



*Persatuan Kanak-Kanak Sepastik, Pulau Pinang
(The Spastic Children's Association of Penang)*

Penaung : T.Y.T. Yang Di Pertua Negeri Pulau Pinang

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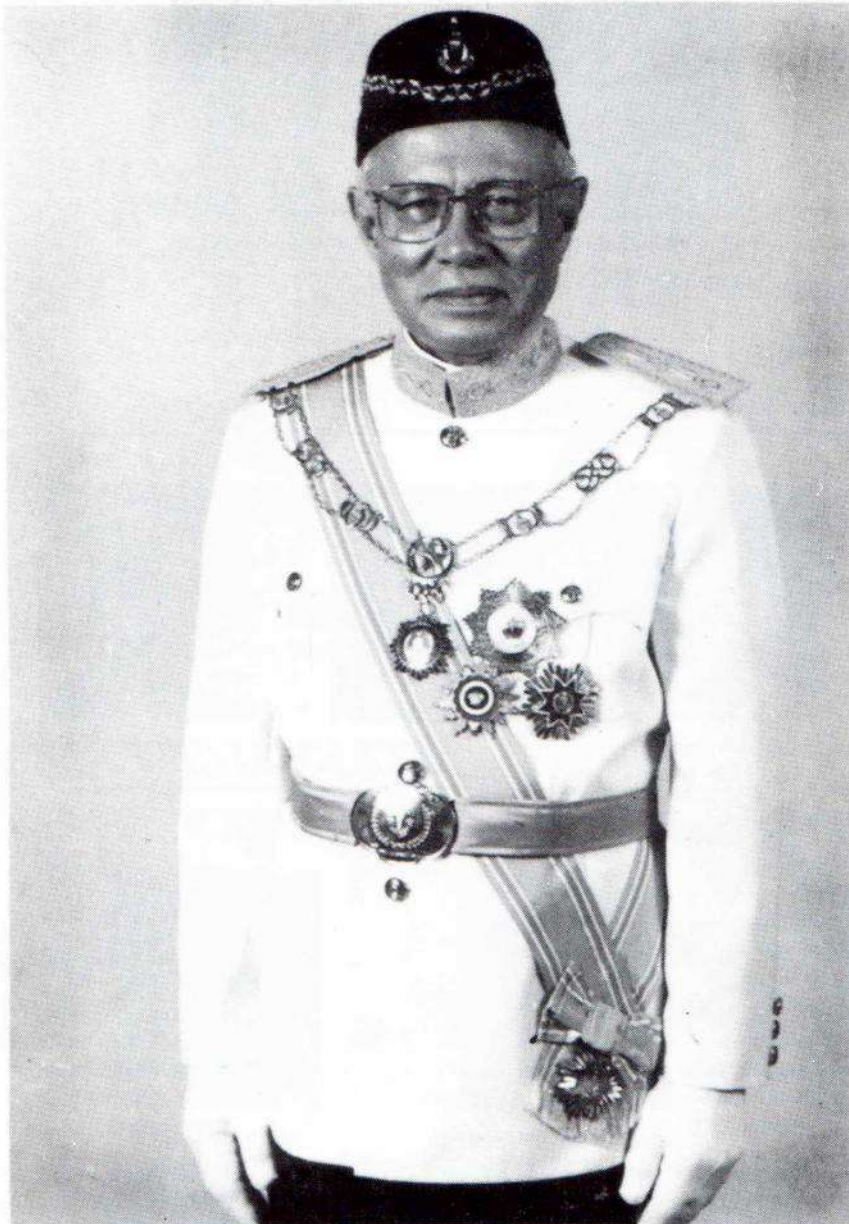


LAPURAN TAHUNAN **93** ANNUAL REPORT

OUR



PATRON



Tuan Yang Terutama

TUN DATO' SERI (DR.) HAJI HAMDAN BIN SHEIKH TAHIR
SMN., PSM., DUPN., DP., DMPN., KMN.

Yang Di Pertua Negeri Pulau Pinang.

MANAGEMENT COMMITTEE



Dr. Denis Mark Lee
PJK, JP
President



Mr. V.S. Bastion
PJK
V. President



Mr. Saw Hock Eng
PJM
V. President



Mr. Khoo Yeoh Gan Hong
PPN, PKT, PJK, PJM
V. President



**Puan Latiffa
Abdul Rahman**
V. President



Mr. Foong See Yoke
Hon Secretary
PJK, PJM



Mr. Law Joo Keun
AMN, PKT, PJK
Hon Treasurer



Mrs. Chan Kok Swee
PJK
Imm. Past. President

COMMITTEE MEMBERS



**Ms. Jassie
Khoo Suan Cheng**



**Ir. Vincent
Tan Huei Meng**
PJK



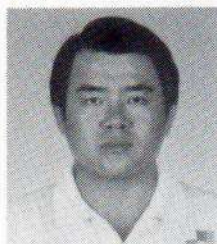
**Ms. Jenny
Kam Phaik Har**
PJM



**Mr. Bobby
Ang Choo Ming**



**Mr. Abdul
Mukhtar**



Mr. Cheah Keat Kok



Mr. Teoh Ee San
AMN, PJK



Mr. Yew Lye Hin
PJM

Honorary Auditor

Mr. K.C. Liang
Liang & Co.



Mrs. Valliammal Ramamurthy
Centre Administrator

TRUSTEES



**Tan Sri Dato'
Loh Boon Siew**
*DMPN, DSPN, DJN, JSM,
KMN, PJK*



Datin Ong Kim Seng



Dato' Dr. Tan Ewe Aik
DSPN, JP



Mrs. Chan Kok Swee
PJK

HONORARY ADVISERS



**Tan Sri Dato'
Loh Boon Siew**
DMPN, DSPN, DJN, JSM, KMN, PJK
General Adviser



Mr. Law Joo Keun
AMN, PKT, PJK
General Adviser



**Mr. Mayilvaganam
Pillai**
*Pengarah Kebajikan
Masyarakat Negeri Pulau Pinang*



**Mr. Haji Mohd. Ismail
Bin Othman** *BCK*
*Pengarah Pendidikan
Negeri Pulau Pinang*



Mr. Cecil Rajendra
Legal Adviser



Dato' Dr. Tan Ewe Aik
DSPN, JP
Medical Adviser



Dr. Alex Lim Kheng Seng
Medical Adviser



Dr. Yee Thiam Sun
PJM, PKT
Medical Adviser

HONORARY CONSULTANTS



Dr. Lim Huck Boon
JP
Ophthalmic



Dr. Santokh Singh
*Ear, Nose & Throat
Consultant*



Dr. Daljit Singh Nagreh
Dermatologist



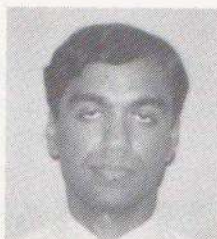
Dr. Foong Kheng Phoy
PJK, AMP
Orthodontist



