

# LAPORAN TAHUNAN ANNUAL REPORT 1997

## *Beyond The Sunset*



Photo by : John Balavendrum (Volunteer)  
during the ex-pupils trip to Langkawi

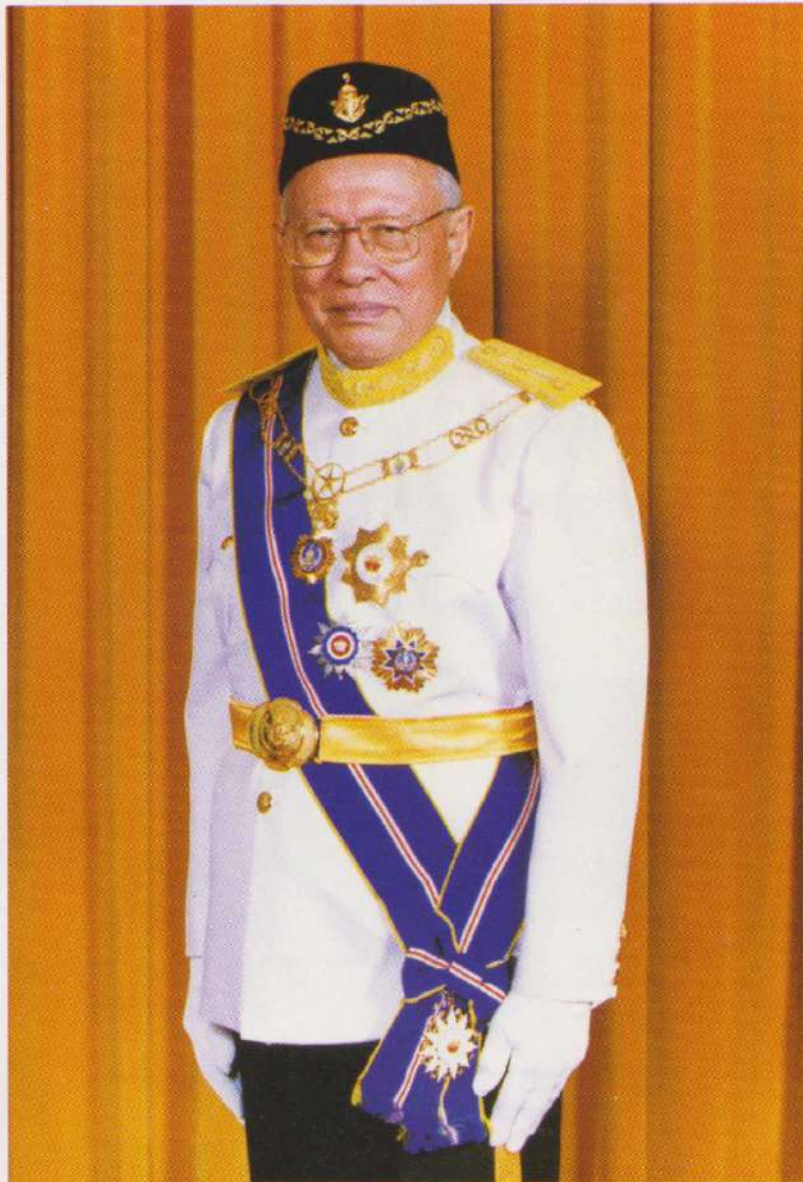


*Persatuan Kanak-Kanak Cerebral Palsy, Pulau Pinang*  
*(The Cerebral Palsy Children's Association of Penang)*  
*Penaung : T.Y.T. Yang Di Pertua Negeri Pulau Pinang*

425, Jalan Masjid Negeri, 11600 Pulau Pinang, Malaysia.  
Tel: 04-6570160 Fax: 04-6563066



## OUR PATRON



TUAN YANG TERUTAMA  
TUN DATO' SERI (DR.) HAJI HAMDAN BIN SHEIKH TAHIR  
S.M.N., P.S.M., D.U.P.N., D.P., D.M.P.N., K.M.N.,  
YANG DI-PERTUA NEGERI PULAU PINANG



**Dato' Dr. Denis Mark Lee**  
DSPN, JP, PJK  
President



**Mr. Saw Hock Eng**  
PJM, PJK  
V. President



**Mr. Khoo Yeoh Gan Hong**  
PPN, PKT, PJK, PJM  
V. President



**Puan Latiffa Abdul Rahman**  
PJM  
V. President



**Ms. Jenny Kam Phaik Har**  
PJM, PJK  
V. President



**Mr. Foong See Yoke**  
PJK, PJM, PPN, PK  
Hon. Secretary



**Mr. Ng Fook On**  
PJM, PJK  
Hon. Treasurer



**Mrs. Chan Kok Swee**  
PJK  
Imm. Past. President



**Mr. Cheah Keat Kok**



**Ir. Vincent  
Tan Hwei Meng**  
PJK



**Mr. Law Hock Chye**  
PJK



**Ms. Linda Goh**



**Mr. Tan Leong Theng**



**Mr. Bobby Ang**  
PJM



**Mrs. Miki Hoalim**



**Mrs. Valliammal Ramamurthy**  
Centre Administrator

Honorary Auditor  
**Mr. K. C. Liang**  
Liang & Co.



**Dato' Dr. Denis Mark Lee**  
DSPN, JP, PJK



**Dato' Dr. Tan Ewe Aik**  
DSPN, JP



**Mrs. Chan Kok Swee**  
PJK



**Mr. Law Joo Keun**  
AMN, PKT, PJK



**Mr. Law Joo Keun**  
AMN, PKT, PJK  
General Adviser



**Tuan Haji Mustapha bin Man**  
Pengaruh Kebajikan  
Masyarakat Negeri



**Tuan Haji Ismail bin Salleh**  
AMN, PPT  
Pengaruh Pendidikan Negeri Pulau Pinang



**Mr. Cecil Rajendra**  
Legal Adviser



**Dato' Dr. Tan Ewe Aik**  
DSPN, JP  
Medical Adviser



**Dr. Alex Lim Kheng Seng**  
Medical Adviser



**Dr. Yee Thiam Sun**  
PJM, PKT  
Medical Adviser



**Dr. Dan Giap Liang**  
Paediatrician



**Dr. Lim Huck Boon**  
JP  
Ophthalmologist



**Dr. Santokh Singh**  
ENT Specialist



**Dr. Daljit Singh Nagreh**  
Dermatologist



**Dr. Foong Kheng Phoy**  
PJK, AMP  
Orthodontist



**Dr. Tan Chee Khuan**  
PKT, PJK  
Psychiatrist



**Dr. Adele Tan**  
Paediatrician



**Dr. Samuel Easaw**  
Neurologist



**Mr. Dennis Y.S. Liew**  
Chartered Architect



**Dr. Jamaluddin  
B. Muhamad**  
Orthopaedic Surgeon



**Ir. Vincent Tan Huei Meng**  
PJK  
Engineer



**Dr. Lim Huat Bee**  
DJN, PJK  
Dermatologist





## PRESIDENT'S REPORT 1997

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### Ladies & Gentlemen,

*It gives me much pleasure once again to present you with the Association's Annual Report for the year 1997. I am glad to inform you that the Association enjoyed another fruitful and successful year. Throughout the year Foster Parents as well as well wishers entertained the children by inviting them to parties and functions.*

