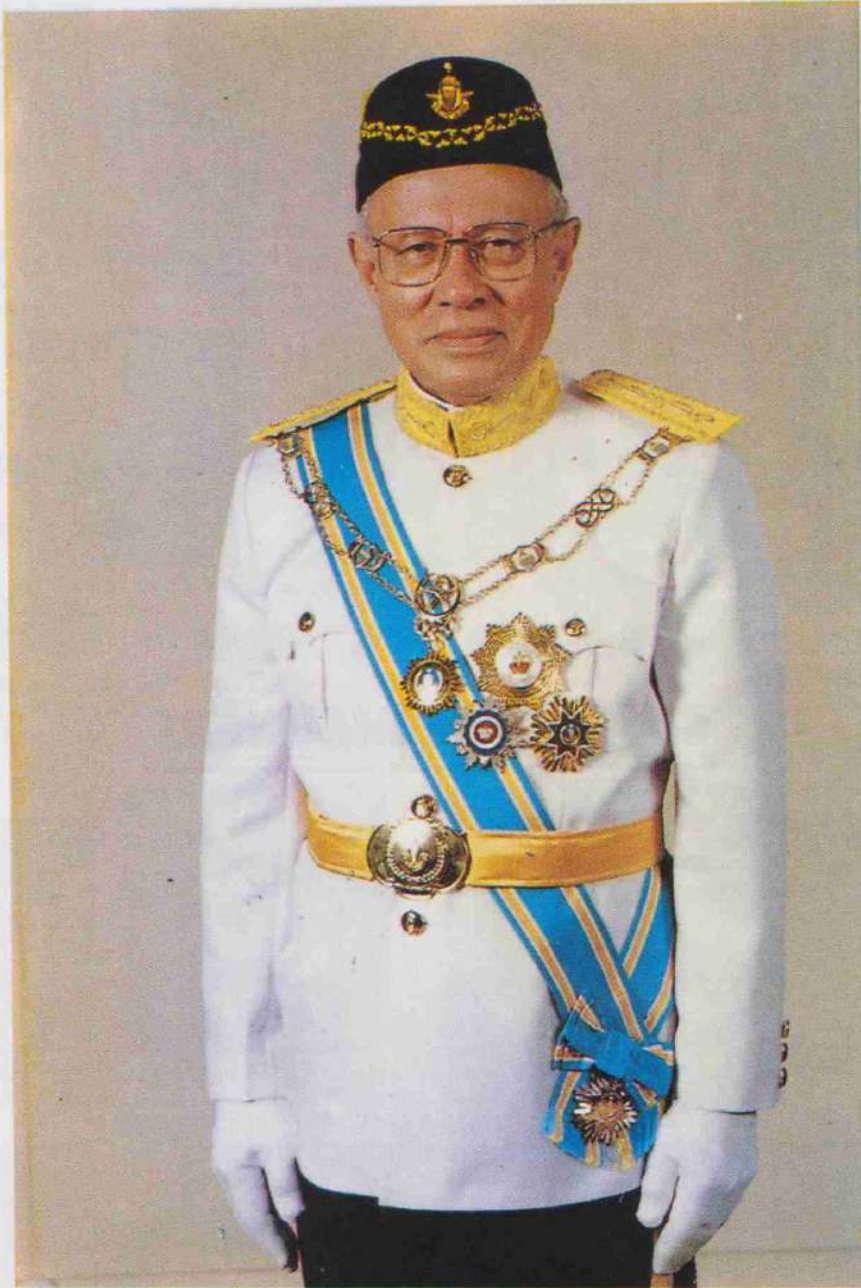
I AM THE CHILD WHO CANNOT WALK. The world sometimes seems to pass me by. You see the longing in my eyes to get out of the chair, to run and play like other children. There is much you take for granted. I want the toys on the shelf, I need to go to the bathroom, oh I've dropped my fork again. I am dependent on you in these ways. My gift to you is to make you aware of your great fortune, your healthy back and legs, your ability to do yourself. Sometimes people appear not to notice; I always notice them, I feel not so much envy as desire, desire to stand upright, to put one foot in front of the other, to be independent. I give you awareness. ***I AM THE CHILD WHO CANNOT WALK***

I AM THE CHILD WHO IS MENTALLY IMPAIRED. I don't learn easily, if you judge me by the world's measuring stick. What I do know is infinite joy in the simple things. I am not burdened as you are with the strife's and conflicts of a more complicated life. My gift to you is to grant you the freedom to enjoy things as a child, to teach you how your arms around me mean, to give you love. I give you the gift of simplicity. ***I AM THE CHILD WHO IS MENTALLY IMPAIRED.***

I AM THE DISABLED CHILD. I am your teacher. If you allow me, I will teach you what is really important in life. I will give you and teach you unconditional love. I gift you with my innocent trust, my dependancy upon you. I teach you respect for others and their uniqueness. I teach you about the sanctity of life. I teach you about how very precious this life is and about not taking things for granted. I teach you about forgetting your own needs and desires and dreams. I teach you giving. Most of all, I teach you of Hope and Faith. ***I AM THE DISABLED***



OUR PATRON



TUAN YANG TERUTAMA
TUN DATO' SERI (DR.) HAJI HAMDAN BIN SHEIKH TAHIR
S.M.N., P.S.M., D.U.P.N., D.P., D.M.P.N., K.M.N.,
YANG DI-PERTUA NEGERI PULAU PINANG

MANAGEMENT COMMITTEE



Dato' Dr. Denis Mark Lee
DSPN, JP, PJK
President



Mr. Saw Hock Eng
PJK, PJM
V. President



Mr. Khoo Yeoh Gan Hong
PPN, PKT, PJM, PJK
V. President



Puan Latiffa Abdul Rahman
PJM
V. President



Ms. Jenny Kam Phaik Har
PJK, PJM
V. President



Mr. Foong See Yoke
PPN, PK, PJK, PJM,
Hon. Secretary



Mr. Ng Fook On
PJK, PJM,
Hon. Treasurer



Mrs. Chan Kok Swee
PJK
Imm. Past President

COMMITTEE MEMBERS



Mr. Cheah Keat Kok



**Ir. Vincent
Tan Huei Meng**
PJK



Mr. Law Hock Chye
PKT, PJK



Mr. Tan Leong Theng
PJM



Mr. Bobby Ang
PJM



Mrs. Miki Hoalim
PJM



Ms. Ong Siew Guat



Mr. Valliammal Ramamurthy
(Centre Administrator)

TRUSTEES



Dato' Dr. Denis Mark Lee
DSPN, JP, PJK



Dato' Dr. Tan Ewe Aik
DSPN, JP



Mrs. Chan Kok Swee
PJK



Mr. Saw Hock Eng
PJK, PJM

HONORARY ADVISERS



Tuan Haji Mustapha bin Man
Pengarah Kebajikan
Masyarakat Negeri



Hj. Ahmad Farook b. Abd. Majid
AMN, PPT
Pengarah Pendidikan Negeri Pulau Pinang



Mr. Cecil Rajendra
Legal Adviser



Dato' Dr. Tan Ewe Aik
DSPN, JP
Medical Adviser



Dr. Alex Lim Kheng Seng
Medical Adviser



Dr. Yee Thiam Sun
PKT, PJM
Medical Adviser



Dr. Dan Giap Liang
Paediatrician

HONORARY CONSULTANTS



Dr. Lim Huck Boon
JP
Ophthalmologist



Dr. Santokh Singh
JP
ENT Specialist



Dr. Daljit Singh Nagreh
Dermatologist



Dr. Foong Kheng Phoy
PJK, AMP
Orthodontist



Dr. Tan Chee Khuan
PKT, PJK
Psychiatrist



Dr. Adele Tan
Paediatrician



Dr. Samuel Easaw
Neurologist



Mr. Dennis Y. S. Liew
Chartered Architect



Ir. Vincent Tan Huei Meng
PJK
Engineer



Dr. Lim Huat Bee
DJN, PJK
Dermatologist



PRESIDENT'S REPORT

Ladies and Gentleman

The Management of a growing Spastic Centre in the Millennium demands considerable resourcefulness and creativity on the part of these people involved in planning the execution of its policies to overcome any challenges and weaknesses. We look to the future with much confidence for we are assured that the generous and kind public would come forward to help us with financial support to sustain this growth. Rest assured that no effort would be spared to maintain the quality of service to our children. The Penang Spastic Centre won the Excellent Service Award from the Ministry of Social Welfare for the year 2000.

Buiding Extension Projects

The new extension building is still not equipped adequately. More training aids, computers and audio visual equipment would be purchased when more funds are available. Another million ringgit would be needed to complete this programme.

Upgrading and Updating The Quality of Service

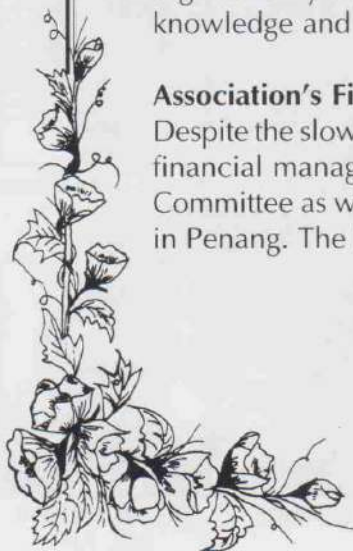
Upgrading and updating all the services in the Centre are constanly taking place in order to deliver to our children much needed quality service. In service programmes for staff training would be conducted to enhance their knowledge and skills. Excellent awards would be accorded to all deserving staff for quality performance.