Dr. Tan Chee Khuan
PKT, PJK
Psychiatrist



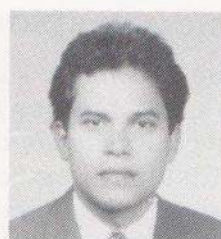
Dr. Adele Tan
Paediatric



Dr. Samuel Easaw
Neurologist



Mr. Dennis Y.S. Liew
*Chartered
Architect*



**Dr. Jamaludin B.
Mohamad**
Orthopaedic



Ir. Vincent Tan Huei Meng
PJK
Consultant Engineer

President's Report 1993



Ladies and Gentlemen,

It gives me great pleasure to present to you the Annual Report of the Association ending 31st December 1993.

Foster Parents invited most of the Spastic Children to numerous parties throughout the year and on the whole the Association enjoyed another busy and successful year.

FINANCE

I wish to report that the financial position of the Association is sound. The year ended most satisfactorily with an income over expenditure of about RM 95,854.74. This was once again largely due to the philanthropy of the public and various private corporations in Penang, as well as the commendable efforts of our Vice-President Mr. V. S. Bastion PJK who, in spite of his illness, raised the sum of RM 171,266.08 through the Foster Parents Appeal Scheme. We thank him once again for his fine efforts, as well as the Foster Parents for their kind and generous support throughout the year.

We are very grateful for the Annual Grant of RM 64,897.00 from the Ministry of National Unity & Social Development.

Salaries and allowances for our thirty-five staff amounted to RM 145,214.20 and this continued to be the bulk of a rising expenditure.

QUALITY AWARD BY THE PRIME MINISTER

We are indeed very proud to inform you that the Spastic Children's Association of Penang was again nominated to enter the finals of this prestigious Quality Award. Perhaps this will encourage the Spastic Centre to achieve further excellence in the future.

UPGRADING QUALITY OF SERVICE

The Penang Spastic Centre, is proud to acquire the services of a fully qualified Physiotherapist, Mr U Kyaw Myint, a Burmese and product of the University of Rangoon, and a fully qualified Speech Therapist, Mrs Johanna Wong, a graduate of the University of Sydney, Australia. Both these specialists will commence work in early 1994 to upgrade the quality of service to our cerebral palsied children.

INVESTMENT IN HUMAN RESOURCES

I am proud to inform you that a staff member of the Spastic Centre Penang, Mr Manoharan a/l Ramasamy has been sponsored for a two year Speech Therapy Course in Kasturba Medical College, Karnataka, India. On completion of this course Mr. Manoharan will return to Malaysia to serve and work at the Spastic Children's Association of Penang for a minimum period of seven years. This is the first time the Association has undertaken such investment in human resources and perhaps this is the forerunner of more to come.

CHANGES

During the year the Association experienced a turnover of staff but was also able to recruit the personnel required to fill its needs.

In July Mr. Foong See Yoke was elected to the post of Hon. Secretary of the Association. Mr. Foong has been associated with the Spastic Centre, Penang for many years, first, as the Representative of the Director of Education Penang when he held the post of Supervisor of Special Education in the Education Department Penang and later as the Executive Administrator of the Centre.

The Management Committee wish to extend a warm welcome to Encik Idris bin Ahmad as Representative of the Director of Education Penang replacing Encik Mohd Tahir who has retired.

To those who have left their posts by retirement or by resignation, I would like to convey my appreciation for their good work and best wishes for the future.

APPRECIATION

I would like to express our deep appreciation to our Patron, Tuan Yang Di Pertua Negeri Pulau Pinang, Tun Dato' Seri (DR) Haji Hamdan bin Sheikh Tahir, SMN, PSM, DUPN, DP, DMPN, KMN and His Consort Yang Amat Berbahagia Toh Puan Datin Seri Hajjah Siti Zainab binti Haji Baharuddin AMN, PJK for gracing our functions. Their gracious presence has always been a source of inspiration and encouragement to the children, staff and members of the Association.

We would like to extend our sincere thanks to the Honorable Dato' Napsiah Omar, DSNS, Minister of National Unity & Social Development for her help in getting financial assistance for the Penang Spastic Building Extension Project.

Finally, I would like to express my appreciation to all the Management Committee and Sub-Committee members, both staff and volunteers for their kind assistance in making this another year of success. To our team of advisers, consultants, auditors, donors, foster parents, service clubs, the mass media and supporters who have helped us in so many ways, I say "Thank you and God Bless You".



DR. DENIS MARK LEE JP, PJK
President.

MEMBERS OF THE SCHOOL BOARD



Sitting from left:

Mr Yeoh Beng Chai, Mrs Valliammal Ramamurthy, Mr. Law Joo Keun, Puan Latiffa Abdul Rahman, Mr Khoo Yeoh Gan Hong(Chairman), Mrs Nirmala Devi (Rep from Jabatan Kebajikan Negeri), Mr. Foong See Yoke and Mr. A. Thanabalan.

Absent:

Encik Idris Ahmad (Rep. from Jabatan Pendidikan Negeri) & Mr. V. P. Kanniah

STAFF OF THE SPASTIC CENTRE AND SCHOOL



Seated left to right:

Mrs Raj Kumar, Mrs Maria Joseph, Mrs Diana Leong, Mrs Valliammal Ramamurthy, Mrs Wayne Perera, Mrs Helen Rajoo, Mrs Anita Muthu.

Standing left to right:

Ms Shanthy, Mrs Ramasamy, Ms Thillagavathly, Mrs Sakthivandan, Ms Lim Choon Lye, Mrs Lim Yit Mun, Ms Ranee Sathia Sheela, Cik Suhaila, Mrs Margaret Ronald, Pn Azlina, Ms Jothi Lakshmi, Cik Siti Sara, Cik Norjan, Ms Rajeswary.

Standing back row left to right:

Mr. Doraisamy, Mr Ong Aik Leong, Mr. Awtarr Singh, Mr Ho Chee Keong, Mr. Santhramogen, Mr Abdul Aziz Arumugam, Mr Chow Chee Kheong, Mr. Sivabalan, Mr. Anuar Pawanchik, Mr Chew Sun Chooi.

