



**Persatuan Kanak-Kanak Sepastik, Pulau Pinang  
(The Spastic Children's Association of Penang)**

Penaung: T.Y.T. Yang Di Pertua Negeri Pulau Pinang.

425, Jalan Mesjid Negeri, 11600 Pulau Pinang, Malaysia. Tel: 887614



***Annual Report  
Laporan Tahunan  
1989***



OUR



PATRON



Tuan Yang Terutama  
**TUN TAN SRI DATUK (DR.) HAJI HAMDAN BIN SHEIKH TAHIR**  
**S.M.N., P.S.M., D.U.P.N., D.M.P.N., K.M.N.,**  
**Yang Di Pertua Negeri Pulau Pinang**



# THE MANAGEMENT COMMITTEE



Mrs. Chan Kok Swee, PJK  
President



Mrs. Lim Say Huat  
Vice President



Dr. Denis Mark Lee, PJK  
Vice President



Tan Ban Hock, PPN, PJK  
Vice President



V.S. Bastion, PJK  
Vice President



Yew Lye Hin  
Hon. Secretary



Ooi Hoay Seng  
Hon. Treasurer



Tan Chong Heng, PJK

## COMMITTEE MEMBERS



Khoo Yeoh Gan Hong,  
PKT, PPN, PJK, PJM



A. Thanabalan



Sonny Khor Yuen Hock, PJK



Saw Hock Eng



Dr. Tan Chee Khuan,  
PJK, PKT



Datuk Zainal Alam Hj. Zainal Abidin  
DSPN, DJN, AMN, PKT, BCK, PJK



Khoo Thean Thiew



Toh Boon Hoe



Mrs. Kanya Tan  
Chairman, Voluntary Services



Mrs. K.E.M. Hussain, PJK  
Supervisor



Mr. Herbert J. Ho Jr.  
Hon. Auditor



# OFFICIALS 1989

## TRUSTEES



Tan Sri Datuk Loh Boon Siew  
DSPM, DMPN, DJN, JSM, KMN, PJK



Datin Ong Kim Seng



Dr. Tan Ewe Aik  
JP

## HONORARY ADVISERS



Law Joo Keun  
AMN, PKT, PJK



P.S. Jacob, AMN, PMC, PJK  
Welfare Adviser



Abdul Rahim bin Busu  
Mat Nor  
Education Adviser



Tan Sri Datuk Loh Boon Siew  
DSPM, DMPN, DJN, JSM, KMN, PJK  
General Adviser



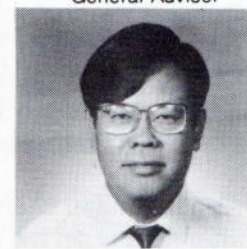
Cecil Rajendra  
Legal Adviser



Dr. Tan Ewe Aik, JP  
Medical Adviser



Dr. Wee Ch'ng Keow Hiang  
Medical Adviser



Dr. Ong Ewe Chye  
Medical Adviser

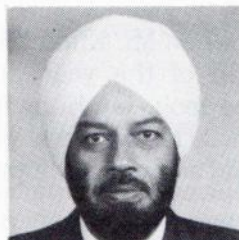
## HONORARY CONSULTANTS



Dr. Lim Huck Boon, JP  
Ophthalmic



Dr. Santokh Singh, JP  
Ear, Nose & Throat Consultant



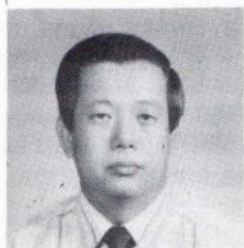
Dr. Daljit Singh Nagreh  
Dermatologist



Mr. E. Thomas, SMJ, PKT  
Orthopaedic



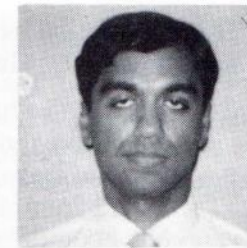
Dr. Adele Tan  
Paediatric



Dr. Fong Kheng Phoy,  
PJK, AMP  
Orthodontist



Dr. Tan Chee Khuan, RJK, PKT  
Psychiatrist



Dr. Samuel Easan  
Neurologist





## PRESIDENT'S REPORT 1989



Ladies & Gentlemen

I am happy to present to you the Annual Report of the Association ending 31st December 1989.

### CHANGES

This year the Association witnessed several changes in its patronage and management. The most notable was when His Excellency Tun Datuk Dr Haji Awang Bin Hassan completed his term of office as the Governor of Penang in April, and, consequently, as the Patron of our Association.

Tun Datuk Dr Haji Awang Bin Hassan was our Patron since 1981 and had always taken a personal interest in the activities and functions that took place at the Spastic Centre. In spite of no longer being our Patron, he still supported us by fostering two of our handicapped children. This kind gesture has touched the hearts of all of us. We take this opportunity to once again thank him for his kind patronage and also to wish him a happy retirement in his hometown in Johore Bharu.

Our Association was honoured and grateful when the new Governor, His Excellency Tun Tan Sri Datuk (Dr.) Haji Hamdan Bin Sheikh Tahir kindly agreed to be the Patron of our Association. It was an eventful day for us when His Excellency and Toh Puan Puan Sri Datin Hajjah Siti Zainab Binti Haji Baharuddin paid their first official visit to our Spastic Centre. They were impressed with the training of the cerebral palsied children by our staff.

Another major change that took place was when Mr. Tan Ban Hock was elected Vice President after having served as the Honorary Secretary of the Association for 22 years. We are indebted to him, as well as to Mrs. Tan, for their dedication and service to the Association throughout those years.

We welcome Mr. Yew Lye Hin, also a dedicated member of our Association, as our new Honorary Secretary.

The third change was when Mr. Khoo Yeoh Gan Hong "retired" from active service to the Association at the end of the year due to his many commitments in other service organisations. Mr. Khoo Yeoh Gan Hong had been with our Association for many years and we were very sorry to lose his services. We would like to record our appreciation and thanks for all his assistance and advice and hope he will continue to give us the benefit of his vast experience.

### BIRTHDAY AWARDS

The Association extends its congratulations to the following members for being conferred with awards by His Excellency the Governor of Penang on his birthday:

Tuan Haji Shaik Ibrahim	— Darjah Johan Negeri	(DJN)
Mr. Khoo Yeoh Gan Hong	— Pingat Kelakuan Terpuji	(PKT)
Mr. Tan Ban Hock	— Pingat Jasa Kebaktian	(PJK)
Mr. P. Samuel Jacob	— Pingat Jasa Kebaktian	(PJK)
Mr. Foong See Yoke	— Pingat Jasa Kebaktian	(PJK)

I am happy and proud to say that I was also conferred the PJK on this occasion.



## **FINANCE**

The Association enjoyed another successful year with a surplus of \$77,780.11. The goodwill and donations we received from our donors throughout the years had been very good and regular, and this support had enabled us to plan and budget our needs consistently without being overly concerned about having insufficient funds for the year. Through prudent spending, our Association had built up a reserve fund to prepare for those "rainy days" when funds might not be so easily forthcoming.