Invesment in Human Resources

A pool of qualified and skilled personnel would be a positive requirement if we were to deliver the best care, therapy and education to all our Cerebral Palsy children. Suitable staff would be sent to undertake professional courses both locally or abroad to provide the much needed expertise. All staff would be encouraged to participate in local Seminars organised by the National Council of Spastic Associations every year to increase their knowledge and productivity.

Association's Finance

Despite the slow economic downturn the financial position was satisfactory. Besides prudent financial management, it was also due to the tremendous input by the Fund Raising Sub Committee as well as the generous support from the caring public and the corporate sector in Penang. The Foster Parents Appeal had proven to attract substantial contributions.



Future Directions


In line with the Malaysian Vision 2020 we would have to prepare all our cerebral palsy children to achieve a level of education, rehabilitation and independence to face the many challenges of the new Millenium. With the dawn of the Information Communication Technology age our cerebral palsied children would have to think smart and live smart. With careful proactive planning we would be assured that these children would face the future with confidence and success.

In Appreciation

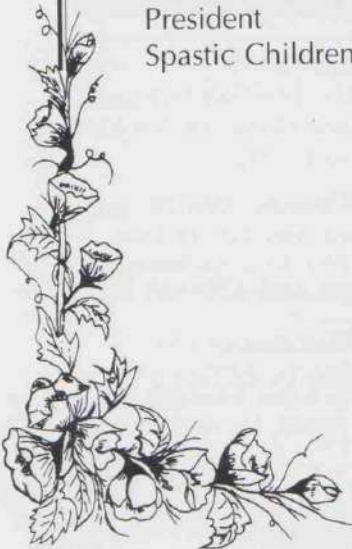
Our heartfelt appreciation to our Patron Tuan Yang Terutama Yang diPertua Negeri, Pulau Pinang, Tun Dato Seri (Dr) Haji Hamdan bin Sheik Tahir, DMN, PSM, DUPN, DP, DMKN, KMN and his consort Yang Berbahagia Toh Puan Dato Seri Hajjah Zainab binti Haji Baharudding DUPN, AMN, PJK for gracing our functions throughout the year. Their presence has always been a source of encouragement and inspiration to all of us at the Spastic Children's Association of Penang. My sincere thanks to Dato' Dr. Siti Zaharah Sulaiman, Minister for National Unity & Social Development for her unstinting support. Finally, I would like to express my appreciation to the State Directors of Jabatan Kebajikan and Pendidikan for their kind assistance during the year. I would like to thank my Management Committee, Sub-Committee, Advisors, auditors, donors, foster parents, Consultants, service clubs, the media, volunteers and committed staff, who had sacrificed their time beyond the call of duty, so unselfishly, to ensure another year of achievement and success. To our supporters who have contributed in so many ways to help the Cerebral Palsy children of Penang, I say "Thank You and God Bless You"

" The debt we have to pay for the gift of life is for us to recognise the purpose of our existence"

Best wishes always



Dato Dr. Denis Mark Lee, DSPN, JP, PJK
President
Spastic Children's Association of Penang.



MEMBERS OF THE SCHOOL BOARD



Sitting from left:

Mrs. Mary Khor (Secretary), Mr. Foong See Yoke (Ex-Officio), Mr. Khoo Yeoh Gan Hong (Chairman), Pn. Latiffa Abdul Rahman, Ms. Lee Beng Choo (Rep. of Kebajikan Masyarakat), Mrs. Valiammal Ramamurty.

Absent:

Mr. Yeoh Beng Chai, Mr. A. Thanabalan, Mr. V.P. Kanniah, Mr. Ng Fook On (Ex-Officio)

STAFF OF THE SPASTIC CENTRE AND SCHOOL



Sitting from left:

Mr. Roger Looi, Mrs. Helen Rajoo, Mrs. Maria Joseph, Mrs. Diana Leong, Mrs. Mary Khor, Mrs. Valliammal Ramamurthy, Pn. Azlina Yusoff, Mrs. Wayne Pereira, Mrs. Debbie Oorjitham, Mrs. Anita Muthu, Mr. Teh Kar Wei

Standing from left:

Mrs. Leela Satiaseellan, Ms. Norjan Osman, Mrs. Kalliammal Letchumanan, Mdm. V. Kamala, Mdm. R. Kalyani, Mdm. K. Rajeswary, Mrs. Bawani Ganapathy, Mdm. Subaida bte Nagoor Meera, Mrs. Lim Yit Mun, Mdm. Nesamani Thai, Mrs. Joyce Khoo, Mdm. Ho Lee Mei, Ms. Roziah Ali, Mrs. Uma Sasitharan, Mrs. Parvathy Balakrishnan, Ms. Josephine Gnanaselvam, Ms. Sujatha Somasundran, Mrs. Kannikah Balan, Ms. Sivagami Suriakan, Ms. Rajeswary Naranasamy.

Standing back row from left:

Mr. Joseph Pragasam, Mr. Ong Hong Tiang, Mr. Christopher Dass, Mr. M. Doraisamy, Mr. Sultan Mustafah, Mr. Henner Wenkhausen, Mr. R. Mahendran, Mr. K. Maarkanden, Mr. Chew Sun Chooi, Mr. Vijay Anand, Mr. Mohammed Rafee, Mr. Lim Eow Beng.

Absent:

Ms. Shanthi Jeganathan, Mr. M. Santharamogen, Mr. Awtarr Singh, Mrs. Manogari.



THE CENTRE ADMINISTRATOR'S REPORT 2000

The Jubilee year 2000 has been an eventful one, as the association is continuously looking for ways to improve services to cerebral palsy children and young adults. The setting up of a sheltered workshop and purchase of a van fitted with a hydraulic wheelchair lift, are part of the ongoing programmes to improve the quality of life of the CP individuals.

The setting up of the sheltered workshop in July was most exciting for ex-students who are not able to fit into open employment. A million thanks to Mini Circuits Technologies (M) Sdn. Bhd for making their dream come true.

Staff Training is an ongoing priority in the continued development of the Centres' services. Puan Azlina and Puan Manogari have both completed their Certificate in Special Education course conducted in Penang through the Christchurch College of Education New Zealand. Thanks to Mrs Kim Nathan the Course Co-ordinator.

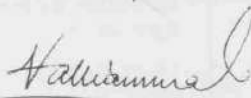
Sport is another area in which the centre is actively participating. One of our ex-student Lim Hooi Gek represented Spastic Children's Association of Penang in the Boccia Tournament in Hongkong. Syabas to our Sports Master Joseph Pragasam for his endeavouring efforts, in training the athletes.

SCAP staff Awards of Excellence for 2000 were awarded to Ms Roziah Ali, Mrs Anita Muthu and Mdm Ho Lee Mei. The long service award went to Mrs Diana Leong who has served the Centre for 25 yrs. It is a distinct privilege to congratulate her on her 25 yrs of service at SCAP. Congratulations Diana!

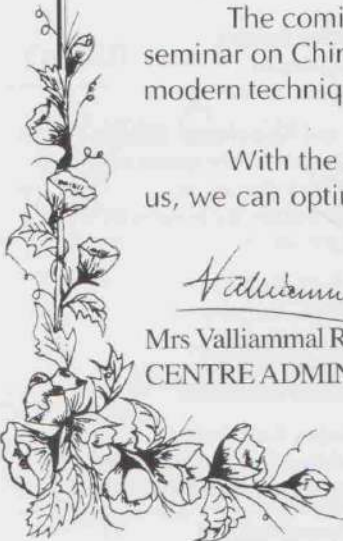
My heartfelt thanks to all the staff of the Centre for another successful year. Your individual talents contribute towards the development and growth of the Centre and are much appreciated.

The coming year 2001 promises to be a busy and eventful year with SCAP hosting a seminar on Chinese Traditional Medicine which will see a unique blend of traditional and modern techniques.