### Building Extension Project

*Several departments moved into the New Building Extension after obtaining the Occupation Certificate. The spacious Physiotherapy and Occupational Therapy units provided more room to carry out therapy sessions. The present computer room has a capacity to accommodate more computers hence more children are able to participate in the programmes. The Library which was previously located in the computer room is now being manned in a separate room. The Library is also a resource room where information via Internet is available. We are proud to say Mr. Teh Kar Wei, our ex-student is given the responsibility to manage this room. The Special Needs Unit has also moved into a larger room with custom made fittings. The very much talked about Snoezelen Room is now fully operational in the new wing. This new 3 Dimensional Sensory Awareness Therapy room is part of our vision to upgrade and introduce latest techniques for the betterment of our children. Though a lot has been accomplished, I hope a few other facilities which are still in the planning stages will be completed soon with continued support from generous well wishers.*

### Upgrading and Updating Quality of Service

*In-service programmes conducted by SCAP would continue to be held for all the staff to upgrade and update their knowledge and skills in rehabilitating our Cerebral Palsy children. The practice of providing Excellency Awards to deserving staff would also be maintained despite the economic slowdown.*

### Investment in Human Resources

*Our experience had shown us that in order to ensure a pool of qualified personnel in the next millennium our programme of sending deserving staff for professional course at home and abroad must continue. This year Ms Shanti Jaganathan was sponsored by the association for a Special Education course in India, conducted by the Spastic Society of Tamil Nadu.*

## Staff

*The Spastic (Cerebral Palsy) Children's Association of Penang experienced a turnover of staff during the year but was able to find sufficient people to fill the vacancies.*

## Association's Finance

*The financial position of the Association remains very sound. The year 1997 ended on a very satisfactory note with income exceeding expenditure. This was mainly due to the very hard work of the Fund Raising Sub-Committee as well as the generous support from the caring public and the corporate sector in Penang. The Foster Parents Appeal continued to attract many contributions.*

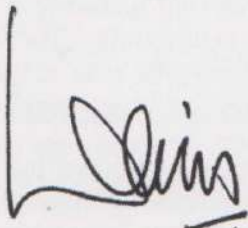
## Future Directions

*The Association would continue to upgrade and update the facilities and services for the children and adults with Cerebral Palsy in areas such as education, therapy and human resources. There are many more challenges ahead of us and careful studies are continuously carried out to improve services. The Association will continue with its efforts to create a greater awareness amongst the community of the special needs of our Cerebral Palsy children and adults.*

## In Appreciation

*I would like to express the Association's heartfelt appreciation to our Patron Tuan Yang Terutama Yang Di Pertua Negeri Pulau Pinang, Tun Dato' Seri (Dr.) Haji Hamdan bin Sheikh Tahir SMN, PSM, DUPN, DP, DMPN, KMN and his consort Yang Amat Berbahagia Toh Puan Datin Seri Hajjah Zainab binti Haji Baharuddin DUPN, AMN, PJK, for gracing our functions throughout the year. Their presence has always been a source of encouragement and inspiration to all of us at the Spastic Children's Association of Penang. My sincere thanks to YB Datin Paduka Hajah Zaleha binti Ismail, Minister of National Unity & Social Development for her unstinting support. Finally, I would like to express my appreciation to members of my Management Committee, Sub Committees, advisors, auditor, donors, foster parents, consultants, service clubs, the media and committed staff, who sacrificed their time so unselfishly to ensure another year of achievement and success. To our supporters who have contributed in so many ways to help the Cerebral Palsy children of Penang, I say "Thank you and God Bless You".*

*Best wishes always.*



*Dato Dr. Denis Mark Lee, DSPN, JP, PJK  
President  
Spastic Children's Association of Penang.*

## MEMBER OF THE SCHOOL BOARD



### **Sitting from left :**

*Mr Yeoh Beng Chai, Mrs Valliammal Ramamurthy, Tuan Haji Mustapha bin Man (Pengarah Kebajikan Masyarakat Negeri), Mr Khoo Yeoh Gan Hong (Chairman), Encik Aziz bin Hashim ((Rep. of Education Dept.), Puan Latiffa Abdul Rahman, Mr. Foong See Yoke (Ex-officio)*

### **Absent :**

*Mr. A. Thanabalan, Mr V.P. Kanniah, Mr Ng Fook On (Ex-officio)*

## STAFF OF THE SPASTIC CENTRE AND SCHOOL



### **Seated left to right :**

*Mr. Teh Kar Wei, Mrs Helen Rajoo, Mrs Wayne Perera, Mrs. Diana Leong, Mrs. Valliammal Ramamurthy, Mrs. Mary Khor, Mrs. Jessie Quah, Mrs Maria Joseph, Mrs Ni Ni Swe, Mrs Anita Muthu.*

### **Standing left to right :**

*Ms. Pretha Thiruvengadam, Ms Kamala Devi, Ms Shanthi Jeganathan, Ms Norjan Osman, Ms Jumuna Ramadass, Mrs. Ang Cheng See, Mdm Pechee @ Sarimah bte Abdullah, Mrs Rajeswary Subramaniam, Mrs Kamala Manogaran, Mdm Ho Lee Mei, Mrs Uma Sasithran, Mrs Manogari, Puan Azlina Yusoff, Ms Josephine Gnanaselvam, Ms Rajeswary Naranasamy, Mdm Subaida bte Nagoor Meera, Ms Parvathy Balakrishnan, Mrs Pusparani Rajaram.*

### **Standing back row left to right :**

*Mr Ong Hong Tian, Mr Manjit Singh, Mr Velkumern Balakrishan, Mr A. Annamalai, Mr M. Santhramogen, Mr Lim Eow Beng, Mr Joseph Pragasam, Mr Rama a/l Murugiah, Mr Anuar Pawanchik, Mr Mohamed Rafee, Mr U Kyaw Myint, Mr U Win Maung, Mr P. Prabhu, Mr Chew Sun Chooi, Mr Mahendran Ramalingam, Mr M. Doraisamy.*

### **Absent :**

*Mrs Lee Yit Mun, Mrs Kannikah Bala*



## THE CENTRE ADMINISTRATOR'S REPORT

*The year under review has been a particularly busy and productive one. Throughout the year both students and staff were involved in numerous activities and functions held both within and outside the centre.*

*This year saw the completion of the new building extension. There was much excitement as several departments were shifted to more spacious and well-appointed rooms and the new Snoezelen room was completed. The Snoezelen room has many features which create sensory experience for our students in an atmosphere of trust and relaxation. My thanks to Spectronics for introducing the Snoezelen concept to our staff and students.*

*The Association was fortunate to employ the services of Mrs. Mary Khor, a retired principal to administer the School Section. Her dynamic and orderly approach helps the teachers organise and run their various programmes more efficiently.*

*Another notable event was the association's sponsorship of Ms Shanti Jaganathan's training in India. Shanti is currently part-way through her Certificate in Special Education conducted by the Spastic Society of Tamil Nadu. This is a positive extension of SCAP's role and is hoped that such sponsorship will be able to continue to be offered in the future.*

*I would like to record a special thanks to the Economic Planning Unit, the Ministry of Welfare Services and Immigration Department for their continued support in helping us to bring in trained foreign volunteers (therapists) to provide professional services and to train understudies at the Centre.*

*It is my distinct privilege to congratulate both Mrs. Maria Joseph and Mrs. Anita Muthu on their remarkable long service achievement, 25 years each, at SCAP. This year's SCAP Staff Award of Excellence went to Ms. Norjan Othman, Mr. Ong Hong Tiang and Mr. Mahendran Ramalingam. My sincere thanks to the President and the SCAP Management Committee for their recognition of my work in giving me the Excellence Award*

*For all centre staff, with their individual talents, who are working unremittingly towards the development and growth of the Centre, my heartfelt thanks goes to each and every one of you.*