Our annual expenditure had risen to \$232,320.48 and about three-fifths of this (\$160,000) were paid out as salaries and allowances to the staff. We are very grateful for the annual subsidy of \$35,770.00 from the Ministry of Welfare Services. Another separate grant of \$27,768.35 was also received from the Ministry for the salaries of our four teachers.

Our very special thanks go to all our foster parents whose kindness and generosity had enabled us to raise \$182,663.52 for the Foster Parents Scheme. Through the efforts of Mr. V. S. Bastion, our Vice President and Chairman of this fund raising sub-committee, the financial position of the Association had always remain sound.

## **OVERSEAS VOLUNTEERS**

We are very pleased to welcome the two volunteers from the New Zealand Volunteer Service Abroad, namely Occupational Therapist Debbie Buchanan and Special Education Teacher Kim Isler. Both of them were assigned to serve at our Spastic Centre and two other handicapped organisations in Penang on a sharing basis for a duration of two years. We deeply appreciate the assistance of the Volunteer Service Abroad for their unfailing support in sending their volunteers to our Association.

Prior to the arrival of the two volunteers, our Spastic Centre was without an occupational therapist for some time, and we had to turn to the Penang Chesire Home for help. We are most grateful for the Home for allowing Ms Mariko Shimomura to come to our Spastic Centre twice a week to train our new therapy-aides and the children. Ms Mariko Shimomura was an occupational therapist volunteer sent by the Japanese Overseas Co-operation Volunteers and had completed her contract and returned to Japan.

Our Spastic Centre had been without a speech therapist since the departure of Ms Janice Griffioen to New Zealand. We had not succeeded in finding a replacement as there seemed to be a shortage of such therapists everywhere. Mr. Chris Hawley, the Director (Development) from the Volunteer Service Abroad, assured us that he would try to recruit a speech therapist for our Association. We appreciate his kind concern and effort to fill the vacancy.

In June, Mr. Douglas McArdle who was one of the Association's pioneer members, paid us a surprise visit. Mr. McArdle was the Honorary Director of the Spastic Centre when it was first set up in a church hall in Codrington Avenue. He was there until his repatriation to Australia in 1965.

Mr. McArdle's visit was a happy one for him when he saw how much the Association had progressed. He was delighted to notice that the Spastic Centre was well administered and had a good range of training equipment and facilities. On learning of our difficulties in obtaining therapists, he kindly offered his help in getting therapists from Australia to offer their services as volunteers.

## **TRANSPORTATION**

Most of the cerebral palsied children were provided transport from and to their homes. Several of them on wheelchairs had become adults and were heavier to lift from their wheelchairs on to the seats in the bus. To overcome this difficulty the Association had in mind to purchase a bigger bus to accept wheelchairs and also to accommodate more pupils.



During our Silver Jubilee Year, Christoffel Blindenmission (Christian Blind Mission International) had come to our aid with a donation of DM. 40,000/-, but owing to the high cost of this vehicle, the Association finally decided to overhaul and convert the 13 year-old Rosa Bus to accept wheelchairs, and use the remaining funds to purchase a new Isuzu High-roof Van. We would record here once more, our thanks to Christoffel Blindenmission (Christian Blind Mission International) for their help.

#### **PARENTS/STAFF LIAISON COMMITTEE**

This was formed in mid 1989 with Mr. Khoo Yeoh Gan Hong as the Advisor. Its aims was to foster a closer rapport between parents and staff members. In the short time since its inception, the Committee organised an overnight beach bungalow stay and a Ferry Harbour Cruise on New Year's Day. The opportunity of getting together had enabled both parents and staff to come to a better understanding of each other.

#### **QUARTERLY NEWSLETTER**

A newsletter would be published quarterly to inform members of the various functions and events to be held at the Centre. This would hopefully serve to publicise our Association. The first issue was scheduled for January 1990 thanks to the hard work and efforts of our Committee member, Datuk Zainal Alam Bin Haji Zainal Abidin.

#### **SPECIAL NEEDS UNIT**

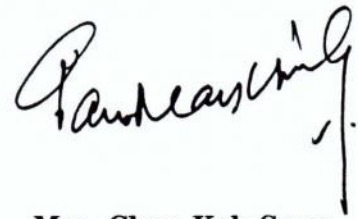
A new unit was set up to give more attention to 26 severely handicapped cerebral palsied children who were given training only once a month due to the lack of trained staff and space. With this new Special Needs Unit, the children would come in at least twice a week for training. The Unit, under the supervision of Ms Kim Isler the Special Education Teacher, was run with the assistance of two new therapy-aides who were employed to carry out the new programme.

#### **CONCLUSION**

Our Association is most grateful to the public and foster parents for their generous donations and also to the Service Clubs, schools, offices, banks, factories and companies who have continually helped us in one way or another.

We also wish to thank our Honorary Auditor, Messrs. Herbert J. Ho & Co. for auditing the annual accounts, and the Press for their media coverage of our activities.

In conclusion, I must express my deep and sincere appreciation and thanks to all the members of my Committee, to our diligent team of Consultants and Advisers, and to the hardworking and dedicated staff and volunteers at the Spastic Centre for another year of achievement and success.



**Mrs. Chan Kok Swee**  
*President*



With  
Best Compliments



恆信鑽石珠寶商有限公司

**FOREVER JEWELLERS SDN. BHD.**



With  
Best Compliments

QUARTERLY NEWSLETTER

SPECIAL NEEDS UNIT



美達華有限公司

**BUTTERWORTH GENERAL SUPPLY SDN. BHD.**

4970 Bagan Ajam, 13000 Butterworth, Penang, Malaysia.  
Tel: 04-345573, 04-345143, 04-345039 & 04-345493 Fax: 310568

*We supply:*

*Frozen meats, frozen vegetables, butter and cheese, canned food, cake ingredients,  
paper cups, paper plates, paper napkins & etc.*

*Handwritten signature*  
Mrs. Chen Koh Suan  
Managing Director





## SCHOOL BOARD OF MANAGERS



*Seating left to right*

Encik Mohd. Tahir bin Ngah, Mrs. Lim Teng Huat, Mr. Khoo Yeoh Gan Hong,  
Mrs. K.E.M. Hussain, Mrs. Khoo Boon Hoe

*Standing left to right*

Mr. Foong See Yoke, Mr. A. Thanabalan, Mr. Yeoh Beng Chai,  
Datuk Zainal Alam Hj. Zainal Abidin, Encik Ridzwan b Rashid.



Members of the Committee with Mr. Douglas McArdle (*centre*) and visitors  
from the Perth Handicapped Centre.





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Members of the Committee with Mr. Douglas McArdle (*centre*) and visitors from the Perth Handicapped Centre.