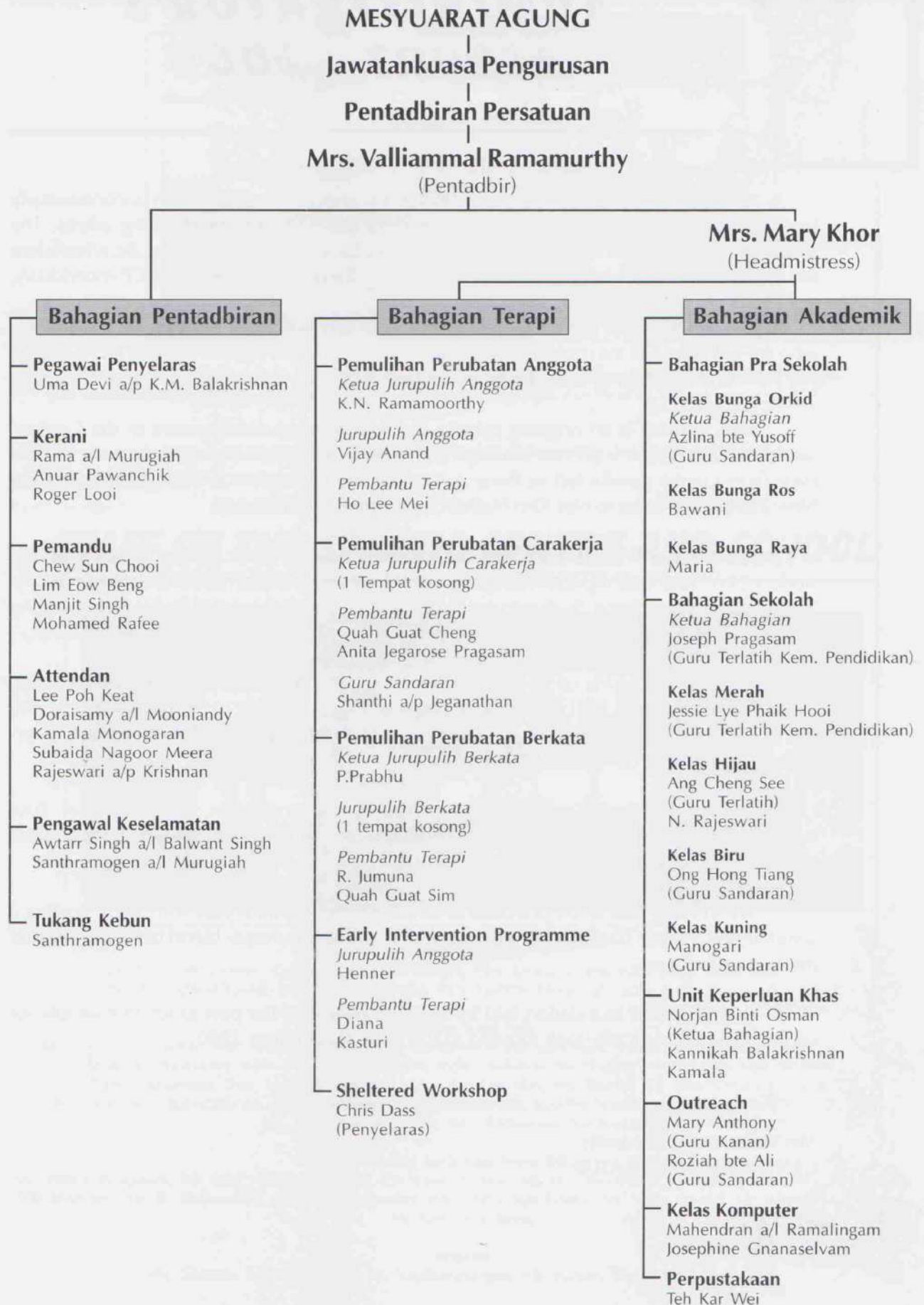
With the solid foundation laid by so many people in the past to set an example for us, we can optimistically look forward to the New Millennium 2001.



Mrs Valliammal Ramamurthy
CENTRE ADMINISTRATOR



STRUKTUR ORGANISASI PERSATUAN KANAK-KANAK SEPASTIK PULAU PINANG



MEDICAL

The Association is grateful to the following medical professionals who make up SCAP's panel of Honorary Consultants:

Dr. Samuel Easaw
Neurologist

Dr. Fong Kheng Phoy
Orthodontist

Dr. Lim Huck Boon
Ophthalmologist

Dr. Daljit Singh Nagreh
Dermatologist

Dr. Santokh Singh
ENT Specialist

Dr. Adele Tan
Paediatrician

Dr. Tan Chee Khuan
Psychiatrist

Dr. Lim Huat Bee
Dermatologist

Dental Surgeon & Nurses of
the Perak Road Clinic

The Association also wishes to thank the following people for their continued commitment and service to the Centre:

- Dato' Dr. Tan Ewe Aik a Trustee of the Association, and Honorary Medical Advisor.
- Mrs. Ong Kim Chye our nurse, who volunteers to maintain first-aid supplies and to look after health and safety aspects at the Centre.
- Dr. Alex Lim Kheng Seng who provides free medical treatment for the children and medical check-up for new staff.
- Dr. Yee Thiam Sun who provides free hearing assessments for children with hearing problems.
- Dr. Dan Giap Liang (Paediatrician), who carries out the initial medical assessment for all new referrals to the Centre.

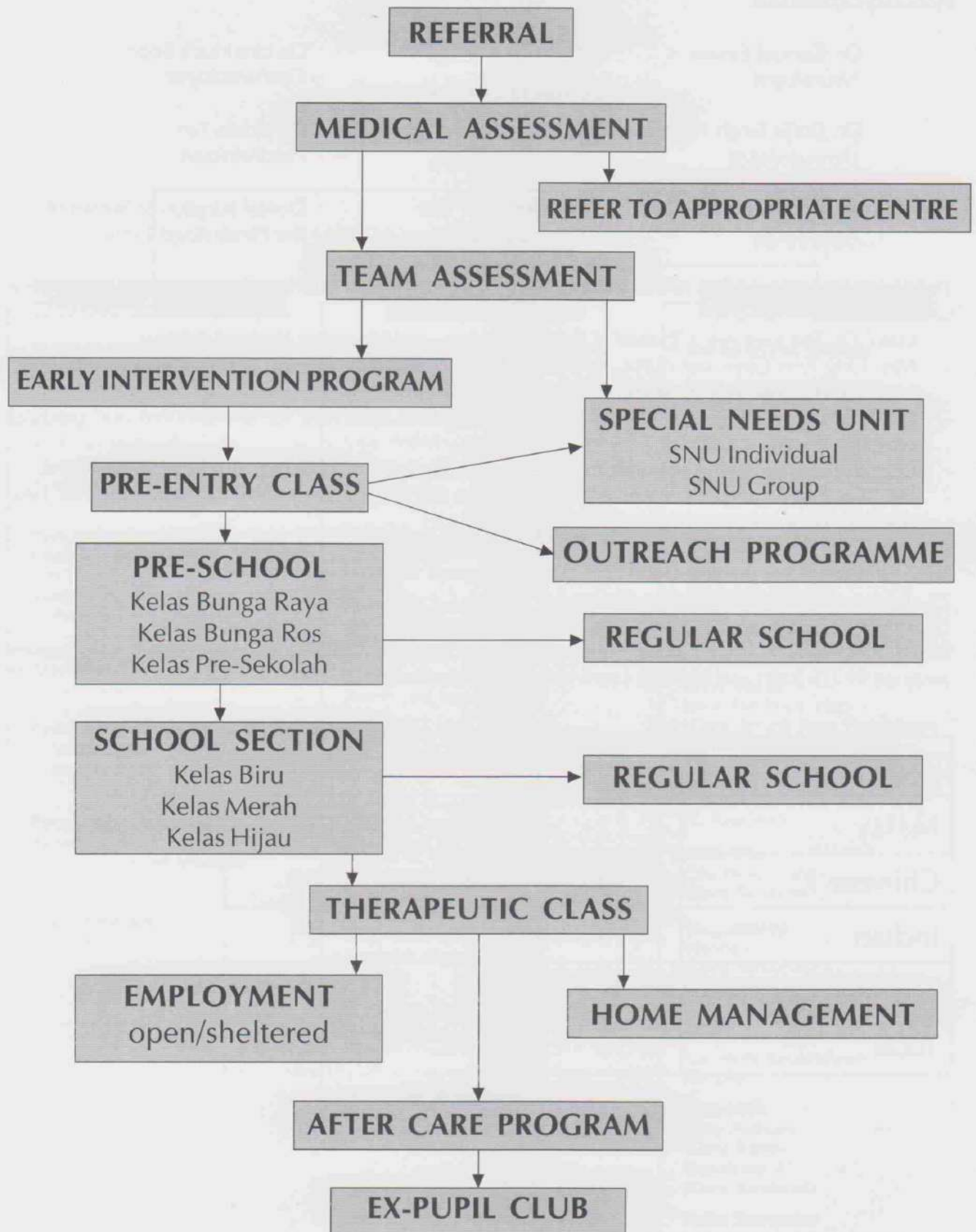
New Admissions for the year 2000

29 children were admitted to the Centre

We would like to convey our heartfelt condolences to the families of Normala Shariff who passed away on 01-03-2000 and Melinda Lee who passed away on 29-10-2000.

	Male	Female	Total
Malay	22	31	53
Chinese	54	35	89
Indian	14	11	25
Therapy Clients	6	3	9
Total	96	80	176

PROGRESS CHART





THE HEADMISTRESS REPORT 2000

"A person becomes a flowering orchard. The person that does good work is indeed this orchard bearing fruit.....".

The dear staff at the centre understand that job satisfaction is defined by inner rewards that make for a quality work life. Working out of a deep sense of meaning and purpose, sharing accomplishments with team members and making a contribution that really counts, make up the healthy and peaceful working environment here.

The daily routine is like good ritual shaping the activities of our dear children and calling us to experience the extraordinary qualities of everyday existence.

When the going gets tough, as it sometimes will, the staff are often reassured in the knowledge that all of us have been placed on this planet for a reason.

Be aware and appreciate that the staff serving at the Spastic Children's Association of Penang, are generous enough to allow the world's struggles to pass through their front doors and to let the door of their hearts be a welcome place for those in need..... namely, our dear children at the centre.

"LOVE IS THE ROSE ATOP THE THORNS"

To all dear parents and carers, "True caring means being there for your child, but letting go of the problem".

By your unwearied watch and varied round of service, you will soothe the heart.

Be of good heart; trust and believe that all will be well, if we are but calm and deliberate in what we do.

Just remember this:-

"WHEN THINGS GO WRONG, AS THEY SOMETIMES WILL,
WHEN THE ROAD YOU'RE TRUDGING SEEMS ALL UP HILL,
WHEN CARE IS PRESSING YOU DOWN A BIT,
REST, IF YOU MUST — BUT DON'T YOU QUIT"

May God bless each and everyone of us
"Happy new millenium"

Head Mistress
Pn M Khor

The Penang Spastic Centre

This is a place I know
where some special children go
To receive therapy and education
Which starts with early intervention.

Infants, toddlers, children dear,
Teenagers and young adults here
Make up this one big community
Where all belong with no disparity.

These cerebral palsy children
Receive both care and education
From staff and teachers with dedication
Parents feel a sense of satisfaction

Seeing their children participating
In all activities, not withstanding
Their probabilities and short comings.
Has given rise to hopes and forth comings.

The departments organised herein
Have their specific programmes within
Their scope of dealing conscientiously
With children of varied disability.