Absent:

Mrs Uma Sasithran, Cik Noor Hashimah

CENTRE ADMINISTRATOR'S REPORT

1993 proved to be an eventful year, notably for the awarding of the 'Anugerah Kanak-Kanak Khas Terbaik Kebangsaan (Kategori Sepastik) 1993' to our student, Lim Shiao Pei. Her achievement has enhanced staff morale and inspired other students to follow in her footsteps.

In July, the Centre welcomed Pn. Grace Low who was transferred from a regular school by the Education Department. After a long wait for a trained teacher to be posted at the Centre I would like to thank the Education Department for this welcome move.

This year, seven students sat the Ujian Perperiksaan Sekolah Rendah (UPSR). This was a first for the Centre and the results were encouraging with one student, Koh Yin Tsang, passing the examination.

Another first this year was the sponsorship of Mr. Manoharan Ramasamy's studies in India by S.C.A.P. Mano is now part-way through his Diploma in Speech Therapy at the Kasturba Medical College. This is a positive development in the role of S.C.A.P. and it is to be hoped that such sponsorship will continue in the future.

My sincere appreciation goes to the staff of the various departments for their contributions to the ongoing success and progress of the Centre. Their tireless efforts and dedication are to be commended.

Gratitude is also due to the many Foster Parents, companies and generous individuals who have shown their support for the Centre through donations and parties for the children. Such contributions are not only necessary for the maintenance and growth of the Centre, but also bring much happiness to the children.

In conclusion, 1993 has been a busy and productive year and I thank all those involved.

STRUCTURE ORGANISASI PERSATUAN KANAK-KANAK SEPASTIK PULAU PINANG

JAWATANKUASA PENGURUSAN

PENTADBIRAN PERSATUAN

Puan Valliammal Ramamurthy

<p>BAHAGIAN TERAPI</p> <p>PEMULIHAN PERUBATAN ANGGOTA Ketua Jurupulih Anggota (Kosong) Jurupulih Anggota Rajaswari a/p Karupiah Pembantu Terapi Chow Chee Kheong (2 tempat kosong)</p> <p>PEMULIHAN PERUBATAN CARA KERJA Jurupulih Cara Kerja (Kosong) Pembantu Terapi Quah Guat Cheng Guru Sandaran Shanthi a/p Jeganathan Anita Jegarose Pragasam Chuang Meng Ngoh</p> <p>PEMULIHAN PERUBATAN BERKATA Ketua Jurupulih Berkata (Kosong) Pembantu Terapi Guru Sandaran S.K. Jothi. Lakshmi a/p S. Kuppusamy Suhaila bte Rajak</p> <p>PEGAWAI SOSIAL Kosong (1 tempat)</p>	<p>BAHAGIAN PENTADBIRAN</p> <p>KERANI Uma Devi a/p K.M. Bala Krishnan Ranee Sathia Sheela</p> <p>KERANI AKAUN (Sambilan) Ho Chee Keong</p> <p>DREBAR Chew Sun Chooi Abdul Aziz Abdullah Sivabalan a/l A.M. Suppiah</p> <p>ATTENDAN Lee Poh Keat Doraisamy a/l Mooniandy Sasigala Vathi a/p Kanan Lim Choon Lye</p> <p>JAGA Awtarr Singh s/o Balwant Singh 1 tempat kosong</p> <p>TUKANG KEBUN Santhramogen a/l Murugiah</p>	<p>BAHAGIAN AKADEMIK</p> <p>KETUA GURU (Kosong)</p> <p>GURU TERLATIH Low Swee Szer</p> <p>KELAS PENGENALAN Ketua Pembantu Akademik Mary Anthony a/p Sebastian</p> <p>KELAS PENGENALAN II Guru Sandaran Noor Hashimah bte Mohd Hashim</p> <p>KELAS PRA-SEKOLAH Guru Sandaran Azlina bte Yusoff</p> <p>KELAS BIRU Ong Aik Leong</p> <p>KELAS HIJAU Guru Sandaran Magarate a/p Joseph</p> <p>KELAS MERAH Guru Sandaran Rajeswary a/p Naranasamy</p> <p>UNIT KEPERLUAN KHAS Maria Hee Som Chai a/p Ponniah Guru Sandaran Thillagavathy Rajaratnam Norjan bte Osman Anuar bin Pawanchik Siti Sara bte Osman</p>
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MEDICAL

The association is thankful to Dr. Alex Lim Kheng Seng who is giving preferential treatment to the children. Dr. Alex Lim is also reviewing new cases together with Dato' Dr. Tan Ewe Aik and giving free medical checkups to new staff on appointment.

Dr. Yee Thiam Sun has been quietly and unpretentiously serving the association for many years now in looking after the children's hearing problems.

Dato' Dr. Tan Ewe Aik is not only one of the association's Medical Advisers, but also a Trustee as well. The association is deeply grateful to Dato' Dr. Tan Ewe Aik for his long years of service with the centre.

The association welcomes Dr. Jamaluddin Mohammed, Orthopedic Surgeon.

The association is also indebted to the panel of Honorary Consultants for giving their valuable services to improve the health and well being of the children under our care :

- | | |
|----------------------------|----------------------|
| 1. Dr. Samuel Easaw | - Neurologist |
| 2. Dr. Fong Kheng Poh | - Orthodontist |
| 3. Dr. Lim Huck Boon | - Ophthalmologist |
| 4. Dr. Daljit Singh Nagreh | - Dermatologist |
| 5. Dr. Santokh Singh | - ENT Surgeon |
| 6. Dr. Adele Tan | - Paediatrician |
| 7. Dr. Tan Chee Khuan | - Pyschiatrist |
| 8. Dental Surgeon & Nurses | - Perak Road Clinic |
| 9. Dental Surgeon | - Adventist Hospital |
| 10. Dr. Jamaludin Mohammed | - Orthopedic Surgeon |

Last but not least, the association is deeply grateful to Mrs. Ong Kim Chye for her voluntary services to the centre as a qualified nurse. Every Wednesday, without fail, Mrs. Ong Kim Chye prepares the Centre's "clinic" and helps in looking after the health of our children as well as in the examination of new cases.

Out of the number of children reviewed by our Medical Advisers, 13 were admitted as "Therapy Clients".

The following is a breakdown figure of the number of students at the centre as on 31.12.93 and the number of students discharged for various reasons.