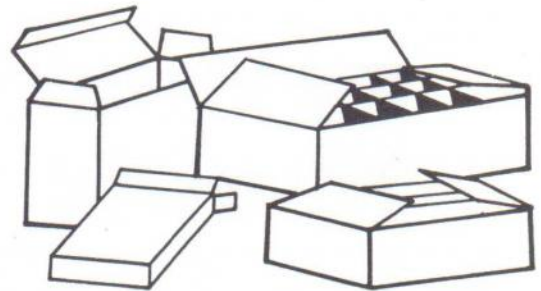
With  
Best Compliments



## **PUBLIC PACKAGES SDN BHD**

- **Cardboard Boxes and Corrugated Fibreboard Carton**
- **Corrugated Paper & Corrugated Greaseproof Paper**
- **Packaging Material For All Purposes**

**Factory:** Wisma Public Packages  
Lintang Kampong Jawa  
11900 Bayan Lepas, Penang.  
Tel: 04-844888 (8 lines)  
Fax: 604-835995



103C Lengkok Kg. Jawa 2, Kaw MIEL, Bayan Lepas,  
11900 Bayan Lepas, Penang.  
Tel: 04-838253, 04-838284  
Fax: 04-835995

Plot 468 Prai Industrial Estate  
13600 Prai.  
Tel: 04-399541 (8 lines)  
Fax: 04-399544





## STAFF OF THE SPASTIC TRAINING CENTRE



*Seated left to right*

Ms. Kim Isler, Mrs. Anita Muthu, Mrs. Valliammal Ramamurthy,  
Mrs. Bernadette Lau, Mrs. K.E.M. Hussain, Mrs. Raj Kumar, Mrs. Helen Rajoo,  
Mrs. Maria Joseph, Miss Debbie Buchanan.

*Standing left to right*

Puan Maharibah Bee, Miss Tan Phaik Cheng, Mrs. Diana Leong,  
Mrs. Lim Yit Man, Mrs. Jenny How, Mrs. Joyce Khoo, Miss Jananayagi,  
Mrs. Uma Sasitharan, Mrs. Wayne Perera, Miss Angeline Regis, Puan Jamilah,  
Miss Uma Devi.

*Standing Back Row left to right*

Mr. Chung Yeng Kit, En. Abdul Wahid, Mr. Krishnasamy, Mr. Allen David,  
En. Haris, Mr. Saravanan, Mr. Doraisamy, Mr. Chew Sun Chooi,  
Mr. Santhramogen.

*Absent*

Puan Danapakiam, Miss Sathiavani, Miss Connie Tan.





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Mrs. Bernadette Lau, Mrs. K.E.M. Hussain, Mrs. Raj Kumar, Mrs. Helen Rajoo,  
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Mr. Santhramogen.

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Puan Danapakiam, Miss Sathiavani, Miss Connie Tan.



With  
Best Compliments

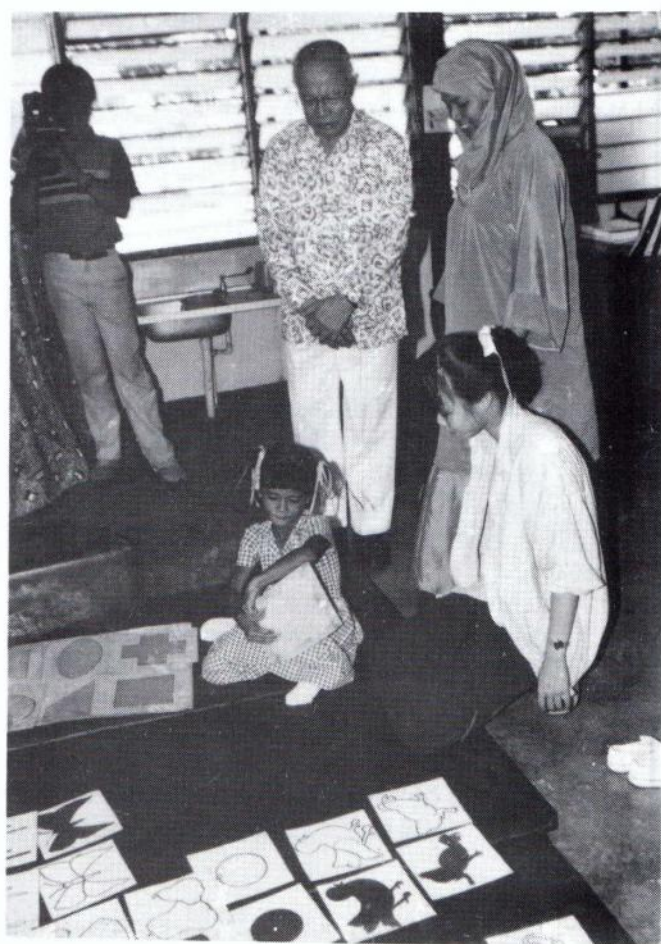
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**GOLDLEAF GOLDSMITH & JEWELLER (M) SDN. BHD.**

梅志明金飾製造廠  
**BOEY CHEE MENG GOLD ORNAMENT MANUFACTORY**



# VISIT OF OUR PATRON AND TOH PUAN TO CENTRE ON 21ST JUNE 1989

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With  
Best Compliments



德成(馬)有限公司

**TEIK SENN (M) SDN. BHD.**

34-35 Weld Quay  
10300 Penang, Malaysia.  
Tel: 611702, 614720, 611510  
Telex: TEXAN MA 40432  
Fax: 618866





## **SUPERVISOR'S REPORT 1989:**

**Spastic Centre:** As another year comes to a successful conclusion, we can look back and recall the many happy events that occurred during the year, also to have had the opportunity of meeting many kind and generous people who enriched the lives of the children in a variety of ways during their visits.

Most notable of these was the visit of our new Patron. TYT Tun Tan Sri Datuk (Dr.) Haji Hamdan bin Sheikh Tahir and YAB Toh Puan, Puan Sri Datin Hajjah Siti Zainab bt. Hj. Baharuddin in June 1989.

In addition to the annual functions, the children were continually invited to parties, discos, birthday celebrations — usually organised by foster parents, a visit to the new Bird Park, a week-end Bungalow stay, arranged by the Parents Support group, and numerous other happy occasions throughout the year.

To solve a bottleneck that had developed, which had resulted in holding back some young pupils from being promoted to the School section, a class comprising 6 older students was formed namely, The Transitional Class. Staff member Ms. Cheng Perera competently took over the running of this class.

**Staff:** There were an unusual number of staff changes this year.

In January Ms. Helena Chan Mei Yuen replaced Ms. Looi Oon Lee as an Attachment teacher, then in June 1989 our Occupational Therapy Assistant, Ms. Angeline Regis, replaced Ms. Helena who left to continue her studies at the U.S.M.

In February we were pleased to welcome 2 new Volunteer personnel, through the Voluntary Service Abroad (VSA) of New Zealand. They are Occupational therapist — Ms. Debbie Buchanan and Special Education teacher Ms. Kim Isler. Their services are also shared by the Handicapped Children's Appeal Centre and the School for Mentally Retarded Children.