Walkers, crawlers, wheel-chair users
They come daily and move around
Their needs are met; no regret
To those who generously have donated
In cash or kind; early or belated
To our dear children, God's gift sublime
Will in time receive blessings divine.

So, the Penang Spastic Centre
Where the cerebral palsy children gather
Will be their 'Alma Mater'
For yesterday, now and hereafter.

EARLY INTERVENTION PROGRAMME

Our motto was, still is and will always be: "Parents as Partners!"

To enhance parents therapy interaction and to provide appropriate activity for each child the Early Intervention Programme was thus divided into four groups with a maximum of 10 children in each group. All in all we had about 36 children attending the Early Intervention Programme with 6 new intakes this year. This was made possible because 10 of our children were promoted to Pre Entry, 5 to SNU, 2 were placed under Outreach Programme and 1 is presently placed in Saturday Playgroup Programme.

Our aim is to continue working with the parents to provide each child with assistance and therapeutic intervention needed to develop physically, cognitively, functionally and socially.

Included in the programme are:

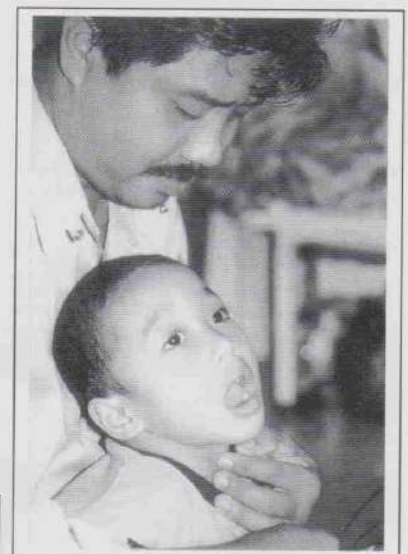
- ✦ Neurodevelopmental therapy intervention
- ✦ Learning through play
- ✦ Oral motor and feeding programming
- ✦ Hydrotherapy
- ✦ Sensory stimulation
- ✦ Snoezelen
- ✦ Infant massage
- ✦ Music time
- ✦ Home programmes
- ✦ Counselling for parents

The multidisciplinary team consists of:

- ✦ Occupational therapist
- ✦ Physiotherapist
- ✦ Speech therapist
- ✦ Teachers



Kel Sean and Zhen Dong are enjoying Hydrotherapy



Mohammed Syafiq during oro-motor exercises

Chia Jun's balance being challenged on the Bobath-ball



And who is this?

PRE ENTRY

Potential children are promoted from the early intervention programme and Special Needs Unit into the Pre Entry class. Pre Entry classes are held 3 times a week in the afternoon i.e. Mondays, Tuesdays and Wednesdays. This year the enrolment saw a total of eight children.

Initially, areas such as concentration and attention are emphasised. These children are also taught nursery level skills such as pre writing, pre reading, pre mathematics, toileting and other skills which prepare them to be promoted later into our full-time Pre School morning session.

Teacher to child ratio is 1:2. This is to ensure the child gets individualised attention. During their time in Pre Entry, the children attend various therapy sessions mainly physiotherapy, occupational therapy, speech therapy and computer classes. Potential pupils are integrated to kindergarten and regular schools.

PRE SCHOOL SECTION

This section is divided into three classes i.e. Kelas Bunga Raya, Kelas Bunga Ros and Kelas Bunga Orkid. This year 20 pupils were enrolled in this section of which four are in Kelas Bunga Raya, six are in Kelas Bunga Ros and eight are in Kelas Bunga Orkid. These children are promoted into the morning section from Pre Entry and placed into the various classes according to their age and abilities.

Kelas Bunga Raya

Various activities are conducted in this class. Children are encouraged to learn through play and practical experience. Basic concepts of colours, shapes and numbers are introduced as part of classroom learning skills.

Kelas Bunga Ros

In this class more advanced activities are carried out and academic oriented tasks such as reading, writing and mathematics are introduced. This class follows the regular kindergarten syllabus with modifications to suit individual needs. Here they learn to write the letters, numbers and match words with pictures.

Kelas Bunga Orkid

The pupils in this class are being prepared for promotion to School Section upon reaching the age of twelve. Subject teaching is introduced at this level which includes Bahasa Malaysia, English, Writing and Mathematics. They are also encouraged to be independent through self-help skills.

Individual Education Plans (IEP) are done to meet the needs of each child. Some modifications on tables and chairs are made as where and when the need arises. Children who are unable to write are taught to use assistive devices such as electric typewriter/computers. Hearing test, vision test and home visits are arranged and made when necessary. Educational visits to places such as supermarkets, wet markets, parks and other places of interest help to increase the child's awareness of the world around them.

Lawatan Sambil Belajar ke Restoran KFC Batu Lancang



"Apalah Cikgu ini, minta belon warna merah tapi diberinya warna kuning", kata adik Fikri kepada Cikgu Maria ketika lawatan sambil belajar ke Restoran KFC Batu Lancang.

Oh! Sedapnya hingga menjilat jari, kata adik Victoria ketika lawatan sambil belajar ke Restoran KFC Batu Lancang.



Hello! What is this? My bean sprouts has grown into a plant, says Kuganeswaran to Cikgu Azlina during science lesson.



Come one, come all. Come to our Pre School bean sprout stall.

At The Science Corner

SCHOOL SECTION

The year 2000 saw a new class being set up in the school section i.e. Kelas Kuning. Pupils who need more individual attention were placed in this class. The setting up of Kelas Kuning also helps to maintain a more realistic teacher to pupil ratio in the school which is 1:4.

The chart below shows the number of pupils in the respective class:

Kelas Merah	Kelas Hijau	Kelas Biru	Kelas Kuning
6	6	6	5

This year there were no candidates for UPSR (Kelas Merah) but we are preparing 4 pupils to sit for the UPSR next year. Kelas Hijau and Kelas Biru continue to focus on practical aspects of learning i.e. functional skills but with a more one to one approach.

Besides academic activities, swimming, music, gardening, cooking and activities of daily living remain very much an integral part of their training. Activities conducted outside the school premises such as 'Kem Berdikari' and 'Lawatan Sambil Belajar' are some of the annual programmes that the children look forward to. Such exposures will eventually enable them to develop skills for future integration into the community.



Adik Khairunnisa sedang memasak sup (Activities of daily living)



Lee Ah Nah making an independent entry into the swimming pool.



Learning how to clip nails during a session on personal hygiene.



Pupils from the school section having a sumptuous dinner during their Bungalow Stay. (Dinner hosted by Eden Seafood).



Hua Seng arranging the numbers 1 to 10 in a sequence.

THERAPEUTIC CLASS

7 students were enrolled into Therapeutic Class this year. Their ages ranged from 17 to 19 years.

Self-management skills continued to be the main objectives. Besides taking care of themselves, work related skills were carried out which would be their future goals. This year the class introduced stool weaving and making soft toys.

Basic academic lessons such as reading, writing and simple arithmetic were followed up for the weak students to improve their perceptual-motor ability.

This year 4 students will be recommended to be placed in the Sheltered Workshop upon reaching the stipulated age of 19.



Yew Chin concentrating on stool weaving



Chung Jun, Fadzillah & Ah Nah hard at work stuffing soft toys

GIRL GUIDES 2001

We had a total of 11 Girl Guides this year. Below are some of the interesting activities carried out during the year.

A. Outdoor activities: Interaction through games with members from the Police Cadets and Rangers from the regular schools. Going through obstacle courses together with the cubs and scouts. They also learnt how to start a fire for outdoor cooking and on how to pitch a tent.

B. Indoor activities: Knotting, tracking, sewing, simple embroidery stitches, origami, craftwork were some of the activities that were carried out in class.

Besides these they were also given lessons on food hygiene, personal hygiene and moral values.



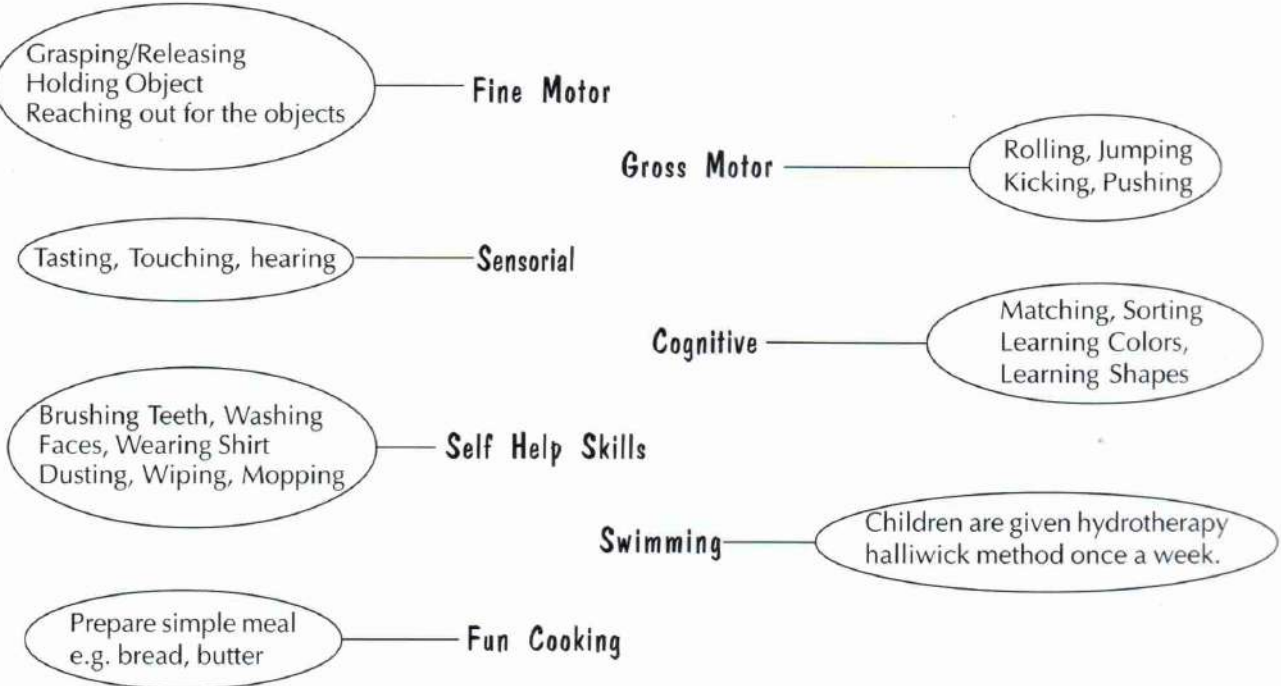
Sarojini helping Nadia with her scarf



Our patriotic Girl Guides

SPECIAL NEEDS UNIT

Objective of this unit is to assist the students to improve their functional independence and introduce them to a variety of sensorial activities. Below are the details of the activities carried out in this unit.