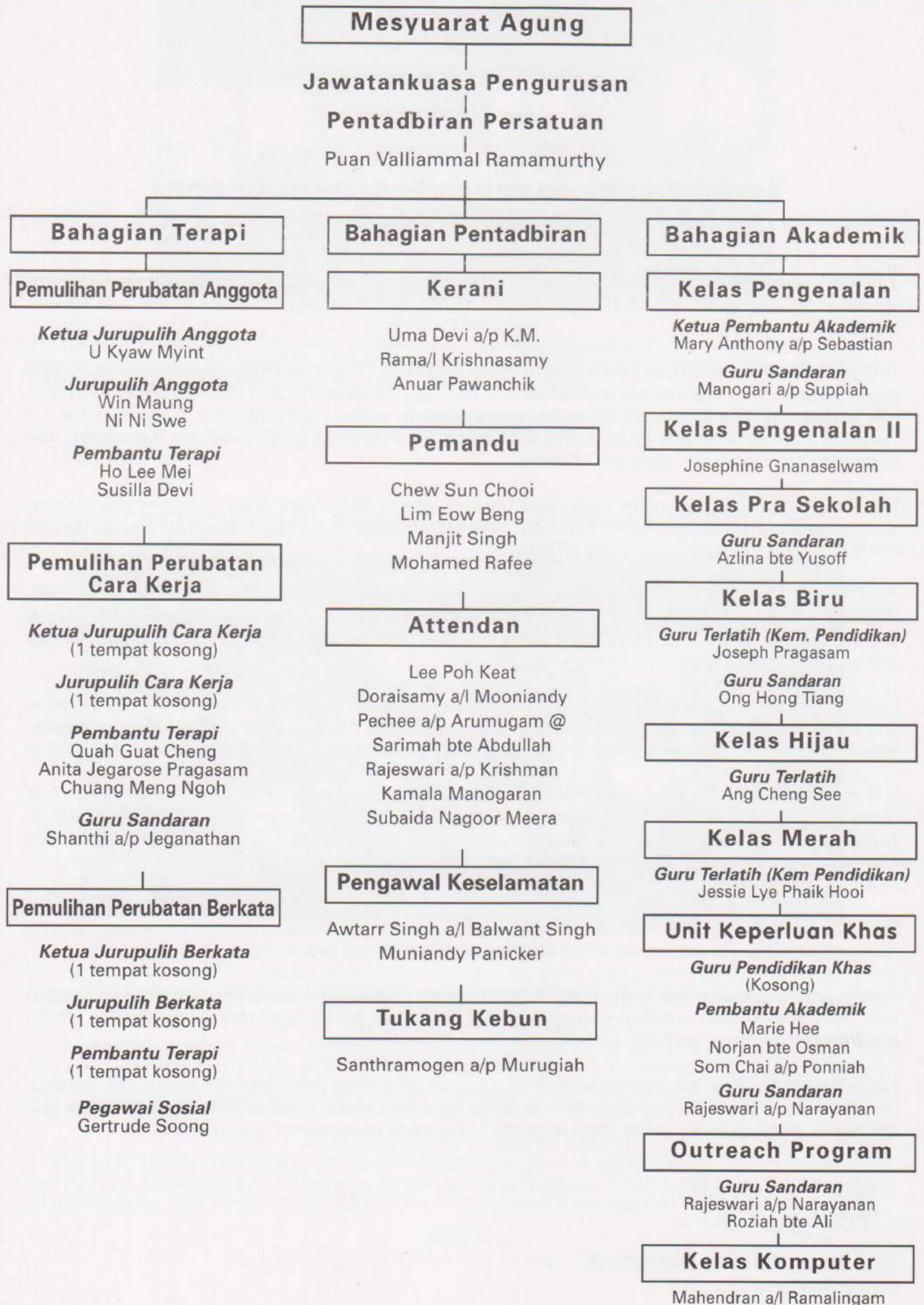
*Finally, gratitude is also due to the many Foster Parents, Companies, Hotels and generous individuals who have shown their continued support of the Centre's work through donations, parties for the children and services rendered at the Centre throughout the year.*

*I look forward to another busy year in 1998 when SCAP will be the organiser for the 6th National Seminar on Cerebral Palsy to be held in Penang. I am sure that we will achieve our aims if we join our hearts and hands to pursue them together in the spirit of teamwork and cooperation.*

MRS VALLIAMMAL RAMAMURTHY  
Centre Administrator



# STRUKTUR ORGANISASI PERSATUAN KANAK-KANAK SEPASTIK PULAU PINANG



# MEDICAL

*The Association is grateful to the following medical professional who make up SCAP's panel of Honorary Consultants :*

Dr. Samuel Easaw  
*Neurologist*

Dr. Fong Kheng Poh  
*Orthodontist*

Dr. Lim Huck Boon  
*Ophthalmologist*

Dr. Daljit Singh Nagreh  
*Dermatologist*

Dr. Santokh Singh  
*ENT Specialist*

Dr. Adele Tan  
*Paediatrician*

Dr. Tan Chee Khuan  
*Psychiatrist*

Dr. Jamaludin Mohammed  
*Orthopaedic Surgeon*

Dr. Lim Huat Bee  
*Dermatologist*

Dental Surgeon & Nurses of  
the Perak Road Clinic

*The Association also wishes to thank the following people for their continued commitment and service to the Centre :*

- *Dato' Dr. Tan Ewe Aik a Trustee of the Association, and Honorary Medical Advisor.*
- *Mrs. Ong Kim Chye our nurse, who volunteers her time to maintain first-aid supplies and to look after health and safety issues at the Centre.*
- *Dr. Alex Lim Kheng Seng who provides free medical treatment for the children and medical check-up for new staff.*
- *Dr. Yee Thiam Sun who provides free hearing assessments and treatment for children with ear problems.*
- *Dr. Dan Giap Liang (Paediatrician), who carries out the initial medical assessment for all new referrals to the Centre.*