Statistics as of 31.12.93

	Male	Female	Total
Malay	17	13	30
Chinese	22	30	52
Indian	8	7	15
Therapy Client	11	14	25
	58	64	122

Discharged - Kalai Killi
Siti Fatiyah
Saratha
Wai Kim Seong
Ng Wei Sheen - parent request

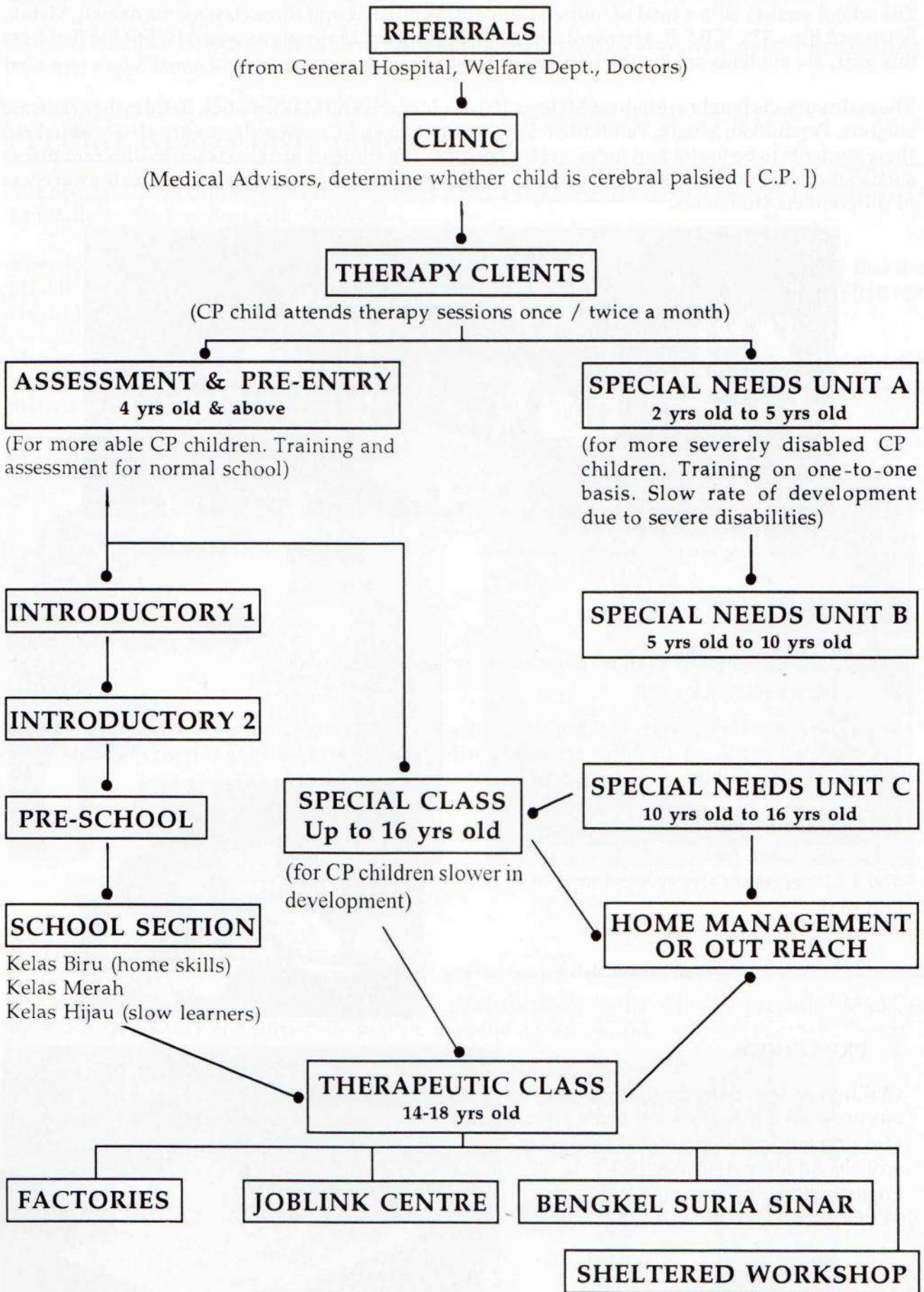
} non-attendance

Discharged to normal school - Jesslyn

Discharged maximum age - Azrah

Discharged to secondary school - Teh Kar Wei
Jason Goh
Koh Yin Tsang

PROGRESS CHART



SCHOOL SECTION

The school section with a total of fourteen students is divided into three classrooms namely, Merah, Hijau and Biru. The K.B.S.R. system of education is followed as closely as possible. For the first time this year, six students sat for the UPSR examination.

The main subjects taught are Bahasa Melayu, Bahasa Inggeris and Mathematics. Besides the academic subjects, Pendidikan Muzik, Pendidikan Seni, Swimming and Cooking classes are also held to help these students to be useful and independent persons. The students are also taken to different places such as the museum, bank, supermarket and other organisations for the disabled to create awareness of different environments.



A maths lesson in Progress, with Fadzilah and Kar Seng using the electric typewriters.

Pre-School

The pre-school section is divided into the following three sections:

1. INTRODUCTORY ONE

This class caters for up to six children. Activities are based on play and a kindergarten curriculum is gradually introduced. Children are taught self-help skills and teaching is individualised to meet the needs of each child.

2. INTRODUCTORY TWO

This class caters for up to eight children and a kindergarten-style programme is followed.



Learning the alphabet the fun way.

3. PRE-SCHOOL

Children in this class continue to carry out pre-school activities and some are also prepared for integration into regular schools. Additional subjects such as basic English and computer are introduced at this level.



Stepping into more formal learning, with small classes.

All the above classrooms have tables and chairs specifically designed to suit the needs of the children. Lessons are planned according to each child's abilities and typewriters are introduced for those who are unable to write.

Teachers take their classes on educational visits during the term. They also arrange vision and hearing tests and make home visits when necessary.

SPECIAL NEEDS UNIT (SNU)

The Special Needs Unit consists of two classes which cater for thirty-three severely physically and/or intellectually handicapped children.

After some disruption due to staff turnover in the early months of 1993, we are glad to say that the SNU is now running smoothly once more. We have two teachers in each class where children are taught individually for one hour, once or twice weekly.

Therapy focuses mainly on sensory stimulation, increasing motor function and activities of daily living. Children are given opportunities to play with educational toys and a variety of interesting materials in order to increase their attention span and ability to concentrate.



Team Work - The teacher and physiotherapist working together with Ann on the Bobath ball.