Besides classroom sessions, parents are also advised and encouraged to learn and carry out such activities at home. Occasionally, children are also taken to places of interest such as Youth Park, Beaches, Botanical garden etc. as part of the outdoor activities.

Apart from that they are also encouraged to socialise or interact with their peers. Part of this interaction activity is imaginative play and looking through pictorial story books.

Outing to KFC



*Socializing
(interaction) time*

OUTREACH PROGRAMME

At present 26 clients are benefiting from this programme (16 from the mainland and 10 from the Island). This programme was initiated to ensure that all children living within the state of Penang, have access to the appropriate services available to them regardless of their location or socio-economic status. Therapies and training are provided by regular home visits by therapists and teachers.

Aims of the Outreach Programme

1. To provide basic academic skills.
2. To aid parents in management of their 'Cerebral Palsy Children' e.g. toileting, feeding, dressing.
3. To provide counseling for parents.
4. To facilitate the children as well as the parents in their needs as much as possible where accessibility and mobility is concerned.

Besides sessions being carried out in their homes, parents are also advised and encouraged to bring their children to the centre, whenever possible, to make full use of the facilities provided at the centre and this also allows parents and staff to interact among themselves and exchange ideas and views.

Island Outreach



Sanjeevee's Mother carrying out proper sitting for him as taught by the outreach teacher.



Saw Hoon's mother working on stretching her upper limbs.

Mainland Outreach



The outreach teacher teaching Saw Hoon's mother how to put on her KAFO (Knee And Foot Orthor)



Amirul's mother carrying out physiotherapy taught by our therapist, Mr. Ram.



Keat Seong learning to walk, taking short paces rather than dashing off in a hurry.

OCCUPATIONAL THERAPY

The Occupational Therapy department has an enrolment of 50 pupils. The chart below indicates the number of pupils from the respective departments.

a) Pre Entry	▬▬▬➔	9
b) Pre School Section	▬▬▬➔	17
c) School Section	▬▬▬➔	9
d) Special Needs Unit	▬▬▬➔	5
e) Therapy Clients	▬▬▬➔	10
Total	▬▬▬➔	50

The pupils were seen individually as well as in groups. As for the therapy clients, they were seen on a weekly and monthly basis, with therapy focussing on mobility, visual, perception, sensory functions, physical function, self care and activities of daily living.

Teaching techniques and strategy used during therapy sessions are as follows:-

Backward Chaining: Task is done by teacher except for the last step, which is done by the learner. This task is repeated with the learner doing the last two steps and so on. Alternatively, the first steps can be carried out with assistance by the learner and then the procedure follows. This means that the first steps are practised often with assistance before the learner attempts them alone. The learner experiences a high rate of success with this method because they are able to complete the task on each attempt.

Forward Chaining: Learner begins by going through the whole task once with the teacher. Then the first step is practised until it is mastered. Then the first and second steps are practised until they are mastered and so on till the whole task had been taught. This method is appropriate to use where the learner can already do each step of the task but is not able to perform them in the correct sequence.

Prompts

- Physical Prompt**
Touching the task or the learner e.g. a tap on the arm.
- Verbal Prompt**
Providing some information but requiring the learner to decide what to do.
- Gestural Prompt**
Attention to a task by using a gestural action such as pointing.

These techniques are also being taught to parents and caregivers when dealing with the child at home.

Our regular volunteer Ms Helen Capel assisting Tahirah during Self Care Activity



Devendran is being guided by his mother to stack cones.



Visalatchi with her sister during play activity



"Nothing is Wasted! Look at us, We are making use of the empty boxes to make pencil holder" Yogavalli, Tahirah, Li Jun with teachers."

SPEECH DEPARTMENT

A total of 45 children were enrolled for the year 2000.

School section	⇒	2
Preschool section	⇒	13
Pre entry	⇒	7
Special needs unit	⇒	11
Therapy clients	⇒	11
Therapeutic section	⇒	1

Variety of speech, language problems, feeding problems, oral motor and drooling problems were identified and treated intensively on twice a week basis.

During this year major emphasis was given to improve the children's feeding and oral motor skills which showed positive results.

There are some other factors which cause Speech and Language development such as hearing loss, delayed developmental thinking skills which includes difficulty in understanding and using information from the sense such as hearing, sight, touch, taste and smell. Such problems are referred as perceptual Problems.

Lack of social experience which is due to the CP child's medical problems may prevent the child from exploring the world, making friends and learning to communicate. Language develops as part of being with people in different situation.

Regardless of child's speech & language problem, there is reason to be optimistic. Children have an intense desire to communicate even in the presence of severe handicaps.

The team efforts of Speech Therapist with the parent and the family members can do a lot to help the child. Sharing thoughts and feelings together can bring tremendous joy to the child, despite the physical problems that must be overcome.



Joyce (Speech aide) carrying out oral stimulation on Ee Jin.

DEPARTMENT OF PHYSIOTHERAPY

During the Year 2000, total of 120 children attended Physiotherapy sessions. The following is the statistics for the year 2000:

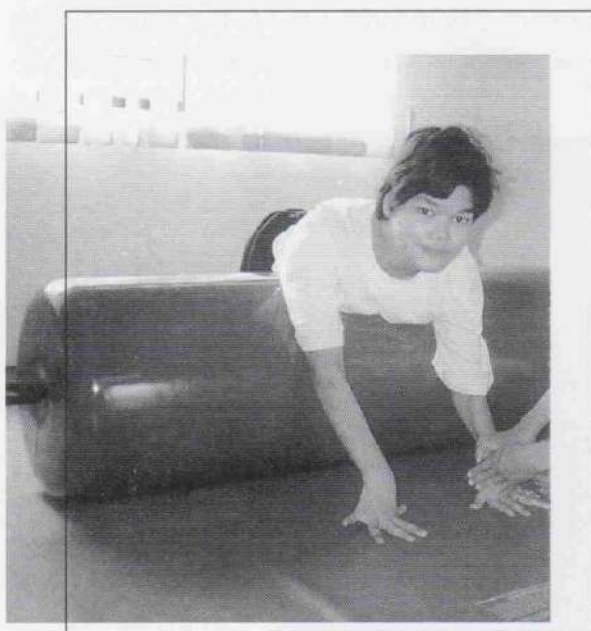
1) School Section	➡➡➡➡	17
2) Pre School Section	➡➡➡➡	15
3) Therapeutic Class	➡➡➡➡	07
4) Special Needs Unit	➡➡➡➡	35
5) Pre Entry Section	➡➡➡➡	09
6) Therapy Clients	➡➡➡➡	10
7) Out Reach Programme	➡➡➡➡	04
8) Aftercare Programme	➡➡➡➡	08
9) Playgroup 2	➡➡➡➡	15

We started Playgroup 2 during second half of this year on Saturdays. This is to provide therapy for those children who are not able to attend regular Playgroup sessions.

On Thursdays, children who need Orthotic devices were taken for Orthotic evaluation with the Orthotician Mr. Lee, at **Lee Orthotic Centre**.

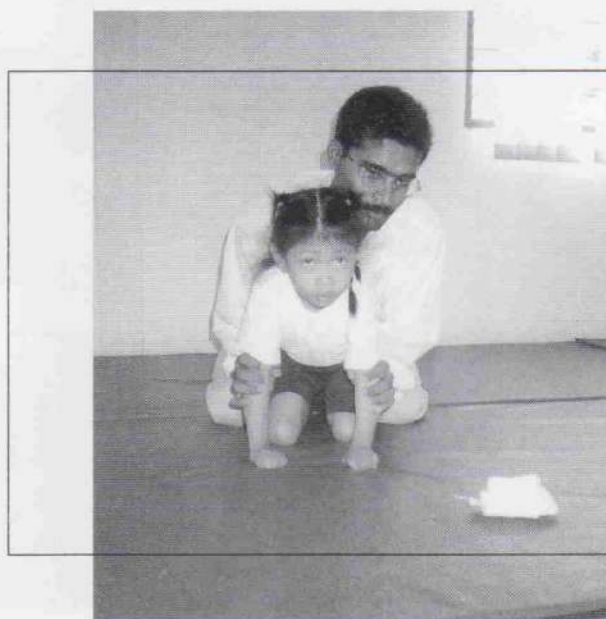
This year 11 Children were reviewed by Orthopaedician and 5 of them underwent surgical intervention for their Soft tissues contractures. We followed them up with intensive physiotherapy and proper orthotic devices.