## **New Admissions**

*16 were admitted to the centre*

## **Discharges**

*A total of 15 children were discharged in 1997*

## **Deceased**

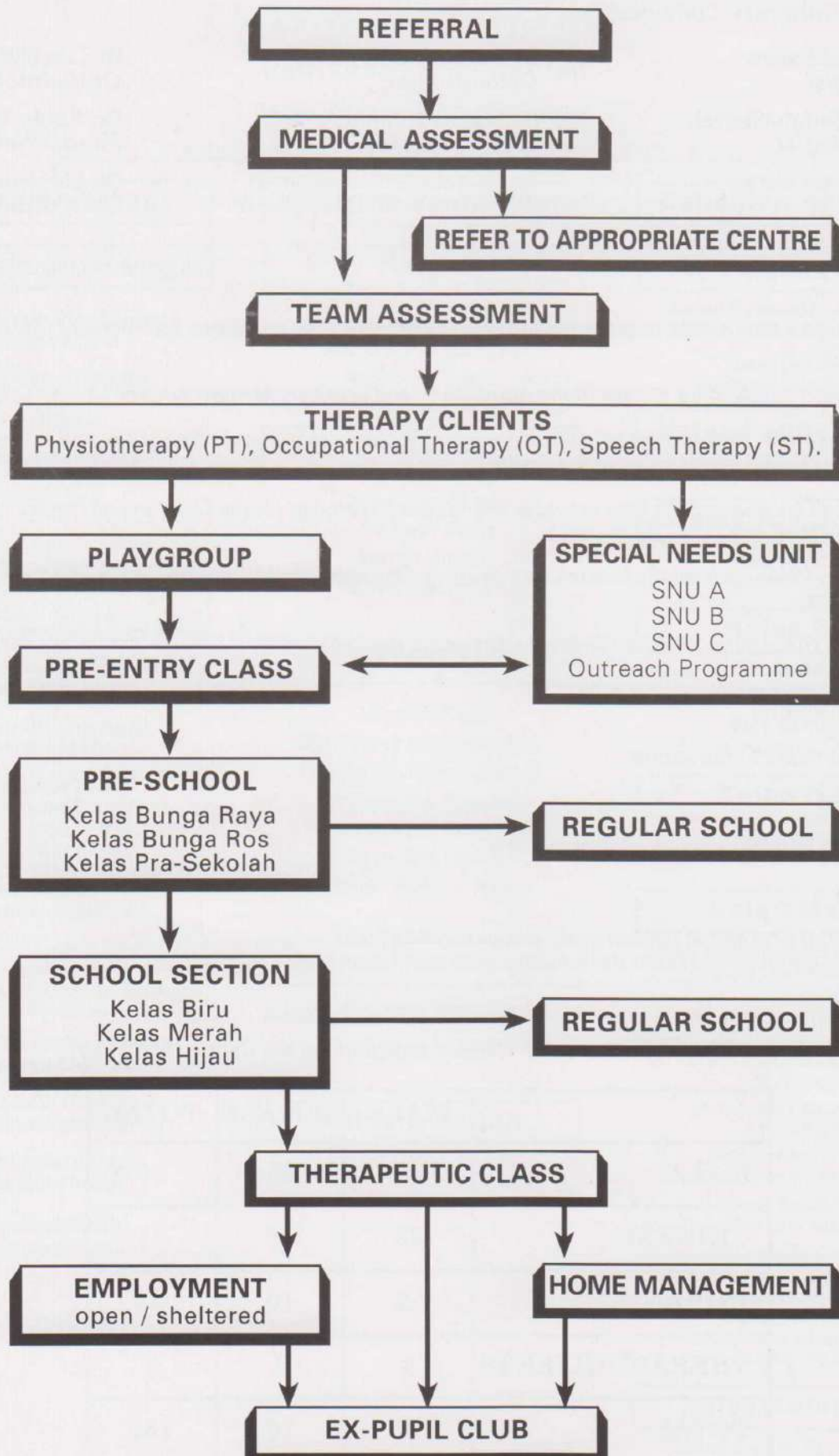
*Sadly, Khiang Goo Teong passed away this year on 14/10/97.  
Our sincere condolences go to the family.*

## **Statistics**

*As of 31st December 1997 there were 155 children registered at the Centre as follows :*

	MALE	FEMALE	TOTAL
MALAY	30	25	55
CHINESE	33	38	71
INDIAN	12	10	22
THERAPY CLIENTS	4	3	7
TOTAL	79	76	155

# PROGRESS CHART





## THE HEAD MISTRESS REPORT

*" I expect to pass through this world but once.  
Any good thing, therefore, that I can do  
or any kindness I can show, to any fellow human  
being - let me do it now. Let me not defer  
nor neglect it; for I may not pass this way again.*

*Since joining the Penang Spastic Centre in October 1997, I have involved myself wholly and have settled happily into this caring community.*

*Within this short space of time, I have noticed that the staff are fully aware of their duties towards the children under their charge. Their untiring effort in handling and helping these lovable children is highly commendable.*

*Much encouragement is being given by the management to the staff to attend seminar, courses, workshops etc. whenever possible. This will enable those involved to better equip themselves with the latest techniques in this particular field of education. These acquired skills are then applied and put to use for the betterment of the children at the centre.*

*The activities and outings carried out by the various departments demonstrate the love and care that is being manifested by one and all at this centre.*

*I am really glad to be able to serve at a place where there are still a lot of good people around to see to the needs of our special children.*

*Let me end here with this little verse dedicated to the Members of the Board, the Management, all you Good Parents and the Committed Staff of Penang Spastic Centre.*

### **The Soul Of Child**

The soul of a child  
Is the loveliest flower  
That grows in the Garden of God  
Its climb is from weakness  
To knowledge and power  
To the sky from the clay to the clod  
To beauty and sweetness  
It grows under care.  
Neglected, 'tis ragged and wild,  
Tis a plant that is tender,  
but wondrously rare,  
The sweet wistful soul of child.  
Be tender, O gardener,  
And give it its share  
Of moisture, of warmth and light,  
And let it not lack  
For the painstaking care  
To protect it from frost and from blight.  
A glad day will come  
When its bloom shall unfold,  
It will seem that an Angel has smiled  
Reflecting a beauty  
And sweetness untold  
In the sensitive soul of child

Author Unknown

*Finally, Let me wish one and all :-  
GOOD LUCK, GOOD HEALTH AND GOD BLESS YOU.*

Head Mistress  
Pn. M. Khor

# SCHOOL SECTION

1997 saw an enrolment of 20 pupils in this section. Each pupil was thoroughly assessed and an Individual Education Plan was designed before they were placed in classes according to their abilities namely Kelas Merah, Kelas Hijau and Kelas Biru.

Kelas Merah follows closely the regular school curriculum with modifications to suit individual needs of the pupils. Pupils in this class are being prepared to sit for the UPSR examination, whereas Kelas Hijau dan Biru concentrate more on practical aspects of learning with focus on functional skills.

To bring about total development, other activities such as swimming, gardening, music therapy, cooking, vocational skills, recycling projects (greeting cards, bookmarkers, paper bags) and activities of daily living continue to be an integral part of their training.

'Lawatan Sambil Belajar' still remains an important agenda and the students are truly enriched during such visits. Maintenance of the fish pond, flower garden, vegetable plots is very much a daily routine for them, hence, the fruits of their labour :



from fry to beautiful Japanese Carps

swimming gayly, daily in the pond;

from green buds to blooming flowers

dancing gayly, with sweet aroma;



from tiny seedlings to fresh green vegetables

be it on soil or hydroponic

comes watering SCAP grown veggies



"Ah Nah, cikgu suruh buat kerjalah, bukan tengok kamera" - During English Lesson -



Uncle Kasi conducting music therapy with his musical Tai Chi.



"Alamak ! anak murid saya niini, cikgu suruh siram air tapi dia posing macam heroin hindustan pula" - Gardening -



"Qairul, baik-baik sikit, cabut rumput saja, jangan cabut Japanese Rose" - Gardening -



Faizul "Cikgu saya hendak makan roti bakar" Cikgu: "Bukan roti bakar, roti toast-lahhh" - Activities of Daily Living -

## PRE SCHOOL SECTION



Wonder boy Azim using his foot to complete the task given



An Educational visit to The Bird Park



I can do my work by using rubber stamp - Number Skill



Let me make a guess. The block is under the table.  
- Visual Memory Game

## PRE ENTRY AFTERNOON SESSION

Children in Pre - Entry are exposed to basic education e.g. pre-writing, pre-reading, pre-mathematic, toileting and other skills. These skills are taught to prepare them for promotion into morning section. Individual attention is given to ensure the needs of each child. Various therapy sessions such as Physiotherapy, Occupational Therapy and Speech Therapy are provided to individual children accordingly.

# AFTERNOON SESSION PROGRAMME

*In the afternoon, we have a programme for young children between the ages of 0 - 6 years. This programme involves both parents and children. Our aim is to provide opportunities for children to develop their potential and also to impart training to parents so that they can follow them at home. We also help parents to understand the needs of their children and to be more effective in inculcating their children's learning.*

*Activities such as gross-motor, sensory, tactile communication, play, music and other activities are introduced in this programme.*

## BROWNIES

*The Brownies in the Spastic Centre belong to the 14th. South District of Penang. We have a total of five Brownies in this pack. Four of the Brownies have sat for Tender Foot test and have done well. This activity is held on Tuesdays.*

*Activities are modified to suit their abilities but they go through the same procedure for the test. Brownies are taken out for nature study. Opportunities are given for them to socialise with other packs.*



Brownies at Gurney Drive

# SPECIAL NEEDS UNIT



Gross motor activity.