Jonathan learns cause and effect with individual teaching.

THERAPEUTIC CLASS

The aim of the Therapeutic class is to develop independent living skills by preparing students emotionally, socially and physically to cope with the outside world.



Students busy preparing lunch during a Living Skills lesson in the Therapeutic class.

SPEECH THERAPY

The Speech Therapy department teaches children several forms of communication. These include hand-signs, picture boards, gestures, lip reading, word charts and combinations of these as well as speech.

Non-verbal methods are taught in order to diminish the frustrations experienced by children who are unable to verbally communicate with others important to them.

A total of fifty-eight children received regular Speech Therapy throughout the year. Twenty-five attended morning sessions, twenty-one afternoon sessions and twelve were seen as therapy clients. Children were seen individually for half or one hour sessions either weekly, fortnightly or monthly depending on their needs.

The Speech Therapy department is grateful to Dr. Yee Thiam Sun of Chong Dispensary and Mr. Derrick Chan of Top Hearing Centre. They have continued to assess and advise on future management of children with hearing impairments and to service hearing aids used in the Centre respectively.



PHYSIOTHERAPY

A total of seventy students received physiotherapy on a regular basis during 1993.



Yee Hwan, Hooi Gek and Farsham doing their exercises under the guidance of Raji and Steven.

'Quick I can't hold on much longer.'- Faizul on the wall bars.

Throughout the year, there has been an emphasis on supervision and training of new staff members in the techniques of physiotherapy. One staff member was also trained to design special furniture and equipment necessary to ensure proper seating of our students.

The effectiveness of sessions and utilisation of time could be improved if more 'hands-on' therapists were available to carry out physiotherapy with the children.

OCCUPATIONAL THERAPY

The Occupational Therapy department continued to function smoothly despite several staff changes. In the absence of a qualified Occupational Therapist the department was run by one senior staff member together with another therapy assistant.

A total of thirty-two children attended individual therapy sessions and progress was noted in all of these children. Occupational Therapy sessions contributed to the overall development of the children and their enjoyment of O.T. was evident.

Sessions are based on the concept of 'Therapy Through Play'. New students are assessed before a programme is planned in accordance with their needs. Occupational Therapy includes areas such as self-care, cognitive skills, perceptual-motor skills and physical function.

Each student's Occupational Therapy programme is reviewed annually and restructured as necessary in order to increase the performance and independence of each student.



Faizul, aged 6, doing a puzzle to increase visual perception and eye-hand co-ordination.



Creativity is encouraged through the use of toys. Here Nadia builds a train using Duplo.

SCOUTS

This year our scout troop consisted of nine boys. Regular activities included basic drill, learning scout laws and promises, obstacle courses and outdoor games.

We also had the opportunity to interact with able-bodied scout groups from other schools.

We attended the Scout Council campfire held at the Scout Headquarters and were also invited to the annual campfire at Hamid Khan school.

GIRL GUIDES

Our Girl Guide pack had a total of six members this year. Their ages ranged from thirteen years to sixteen years old. As in previous years, they participated in various programmes that were planned for their training.

1. First aid - Learning how to clean and dress a simple wound. Tying and recognising different knots.
2. Craft work - Making bookmarks, drawing and simple sewing.
3. Learning the rules of being a Girl Guide and the Guide Laws.
4. Social skills - Singing and games sessions
Fire-lighting and basic cooking skills.



Laporan Tahunan Pasukan Pengakap Kanak-Kanak 1992 / 1993.

Aktiviti-aktiviti yang dijalankan sepanjang tahun ini adalah sederhana sahaja. Kebanyakan program yang dijalankan lebih bertumpu kepada kehidupan harian memandangkan kecacatan yang mereka alami.

2. Pasukan tahun ini juga mengalami perubahan dari segi pentadbiran. Dalam jangkasama tersebut sebanyak 4 guru telah mengambil alih organisasi ini iaitu dari Cikgu Thilla, Cikgu Tina Henry kepada Cikgu Grace Loh dan Cikgu Ong.

3. Namun demikian, program yang dirancang masih dapat dilaksanakan secara am. Secara ringkas antara aktiviti yang dijalankan ialah;

- 3.1 Mengetahui bendera kebangsaan.
- 3.2 Lagu kebangsaan.
- 3.3 Menyediakan minuman.
- 3.4 Menyediakan 'sandwich'.
- 3.5 Mencuci pakaian dan kasut.
- 3.6 Membuat buku.
- 3.7 Lagu-lagu pengakap kanak-kanak.
- 3.8 Kebersihan.
- 3.9 Mencuci rambut.
- 3.10 Menjaga kebersihan kelas.
- 3.11 Peraturan pengakap kanak-kanak.
- 3.12 Mengetahui negara-negara.
- 3.13 Kuiz.
- 3.14 Obstakal.
- 3.15 Menonton video pendidikan.

**PERAYAAN HARI KANAK-KANAK SEDUNIA KE 40
(PENGANUGERAHAN KANAK-KANAK KHAS TERBAIK KEBANGSAAN 1993)**

Lim Shiao Pei di pilih sebagai kanak terbaik di Peningkat kebangsaan 1993 kategori Sepastik. Beliau di beri anugerah oleh Seri Paduka Baginda Raja Permaisuri Agong Tuanku Bainun.

LAPURAN TENTANG LIM SHIAO PEI

Lim Shiao Pei adalah seorang pelajar terbaik di sekolah ini. Beliau cergas dalam banyak bidang. Seperti, tarian, lukisan dan sukanan. Dari segi akademik pula Lim Shiao Pei memperolehi markah yang memuaskan dalam semua mata pelajaran.

Walaupun Lim Shiao Pei seorang yang agak pemalu beliau adalah seorang kasih sayang dan suka menolong orang lain. Beliau juga berminat dalam muzik, mendaki, renang dan melawat.

Lim Shiao Pei pernah mewakili sekolah kepesta melukis dan menerima sijil penghargaan. Di samping itu, beliau juga seorang pandu puteri yang cergas dan menjalankan tugas dengan sempurna.

Beliau di pilih sebagai 'Kanak-Kanak Sepastik Yang Terbaik 1993' bagi peringkat negeri dan kebangsaan, dan menerima anugerah daripada Seri Paduka Baginda Raja Permaisuri Agong Tuanku Bainun. Kita pasti Lim Shiao Pei sangat bangga dan gembira atas kejayaan beliau. Tahniah dan harap semoga beliau terus bermaju jaya dalam semua lapangan.