Later this year, three children went for medical evaluation for BOTULINUM TOXIN Injection to reduce their spasticity and to improve their functional skills. Two of them will get the injection in the earlier months of the year 2001.



Balance training using Tumble form

Ashikini doing weight bearing activity with physiotherapist



COMPUTER DEPARTMENT

56 pupils attended the computer classes in the Y2K. Majority of the children that attended the computer classes are from Pre School and School Sections. Children from Pre Entry are also gradually being absorbed into computer classes.

Though each student is given only one session between 30-45 minutes a week, their interest and the determination to learn are very encouraging. The students have shown increased participation, improved attention span, understanding concept of object permanence, consistency in visual tracking and improved mouse/switch control.

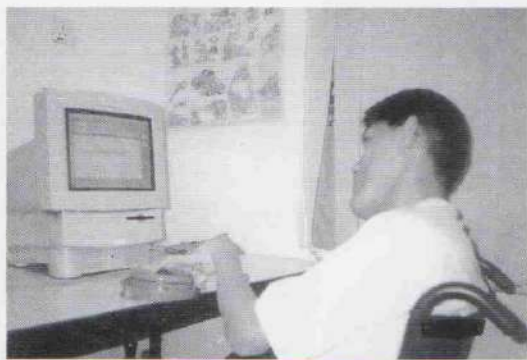
Accessibility plays an essential part in learning through computer. To engage themselves directly in the tasks given grant them maximum satisfaction and facilitate the learning process. For students who have difficulties in accessing computers through regular keyboards and mouse, assistive gadgets such as Intellikeys, Discover Switch, Buddy buttons and Turbo Mouse are used frequently during the lessons.

The Intellikeys with standard and custom design overlays with larger keys, instills confidence in the children and improve their attention span. This helps to reduce the number of mistakes such as accidental hitting of wrong keys; larger keys also improve their ability to see and locate the alphabet, numbers and other commonly used keyboard commands such as Space, Delete and Return/Enter efficiently. Children using the Intellikeys have shown improved typing skills, increased speed in locating letters, numbers of keyboard commands. The use of mouse overlay in some of the programmes that requires mouse functions, encourage active participation from the children.

Buddy Buttons are popular among the younger children and used quite frequently to increase their Participation and interest. This is used with the cause and effect activities such as Switch Intro, Pippi Longstocking, Speedy, Switch Kids etc. The clicking effect with a light tap on the switch provides easy access for these children and arouse their inquisitive nature to explore animations, sounds and colors in these activities. Some new educational software such as Food For Thoughts, Access To Maths, Simon Spells and Talking Clocks also have been added to provide wider learning opportunities for the children.



Khairunnisa of Kelas Merah is learning to create name card with the Microsoft Word programme.



Hua Seng of Kelas Kuning is typing his name using the Discover Switch.

It is evident that with the advancement in this field of assistive technology, the computer has become an easily accessible electronic tool to facilitate the learning process. However the cost of purchasing a good computer as well as quality software remains high. A cost effective approach will definitely enable many disabled users especially CP individuals to have a wider access to this technology and be able to integrate the technology in their day to day affairs especially where literacy and communication are concerned.

CUBS

A total of 6 cubs were enrolled this year. The cubs were exposed to various indoor and outdoor activities that were carefully planned for them. For instance; first aid skills, physical games, bungalow stay, art and craftwork and camping skills such as simple knotting, use of knife and axe, pitching tents and outdoor cooking.

Apart from these activities, the cubs were also taught on the importance of personal hygiene and social interaction skills. This is indeed a fruitful year.

SCOUTS

This year 8 members were enrolled into the Scouts Movement i.e.the 22nd. Georgetown South Troop. They participated actively in all the programmes planned for them e.g. First Aid, Backwood Man's Cooking, Obstacle Courses and Games. Our Cubs together with Scouts and Girl Guides were also involved at the Bungalow Stay cum independence Camp held at the Rumah Peranginan Pos dan Telekom, Batu Ferringghi.

Our Guides, Scouts and Cubs during the morning callisthenics at the Bungalow Stay cum Independence Camp.



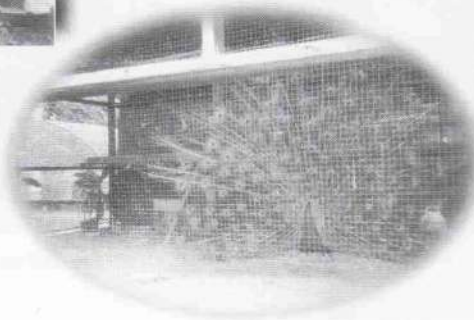
Hasbullah during the cooking activities (frying a nugget).



Our Guides, Scouts and Cubs during their visit to the Pusat Perlindungan Haiwan, Jabatan Haiwan Pulau Pinang.

Here's to the cub/scout, where'er you find him, Steadfast of heart, and strong of hand! Here's to the law and oath that bind him. True to God and native land!

Zahril going through the obstacle course.





KELUHAN RASA TERHADAP MASA

Masa.....kawan atau lawan?
sehingga kini aku masih sangsi
akan kesetiaanmu terhadapku.

Masa...
kau pergi tanpa menoleh ke belakang
dan pemergiannmu tidak dapat disekat
yang cepat pasti dapat mengejanya
yang lambat sepertiku pasti akan ketinggalan.

Masa...
tiada sesiapaupun yang dapat menyangkal
kaulah pencetus segala perkembangan
dan segala pengecutan.....
kaulah penentu segala evolusi serta revolusi
begitulah juga dengan kewujudanku

Masa...
entah kenapa
ku terpaksa memikul bebannya
ku bergelar insan kurang upaya
sepanjang hayatku
sejak kelahiranku
sungguhpun ini bukan kehendakku.

Masa...
ku amat memerlukan kesetiaanmu
dalam setiap pergerakanku, pertuturanku,
dan segala-galanya
kerana setiap perlakuanmu
tidak semudah, sepertas
seperti orang lain.

Masa...
di sebalik keperitan
pejuang serta pembela nasibku
tampil ke hadapanku
menghulurkan tangan
menerangi hidupku
dan memberi harapan padaku
untuk menuntut ilmu
bersama pelajar-pelajar lain
demi masa depanku.

Masa...
tapi sebenarnya bukan mudah
seperti yang disangka,
ku terasa bahangnya
ku ketinggalan dalam banyak hal
perlumbaanku bersama pelajar lain, tergunat.
Kerana tanganku
sukar menggenggam pensil
jarang bergerak pantas
oleh demikian ku tiada dapat menulis cepat.
ianya meraung kesakitan apabila menulis terlalu lama

sekali-sekala pergerakannya tak terkawal
kadang-kadang ianya menjadi kaku
pedih hatiku
semuanya terhad
ku tiada upaya melawan.
Masa,
sebenarnya aku amat memerlukan kesetiaanmu
untuk menghadapi segala kesukaran.
terutamanya pada saat-saat
ku menghadapi peperiksaan.

Masa...
saat-saat berlalu dengan pantas
setengah jam tambahan...disangka lama
sebenarnya hanya sekelip mata
markah-markah di depan mataku
tetap perlu ku lepaskan
hanyut dibawa arus deras
harapanku yang menggunung semakin rekah
sungguhpun segala kekuatan telah ku curahkan.

Masa...
mujur, kali ini
nasib menyebelahiku
ku lulus cemerlang.

Tapi
bagaimana dengan masa-masa akan datang
sedangkan ombak kian hari kian mengganas
arus juga kian deras ku rasakan.

Masa...
sama ada ku lulus atau tidak
dapat keputusan cemerlang atau tidak
sebenarnya bergantung pada kesetiaanmu
terhadapku yang kurang upaya.

Masa...
kiranya yang berwajib
mencelikkan mata
mungkinkah kau dapat mengiringiku
sedikit lama....menghadapi ujian-ujian ku?

Masa...
ku berhadap,berdoa dan merayu
"....prihatinlah terhadap nasibku
dan sanggup bersamaku
hingga aku menulis huruf terakhir
pada setiap peperiksaan".

**(SAJAK INI IALAH HASIL KARYA TAN CHIN CHIN
YANG MENGGAMBARAKAN KEKECEWAANNYA
TERHADAP KESUNTUKAN MASA KETIKA
MENGHADAPI PEPERIKSAAN SPM TAHUN INI)**

SHELTERED WORKSHOP

The Sheltered Workshop was established for the cerebral palsied adults with the following/original objectives.

- To provide spastic adults a place to meet and interact
- To improve the quality of life of the spastic adults
- To provide gainful employment, &
- (Where possible) to trainees and prepare spastic adults for open employment

Currently there are 13 trainees in the Workshop ages ranging from 19-45. Transport a minimal fee is provided for wheelchair trainees using the hydraulic wheelchair lift fitted van.

The Workshop is mainly involved with sub-contract production work and producing special crafts.

SUBCONTRACT

- The only sub-contract job at the moment is assembling and packing of Manila files from Asia Files Products Sdn. Bhd.

SPECIAL CRAFTS

- **Doily-hand** designed by our workshop artist Joe Scully, laminated and marketed as souvenirs, gifts, tablemats or decorative items.
- **Acrylic Yarn Covers**-woven on frame looms used as covers for audio video equipment and computers.
- **Nylon String Chair**-nylon seat woven onto custom-made chair frame.
- **Bookmarks**-Stamps attached made from paper recycled in the workshop.

Trainees are placed under subcontract or special crafts depending on their abilities and all payments received for subcontract and profits from crafts sales are paid accordingly.

Some able trainees are being given training with emphasis on discipline, quality and customer service to prepare themselves for open employment.