In May, Workshop Co-ordinator, Ms. Betsy Foo Juat Lean left our Centre to take up a similar post in the Workshop under the State Social Welfare Department. Our own Centre Workshop was then discontinued, and the 7 C.P. workers were accepted into the Social Welfare's Bengkel Sinar Suria.

After 10 years as a Teaching Assistant, Puan Noorlizah Sharif left in June 1989 to become a Kindergarten teacher. Ms. Umadevi replaced her in the Introductory Class I.

Finally at the end of the 3rd term our 2 Attachment teachers — Ms. Jessie Phaik Hooi and Mr. Joseph Pragasam — left the school to continue their Teacher Training Course full time. Ms. Tan Phaik Cheng and Encik Haris Hameed replaced them in December 1989.



### Approved Staff for 1989:

Supervisor	—	1
Office Clerk	—	1
Receptionist/Clerk	—	1
Accounts Clerk	—	1
Teachers (through Government)	—	4
Special Education teacher (part-time)	—	1
Teaching Assistants	—	4
Physiotherapist	—	1
Physiotherapist (through Govt.)	—	vacant
Occupational therapist (part time)	—	1
Speech therapist	—	vacant
Workshop Co-Ordinator (until May)	—	1
Therapy Assistants	—	9
Social Worker	—	vacant
Drivers	—	3
Domestic/Attendants	—	4
Caretaker	—	1
Gardener	—	1

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As this will be my last Annual Report, I would like to put on record my grateful thanks to the President and Committee members for their kind assistance and guidance, also to the doctors, specialists, volunteers, donors and the many well-wishers whom I have had the great pleasure to have met, for their support and commitment has helped me enormously during my 20 years as Supervisor of the Spastic Centre.

My deep appreciation is also extended to the many staff members whom I have enjoyed working with over the years, whereby all have accepted the challenge and strived through hard work and dedication to improve the quality of life of the children, who have become a very special part of our lives.

I wish the Association continued success and prosperity in the future, for the ultimate benefit and well-being of the cerebral palsied children under its care.

**Medical:** A record number of 42 children were examined by our doctors throughout 1989. Twenty of these children were admitted for special training and therapy.

Except for 6 children who were not cerebral palsied, some were put on a waiting list, but the majority were accepted for outpatient treatment, whereby they were treated and checked regularly on their development and progress.

In October 1989 the number of outpatients rose to 56 and the total number of children attending the Centre reached the highest ever at 134 children.



At the end of the year however, the breakdown figures stood as follows:

	<b>Male</b>	<b>Female</b>	<b>Total</b>
Malays	11	8	19
Chinese	28	23	51
Indian	7	5	12
Others	1	0	1
	<hr/>		
	47	36	83
Outpatients	18	24	42
	<hr/>		
Total	65	60	125

During the year 10 students were discharged for the following reasons:

Transferred to another Centre	—	1
Attained maximum age of 21 years	—	4
To a Kindergarten	—	1
Irregular attendance	—	3
Deceased	—	1
		<hr/>
		10

As in previous years we express our gratitude and thanks to Dr. Peter Tan Ewe Aik, Dr. Wee Ch'ng Keow Hiang and Dr. Charles Ong Ewe Chye for their regular and dedicated services rendered by attending to the numerous medical problems of the children during the year. Our grateful thanks also to the following:

Dr. Lim Huck Boon	—	Ophthalmologist
Dr. Santokh Singh	—	E.N.T. Surgeon
Dr. Easaw Thomas	—	Orthopaedic Surgeon — G.H. Penang
Dr. Samuel Easaw	—	Neurologist
Dr. Daljit Singh Nagreh	—	Dermatologist
Dr. Yee Thiam Sum	—	Choong Dispensary
Dr. Fong Kheng Phoy	—	Orthodontist
Dr. Adele Tan	—	Paediatrician
Dr. Tan Chee Khuan	—	Psychiatrist
Dental Surgeon & Nurses	—	Perak Road Clinic
Dental Surgeons	—	Adventist Hospital

Our Association is indeed very fortunate in receiving the expertise of the above panel of specialists, who sacrifice their time in giving valuable assistance to improve the health and well-being of the cerebral palsied children under our care.

## **INTRODUCTORY CLASSES I & II**

In Intro. I and Intro. II children are taught in a practical manner, for example when an orange is introduced, a real fruit is shown to the pupils to let them see the colour, the shape and then the taste.

Home visits are often made to assist and work with the parents when necessary.



A multidisciplinary team approach is planned for every child.



*Imaginative play*



*Introducing primary colours.*

## **PRE-SCHOOL**

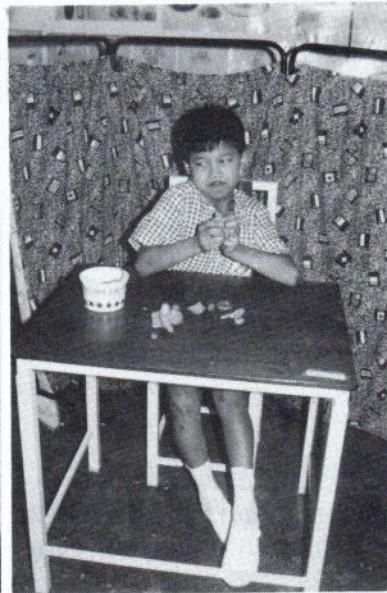
In this class, each child is assessed and Individual Education Plan are set up, according to the child's needs and abilities.

Subjects taught include, Bahasa Malaysia, Teaching, writing, Mathematics and other activities using a Multi-Sensory Programme.

Self-help skills are also taught to increase each child's independence.



*Basic abilities.*



*Multi-sensory programme.*



*Activities of daily living.*

## **SCHOOL SECTION**

The students in the School Section number 22 and they make up the three classes in this section.





**Kelas Merah**

*Teachers-in-charge:* Mrs Bernadette Lau & Encik Haris bin Hameed



**Kelas Hijau**

*Teacher-in-charge:* Ms Tan Phaik Cheng



**Kelas Biru**

*Teacher-in-charge:* Ms Angeline Regis

Normal school education curriculum is closely followed and is adapted to suit the individual student. Social and practical training is integrated to develop the students into becoming useful members of the society.

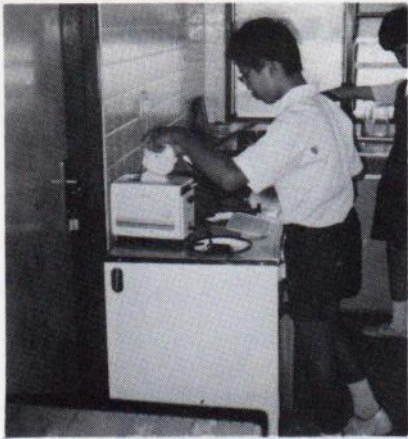


*A Bahasa Malaysia lesson in progress. Group method of teaching is used and learning through language games are also encouraged.*



*To help Jason in his written exercises he makes use of an electronic typewriter.*





*Self-help skills are taught to students during the Activities of Daily Living Lesson.*



*As part of the recreation, music is included in the curriculum.*



*Teaching students to make use of public transport.*



*Practical training — students are taught wood-work.*



*Participation in social activities — A Birthday Party for Kesavan given by his foster parents.*

## **COMPUTER CLUB**

The Computer club was formed this year. The club members meet every Tuesday from 2 - 4 p.m. and they number 18. The criteria of this club is to expose the students to the world of computers. A few educational and recreational programmes have been obtained for the students.