*The section was divided into three classes namely SNU A, SNU B AND SNU C. The number of SNU students enrolled was 44, ranging from 6 - 17 years of age. Beside these three classes, we also have Outreach Programme run by 2 staff for children who are unable to attend the programme at the centre. The Outreach Programme covers both the island as well as the mainland of Penang. The total number of outreach students is 27.*

*The aim of SNU is to encourage children's awareness and responsiveness to their environment. For the very severe students, focus is mainly on sensory stimulation to make the children aware of the world around them (AUDITORY, VISUAL, GUSTATORY, OLFACTORY). Children are also taught to acquire basic Self Help Skills. The objective is to help each child to achieve his/her maximum potential.*



Individual Activity  
sensory stimulation - Auditory



# THERAPEUTIC CLASS 1997



Um ... I think I will order a 'dinner plate'  
(Going through the menu before making their orders)

**5** students received on-going training in the Therapeutic Class. This class aims to prepare students for adult life, emotionally, socially and physically and to develop independent living skills. The promotion of group interaction, self confidence and a sense of responsibility are also our objectives.

Practical skills, such as sewing, making greeting cards, book markers from recycling papers as well as Domestic Science are taught. The emphasis on teaching home management skills are still carried out. These include cooking, baking, ironing, washing, marketing, gardening and household tasks as well as personal skills such as dressing and grooming.

Practical situations are also provided for the students in community integration. e.g. They are taught how to use public transport. Visits to factories, workshops and supermarkets are also part of the programme.



Community integration ' Using the lift at Cosmart Penang'

# PHYSIOTHERAPY 1997



Orthotist Mr. Mitchell taking a plaster mould for a shoe insert.

**P**hysiotherapy primarily focuses on the development, maintenance and correction of posture and movement.

A total of 131 children received physiotherapy throughout the year. From the school and pre-school section there were 36 students in the morning and 8 students in the afternoon. From the special needs unit classes, 25 students came in the morning and 13 came in the afternoon. A total of 34 children, received physiotherapy as therapy client (i.e. once a month basis). Under the outreach programme, physiotherapy service was contributed to 15 children.

Starting from this year, even though they are under outreach programme, our centre accepts the children as therapy clients if they are able to come to the centre, so as to enable them or receive more treatment sessions than before. Physiotherapy in the form of play activities, is also provided to "Mickey Play Group" on every Tuesday and Thursday afternoon.

Starting from the month of April 1997, an Orthotist from Australia, who is attached to the Rehabilitation Unit, University Hospital, Kuala Lumpur, calls at our centre once a fortnight to provide necessary



Orthotist Mr. Mitchell taking a plaster mould for back slab and A.F.O. (Ankle Foot Orthosis).



Training to walk with a rollator by wearing the A.F.O.

orthosis and appliances for the children, after recommendations from the Physiotherapy department. The parents are also taught the proper care and application of their respective appliances. This makes the C.P. children promote their abilities and stimulate normal patterns of movement.

New equipment were purchased to upgrade the training programme for C.P. children. These include standing frames, gait trainer, posture walker, jumbo walker and prone walker.

# OCCUPATIONAL THERAPY 1997

Occupational Therapy Department continues to run smoothly despite staff shortage. Less children were seen this year as one therapy assistant is on study leave, but the needs of the children were not neglected. Equipment were made, modified and adapted to cater to the special needs of each student.

The children's mental and physical capabilities were assessed and individual therapy programmes were drawn up to develop and increase their capabilities as much as possible.

Occupational Therapy Departments long term goal is "TO ACHIEVE SKILLS REQUIRED IN OUR DAILY LIVING ACTIVITIES"

## EMPLOYMENT 1997

Eight young adults from the centre (including three ex-pupils) were given the opportunity to work in an open employment namely at EASTERN GARMENT SDN. BHD. After an assessment period of about two weeks, six of them were successfully absorbed into their work force. The other two are at present undergoing training at JOBLINK- a sheltered workshop.



Hairoonisha is trimming the strands of a thread at Eastern Garment.



Lim Ai Leen is busy trimming strands of threads at Eastern Garment.



Hilmiyatus is working in the packing department at Eastern Garment.



Isrul is working at Eastern Garment as a garment blower



Sing Leng is learning to handle the collar cutter at Eastern Garment.

# GIRL GUIDES 1997



The year 1997 saw an increase of members. There are 6 guides this year. As in previous years, they took part in a variety of activities that were planned out for them.

Apart from learning **GUIDE RULES AND REGULATIONS**, the guides also participated in the following :-

**FIRST AID** - bandaging, tying and recognising different knots

**CRAFT WORK** - making greeting cards, flower baskets and Christmas containers from old greeting cards, fridge magnets and paper bags. Simple sewing such as, sewing buttons, press-studs and embroidery stitch.

## GARDENING

hydroponic vegetable planting

**SOCIAL SKILLS** - basic cooking; making a fire and boiling eggs; mashing potatoes; frying mee; making drinks; toasting bread and barbecue; sending out messages.

**OUTINGS** - 1. Visit to Bird Park Butterworth  
2. Visit to Clean Tech Expo '97 at Komtar'



# CUBS

In 1997 there were altogether seven members in the CUBS Movement. As in previous years, they participated in various programme that were planned for their training such as ;

**FIRST AID** - Learning to clean and dress a simple wound.

**FLAG** - Introduction to Malaysian and other state flags

**CRAFTWORK** - Making paper bags, key chains, bookmarks, etc

**KNOTS** - Learning to tie and recognise different knots

**SOCIAL SKILLS** - Preparing a simple meal and drinks. Interaction with other uniform units. Camping, bungalow stay and outing to places like KOMTAR, Kentucky Fast Food Restaurant, Penang Bird Park and Clean Tech Expo '97.

As majority were new recruits, they were carefully introduced to **CUBS ETHICS AND PROMISE**.

The above activities were aimed at giving them as wide a range of experience as possible; thus enhancing their awareness of different environment and social skills.

# SCOUTS 1997

The Spastic Children's Association of Penang's 22nd Georgetown scouts had a registered membership of nine. The year 1997 was indeed a busy and eventful year for them. Activities such as camping, Backwood man's cooking, obstacle course, community service projects and kayaking were some of the interesting events actively participated by them. The scout troop continues to be a role model for the younger cubs movement and their motto is :

**"We are ready to help when needed  
We are joyful always gay  
We are proud to be a member  
of a worldwide brotherhood"**



Scouts and Cubs busy cleaning the shower room.



Scouts, Cubs and Girl Guides at the Clean Tech Expo, Geodesic Dome, Komtar.



Scouts, Cubs and Girl Guides having a 'PEACE-FULL' and Finger Licking Good time at the KFC, KOMTAR.



Troop leader Tee Beng Heng cleaning the sandpit for the playgroup children

# COMPUTER CLASS 1997

A total of 47 student attend the computer class throughout the year. The number includes students from Preschool Section, School Section, Special Needs Unit, Therapeutic Class and Playgroup.

New device such as INTELLIKEYS and Discover Switch have been added to the existing Adaptive Technologies to enable students who cannot use the standard keyboard and mouse. INTELLIKEYS is a membrane programmable keyboard that comes with a number of overlays and we also can create custom made overlays to be used on it. A bar code at the back of the overlays will tell the computer which of the supplied overlays is loaded. While DISCOVER SWITCH, is the combination of single switch an on-screen keyboard that automatically scans to allow one to have extra-easy use of computer. This switch allows us to have access to all standard keyboard and mouse functions as well as talking markers, resizeable graphics or symbols, words or phrases and talking keys.