Cheers for a brave child

SPECIAL CHILD ... it was a touching moment as this young recipient came forward to receive her award from the Raja Permaisuri Agong Tuanku Bainun yesterday.

Lim Shiao Pei, 12, had difficulty walking up to the stage at Stadium Negara because of her disability but she was spurred on by the encouragement from the crowd.

Shiao Pei, who is also unable to hear or speak, was one of five children who received the National Best Special Award for the spastic category.

The five were chosen based on their academic achievement, co-curricular activities and their talents in relation to their disability.

The awards were given in conjunction with World Children's Day. (See page 3)



● STARpic by ABDULLAH SUBIR

GUNUNG JERAI



Ang Kim Huat - following in Indiana Joe's foot steps during the climb.

November 17, 1993

The vans are finally loaded up and we are off - driving over Penang Bridge on a lovely, clear morning. Suddenly the calm is broken by a gasp from the back of the van - it seems that someone has forgotten to bring the SCAP banner which was to be majestically unfurled at the peak of Gunung Jerai! Never mind, it's too late to go back now! We continue our journey along the new highway and an hour or so later we arrive at the base of the hill, ready to begin the climb.

The sky is a deep blue and the sun is shining brightly. The students start off at a cracking pace oblivious of the reminders that they have eleven kilometres to walk. They are enthralled with the sights and sounds of the greenery surrounding them. The sounds of insects and bird calls fill the air. We see some monkeys (Penang exports?) and delight in the fresh air - a welcome change from city dust and fumes.

The students break up into groups and chatter away amongst themselves as they make their way up the steep and windy road. Those who enjoy breaking branches are told of the hills ghostly reputation and from then on we have a group of instant environmentalists!

As the heat of the day intensifies and the going gets tougher, a few elect to complete the journey in the van. A little further on and almost everyone has opted for a ride. Eventually we all make it to the top, with only Joe and Jothi having walked the whole way. The others blame the hot weather but judging from the complaints of sore legs and aching knees, fitness may also have been a factor!

We have lunch at the peak and admire the padi fields of Kedah stretching into the distance, before retiring for a well-earned rest.

Later in the afternoon we all gather for a walk to the nearby waterfall. After several false starts we find the right path and are on our way. What begins as an easy walk turns out to be quite a challenge. The path is uneven and steep in places. However, the sound of the rushing stream keeps us going and about half an hour later we reach the waterfall.

We find ourselves in an idyllic spot. The water cascades down into a golden rock pool surrounded by cool jungle. A rainbow created by the waterfall completes the magical effect. The students enjoy themselves in the cool, clear water, laughing and splashing each other.

The next morning there is time for a quick breakfast and a group photo and we are off on the descent. Aziz once again runs a shuttle service in the van, collecting those in need of a rest. The more adventurous walk down using the jungle trails to cut the corners. 'Indiana' Joe has brought his rope and it comes in handy for the steeper sections of the track. At one meeting point we realise that the intrepid Joe is no longer with us. After much checking we find that he has gone ahead to 'catch up' with the first group - who are actually behind him! The van discovers him later, already most of the way down and still trying to catch up! Pn. Valli meanwhile is no doubt thinking that it is harder to keep an eye on the staff than the students!



Gunung Jerai - now 'lepak' session after the long climb.

While we wait in the carpark, the others arrive in dribs and drabs. At last everyone is here except you guessed it - Joe and the experts on the area Ronald and Margaret. They eventually wander in to the carpark looking dazed and mumbling a story about taking a short-cut and ending up in a kampung somewhere near Gurun town!

We reach Penang in the afternoon, tired but happy. The smiles on the students faces say it all and we know they would do it all over again anytime!!!

KITA BOLEH

Participants : Hooi Gaik, Nor Fadzillah, Ai Leen, Jason, Julia, Beng Heng, Kar Wei, Shioa Pei, Seng Leng, Shahril Yusmar and Ang Kim Huat

A BRIEF OVERVIEW OF THE SPASTIC CHILDREN'S ASSOCIATION OF PENANG -THEN AND NOW

The Spastic Children's Association of Penang (SCAP) has been providing services for children with cerebral palsy since 1962.

Throughout this time the Centre has continued to progress not only in terms of the number of children registered and staff employed, but also in terms of the quality of services and facilities provided.

THE PAST

THE SIXTIES: SCAP was officially registered as an association in August of 1962. This was the result of action by concerned members of the Penang Rotary Club who were also responsible for the initial fundraising and organisation of the centre.

The first training sessions began with five children at St. Andrew's church in 1963 at which time 21 children were registered with SCAP. By 1967 the centre had built its own premises on land leased from Lam Wah Ee hospital, and by 1969 the school was officially registered with the Education Department.

During the sixties several overseas volunteers served at the Centre. They were the first of many who would later come to help at the centre, and included a special needs teacher, a speech therapist and an occupational therapist.

By 1969, the centre had ten staff with a registration of 30 children. The number of classrooms had been increased and the centre had purchased two vans to provide transport for the growing numbers of children.

THE SEVENTIES : The seventies saw an emphasis on developing service provision, in addition to expanding buildings and facilities. By 1973, the centre had a pool and an occupational therapy room. Many fundraising activities were held to support such projects. 1974 was the Foster Parent Appeal Year when the group scheme was first implemented.

Overseas volunteers continued to serve at the Centre during the seventies, including a physio-therapist, occupational therapists and a speech therapist.

Facilities were expanded to include medical and social work services and a teacher was sent to Australia for a one year training. By the mid-seventies 65 children were registered with SCAP and the Centre had a staff of 25 .

Services for the children now included not only education and therapy, but also co-curricular activities such as scouts and guides. A playground was also built to cater for the growing needs of the children.

THE EIGHTIES:

The eighties saw students from SCAP participating in an ever widening range of events and activities. These included taking part in the National Sports for the Disabled in 1988 and the formation of a computer club at the centre in 1989. A toy library was also set up in order to lend toys out to children for use at home.

There was a move at this time towards greater integration of academically able students into regular schools. Several students were also successfully integrated into regular paid employment.

Volunteers from overseas continued to work at the centre and included speech therapists, occupational therapists and special needs teachers. Services at the Centre were expanded to include a Special Needs Unit for severely disabled children who had previously received therapy as out-patients.

The SCAP Silver Jubilee was celebrated in 1987 and provided an ideal opportunity for reflection on past achievements and for deciding future objectives. By the end of the eighties SCAP had 125 students registered and a staff of 34.