*Our students performing on Parent's Day.*



*Learning about computers.*

## **DRAMA AND DANCING CLUB**

The members of the club number 27 and they meet every Thursday from 3 - 4 p.m. During the weekly sessions, the students are taught some cultural and modern dances, simple play acting as well as singing.



*Ahmad Kamal bin Ridzwan*



## **THE TOP STUDENT OF THE YEAR 1989**

### **AHMAD KAMAL**

Ahmad Kamal was admitted to the Centre in 1970. Since then he has shown great improvement both physically and academically. He is an intelligent and hardworking student who involves himself totally in all classroom activities. He held the post of class monitor and Treasurer in his class. He is good natured and always has a smile for everyone.

This student's uniqueness is his ability to mix and socialise with people at all levels, with an ability to express himself well. His determination and perseverance are commendable, and a great source of inspiration to his friends and others that he comes in contact with. This was evident at the 'Kem Interaksi SAA' organised by the Malaysian Outward Bound, Penang Branch.

Despite his disabilities he stands out well during the co-curriculum activities. He is able to participate and contribute in the Sea-Scouts movement at the Centre.

This year he was Organising Chairman for the Teacher's Day concert whereby he and his team put on an excellent show.

He is very popular with all his friends and well respected by his peers. His attitude in life is to "try and give your best". His one goal in life is to be independent and to be accepted as a useful member of the society.

### **CO-CURRICULUM ACTIVITIES**

**Sea-Scouts:** This year there were 9 members in the Sea-Scouts. As in previous years they took part actively in the various programmes that were prepared and planned for them.

*Ahmad Kamal going through the 'gruelling' test at Youth Park.*



*The trail leading to Muka Head "Muka Head here we come!"*







*Now, what do I do with this string.*

Apart from the usual singing, marching and flag raising routines, the Sea-Scouts were taught some simple practical first aid, water safety, knots, tent-pitching and out-door cooking.

Their acquired skills were put into practise when the Sea-Scouts, together with the Girl-Guides, went on an adventurous trekking cum camping trip to Muka Head. A week before the trip the Sea-Scouts were put through a "gruelling" test at the Youth Park. The Sea-Scouts proved themselves capable and had some scratches and bruises to show for their experience.

As part of their Community Project, the Sea-Scouts contributed their voluntary services by carrying out general cleaning work at the "Little Sisters of the Poor" home.

"All work and no play, makes Jack a dull boy," hence the activities of the Sea-Scouts for the year 1989 come to an enjoyable end with the annual 'Social Night' at the Spastic Centre. As usual the Sea-Scouts together with the Girl Guides and students from the Therapeutic and Transitional Classes helped in organising this event. Staff and Committee members and ex-pupils of the Centre were invited, as well as inmates and staff from the Cheshire Home. It was truly an enjoyable evening of dancing and socializing.



*The ever faithful "Footnotes" getting "into the groove" during the Social Nite.*



*Hey! Get hold of a partner and let's boogie.*

## **GIRL GUIDES**

The Girl Guides Company — registered as the 31st South District Company — has a total of 10 girls. The Girl Guides doing their second class work have participated in exciting activities both indoors and out of doors.

The events included:

1. Learning whistle and hand signals, Roll Call, Fire-Lighting, Flag-raising and Folding, Knots, Marching, Tracking, Stalking, First Aid, and The Guide Law.





*Learning to use the public telephone.*



*Celebrating Thinking Day together with the Cubs, Brownies and Sea Scouts.*



*A service at the Old Folks Home.*

2. Six of the Guides proved to be of service to the public when they visited the Rumah Orang Tua by helping to clean the windows at the Home.
3. An outing to KOMTAR to learn how to use the public telephones.
4. Thinking day celebrations were held at the Centre together with the Cubs, Sea-Scouts and the Brownies.
5. The Guides also participated well during a 'Social Nite' held on the last evening of the school year.

## **CUBS**

Our 22nd South District Cubs Pack had a total of 8 Cubs this year. As in previous years they took part in various activities that were specially prepared and planned for them. Activities such as:

1. **Craft Work**
  - Making objects using machine
  - Project works (drawing)
  - Making book marks from wrapping papers.
2. **Social skills**
  - Cooking simple breakfast
  - Preparing 7-Up float
3. On 23rd Feb. 1989, all the Cubs together with Sea Scouts, Girl Guides and Brownies attended "Thinking Day" at the Spastic Centre.
4. **Drama and Videos**
  - The Cubs had the opportunity to watch a video and act-out the story from the "Jungle Book".
5. **Social Nite**

On 27 Oct. 1989, all Cubs attended the 'Social Nite' at the school hall.



*The C.P. Cubs Pack 1989*



For this year, Ung Hock Meng was selected as the best Cub. He received his prize during the Annual Parents Day. The prize is given based on the most outstanding Cub, and overall progress attained throughout the year, not only in the uniformed groups but also in other skills.

## **BROWNIES**

The Brownie Pack meets every Thursday afternoon from 2 p.m. - 3 p.m. There were 6 Brownies in 1989 and the Best Brownie for the Year was Lim Ai Leen. The Brownies took part in the Thinking Day Celebration which was held at the Spastic School grounds together with the C.P. Girl Guides, Cubs and Sea-Scouts.

The outings for 1989 were to:

1. The Youth Park
2. The Girl Guides Headquarters
3. The Brown Owl's and Tawny Owl's houses to see their new born babies.
4. MacDonalds

## **THERAPEUTIC CLASS**

Nine students received training in the Therapeutic Class this year with the aim to assist them to develop independent living skills. Emphasis has been on teaching work skills which will help the students to find open or sheltered employment.

To teach work skills, practical activities are used such as: basketry, sewing, embroidery, wood-work and domestic science together with activities of daily living.

A 'Social Night' was organised by the staff and class members, allowing them to practice self-help and social skills in a normal situation. The students proved to be well motivated and the social night was a great success.

Three students left the class in 1989. One of the students, on his own initiative, started a small business selling titbits in Bayan Baru, and another is employed at the Pusat Jaya Diri Workshop, run by the Social Welfare Department Penang.



*Woodwork session — Students are doing sandpapering.*



*Teaching the students to do cross-stitch.*



*Work skill - Teach the student to use the sewing machine.*



## TRANSITIONAL CLASS

The Transitional Class was initiated in January 1989 to cater for students between the ages of 18 - 21 years who have graduated from the school section. The class commenced with 6 students. Two have reached the maximum age of 21 years and left the class in November 1989, one was accepted into the Social Welfare Workshop, and one student goes to the Cheshire Home to continue work skills there.