We have acquired some software such as Talkabout and CoWriter. Talkabout is a software which enables non-speaking individuals to participate in real time communication. It is meant for people who have literacy skills and need to participate in conversations. And CoWriter is a Predictive software which endeavours to predict words being written, as characters are entered. The user is offered a list of possible words. If the word needed is offered, it can be selected and placed in the document.

Students' participation is very encouraging and each of them tries his/her best to finish the task given. Apart from the lessons from the softwares, classroom lessons also are gradually being incorporated during the computer lesson. Most of the students have shown improvement of visual scanning and eye hand coordinations:



Asyura using the headpointer to complete her task

*to release the splendour hidden  
in silent mysteries beyond matters,  
to bring the latent talent  
from beneath to the surface,  
by a mere touch of mouse,  
switches and buttons  
with hand, foot or headpointer*



Yew Chin using the Discover Switch to access the computer



Wonder boy Azim using his foot to control the Turbo Mouse

# SCAP ANNUAL SPORTS 1997



Our President Dato' Dr Denis Mark Lee welcoming our Patron, Tuan Yang Terutama Negeri Pulau Pinang our Beloved Guest Of Honour



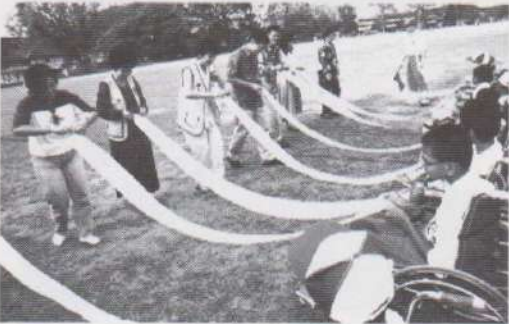
Penang Free School Band performing the opening number



"Yhee Hwan, cikgu suruh gelongsor cepat-cepat, bukan posing tauuu.."



"Raihana, apa you buat, menarik atau bersukan?"



"Roll...roll...roll...the bandage... phewwww and I thought it was going to be easy" - Guest and Committee Race -



"Huh....bola ni, ku heret susah-susah, pi mai pi mai tang tu juga"



"Pokok apa ni cikgu? Pisang ada, oren ada, anggur ada, epal ada" "Anak murid ku ni.... cikgu suruh hang tarik aje, bukan bagi komen"



The champions, 4 x 100m relay team from Selangor Spastic receiving their medals from TYT Negeri Pulau Pinang



Bowling ala SCAP, Shalin pun boleh kalahlah.



Join Champion - Rumah Hijau dan Rumah Kuning

# 4th Annual Charity Walk/Jog/Wheel-A-thon With The Disabled at Penang State Level 1997 coorganised with Arab-Malaysian Banking Group (Northern Region) - AMBG



YB Lim Chien Aun flagging of the event



Off they go .....



Our children with AMBG tall and friendly Camel and Mascot



The AMBG Mascot giving away Gang Savers balloons to the participants



Amboiii...syokknyaaa ditolak oleh 'mak we' cun.



Our Vice President Jenny Kam and Uncle Kasi dancing to the music of Gypsy Eyes, the band in attendance.





MCs for the day Mr. Bobby Ang and Miss Jothi



AMBG staff giving away souvenirs to commemorate this meaningful event



Participants receiving their hard earned Certificate after completing the event.



The crowd that came to support this meaningful event.



Finally .... our Mascot unmasked (Burly-Strong-Friendly and Sweaty ...)

*A big Thank You to  
 Arab-Malaysian Banking Group  
 (Northern Region) for co-organising  
 this event. This collective  
 effort netted a sum of  
 RM36,000.00. Once again  
 thanks to all those involved  
 in this worthy event.*

# MY "LANGKAWI BY AIR" EXPERIENCE (15-18 DECEMBER 1997)

**P**ulau Langkawi is a very beautiful island which I've been dreaming to go for a long time, and on the 15 December 1997 this dream became a reality.

The exciting day arrived with thirty of us, consisting ex-pupils (including six wheelchair bound), staff, volunteers and three budding seminarians from College General, Penang. All of us gathered at the Penang International Airport waiting anxiously to board the plane, excited and anxious since for many of us it'll be our first trip by plane. After the usual interviews and photography sessions with the press member and MAS officials, we were then escorted by the helpful and friendly MAS personnel to the plane. Once inside the plane, we were greeted by beautiful and charming stewardesses who guided us to our first class seats.

The journey took half an hour only. When we arrived at Langkawi airport there was a big bus waiting to take us to our hotel. On our way to the hotel I saw seemingly endless paddy fields and villages which came as a surprise to me, because I always thought Langkawi had only beautiful hotels, shopping complexes and restaurants.

Upon arrival at our hotel, Nadis's Inn Langkawi (said to be a five star budget Hotel), we were greeted by the management and staff of the Hotel, we were then taken to our rooms. In the evening most of us just lazed around the swimming pool while waiting for the dinner to be served. At dinner time all of us were nicely dressed (especially the girls) not so much for the dinner but for the disco to be held at a neighbouring hotel. After dinner we were ushered into the discotheque known as Hammer Head minus the cover charge. There was a live band performing which turned out to be Cikgu Joe's friend which made it easier to request for our favourite songs. Surprisingly, no one was seen dancing until Francis (our Volunteer from Singapore) started the first move. This brought about a chain reaction and within minutes the whole dance floor was filled with dancing legs and 'dancing wheelchairs' which Langkawi locals haven't seen the likes of. Everyone was enjoying themselves including me but unfortunately I have to leave early because my back was hurting due to long hours sitting on the wheelchair.

The next day we were taken to Kuah town for some sightseeing and shopping. The volunteers especially the seminarians were very helpful. Carrying and lifting us in and out the bus was indeed an arduous task but they the volunteers did it carefully and cheerfully. Next we were taken to the famous Langkawi Underwater World. I was really surprised to see that the place was so big and spacious with so many large and small tanks with thousands of colourful fishes and sea creatures. You name it, it's all there. That night's dinner was held at a small open air restaurant near our hotel. It was indeed nice throughout the dinner as it was such a breezy night. I believed everyone had a great time that evening, good food, great company and wonderful atmosphere. Chatting, laughing, joking, relaxing was the agenda of the night.

The third day was indeed a day I was looking forward to because we were going on a boat ride to two beautiful islands namely Pulau Singa and Pulau Kentut Kecil situated off the coast of Langkawi for swimming and snorkelling. While waiting for the four speed boat to take us to that destination we took many photographs. I really enjoyed the fresh air and had a nice time watching the tides sweeping the sand. I also saw a person on the parachute being pulled by a speed boat. It was nice to see him going up and down and I wish I was that person hanging on the parachute seeing everything from the air. When the boats arrived, we were slowly taken into the boat one at a time. As for us who were on wheelchairs we were carried in together with our wheelchairs. It was a thrilling ride on the speedboat that was going at very high speed. Since it was high tide we all had a bumpy ride where the water kept splashing at us and it was really fun, but I guess not for everyone including some of the volunteers.

The waters at Pulau Singa and Pulau Kentut Kecil was so shallow and clear that we could even see rocks, corals, sea shells and small fishes swimming gaily. I really enjoyed myself lying on the water and sunbathing with help from the seminarians. My friends also had a nice time snorkelling, collecting shells and swimming. It was really a lovely place for a picnic while admiring the beauty of God's creation. It was already evening when we returned to the Inn. Everyone had a great time.