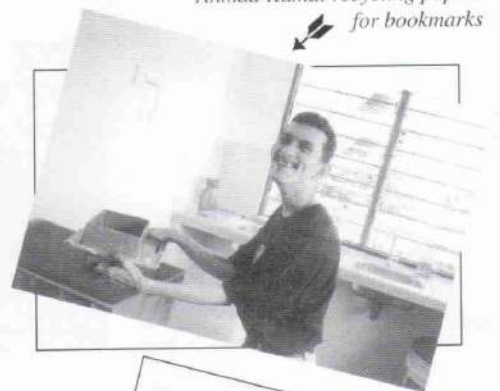
As for sports and recreation which is part of the workshop program, some trainees attend swimming and athletics training after working hours and all trainees are encouraged to attend all dinner parties, shows and recreational activities whenever organized and invited by individuals or groups.

Our future plans are to increase the population of our trainees, provide transportation for all interested in being part of the Workshop, acquire additional wheelchair lift fitted vans, source more contract jobs, special crafts and most of all introduce career education for all the trainees, to have a chance for satisfying employment and be productive and contributing citizens. Plans can be complemented only with funds. We have to work toward that first.

For now we have thirteen very happy trainees who take home just a little amount of money monthly (which does not even cover their meals during work) but who look forward each day to "Come to Work". For this We Thank You, Mini-Circuits Technologies (M) Sdn. Bhd.



Wong Kah Seng and Saravanan weaving nylon seat onto chair frames.



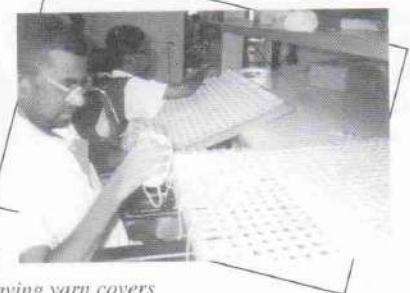
Ahmad Kamal recycling papers for bookmarks



Tan Soon Beng packing the assembled files



Assembling the files - Asia File Products



Abu Hassan and Abdul Hamid weaving yarn covers

THE STAR PRESS RELEASE ON THE 13TH JULY 2000

Factory donates RM100,000 to group

CARING CORPORATION... Mini-Circuits Technology (M) Sdn. Bhd. president Kelvin Kiew (left) presenting a donation of RM100,000 to Penang Cerebral Palsy (Spasties) Children's Association vice-president Saw Hock Eng.

Looking on are Mini-Circuits Corporation president Harvey Kaylie (second left) and Penang Chief Minister Tan Sri Dr. Koh Tsu Koon.

Four other organisations in Penang also received donations in conjunction with the ground

breaking ceremony of Mini-Circuits' manufacturing facility at Bayan Lepas Free Industrial Zone on Monday.

The Salvation Army received (RM40,000) while the Lions Club of Georgetown Mutiara, Wisma Yatim Pulau Pinang and Ramarkrisna Orphanage each received RM20,000.

Mini-Circuits Incorporated of the United States plans to invest RM500mil to set up Malaysia's first radio frequency and microwave design centre in Penang.



Mr. Kelvin Kiew, Chairman and President of Mini Circuit Technologies Malaysia Sdn. Bhd. giving his opening address.



Mr. Kelvin Kiew handing over the grant for the Hydraulic Hoist Fitted Van to our President, Dato' Dr. Denis Mark Lee



Plaque opening and ribbon cutting ceremony by Mr. Kelvin Kiew

Mr. Kelvin admiring Joe Scully's hand drawn doily.



PARALIMPIAD KE 10 (14~19 MAY 2000)

Senarai Pencapaian Atlit-Atlit Scap

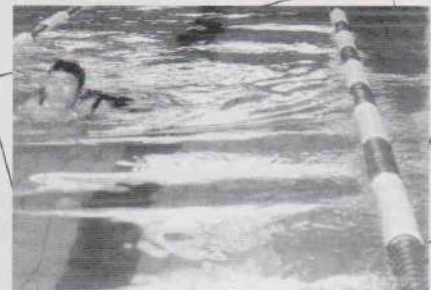
Name	Acara	Emas	Perak	Gangsa
Koh Lee Peng	Renang (50m Kuak Dada)	1		
	Renang (100m Kuak Dada)	1		
	Renang (50m Gaya Bebas)			1
Tee Beng Heng	Lontar Peluru	1		
	Lempar Cakera		1	
	Baling Lembing			1
Tan Soon Beng	Renang (50m Gaya Bebas)			1
	Renang (100m Kuak Dada)			1
Bergu Lim Hooi Gek Lee An Nah	Boccia	1		
Pasukan Lim Hooi Gek Lee An Nah Lim Seok Ann	Boccia			1

Jumlah Emas : 4
 Jumlah Perak : 1
 Jumlah Gangsa : 5

Our BOCCIA team in action



Penang Contingent during the opening ceremony



Koh Lee Peng on route to her gold winning 50M breaststroke event.



Lim Hooi Gek and Lee Ah Nah receiving their gold medals respectively for the BOCCIA pairs event

ANNUAL SPORTS DAY



Errrrr..... ayah yang patut cukur bukan Nadia



Our Guest of Honour TYT Yang Dipertua Negeri Pulau Pinang presenting The Best Athlete Award To Tee Beng Heng



Sarajini: "Guna kayu hoki tak kena...lebih baik guna tangan"



Syahril: "Cikgu ini siapa punya puting susu"



Our fall guy Prabhu... warming up before the "staff and committee race"



Ah Nah: "Cikgu... bawa tiang kayu itu dekat sikit."



Yhee Hwan: "Cikgu tumble foam in tak ada breklah."



Our equipment team (volunteers) getting ready for the next item.



Guest race... Gimme some time... slow and steady wins the race

ROTARY AND SPASTIC CHARITY FOOD FAIR Y2K



Mr. Saw Hock Eng, Organising Chairman, giving his opening address.



Our talented children in their multiracial costume performing to the delight of the crowd.



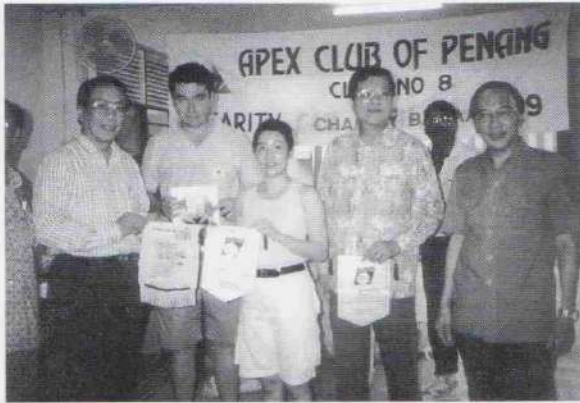
Datin Lee wife of our president Dato' Dr. Denis Mark Lee, performing a heart rendering number.

Our Guest of Honor, YB Koay Kar Huah rendering a chinese number.



YB giving memento of appreciation to Mr. Stanley the leader of the band in attendance, Gypsy Eyes. Looking on from left to right is Dato Dr. Denis Mark Lee (President of SCAP), Mr. Saw Hock Eng (Organising Chairman) and Mr. Chuah Ah Bah (President Rotary Club of Penang.)

YB. Dato Koay Kar Huah presenting momentos of appreciation to stall holders who contributed towards the success of the event.



HARI IBU BAPA Y2K



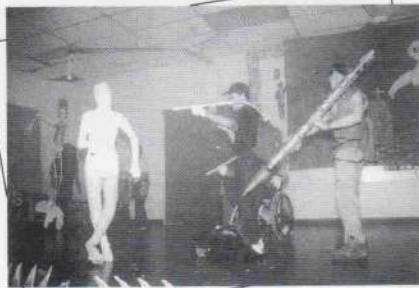
Our emcees for the day Ms. Shanthi (Staff) & En. Farid (Parent)



Our nyonya (Mei Ching) rendering a medley of songs



Cinderella (Veerammal) : " Oh fairy godmother (Marcus) I asked for nice clothes instead you gave me a bucket" (A scene from Cinderella)



Yes... dance to the music Mr. Mummy ... zombie ... zombie



Step sister (Manogari) : "Encik tolong tukar saiz lain... yang ni sekejap fit sekejap tak fit." (A scene from Cinderella)



Arigato guzaimashu... Victoria, presenting a Japanese dance.



The Excellence Award and Long Service Award recipients from left to right: Puan Anita, Puan Diana (Long Service Award), Cik Roziah Ali dan Puan Ho Lee Mei together with our President and Guest of Honour.



Our Guest of Honour YB Dr. Toh Kin Woon presenting a gift to Yee Chern for Best Pupil in Special Needs Unit.



Our students performing during the opening and closing numbers respectively



OTHER ACTIVITIES



WALK-JOG-WHEEL-A-THON... Mr. Ng Fook On, the Municipal Councillor of Penang Island presenting the Certificate of Participation to Thilagen.



AHA... look who I have as my buddy escort non other than the President himself



Deepavalli luncheon for students and staff courtesy of Zenderas Engineering.



Here, have a peanut... Tahirah feeding Honey the youngest of the seven Orang Utan in the island.

Pre school Educational Trip to Bukit Merah Lake Town Park



Our headmistress, Mrs. Khor is giving away momentos to the GAP Students Grace and Anna, respectively



Staff and ex-pupils trip to Pulau Payar Marine Park.