*Students and staff of Transitional Class.*



*Personal budget - students learning about money concepts.*



*Developing social contacts - visit to Mutiara Beach Hotel and meeting its staff.*

The aim of this class is to train the students to be independent at home as well as in the community.

Their programme includes:

1. Living Skills e.g. Domestic skills, Personal budget, Communication skills and Developing social contacts.
2. Continuing Education e.g. Bahasa Malaysia, English and Mathematics.
3. Leisure e.g. Music appreciation, hobbies and entertainment.
4. Work Skills e.g. Weaving, cross-stitch and macrame work.

## PHYSIOTHERAPY

Approximately 95 students received physiotherapy training this year. There were 33 in the morning sessions, 15 in the afternoon sessions and 47 attended as outpatients. As usual some have shown marked improvement physically, and for some, who have reached their potential, they can still attend physiotherapy to maintain their conditions.





*Physiotherapy Hall.*



*Physical Education Activities - Building blocks to improve upper limbs function and also eye-hand co-ordination.*



*'X' patterning for creeping and crawling.*



*Sporting activities.*

The outpatient group is steadily increasing and this concerns us the most, as 50% of these children are severely mentally retarded.

Children with cerebral palsy and severely mentally deficient show very negligible progress as therapy can only be given in a passive manner.

This group of children need long hours of training and patience, after which progress is usually quite minimal. Time is limited for our staff with so many other cases to look into, as such the patients are given a home exercise programme to follow, they can then be reviewed once a month for follow-up exercises.

10 children attended swimming sessions regularly once a week at the USM as a recreational activity. Snorkelling is also being introduced.

## **OCCUPATIONAL THERAPY**

Approximately 37 children received occupational therapy during the year. Students are also seen in three group sessions to further develop skills in the area of dressing and self-care.



*A fun way to learn about body awareness.*



*Using a new electronic typewriter.*



Students are generally seen on an individual basis for ½ hour sessions, with therapy focusing on sensory stimulation, cognitive and motor functions, also activities of daily living.

Equipment to assist students to perform certain tasks eg. electric typewriters, have been purchased with adaptations made to existing equipment to meet individual needs.

## **SPEECH THERAPY**

During the year 70 children received therapy, 34 of them attended the morning sessions 12 in the afternoon sessions and 23 outpatients came in on a monthly basis.

This department trains the children to enjoy communicating with each other.

Speech is just one of the methods used in the school. Other forms include makaton handsign languages, symbol communication charts, word charts and eye-pointing charts.

In June this year, 3 medical students from the Medical Faculty of the U.S.M. chose "Medical aspects of disorder of Communication" as their elective programme, and a video tape featuring the different methods of therapy used at the Centre.



*Goon Voon Ken reading with the Makaton Symbol Chart.*

## **AFTERNOON SESSIONS**

The afternoon sessions are divided into 3 classes to cater for 3 different groups of children.

**Assessment** — Here each child is observed and assessed for a period of 6 months and later channelled into either Pre-Entry or Special class, according to individual ability and need.

**Pre-Entry** — In this class, children who can attend morning school are prepared.

**Special Class** — This class consists of children who are not able to attend morning sessions, but benefit from Activities of Daily Living, social interaction and play.



*Assessment — working with parents.*



*Sand-play*



*Hydrotherapy*



*Music and movement*





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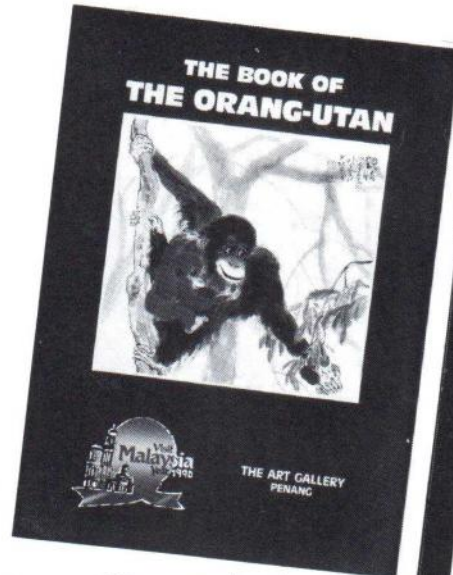
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*PEOPLE* with disabilities are individuals who have the inherent right to respect for their human worth and dignity.

*PEOPLE* with disabilities, whatever their origin, nature, type and degree of disability have the same fundamental rights as all members of our society.

*PEOPLE* with disabilities have the same right as other members of our society to services which will support their attaining an acceptable quality of life.

*PEOPLE* with disabilities shall be protected against all exploitations, all regulations and all treatment of a discriminatory, abusive or degrading nature.

*PEOPLE* with disabilities are entitled to have their special needs taken into consideration at all stages of economic and social planning.

(From: **Perkasa**, Vol. No. 1, 1990)



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# REPORT ON THE 'INDEPENDENCE DAY CAMP FOR THE DISABLED' HELD FROM 11-16 APRIL, 1989 AT BAYU SENJA BUNGALOW AND CITY COUNCIL BUNGALOW AT BATU FERRINGHI, PENANG.

by Roger Looi Thiam Huat



*Ex-pupil Roger Looi Thiam Huat at work in the Bengkel Sinar Suria.*

Nine disabled and six able-bodied volunteers participated in this camp. A number of others came and went but participated fully when they were present.

For the first three days we were at the Bayu Senja Bungalow near the beach. We had canoeing, frisbee, softball, swimming and some indoor games. Unfortunately it rained on the second and third days. On the afternoon of 12th April we made masks out of plaster of paris. Every night after dinner we would have a discussion about our likes and dislikes for the day. Each of us would have to say one thing they liked and one thing they did not like about the day. After this session, we arranged the cooking and cleaning teams for the next day. On the 13th morning we had a discussion on "How You Want People To Treat You?" At noon on the 13th of April we shifted from "Bayu Senja" to the City Council Bungalow.

We had a talk by Mr. Kannial on the afternoon of the 13th and we appreciated his having taken the trouble to come all the way. We went for a short hike after the talk. On the 14th morning we held a discussion on "What are our handicaps?" We then went on a picnic to the "Aqueduct" catchment area in Batu Ferringhi. Some of our participants

hiked there and back which took a lot of determination on their part. After dinner on the 14th we had a slide show presented to us by Ms. Vasanthi from CAP. Everybody understood it as we had simultaneous translations being carried out for participants who could not follow (Our formula for better understanding).

On the 15th morning we played a game by rolling a softball around. This was followed by the participants making drawings of how they viewed themselves and their surroundings. We also finished up painting of the masks and completed preparation for the 'Open-Day'. We highlighted the things that we wanted to show the visitors for the Open-Day. For the Open-Day we invited all the guests to sit on the floor with us because there was not enough space, and also to show that we were all equal. We were pleased to see that many people came for our Open-Day, especially the President of Spastic Children Association of Penang (S.C.A.P), the Vice-President and his wife and Mr. and Mrs. Kannial. We had a disco night to celebrate the last night of the camp.