The last night was again spent at the discotheque. Word must have gone around that we'll be back for more action because there was a bigger crowd this time around. The dance floor was once again jammed but this time with more locals getting involved in the dancing.

It was a sad day for everyone when we had to say goodbye to Langkawi and the whole staff of Nadia's Inn came to send us off. When we were on the plane. I had mixed feelings, happy that I'll be going home and sad that I have to bid farewell to the beautiful island of Langkawi. But I'll always cherish the fond memories of my trip to Langkawi. All in all it was a good experience for me being away from family for a couple of days in the care of others. It would have been better if not for my frequent bouts of spasm (fits) especially during the nights, but I thank God for helping me through those periods.

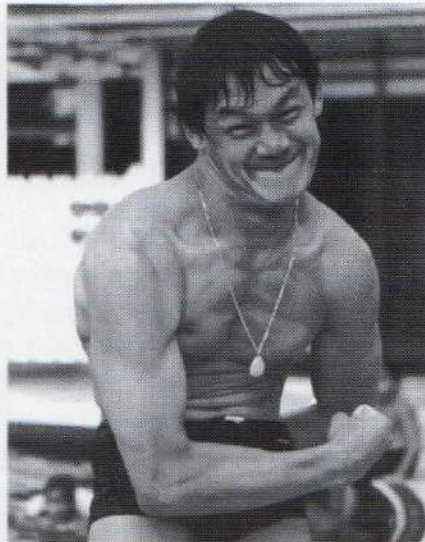
Lastly, I would like to thank all the staff and volunteers especially the seminarians for spending their holidays with us and to get to know each other better. Their cheerfulness and good sense of humour made the trip all the more an enjoyable one; Malaysian Airline Systems for their complimentary air tickets and assistance; all the staff of Nadia's Inn for their hospitality and special thanks to Cikgu Joe for arranging and co-ordinating the above trip.

MAY GOD BLESS YOU ALL

By : Lim Seok Ean  
Ex-Pupil of SCAP



Our writer Lim Seok Ean waiting to board the plane



'Mr Langkawi' Tan Soon Beng flexing his muscle at the pool side



The three musketeers L-R Thomas, Wilfred, Francis (Seminarians from College General)



Selvarajoo and Ahmad Kamal relaxing in their first class seats.  
- Courtesy of MAS -



Off we go to the islands



Dancing to the rhythm of the night at the Hammer Head Discotheque



The whole cheerful gang at Nadia's Inn

# KISAH BENAR

## *Ibu Pelita Hidup Ku*

**S**emua insan dalam dunia ini sememangnya mahu diri mereka dilahirkan dalam keadaan sempurna. Akan tetapi, ada yang kurang bernasib baik. Mereka dilahirkan dalam keadaan cacat atau kurang upaya. Semua ini sebenarnya ditakdirkan oleh Tuhan. Tiada sesiapa pun dapat menghalang-Nya. Sebaliknya, mereka terpaksa menerima kenyataan tersebut dengan hati yang terbuka. Begitu juga dengan saya yang dilahirkan dalam keadaan cacat (Cerebral Palsy) di Hospital Bersalin Pulau Pinang pada 20hb Disember 1982.

Saya difahamkan bahawa sehari sebelum saya dilahirkan, ibu saya dihantar ke hospital. Dia begitu gembira sekali kerana akan melahirkan anak yang kedua iaitu saya. Menurut ibu saya, sepanjang masa dia berdoa agar saya selamat dilahirkan. Pada hari yang tersebut, ibu saya dibawa ke bilik bersalin. Tidak beberapa lama kemudian, saya dilahirkan. Malangnya, kami terpaksa menghadapi masalah. Beberapa orang doktor dan jururawat bergegas ke bilik bersalin tersebut. Saya tidak dapat menangis walaupun dipukul oleh jururawat. Lebih kurang dua puluh minit barulah saya boleh menangis. Masalah inilah yang menyebabkan saya terpaksa menjalani hidup sebagai seorang cacat atau kurang upaya. Ibu saya pula berada dalam keadaan bahaya. Mujur, kecekapan para doktor dan jururawat menyelamatkan nyawanya.

Sejak saya dilahirkan, ibu saya menjaga saya dengan penuh kasih sayang bagai menatang minyak yang penuh. Dia menjaga saya tanpa mengenal rasa penat. Dia membawa saya ke sana sini untuk mendapatkan rawatan, baik tradisional mahupun moden. Dia tetap menjaga saya walaupun ada di antara ahli keluarga kami melemahkan semangatnya. Apabila saya berusia empat tahun, saya masih tidak dapat bercakap dan berjalan lagi. Keadaan saya jauh berbeza daripada kanak-kanak yang lain. Mereka sudah dapat berlari ke sana sini dan bermain dengan kawan-kawan. Ada di antaranya sudah mula belajar. Ibu dan salah seorang daripada saudara-mara menghantar saya ke Persatuan Kanak-Kanak Sepastik.

Di Persatuan Kanak-Kanak Sepastik, saya berkenalan dengan kanak-kanak yang senasib dengan saya. Di sini saya belajar menulis, membaca dan mengira. Saya juga diajar berenang dan menjalankan aktiviti harian. Pada hujung minggu atau cuti sekolah, guru-guru membawa kami pergi berkelah, membeli-belah dan menghadiri majlis. Mereka turut meraikan harijadi untuk kami. Setelah empat tahun saya belajar di sekolah ini, saya ditempatkan di sebuah tadika yang berdekatan dengan rumah saya. Oleh kerana tadika tersebut sedang dibaiki ia terpaksa dipindahkan ke sebuah sekolah yang terletak di Jalan Perak. Ini seterusnya menimbulkan masalah pengangkutan. Pada mulanya ibu saya mahu menghantar saya pergi belajar dengan menaiki bas sekolah. Namun, pemandu bas sekolah mengatakan bahawa orang dewasa tidak boleh menaiki bas bersama. Padahal saya tidak dapat pergi dengan sendirinya. Oleh itu ibu saya membawa saya dengan menaiki bas awam. Dia mendukung saya sambil berlari-lari untuk mendapatkan bas. Pada hari hujan, saya memakai baju hujan dan ibu saya pula menggunakan payung.

Saya belajar di tadika tersebut selama lebih kurang empat bulan. Selepas itu, saya pergi belajar di Sekolah Rendah Kebangsaan Jelutong Barat. Setiap hari dia mendukung saya ke sekolah. Apabila sampai di sekolah, penjaga pintu sekolah selalu mengejek saya manakala guru kelas saya selalu memandang rendah terhadap diri saya. Situasi ini menyebabkan ibu saya pernah berfikir untuk menghantar saya kembali belajar di Persatuan Kanak-Kanak Sepastik. Akan tetapi pada akhirnya guru itu sayang akan saya.