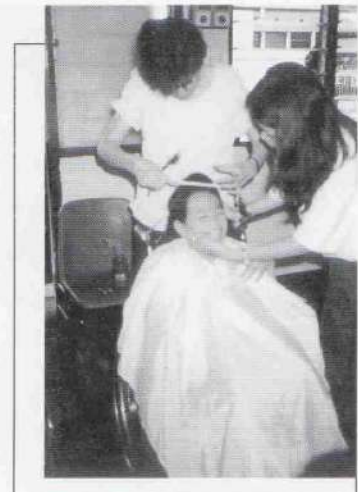
Lee Peng and Siew Ngoh are getting to snorkel at Pulau Payar Marine Park.



Haircut time at the Centre...



This is indeed a pampered haircut... imagine two hairstylist just for me and don't forget its freeeee...



EX-PUPILS TRIP TO SINGAPORE-DECEMBER 2000

To go or not go... this was what I was trying to decide from the moment it was announced that a trip to Singapore in December was planned for the ex-pupils of the centre. Two days before confirmation dateline I decided "Lion City here I come"!

We (17 disabled adults inclusive of 5 wheelchair, 7 Association staff and 12 volunteers) left Penang by bus on a late Sunday night and after three "Pit" stops and a fast and friendly Customs and Immigration clearance on board at Woodlands checkpoint, we arrived in Singapore at about 9 a.m.

Day one The Singapore Ramakrishna Orphanage Management "Welcomed" us with delicious vegetarian breakfast and after that we checked in at the Royal Hotel in Newton Road. It rained heavily after lunch in the city and our afternoon itinerary to The Singapore Zoological Gardens was off schedule. As it was still drizzling and getting late when we arrived at The Zoo we decided to come back the next day. We went on a Tour Drive until our next program-BBQ Dinner.

The weather was fine when we reached Sembawang Recreation Park, which faces Johor Baru and Selat Tebrau. It has a lovely night view with a beautiful beach and specially built BBQ pits and shed. Here we were welcomed by our long time C.P.C.A.P's Singaporean volunteer and friend, Mr. Francis (he has accompanied us to our previous trips to Pulau Langkawi and Pulau Tinggi) BBQ Dinner was hosted by his family members. Our Association's ex staff who is currently working in Singapore, Ms. Nini and her colleague also joined us here. After a wonderful night with lots of good food, fun and music, we bade farewell to our Singapore friends, looking forward to the next day.

Day Two We went back to the Zoo and due to my slow pace in walking I had to use a wheelchair to move around and this was when I became closer to 11 year old Roy Krsna who traveled with us. Roy volunteered to push me on the wheelchair and thereafter he became my companion for the rest of the trip; let it be on a wheelchair or walking. The Zoo covered a wide area so we had to use the mono-rail for a round trip with a stop in between. There were lots of animals and amongst all, the Polar Bears, Orang Utans and the Animal Show attracted me most.

From the Zoo and after lunch we proceeded to Jurong Bird Park. Similar to the zoo, we had to use the monorail because there is no way for the disabled to complete seeing the whole Park within a few hours. The Bird Show was very good and I enjoyed watching the hundreds of different species in the cages while moving on the mono-rail. At the midway break point of the mono rail, we alighted and while walking around we saw more colorful birds and also the highest man-made waterfall in Singapore.

After rest and shower back at the hotel, it was Dinner in "Little India of Singapore", Serangoon Road. Dinner was at a classy Indian Banana Leaf Restaurant and hosted by Mr. Yassin, a Singaporean businessman.

After dinner it was a little shopping in the same area before we proceeded to Orchard Road. It was just like being in "Fairyland". The whole road and pavements were beautifully lighted up and when I looked up it was like permanent fireworks. It was amazing beauty!

Next it was "Party Time" in Orchard Road Paradigm Disco. Mr.and Mrs. Steven Yeo from Singapore sponsored our nite in The Club. We had a good time dancing away and listening to the Live Band. In the disco I had a pleasant surprise when I met one of my old colleagues from Penang who was also visiting singapore.

Day Three we visited The Singapore Science Center where all the "Wonders of Science" and inventions were made known and explained to us. Machinery that helps mankind in construction and defense to machinery that destroys mankind was also shown to us.

The evening took us to Sentosa Island where the History of Singapore was exhibited right through The Colonial Days of Sir Stamford Raffles to the Modern and Futuristic City of singapore. The Musical Dancing Fountain and Laser Light Screen Show added. excitement to The Island of Sentosa. We had dinner in the island with some shopping and one last "Ride by Nite" Tour of the city before heading back to our hotel.

Day Four After checking out, breakfast and some last minute shopping it was "Farewell to Singapore".

Three Fun Filled days with good food, entertainment, education, laughter and most of all with Love from Our Singaporean Friends. Francis sent us off till Woodlands Checkpoint.

We made a stop at Historical Malacca. Visited A Famosa and had "beca" rides before proceeding to KL for dinner in a restaurant famous for its BBG chicken.We reached Penang at 1.00 a.m. Checked in "Hotel C.P.C.A.P" for the night, tired but contented.

I had no regrets going for the trip, in fact was very glad that I went. At this point I and on behalf of all the ex-pupils of the Association who went on the trip wish to express our Gratitude to Mr.Francis and Family, Mr.and Mrs.Steven Yeo, Mr.Yassin, Mr.and Mrs.Steven Ramani (our coordinator in Singapore), all volunteers and staff and specially to my young friend, Roy Krsna. Thank You. All of You made it happen for us.

Written by Roger Looi
Ex-Pupil of C.P.C.A.P.

EX-PUPIL TRIP TO SINGAPORE



Our Ex-Pupil Cheng Yoong is presenting a memento of appreciation to Swami Suresh Maharaj for hosting our breakfast at Ramakrishna's Boys Home in Singapore



Voon Kem presenting mementos to Mr&Mrs Steven Yeo who hosted our nite at Paradigm NTUC Club.



Entourage at Jurong Bird Park Man Made Waterfall



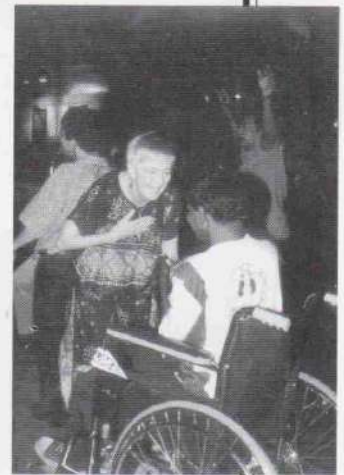
Selvarajoo & Gim Hoon presenting souvenirs to Catherine and Lucy and Ashok's family respectively who jointly hosted the Berbecue cum Dinner at Sembawang Beach Park



Receiving a hippos welcome at Singapore's Zoological Garden.



Often, people think that having a disability means not being able to do a lot of things. But many people have disabilities that don't effect them at all in their job - and many have jobs where their disability has no practical impact. Where there are practical barriers, there are usually practical solutions. It needn't be difficult or expensive - often the answer is consultation, common sense and perhaps a little imagination -
Richard Stacey.



(A POEM BY JESSICA McFARLANE)

ME

*Sometimes it is hard to be me,
You see, I have CP.
I didn't ask for it or even want it.
But now it will always be inside me.
Sometimes I try to imagine myself without it.
Who would that girl be?
Would she laugh and walk all over the planet?
Then I look in the mirror and see my body.
I am Me.
Yes, it can be hard not to get up and go.
I always feel like I'm missing a big show.
The truth is CP is not me.
The person inside does get to go.
I can live my life and just be happy being me.,
Even if I do have CP.*

"Since I have Cerebral Palsy, I use a motorised purple wheelchair. My favorite color happens to be purple. I've had CP all my life so I'm used to it. It is just one part of who I am, and I do not allow it to get in the way of my life and dreams" -

Jessica McFarlane

(Jessica McFarlane is a Certified Special Education Teacher, Public, Training Manager, Columnist and author. She is currently residing in Spring City, Pennsylvania, USA)



Persatuan Kanak-kanak Cerebral Palsy, Pulau Pinang
(The Cerebral Palsy Children's Association of Penang)

Penaung: T.Y.T. Yang Di Pertua Negeri Pulau Pinang

425, Jalan Masjid Negeri, 11600 Pulau Pinang, Malaysia.

Tel: 04-6570160 Fax: 6563066 E-mail: scap@tm.net.my

**WOULD YOU LIKE TO HELP A CHILD
WHO HAS CEREBRAL PALSY?**



Children with cerebral palsy need intensive therapy and education from a young age.

Services provided by the Centre include diagnosis & assessment, pre-school and primary education, speech therapy, occupational therapy, physiotherapy, a special needs unit and a home-based Outreach Programme.

Our aim at SCAP (The Spastic Children's Association Of

Penang) is to enable children with cerebral palsy to make the most of their abilities so that they can go on to lead full and independent lives.

All of these services are provided by the Centre free of charge.

One way in which you or your company can help is by participating in our Foster Appeal.



By fostering, you enable a child with cerebral palsy to reach his or her potential through the services provided by SCAP.



YES, I/WE WOULD LIKE TO FOSTER A CHILD WITH CEREBRAL PALSY.

Foster Appeal
Spastic Children's Association of Penang.
425, Jalan Masjid Negeri, 11600 Penang.
Tel: 6570160 Fax: 6563066

I/We would like to foster a child with cerebral palsy for one year at a cost of RM360.00.

Name:

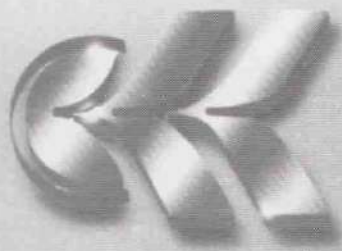
Address:

Amount Enclosed: RM Foster Appeal and/or

RM donation.

ALL DONATIONS ARE TAX DEDUCTIBLE

*All cheques must be crossed and made payable to PERSATUAN KANAK-KANAK SEPASTIK PULAU PINANG.



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