The final morning of the camp was used for the evaluation of the camp, and also to pack and clear-up before we left. We also took some group photographs before we left.

Since this camp was successfully organised, we hope to organise it as an annual affair, with the help of S.C.A.P and others. Lastly we would like to thank our sponsors, The Community Activities Committee from Hewlett-Packard who very generously agreed to support our camp.

Before the camp started, I did not expect that I, a disabled person, could organise it well enough so that the participants both abled and disabled could understand each other better. I am glad that I had this opportunity to prove that the disabled persons can also organise camps.

Attached are some of the things we came up with in our discussions as well as the evaluation of the camp by the participants themselves.



## APPENDIX 'A'

### I. Discussion on 13.4.89: "How you want people to treat you?"

The following ideas and suggestions came up during the discussion:

1. When offering a drink to a disabled person, please do not offer a full cup (especially a hot drink).
2. Talk directly to us and not through somebody else standing nearby.
3. Sometimes we need an intermediary between the able and disabled for the initial introduction.
4. People treat disabled adults as children. We are angry when people treat us like this.
5. Don't make decisions for us. If you are not sure whether **we** (disabled) can do it, please ask us.
6. Don't push us too fast or too far. Give us some time.
7. "We" (disabled) feel isolated and neglected when people ignore us.
8. Don't feel uncomfortable to converse with the disabled.
9. Please don't get unduly upset or angry when we make mistakes — We are not perfect.

### II. Discussion on 14.4.89: "What are our handicaps?"

The participants shared their personal feelings on what they thought their handicaps were. It was interesting to note that everyone had handicaps, both disabled and able-bodied persons. Some of the feelings expressed were:

1. Afraid to speak out in big formal groups.
2. Don't have the confidence to try out bigger things for fear of failing.
3. Afraid to speak to people with whom I am not familiar with.
4. Afraid to speak out — Need more time!!
5. Stammer a lot when having to speak in a big group.
6. Like to help the disabled but afraid of hurting or being misunderstood.
7. With our present disability — Afraid to reject help when I don't need it, because in the future when I really require their help, I might not be able to get it.
8. Because I am disabled I am afraid to offer my help to the able-bodied persons.
9. Lacking confidence in new situations.



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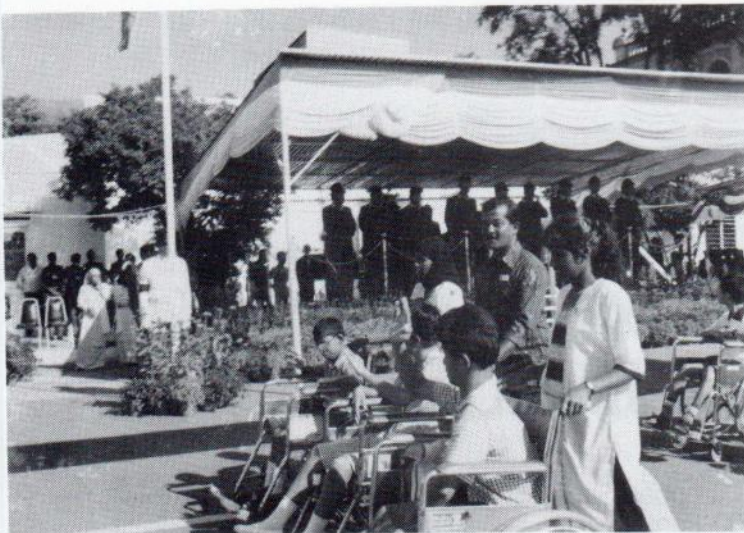
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## SOME SPECIAL EVENTS

*Concert in honour of the visit to our centre by Tuan Yang Terutama, Yang Dipertua Negeri and Toh Puan on 21.6.1989*

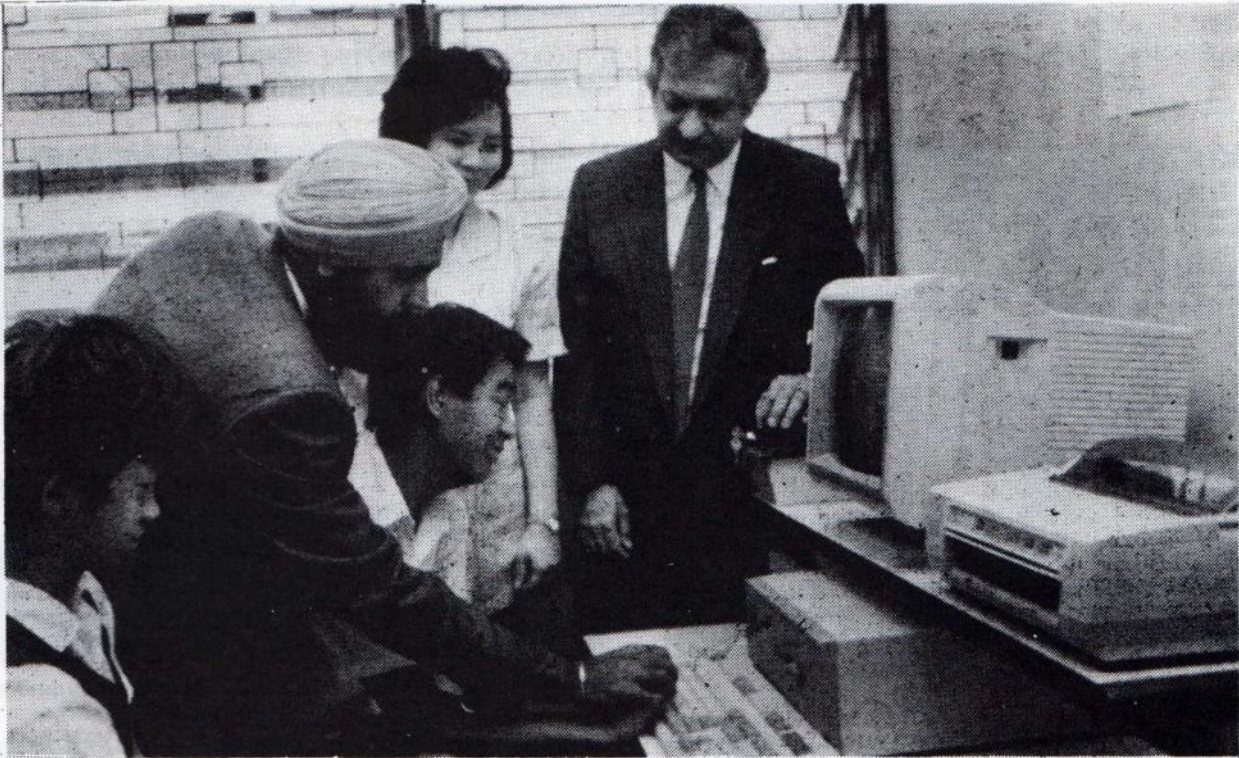


*Our children participated in the National Day Parade at the Esplanade on 31.8.89.*

*Visit by His Excellency Bapak Soenarso and his consort to the centre on 29.7.89.*







Mr Baldev helping a student with the new computer

# HITECH LIFT FOR SPASTIC CHILDREN

By V. Chandrasekaran

PENANG, Sun. — The Spastic Children's Association of Penang received its first personal computer worth \$8,500 recently.