THE EARLY NINETIES:

The nineties got off to an exciting start with a trip to Sabah to climb Mt. Kinabalu undertaken by a group of staff and students. The trip was a resounding success, and proved once again just how much people with cerebral palsy are capable of achieving if given the opportunities.

By the end of 1992, the last volunteer had completed her contract at the centre. The emphasis was now shifting towards training local staff in teaching and therapy areas.

Plans were laid for the present building extension programme with the foundation stone laying ceremony taking place in June 1992.

The early nineties also saw public recognition of the quality services being provided by the centre with SCAP making the finals of the Prime Minister's Quality Award and being honoured by Matsushita with the International Voluntary Organisation Award.

THE PRESENT

Registration at the centre is currently steady at around 125 children and a staff of 36. However, as has been the trend elsewhere, the centre is now experiencing an increase in the numbers of children with severe disabilities being referred. These children are often multiply

handicapped and may have intellectual disabilities, epilepsy, visual and or hearing disabilities in addition to cerebral palsy. The Special Needs Unit has now expanded to three classes, in order to cater for this increase in numbers of children with severe disabilities. An Outreach programme has also been started under SNU to provide home programmes for those who are unable to attend the centre.

In other areas of the centre, therapy and education programmes continue to provide quality service with a growing awareness of the need to emphasise the abilities rather than the disabilities of each child.

Students continue to be integrated into regular schools whenever possible, and several students who attend the centre sat the UPSR examination in 1993.

SCAP is currently fundraising for the intended building extension which will include a physiotherapy gym, workshop, computer room and the relocated Special Needs Unit.

THE FUTURE

The Centre plans to make full use of the latest equipment and technology to meet its objectives of providing a comprehensive range of services to children and young adults with C.P. For example, the use of computers and communication aids to aid learning will be implemented.

There are also plans to extend the Outreach programme so that in future all children with cerebral palsy will have access to the services provided by the Centre. SCAP is also intending to place an added emphasis on the development of Sports Training in athletics and swimming events.

On completion of the new building extension the Centre will be starting a workshop to teach vocational skills to young adults at the Centre who may then be able to work in open employment.

In the future, SCAP will actively continue its commitment to providing the best, services possible to children and young adults with cerebral palsy in Penang.

Your suggestions or comments are always appreciated, as are offers to volunteer skills and/or time.

If you would like to contribute to the continued success and growth of SCAP please contact:

Puan. Valliammal
(Centre Administrator)

425, Jalan Mesjid Negeri,
11600 Pulau Pinang, Malaysia.

Phone : 04-6570160

Fax : 04-6563066



The Director of Social Services in Penang, Mr Pillai officiates at the 'Food and Art Fest '93' while Ms. Jenny Kam and Mr. Saw Hock Eng look on.



Never mind, you can keep the change! Mr Pillai purchasing his food coupon from Mr. Law.



Artist, Tan Kwan Aw, admiring the paintings on display.



Diana busy at the burger stall.



His Excellency, Mr. Suzuki from the Japanese Embassy, hands over a cheque for the foster parents scheme to our patron T.Y.T. Tun Dato' Seri (Dr) Haji Hamdan on Sports Day.



Students from Convent Green Lane celebrate foster child Siao Pei's birthday by giving her a lovely watch.

PARENTS DAY



Nor Fadzillah beams as she receives her 'Child of the Year award' watched by the president and committee members.



Pn. Margaret, Mr. Chew and Pn. Maria (rep. by her husband) receive their excellence awards from the committee.



The end of a meaningful drama from the school section.



All ready and waiting to perform.



Jason, Hock Meng and Seng Leng battle it out in the relay.



Hooi Gaik completes a puzzle during Sports Day with support from Pn. Helen and a volunteer.



Committee members and staff competing in the Sports Day novelty events.

OTHER ACTIVITIES

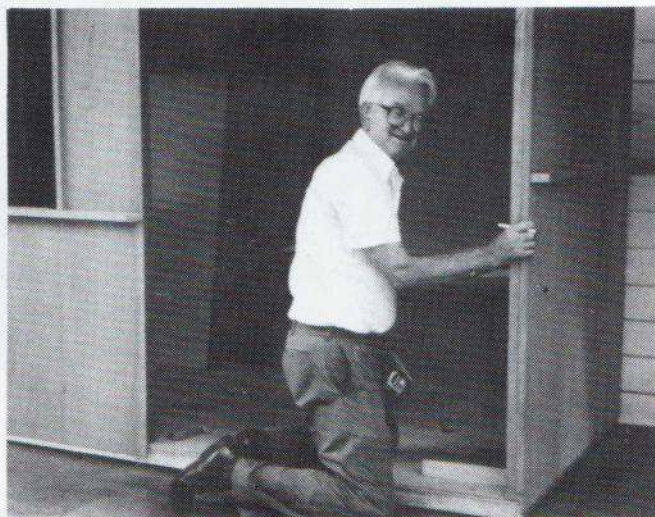
OTHER ACTIVITIES



The chairman and SCAP committee members with representatives from Hong Leong Finance during the 'Hong Leong Spastic Charity Save.'



National 'Child of the Year '93' Siao Pei, banks her cash prize into the safe hands of Mr. Tan Leong Theng, manager of Hong Leong Finance.



Volunteer, Mr. Burnham, building a playhouse for preschool.



Off to a great start with Mdm. Kee Phaik Cheen at Starwalk.

OTHER ACTIVITIES



A fond farewell for Penang's Director of Education.



A representative from the Prime Ministers Dept signs the visitors book during his Quality Award visit.



Pn. Valliammal delivering her talk on the Special Needs Unit at the National Council's Seminar on C.P., held in K.L.



'Clowning around' during the bungalow stay at Seri Bayu in Batu Ferringhi



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Persatuan Kanak-Kanak Sepastik, Pulau Pinang (The Spastic Children's Association of Penang)

Penaung: T.Y.T. Yang Di Petua Negeri Pulau Pinang.
425, Jalan Mesjid Negeri, 11600 Pulau Pinang, Malaysia.
Tel: 04-6570160 Fax: 04-6563066



CAN YOU SPARE US YOUR LOVE?

Dear Friends,

FOSTER PARENTS GROUP SCHEME APPEAL

Have you ever thought about the LOVE you have to give? LOVE so strong that it reaches out to children over the years and even hundreds of miles away. Think about it now. Because if you can stretch your LOVE just a little further you can help change the life of a CEREBRAL PALSIED CHILD commonly known as A SPASTIC.