*Selepas itu kami pun berpindah ke rumah baru dan dari sana ibu mula membawa saya ke sekolah dengan basikal. Oleh kerana saya lebih tua daripada rakan-rakan sekelas, saya terpaksa lompat kelas semasa dalam darjah dua. Semasa darjah empat guru besar sekali lagi menyuruh saya lompat ke darjah lima. Akan tetapi, saya tidak berbuat begitu kerana tidak begitu yakin dengan diri saya. Akibatnya, saya terpaksa menamatkan pelajaran saya semasa berada dalam darjah lima saja. Ibu saya meminta bantuan daripada kawannya untuk menulis surat kepada Kementerian Pendidikan Malaysia untuk membuat rayuan agar saya dapat meneruskan pelajaran saya di dalam darjah enam. Surat itu juga disertai bersama dengan surat doktor dan dihantar sebanyak tiga kali. Dengan usaha mereka, akhirnya saya dapat belajar dalam darjah enam.*

*Saya menduduki Ujian Penilaian Sekolah Rendah di Persatuan Kanak-Kanak Sepastik dengan diberi masa tambahan. Selepas tamat pelajaran di sekolah rendah, saya menyambung pelajaran saya di Sekolah Menengah Kebangsaan Perempuan Sri Mutiara. Jarak di antara rumah dengan sekolah agak jauh. Ibu saya tetap membawa saya ke sekolah dengan basikal. Kini saya berada dalam tingkatan tiga, saya pergi ke sekolah dengan kereta sewa. Namun setiap pagi ibu saya masih datang ke sekolah dan berada di sana sehingga loceng berbunyi menandakan mulanya pelajaran. Pada setiap petang hari Isnin dan Rabu, dia membawa saya dengan basikal ke Persatuan Kanak-Kanak Spastik untuk mempelajari penggunaan komputer.*

*Saya berasa amat syukur kerana mempunyai ibu yang begitu baik. Saya tidak dapat bayangkan bagaimana akan keadaan saya sekarang jika tiada mempunyai ibu ini. Mungkinkah saya boleh belajar seperti hari ini? Tentunya tidak.*

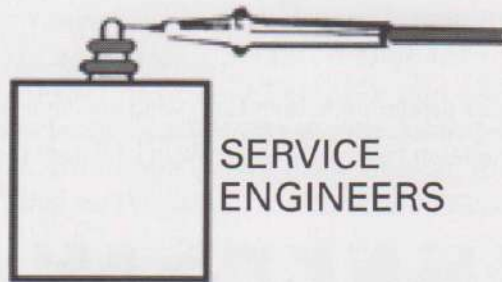
*Oleh : Tan Chin Chin*

**Nota :** Penulis di atas adalah bekas pelajar persatuan kami yang kini sedang menuntut di Sekolah Menengah Kebangsaan Perempuan Sri Mutiara, Pulau Pinang. Beliau merupakan salah seorang pelajar yang telah berjaya diintegrasikan ke dalam sekolah biasa.



Tan Chin Chin sedang menerima Anugerah Kecemerlangan Akademik daripada Encik Khoo Yeoh Gan Hong, Pengerusi Jemaah Sekolah semasa Hari Penyampaian Hadiah dan Hari Ibubapa 1997 Persatuan kanak-Kanak Sepastik Pulau Pinang

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# Persatuan Kanak-Kanak Cerebral Palsy, Pulau Pinang (The Cerebral Palsy Children's Association of Penang)

Penaung : T.Y.T. Yang Di Pertua Negeri Pulau Pinang

425, Jalan Masjid Negeri, 11600 Pulau Pinang, Malaysia.  
Tel: 04-6570160 Fax: 04-6563066

## WOULD YOU LIKE TO HELP A CHILD WHO HAS CEREBRAL PALSY?



Children with cerebral palsy need intensive therapy and education from a young age.

Services provided by the Centre include diagnosis & assessment, pre-school and primary education, speech therapy, occupational therapy, physiotherapy, a special needs unit and a home-based Outreach Programme.

Our aim at SCAP (The Spastic Children's Association Of Penang) is to enable children with cerebral palsy to make the most of their abilities so that they can go on to lead full and independent lives.

All of these services are provided by the Centre free of charge.

One way in which you or your company can help is by participating in our Foster Appeal.

By fostering, you enable a child with cerebral palsy to reach his or her potential through the services provided by SCAP.



YES, I/WE WOULD LIKE TO FOSTER A CHILD WITH CEREBRAL PALSY.

### Foster Appeal

Spastic Children's Association of Penang  
425, Jalan Masjid Negeri, 11600 Penang.  
Tel: 6570160 Fax: 6563066

I/We would like to foster a child with cerebral palsy for one year at a cost of RM360.00

Name :

Address:

Amount Enclosed : RM ..... Foster Appeal and/or  
RM ..... donation.

ALL DONATIONS ARE TAX DEDUCTIBLE

\* All cheques must be crossed and made payable to PERSATUAN KANAK-KANAK SEPASTIK PULAU PINANG



# SNOEZELEN ROOM

An exciting addition to SCAP is the installation of the new Snoezelen room. The Snoezelen concept involves the use of a range of sensory activities which can be varied to suit different needs providing enjoyable experience for all. Snoezelen is used mainly for the disabled but has also been used for the elderly and in delivery suites elsewhere. Snoezelen is a creative and interesting way to encourage interaction, movements and motivation in students with Cerebral Palsy.

The equipment in the Snoezelen room at the Spastic Centre uses fibre optics, mirrors, coloured lights and soft furnishing to create a total experience. Equipment in the room comprises:

- a bubble tube and mirrors to reflect the bubbles and soft colours
- a sparkling 'milky way' carpet
- relaxing waterbed
- an infinity display panel of coloured lights
- an illuminated ball pool where the balls change colour
- a linelite display panel where black light shines on fluorescent coloured plastic tubes which are reflected in a mirror
- a projector and effects wheels which project images onto the walls to create the desired atmosphere
- a coloured wheel and spotlight to add more colour and movement
- mobiles and mirror ball to add visual interest
- floor and wall mats to create a safe and comfortable environment.
- a fibre optic spray which can be held as it change colour providing tactile and visual stimulation

A one and half day training seminar on the use of the Snoezelen equipment was held for all teaching and therapy staff of the Centre. Students are taken into the room in small group and individually, depending on their needs.

The Snoezelen room is very popular with students and staff alike and is fully utilised. Improvements in mobility and behaviour have been noted in many students. For example, one student who is not motivated during physiotherapy sessions happily crawls around the Snoezelen room and he eagerly tries out each activity.

The Snoezelen room at SCAP is the first in Penang and the second in Malaysia.



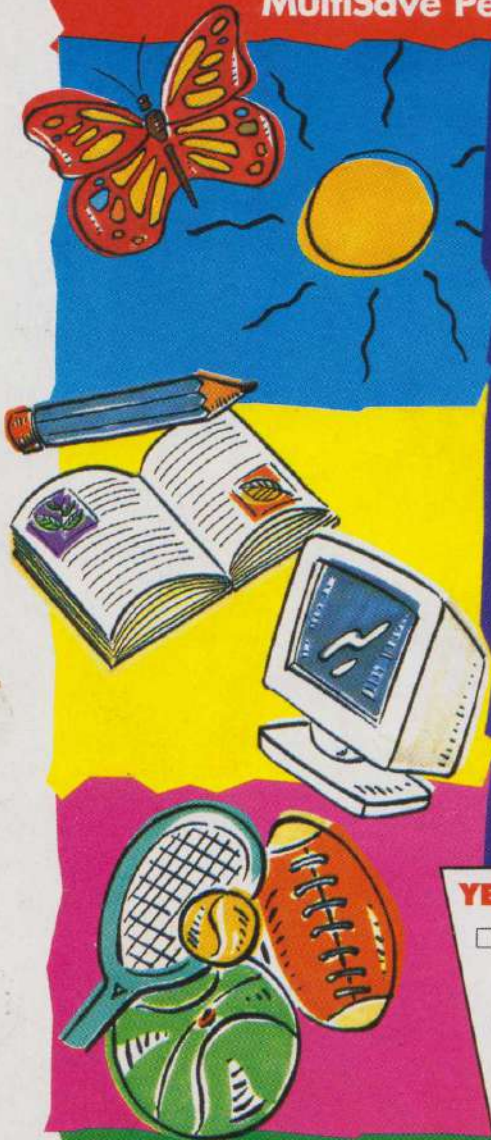


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