The association's vice-president V.S. Bastian said it was the first step for the children to learn typewriting through the computer.

He added that Forever Living Products (a direct sales company dealing with health care products) made a pledge in September to donate \$10,000.

"We received the pledged sum last week and immediately ordered the personal computer and three wheelchairs specially made for the handicaps," he said.

However, Mr Bastian said the wheelchairs costing \$500 each were yet to be delivered.

Meanwhile, Forever Living Products general manager Baldev Singh said his company allocated a certain sum to help the needy every year.

He added that at the company's third anniversary celebration in Sep-

tember, the association caught their attention.

"We also took some 100 children from the association for a visit at the Equatorial Hotel and they enjoyed it," he said.

He added that the children also performed dances and sang at a show at the hotel.

The company's managing director Ghanshyam Champaklal said: "Our involvement with the children was a unique experience in that we were emotionally attached to them."

He said for this year's pledge they had decided to foster some of the children.

Mr Ghanshyam said it was not money that the children wanted but love and care from the public.



Our President looks on at Kar Hee.



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司 公 限 有 鋪 金 興 振

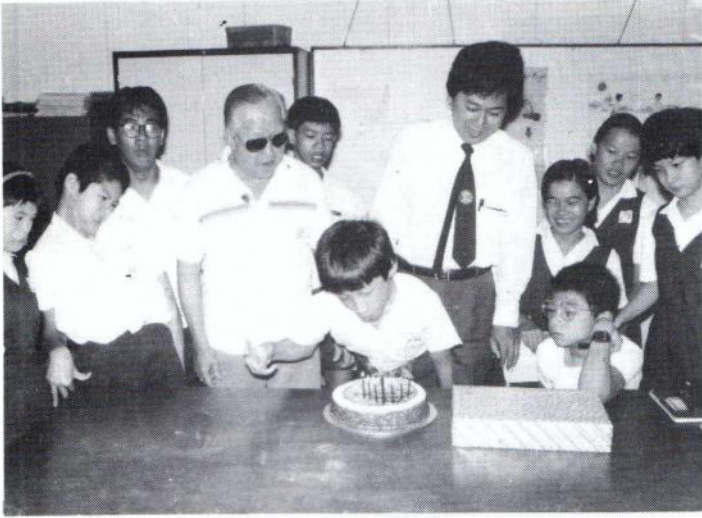
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# FOSTER PARENTS ACTIVITIES

We thank all foster parents for their continued support and encouragement, and apologise for not being able to portray all of them.



*Lions Club celebrates Yoke Sen's birthday.*



*SIA celebrates Kan Wei's birthday.*



*Hongkong and Shanghai Bank celebrates Jason's birthday.*



*Sai Baba devotees celebrate Shiao Pei's birthday.*



*Rotaract Club of Penang fostering Chin Chin.*



*Mr. Neoh Teoh Keat fostered 2 children at Disco Dance, Pennylane.*



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*Goh Hun Kee Restaurant Charity Collection on 3.9.1989.*



*A miniature billiard table was presented to our children by the MBA Buddhist Society on 3.9.1989.*

*Donation by Ee Thong Kok Temple, Bukit Mertajam - 4.9.1989.*





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# VOLUNTARY SERVICE

*Together We Care*

---



*Mrs. Kanya Tan  
Chairperson*

The Association actively passed through the year 1989 with strong support from our small number of dedicated and regular volunteers who have been with us for many years. Service club members, religious groups and individuals still rendered their services throughout the year. It is beyond words to express our appreciation and gratitude for the voluntary services given to us.

Our urgent need is not finance alone but also services from those who can spare their free time, an hour or two a day, to assist our staff members in the training activities of the spastics. Young volunteers often come in to help but they are mostly school leavers, waiting to go for their further studies, and they leave after a short time. However, they are the people who fill in temporarily the shortage of volunteers.

It does not need any special skill to become a volunteer at the Spastic Training Centre as long as one has a will and dedication to help the unfortunate children in our care. You are most welcomed to join us in doing a worthy course which will enrich your life in making the most of your valuable time together with us in caring for the handicapped children.

It is never too late to offer your services and we look forward to meeting you.



*Dr. Manjit Kaur, a dentist waiting for her job appointment, was helping with children in our Introductory Class I. She is a very pleasant and dedicated volunteer who is regular in work.*



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Tan Leong Theng  
Tan Kok Seng  
Teoh Theah Hoe  
Thum Tat Khoon  
Zaiton K Mydin  
Lim Yoke Wah  
Heng Fook Loy  
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Fatimah bte Mohd Ibrahim  
Gee Eng Chuan  
Goh Cheng Ean  
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Lee Cheng Eng  
Lee Choi Fook  
Lim Goay Hooi  
Loh Wai Yin  
Md Nordin bin Abdul Jalil  
Mohd Shariff bin Rahmat  
Musa bin Abdul Hamid  
Neoh Chuan Heng  
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# Persatuan Kanak-Kanak Sepastik, Pulau Pinang (The Spastic Children's Association of Penang)

Penaung: T.Y.T. Yang Di Pertua Negeri Pulau Pinang.

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## CAN YOU SPARE US YOUR LOVE?

*Dear Friends,*

### **FOSTER PARENTS GROUP SCHEME APPEAL**

Have you ever thought about the LOVE you have to give? LOVE so strong that it reaches out to children over the years and even hundreds of miles away. Think about it now. Because if you can stretch your LOVE just a little further you can help change the life of a CEREBRAL PALSIED CHILD commonly known as A SPASTIC.

When you send your LOVE to this child through our Foster Parents Appeal, you can help to improve the quality of this child's life through Physiotherapy, Occupational Therapy, Speech Therapy Medical Care, Counselling, Education and most of all HOPE.

Even though you may be far away, this LOVE will seem so close, with pictures of the child and letters. You will see for yourself how much your LOVE is changing this child's life for the better — and for so little.

If you wish you can visit the child that you foster. You are helping this child to help itself and also the community.

### **A LITTLE GOES A LONG WAY**

For less than \$1/- a day, you can bring LOVE, HOPE and CHEER to a spastic child. Imagine your spare change could change this child's life.

Please stretch your LOVE just enough to help a child. The cost is \$360.00 a child per year. There is also a "Group Scheme" whereby 20 persons each contributing \$18/- per year, may group together for the Foster Parents Appeal.

**ALL DONATIONS ARE TAX DEDUCTABLE "FOR IN GIVING - WE RECEIVE"**

Yours in service to the handicapped,  
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*Chairman, Foster Parent's Appeal*



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