When you send your LOVE to this child through our Foster Parents Appeal, you can help to improve the quality of this child's life through Physiotherapy, Occupational Therapy, Speech Therapy Medical Care, Counselling, Education and most of all HOPE.

Even though you may be far away, this LOVE will seem so close, with pictures of the child and letters. You will see for yourself how much your LOVE is changing this child's life for the better — and for so little.

If you wish you can visit the child that you foster. You are helping this child to help itself and also the community.

A LITTLE GOES A LONG WAY

For less than \$1/- a day, you can bring LOVE, HOPE and CHEER to a spastic child, Imagine your spare change could change this child's life.

Please stretch your LOVE just enough to help a child. The cost is \$360.00 a child per year. There is also a "Group Scheme" whereby 20 persons each contributing \$18/- per year, may group together for the Foster Parents Appeal.

ALL DONATIONS ARE TAX DEDUCTABLE "FOR IN GIVING - WE RECEIVE"

Yours in service to the handicapped,
V.S. BASTION, PJK
Chairman, Foster Parent's Appeal



Foster Parents Appeal
Spastic Children's Association
425 Jalan Mesjid Negeri, 11600 Penang.

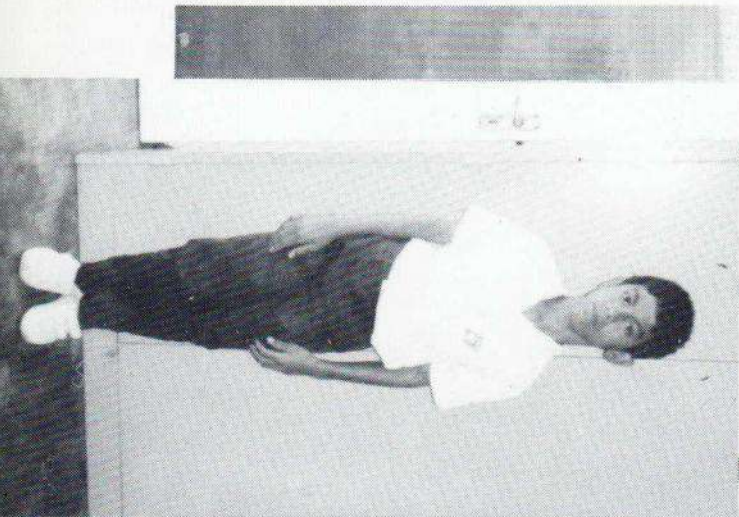
- I would like to be a Foster Parent.
- I enclose \$360/- as an individual sponsor
- I enclose \$18/- as a group scheme sponsor
- I enclose a Donation

Date:

Name:

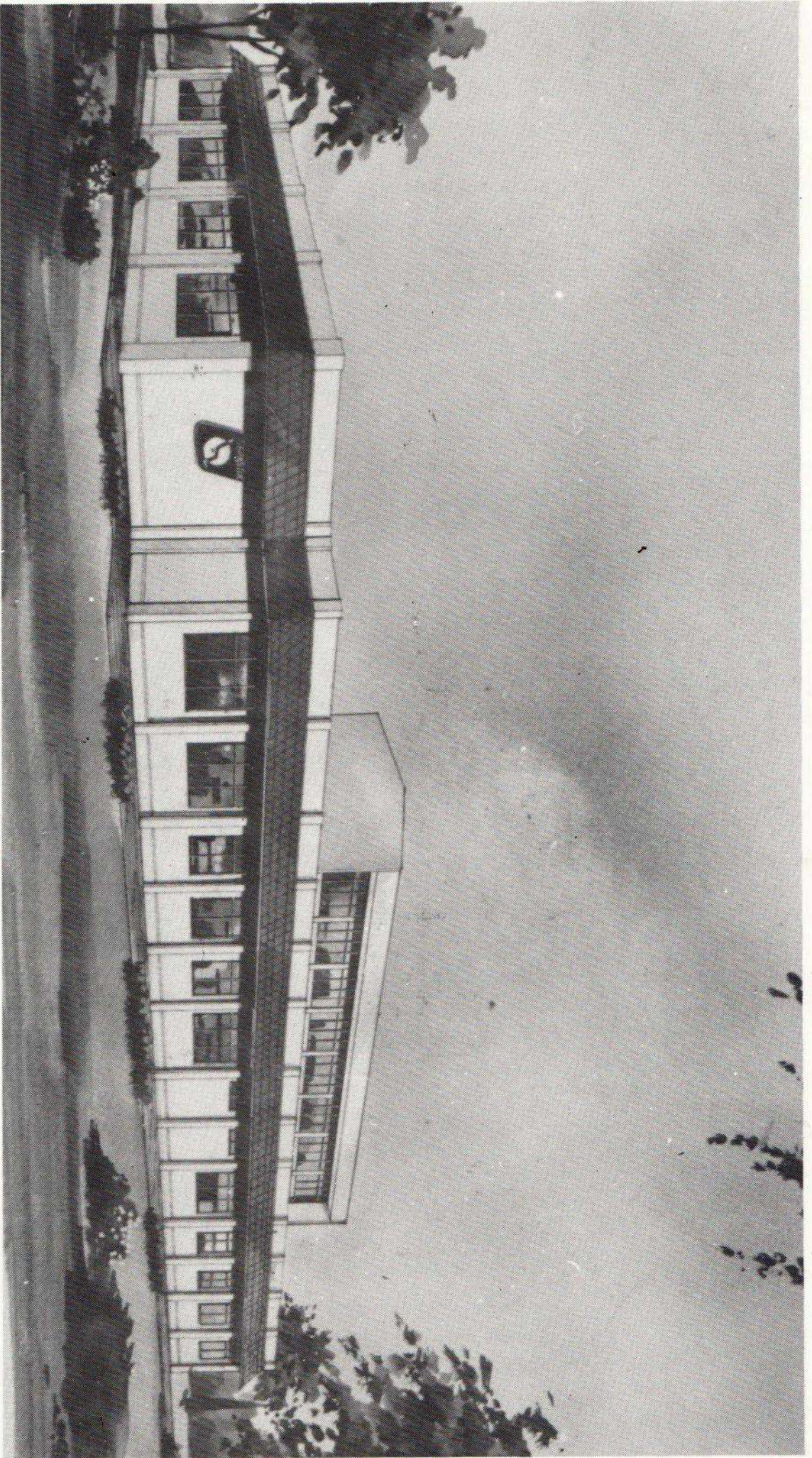
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